



International
Diabetes
Federation

IDF Advocacy Academy session

The power of youth advocacy

17 May 2024
14:00-15:30 CEST





THE POWER OF YOUTH ADVOCACY

WELCOME FROM THE IDF BOARD YOUTH COMMITTEE



DR JOAO NABAIS

IDF Vice President

Portugal

The IDF Advocacy Academy

- IDF online platform gathering all IDF advocacy content and resources.
- Capacity building sessions are uploaded to the [Advocacy Academy webpage](#).
- Live sessions are exclusive for the IDF advocacy network:
 - IDF Members.
 - Blue Circle Voices (BCV).
 - Young Leaders in Diabetes (YLD).



Housekeeping rules

- This capacity building session is being recorded.
- You can activate Zoom-generated subtitles for this webinar by clicking on the closed caption (cc) button at the bottom of your Zoom window. Please note these subtitles are not 100% accurate.
- The recording, slides and feedback questionnaire will be sent to all registrants in a few days.
- Participants who attend at least 80% of this event live will receive an attendance certificate only if they complete a feedback questionnaire. Please check your spam folders if you have not received them by 27 May.
- **Please use the Chat to post your questions to speakers and panellists.**



THE POWER OF YOUTH ADVOCACY

WELCOME FROM THE IDF PRESIDENT



PROF AKHTAR HUSSAIN

IDF President

Bangladesh/Norway

The IDF YLD programme





THE POWER OF YOUTH ADVOCACY

WELCOME FROM THE IDF BOARD YOUTH COMMITTEE



ANA FERNANDA SÁNCHEZ

IDF Vice-President

Ecuador



DR IRYNA VLASENKO

IDF Vice-President

Ukraine



DR JACKIE MAALOUF

IDF Vice-President

Lebanon

Young Leaders in Diabetes (YLD)

- YLD is an IDF programme established in 2011 to help empower young people living with diabetes to become effective advocates for themselves and others with diabetes.
- The origins of the YLD Programme are in the IDF Youth Ambassadors Programme – which in 2006 organised a one-week training with youth in Cape Town (South Africa).



YLD goals

- Be a key driver in enhancing the lives of young people living with diabetes.
- Raise awareness for all types of diabetes, diabetes prevention and education, access to quality care and improved quality of life.
- End diabetes discrimination and stigma.
- Support and strengthen IDF Regions and Members through YLD projects to address the needs of people with diabetes.



YLD scope

YLD is a three-year programme that provides its members with online and face-to-face training. The YLD Leadership Training Summit that occurs in parallel to the IDF Congress is only one component of the YLD Programme.

YLD programme

Online training and initiatives

- Biweekly newsletters with exclusive information about how to support IDF campaigns.
- Access to the IDF LinkedIn group for advocates.
- Access to IDF School of Diabetes and Understanding Diabetes courses.
- Invitation to exclusive IDF Advocacy Academy capacity-building sessions.
- Support in project planning.
- Invitation to speak at relevant IDF online events.

Face-to-face training

- YLD Leadership Training Summit in parallel to the IDF Congress

YLD Leadership Training Summits

Over 322 participants from 110 countries



Dubai 2011



Melbourne 2013



Vancouver 2015



Abu Dhabi 2017



Busan 2019



Lisbon 2022

YLD projects

Young Leaders must use the training they receive to implement a diabetes-related project in their countries with the support of their IDF Member.

There are two project modalities:

- Young Leaders can actively support an existing project by their IDF Members. Ideally, the Young Leaders would lead in one of the components of the project.
- Young Leaders can develop and implement their own project, as long as the IDF Member is in agreement.



Why should IDF Members nominate a young leader?

Young people can be a great asset for IDF Members and their activities:

- They are innovative and can help your association grow.
- They can act as mentors and share their knowledge with other young supporters of your association.
- They are an inspiration to children and young adults living with diabetes.

If your candidate is accepted as a Young Leader, you would:

- Give a young supporter of your association the chance to receive training from diabetes key opinion leaders.
- Invest in your association's next generation of leaders.
- Have a young ambassador collaborating directly with IDF.



Discussion panel





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DISCUSSION PANEL



ALEXANDRA COSTA

APDP, YLD alumni

Portugal



LAURA SNOWDEN

YLD trainee, WP Representative

New Zealand



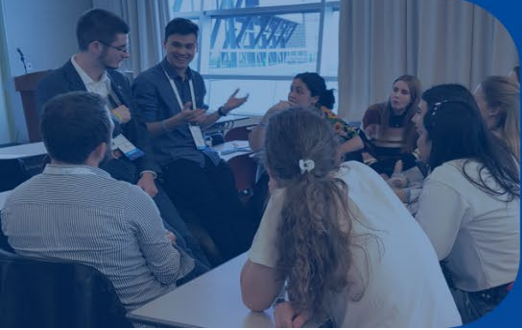
NURIANNE ARIAS

YLD mentor, NAC Representative

Aruba

YLD 2024-2026 cohort: call for nominations





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STEPS OF THE CURRENT NOMINATION PROCESS



BEATRIZ YÁÑEZ JIMÉNEZ

IDF Advocacy Manager

Spain



BRUNO HELMAN

IDF Programme Coordinator

Brazil



ISAURE MERCIER

IDF Junior Professional Officer

France

How to nominate a Young Leader for the 2024-2026 cohort

IDF Members can nominate up to two candidates:

1. Discuss with your candidate(s) if they are willing to implement a project and dedicate sufficient time to the YLD programme would they be accepted into it.
2. Application form: ask your candidate(s) to fill it, sign it and return it to you. It needs to be completed in English.
3. Reference form: fill and sign the reference form(s) with information about your relationship with your candidate(s).
4. Submit all forms to advocacy@idf.org by June 30. Late applications will not be accepted.



Considerations before nominating a candidate

We request you to only nominate a candidate if you know they are committed in implementing their YLD project in 2025-2026 and if you will have the capacity to support them throughout the three years of the YLD term (2024-2026).

- An important number of Young Leaders become inactive after attending the face-to-face Training Summit.
- This results in IDF dedicating human and financial resources to train Young Leaders who do not implement any project their community can benefit from.
- This is unfair to candidates who are not accepted into the Programme due to the limited number of places available.
- We request you to choose your candidates carefully.

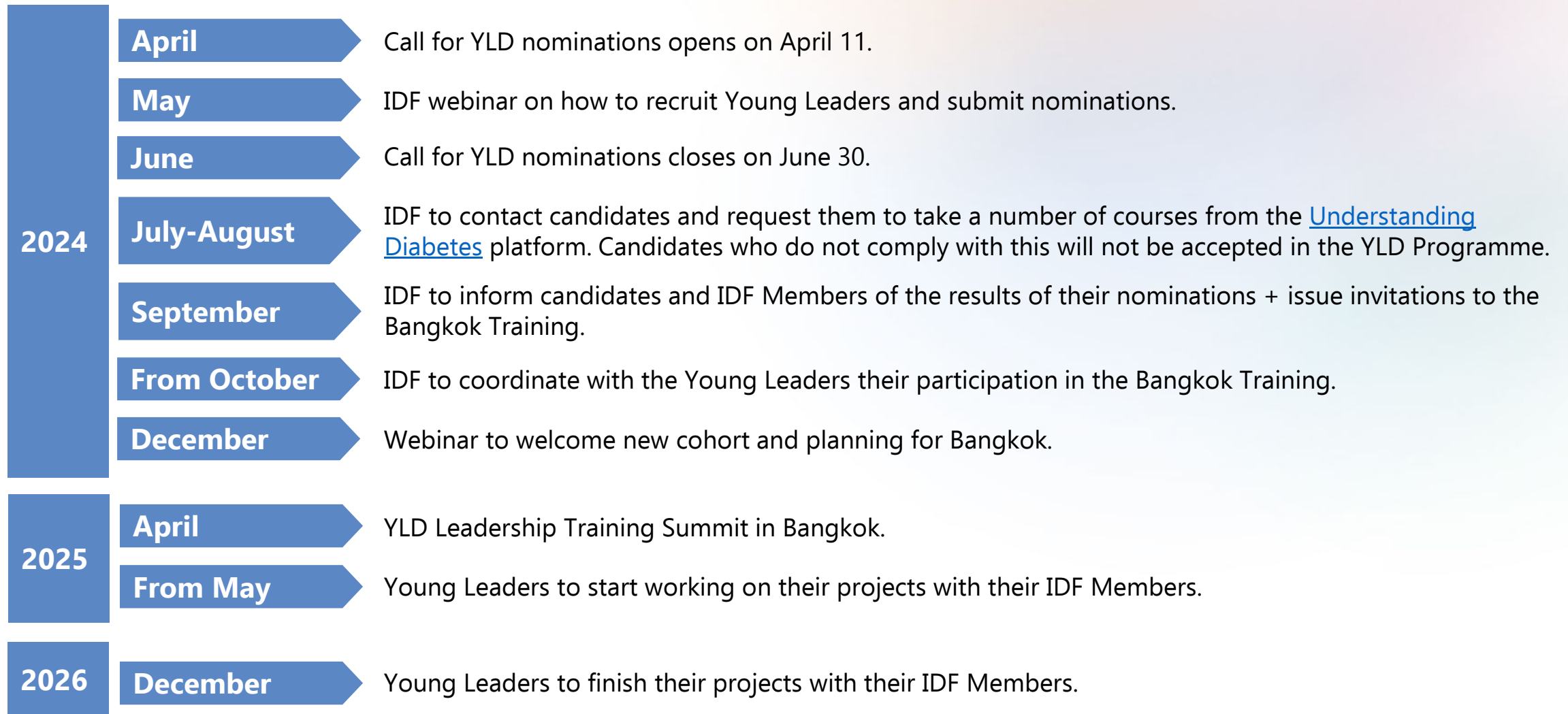


YLD 2024-2026 cohort: selection criteria

- Live with any type of diabetes.
- Be between 18 and 30 years old by end of March 2025.
- Be able to communicate effectively in English.
- Have regular access to internet to communicate with IDF and other YLDs.
- Have an active relationship with an IDF Member and maintain it during the whole term (2024-2026).
- Be passionate about making a difference for the diabetes community.
- Be committed to implement a diabetes project agreed with the IDF Member and report on progress to IDF every four months.
- Be able to allocate sufficient time: 2-4 hours/month for engaging in IDF activities + additional time to engage with the IDF Member and develop the project.



Timeline for the YLD 2024-2026 cohort



YLD Leadership Training Summit 2025

The YLD Leadership Training Summit in parallel to the [IDF Congress in Bangkok](#) in April 2025 is not yet confirmed. It will depend on having sufficient funds.

- If the YLD Summit takes place, IDF will extend invitations to:
 - Young Leaders from the 2024-2026 cohort who have proved their commitment to the YLD Programme.
 - A limited number of YLD Mentors who have attended previous Trainings.
- The travel to the YLD Summit will need to be financed by the YLD Trainees or their IDF Members. IDF will cover accommodation, meals and transportation onsite.
- IDF will provide a number of travel grants for Young Leaders from low- and lower-middle income countries from all IDF Regions (as per the [World Bank classification](#)).

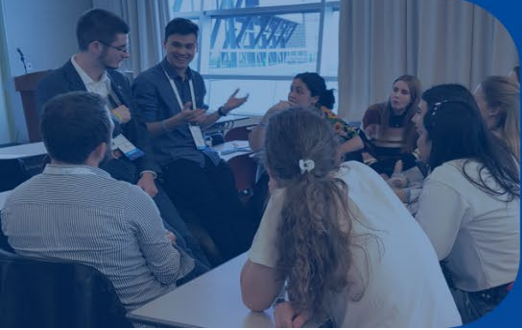


Q&A



Closing remarks and thanks





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CLOSING REMARKS AND THANKS



DR JOAO NABAIS

IDF Vice President

Portugal

Closing remarks and thanks

- The recording, slides and feedback questionnaire will be sent to all registrants in a few days.
- Please respond to the feedback questionnaire to help us improve future IDF online events.
- Send any questions you may have to advocacy@idf.org.

Upcoming IDF online event

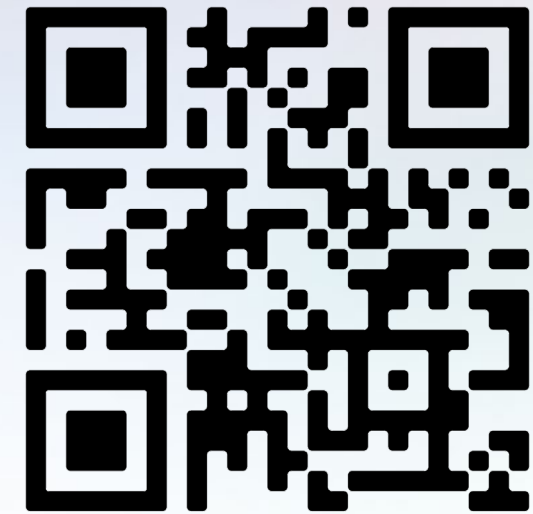


Diabetes and well-being: more than access to care

IDF side event at the 77th WHA

 Geneva | Online

28 May 2024
18:00-20:00 CEST



REGISTER HERE



Shape the future of diabetes



IDF World Diabetes Congress

Bangkok, Thailand, 7 – 10 April 2025

Why attend

- 10 programme streams
- 130 hours of scientific sessions
- 250 international speakers

Key dates

- 1 Apr 2024 Registration opens
- 15 Jul – 15 Sep 2024 Abstract submissions
- 31 Oct 2024 Early rate deadline



Thank you!

