

# Blue Circle Talk: Women as leaders of change

*An online event by the International Diabetes Federation (IDF)*

8 March 2024, 15:00 – 16:30 CET

## **Format**

90 minutes online session on Zoom.

## **Rationale/Background**

Being a woman living with diabetes brings extra challenges to day-to-day life. According to the latest estimates from the IDF Diabetes Atlas 10th edition, **260 million women were living with diabetes in 2021**. Additionally, about 21.1 million live births globally had some form of hyperglycaemia during pregnancy. The condition is more common in low- and middle-income countries with limited access to maternal care.

Given the compelling and intricate contrasts of being a woman living with diabetes, IDF is hosting a Blue Circle Talk, "**Women as leaders of change**", to mark **International Women's Day on 8 March**.

This online event will welcome women with diverse life experiences who are diabetes advocates. Together, they will meet to celebrate women's role as advocates in the global diabetes community and share their stories of living with diabetes and its impact at each stage of life.

## **Objectives**

- Raise awareness of the challenges woman living with diabetes face.
- Share the role of women as leaders of change.
- Discuss the contribution of IDF initiatives to the lives of women living with diabetes.

## **Target audience**

- Diabetes and women's rights advocates
- Diabetes and women's rights organisations
- Healthcare professionals
- Academics
- Policymakers

## Agenda

Welcome	
2'	Welcome to the audience and housekeeping rules
Keynote intervention	
5'	Dr Hermelinda Pedrosa, IDF Vice-president (Brazil) The work of the IDF Board Committee on Diabetes and Women
Discussion panel	
80'	<p><b>Panellists:</b></p> <ul style="list-style-type: none"> <li>• Mrs. Betsy Rodriguez, BCV Member (USA)</li> <li>• Ms. Erum Ghafoor, BCV Member (Pakistan)</li> <li>• Dr Hermelinda Pedrosa, IDF Vice-president (Brazil)</li> <li>• Lucía Feito Allonca, LL.B, BCV Member (Argentina)</li> <li>• Ms Osarenkhoe Ethel Chima-Nwogwugwu (Nigeria)</li> <li>• Ms. Riddhi Modi, BCV Member (India)</li> </ul>
Closing remarks	
3'	Closing remarks and thank-you to the panellists.