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230 members in 164 countries and territories



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International Diabetes Federation

he International Diabetes Federation (IDF) is an umbrella organisation of over 230 national diabetes associations in 164 countries and territories. It represents the interests of the growing number of people with diabetes and those at risk. The Federation has been leading the global diabetes community since 1950.

IDF is unique in being a federation of not-for-profit organisations dedicated to action on diabetes, and as such forms the largest civil society organisation in the world serving people with and affected by diabetes.

IDF is the legitimate voice of the global diabetes community. Our greatest strength lies in the capacity of

its membership and the ability to ground global advocacy in the reality of local experience. Our Members provide a large volunteering force to ensure we can achieve our strategic objectives, particularly in low- and middle-income countries where the Federation has a strong presence.

IDF Members are organised at both global and regional level. Members belong to IDF at global level and are also grouped together in seven regional groups, which provide the opportunity for IDF Members within a geographical region to engage in collaborative action to improve the lives of people with diabetes.



International Diabetes Federation

Our vision:

Living in a world without diabetes

Our mission:

Promoting diabetes care, prevention and a cure worldwide



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Message from the outgoing IDF President

ddressing the global diabetes pandemic effectively is not something that just happens.. It is the result of a collective consensus, commitment and government investment in interventions that are affordable, costeffective and based on the best available evidence. In 2017, The International Diabetes Federation (IDF) and its partners spoke with authority and delivered action across a wide range of initiatives covering diabetes care and prevention, epidemiology, statistics, health economics, health education and health system reform.

The year ended on a high with the *IDF Congress 2017* in Abu Dhabi, which welcomed over 7500 delegates from 182 countries for an inspiring and intensive five days of activity to shape the future of diabetes. With over 160 hours of sessions and 330 top-level speakers, the IDF 2017 programme provided delegates with an invaluable learning experience through varied and innovative sessions. I hope that everyone who attended left Abu Dhabi with renewed energy to tackle the many challenges that we, the diabetes community, face moving forward.

These challenges were placed firmly in the spotlight with the release of the *IDF Diabetes Atlas 8th Edition* on *World Diabetes Day*, a milestone activity of IDF in 2017. The new numbers – 425 million adults with diabetes in 2017, an estimated 629 million by 2045 – underscore the need for urgent action to tackle the global economic and social burden that diabetes represents . The Atlas, however, is not limited to simply outlining the extent of the problem. It contains recommendations for action that can be taken to reduce the impact of diabetes locally, regionally and globally.

During my term, the development and implementation of authoritative guidelines and standards for care and professional education was a number one priority. The *IDF School of Diabetes* delivered high standard, evidence-based diabetes education for healthcare professionals through

three online certified courses for Primary Care Physicians, Educators and Specialists. In just one year, the School attracted over 1845 learners from 154 countries, helping to fill the knowledge gap that remains a barrier to the provision of effective diabetes care in many countries.

In 2017, we issued several guidelines on the management of diabetes and its associated complications. Each publication reflects IDF's mandate to develop policies and resources to raise awareness of the need to effect change for diabetes prevention and improved care.

It has always been the remit of IDF to not only advocate for improved access to diabetes care but also to combat stigma and discrimination. *Our Blue Circle Voices (BCV)* initiative goes right to the heart of the challenges of living with diabetes by representing the interests of people living with, or affected by diabetes through a worldwide network of members and other stakeholders. BCV is a platform for the voices and experiences of people living with diabetes to be heard to inform our activities. It reflects many of our key core values—solidarity, compassion, cultural sensitivity and collaboration.

As I end my term as IDF President, I would like to express my gratitude for the support of all members of the IDF Board of Directors, IDF Members, IDF Staff, and the thousands of dedicated volunteers worldwide, all united in their commitment to halt the rise in diabetes and shape a healthier future.



Dr. Shaukat Sadikot
President, International
Diabetes Federation 2016–17

In 2017, IDF and its partners spoke with authority and delivered action across a wide range of initiatives covering diabetes care and prevention, epidemiology, statistics, health economics, health education and health system reform.



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Message from the incoming IDF President

s the world's largest civil society organisation serving to advance diabetes care, prevention and a cure, IDF's strength depends on unity, teamwork and collaboration. For nearly 70 years, IDF volunteers, partners and a variety of collaborative stakeholders have worked tirelessly to support our vision of a world free of diabetes. We are not there yet.

For the 2018–2019 term, our efforts will be directed towards driving critical action in diabetes care and prevention. We will continue to study and report on global diabetes trends. We will improve care by providing high quality evidence-based education on diabetes and its complications. We will empower people living with diabetes to play a central role in their own care. Above all, we will make sure our commitment to success results in lasting change that benefits the global diabetes community.

While the world can often be perceived as silent or ignoring the global diabetes crisis, IDF's vision and mission – our unified voice – will be strengthened by concentrating efforts towards the following three areas: 1. Strengthening our partnerships; 2. Bringing about positive change through IDF programmes; 3. Increasing our global presence.

Shared values and commitment provide the foundation for strategic partnerships. We must, however, make sure that the voice of those we represent is heard. Over the next two years we will be devoting time and energy to strengthening the IDF Member network globally, nationally and locally. We will look to collaborate more closely with global organisations who share our concern. We will strengthen and broaden our corporate partnerships and we will strengthen our regional networks.

IDF's mission is achieved through the development of high-quality global programmes that drive policy agendas at local, national and regional levels. Based on a life-course approach, IDF programmes for 2018–2019 are divided into six main work streams: 1. Diabetes prevention; 2. Diabetes education: 3. Patient engagement; 4. Access to care; 5. Epidemiology; and 6. Humanitarian action. The work conducted under each stream will be informed by scientific evidence and the priorities defined by our Board in open dialogue with key stakeholders.

As the primary global advocate for diabetes, we are informed and supported by our status as the global reference for epidemiological data on diabetes, and the evidence and policies developed to execute IDF programmes. In the months ahead, we will engage with international bodies, leading political platforms and national governments to effect tangible, beneficial and long-term change for people with diabetes.

Our objective is clear: to outline specific actions that will support people with diabetes and implement measures to slow or halt the global diabetes epidemic.

Effectively implementing this ambitious programme of work will not be possible without the continued dedication and commitment of our membership, partners and wider network of experts and volunteers, who represent our greatest strength and the source of inspiration for much that we do. I look forward to working alongside you all to improve the lives of all people affected by diabetes, particularly those most vulnerable, and help achieve our ultimate ambition of a world free of diabetes.



Prof. Nam H. Cho
President, International
Diabetes Federation 2018–19

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Increasing global recognition of IDF and diabetes

World Diabetes Day

World Diabetes Day (WDD) – marked every year on 14 November – is the world's largest diabetes awareness campaign reaching a global audience of over 1 billion people in more than 160 countries. The campaign highlights issues of paramount importance to the global diabetes community and keeps diabetes firmly in the public spotlight. It aims to be the global driver for change to reduce the huge economic burden of diabetes and improve the lives of people with diabetes.

World Diabetes Day 2017 focused on raising awareness of the disproportionate impact of diabetes on women. The campaign led by IDF promoted the importance of affordable and equitable access for all women at risk of or living with diabetes to the essential medicines and technologies, self-management education and information they require to achieve optimal diabetes outcomes and strengthen their capacity to prevent type 2 diabetes.

IDF marked the day with a stakeholder event in Brussels that brought together representatives from government, the health sector and civil society to discuss key issues of importance to the diabetes agenda through the prism of women. Data released in the *IDF Diabetes Atlas 8th edition*, launched on *World Diabetes Day*, indicate that:

- Over 200 million women are currently living with diabetes.
- Many face multiple barriers in accessing cost-effective diabetes prevention, early detection, diagnosis, treatment and care, particularly in developing countries.
- Women with diabetes are more likely to be poor and have less resources, face discrimination and have to survive in hostile social environments.

 Diabetes is a serious and neglected threat to the health of mother and child, affecting one in six births and linked to complications during and after delivery.

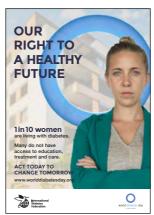
United by the blue circle, the global symbol for diabetes awareness and logo of *World Diabetes Day*, IDF's member associations and the wider diabetes community rallied around the theme and key messages of the campaign by organising a multitude of awareness activities around the world throughout the month of November. Over 1,300 activities in 114 countries were registered on the *World Diabetes Day* website.

mww.worlddiabetesday.org











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Increasing global recognition of IDF and diabetes

IDF Congress 2017

Organised every two years, the *IDF Congress* provides a platform to discuss a broad range of issues relating to diabetes, from the latest scientific advances to cuttingedge information on education, diabetes care, advocacy and awareness. Participants include physicians, scientists, nurses, educators and other healthcare professionals, as well as government representatives, policy makers, people with diabetes, industry, IDF national member associations and media.

The 24th edition of the *IDF Congress* was held in Abu Dhabi, the capital of the United Arab Emirates, from 4 to 8 December.

Delegates from over 160 countries joined together under the patronage of His Highness Sheikh Mohammed bin Zayed Al Nahyan, Crown Prince of Abu Dhabi and with high level participation from the Abu Dhabi Department of Health.

The *IDF 2017* scientific programme brought the latest developments in diabetes clinical practice, management, education, prevalence and public health issues to 7,500 international healthcare professionals from 182 countries; providing over 160 hours of sessions spread over nine streams; convening 330 high-level speakers; and displaying 1,000 posters. The programme was accredited with a record 25 CME credits.

More than 40 international exhibitors witnessed a prestigious opening of the exhibition floor, led by the Chairman of the Department of Health – Abu Dhabi, while over 100 IDF national member associations showcased their activities in the Global Village.

The exhibition floor remained lively and engaging throughout the congress with attractive e-poster sessions, food trucks, inviting networking spaces and a well-attended Diabetes Spotlight for short and informative programme and industry sessions.

mww.idf.org/congress

7,500
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330 high-level speakers

9 streams totalling 160 hours of sessions

1,000 posters

25 CME credits











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Empowering people living with diabetes

People living with diabetes and those at risk, as well as their carers and relatives, must be placed at the forefront when developing new policies designed to prevent the development of type 2 diabetes, support people with diabetes and promote patient-centred healthcare. They also form a formidable force in presenting a clear and vocal case for the rights of people living with diabetes worldwide.

Several IDF initiatives and activities aim to ensure that the voices of people with diabetes are prominently heard, both nationally and globally, and that their concerns and priorities are taken into account during policy development.

Blue Circle Voices

Blue Circle Voices (BCV) is a global network of people living with or affected by diabetes, which strives to identify and represent the interests of people affected by diabetes and create a strong advocacy group to enhance IDF's presence in global fora. By December 2017, 130 people from around the world had joined the network.

During the year, IDF organised several online consultations with the network. The first, conducted in March, established its four priorities:

- Ensuring access to, and affordability of, medicines and care.
- Improving diabetes education for people living with diabetes and healthcare professionals.
- Prioritising type 2 diabetes prevention.
- Eradicating discrimination.

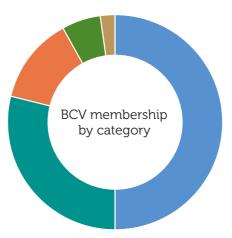
The second consultation, conducted in October, focused on barriers to access to care and concluded that up to three-quarters of BCV members have experienced at least one barrier, with affordability of care and medicines identified as the number one barrier. The results of the third BCV consultation on patient-centred care were published in March 2018.

Other initiatives in 2017 included the collection of BCV member testimonials, which IDF used to advocate on behalf of people affected by diabetes at a global level; the development of policy recommendations to improve access to care in Brazil and South Africa; and the participation of BCV members in IDF events, such as the panel discussion held during the 70th World Health Assembly and World Diabetes Day.









People with type 1 diabetes (50%)

People with type 2 diabetes (29%)

Relatives or carers of a person with diabetes (13%),

Women with a history of gestational diabetes (6%)

People with other types of diabetes (2%)

BCV membership by gender:

Women 62%

Men 38%



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Empowering people living with diabetes

Young Leaders in Diabetes

IDF Young Leaders in Diabetes (YLD) is a unique programme that brings together young people living with diabetes to learn from one another, share best practices and make the world a better place for everyone living with diabetes. The programme identifies and supports the development of young leaders within the international diabetes community, empowering and educating them to support IDF's



A programme of the International Diabetes Federati

mission through the strengthening of relations with IDF members.

2017 marked the end of the YLD 2015–2017 programme, which saw the development of 33 individual projects on diabetes education, awareness and advocacy in over 20 countries.
23 YLD candidates and nine YLD mentors graduated from the programme after successfully implementing national projects and supporting IDF and its members.

IDF welcomed 68 bright and enthusiastic young people nominated by IDF members who became part of the YLD 2017–2019 class, joining the 20 mentors from previous classes. In December, many of them gathered in Abu Dhabi for the YLD Training and Leadership Summit, held during the *IDF Congress 2017*. This provided a fantastic opportunity for them to meet people from around the world, learn from others and share experiences, while learning how to become the leaders of tomorrow.

www.idf.org/youngleaders

Advocating globally for people with diabetes and those at risk

IDF aims to promote change, development and growth through the implementation of effective advocacy campaigns informed by IDF projects and activities. The main objective is to outline specific actions that will support people with diabetes and help implement effective policies to halt the global epidemic of type 2 diabetes.

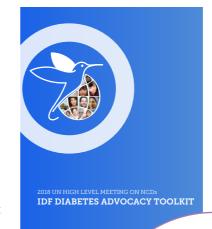
Advocating for action at high-level political meetings

In 2017, IDF continued to bring diabetes to the forefront of the global political agenda. During the 70th World Health Assembly (WHA) in May, IDF organised a panel discussion that examined ways of overcoming barriers to access to diabetes medicines in vulnerable populations. Dr Etienne Krug, WHO Director for Management of Non Communicable Diseases, was a key speaker, alongside frontline healthcare workers and members of the Blue Circle Voices network.

Following successful G7 and G20 campaigns in 2015 and 2016, IDF continued calling for increased political action on the occasion of these key international meetings. The Federation requested that G7 member states show leadership in improving access to diabetes medicines and care at the global level, and called on G20 Leaders to adopt cost-effective interventions to improve type 2 diabetes prevention and management.

In November 2017, IDF kicked off a major advocacy campaign in the lead up to the UN High Level Meeting (HLM) on noncommunicable diseases (NCDs). This meeting, likely to take place in September 2018, will be the main NCD-focused meeting of the last four years. IDF launched a call to action to governments focused on the urgent need to improve diabetes education, prevention and access to care and increase the fight against stigma and discrimination. This call was supported by the release of an advocacy toolkit, which will guide national actions by IDF members and supporters throughout 2018.





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Global programmes to drive diabetes

prevention and policy development

IDF's mission is supported through the development of high-quality programmes and resources to inform and guide policy agendas at the national, regional and global levels. These programmes aim to:

- Promote prevention of type 2 diabetes and the complications associated with diabete
- Improve health outcomes for people with diabetes through better education and access to primary care services.





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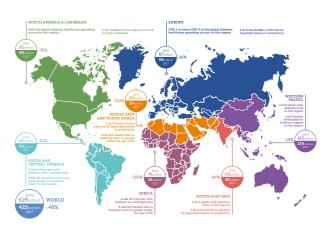
Building the evidence to inform the global response to diabetes

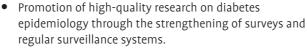
IDF Diabetes Atlas

First produced in 2000, the *IDF Diabetes Atlas* is one of the Federation's flagship publications, featuring the evidence that informs all its projects and activities. The 8th edition of the Atlas was released on 14 November – *World Diabetes Day*.

The new figures included in the *IDF Diabetes Atlas* 8th edition – 425 million adults with diabetes in

2017, and an estimated 629 million by 2045 – reiterate the need for urgent action to tackle the economic and social burden that diabetes represents around the world. But the publication is not limited to outlining the extent of the problem and contains recommendations for actions that can be taken to reduce the impact of diabetes locally, regionally and globally. These include:



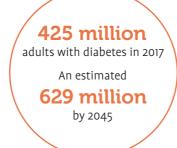


- Prioritisation of diabetes care and control through appropriate training of healthcare personnel and improved access to essential medicines.
- Implementation of national plans and strategies that aim to strengthen government services.
- Extension of health promotion to prevent type 2 diabetes and its complications.

The IDF Diabetes Atlas 8th edition features data on expanded age groups for children and adolescents with type 1 diabetes (0–19 years), complementary data on diabetes prevalence (18–99 years and 65–99 years), and a dedicated chapter on diabetes complications.

The *IDF Diabetes Atlas* is available in six languages (Arabic, Chinese, English, French, Russian and Spanish) as a free download, along with a series of related resources that include global and regional factsheets and detailed country statistics and reports.

mww.diabetesatlas.org



Diabetes and cardiovascular disease

In 2017, IDF initiated a multi-country study, in collaboration with Novo
Nordisk, to collect evidence of awareness and knowledge of the link between cardiovascular disease (CVD) and type 2 diabetes.

Taking Diabetes to Heart – launched on World Heart Day – aims to identify gaps in CVD risk awareness and knowledge among people living with type 2 diabetes by using realworld data collected through an online survey to assess the effectiveness of CVD information currently available. The findings and results will be used to:

- Facilitate the development of awareness and education campaigns, tools and resources for policy makers, healthcare professionals and people with diabetes.
- Alert key stakeholders to the need for further action linked to CVD and diabetes.
- Strengthen the response to the rising prevalence of cardiovascular disease at the population level, particularly among high-risk groups.

The Taking Diabetes to Heart survey was available in over 30 languages and remained open until the end of May 2018. Interim results were presented at the IDF Congress 2017 in Abu Dhabi, UAE. A global report will be published in late 2018.

1 www.idf.org/takingdiabetes2heart



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Building the evidence to inform the global response to diabetes

Access to medicine and care

Access to essential diabetes medicines and care remained a key focus of IDF's work in 2017. In May, the Federation published the findings of its global survey on Access to medicines and supplies for people with diabetes, outlining the current situation regarding access to insulin and other essential diabetes and CVD medicines, technologies and supplies from the perspective of people with diabetes and health professionals across all IDF regions.

The main findings include:

- Insulin, in its various types, was always available at the service delivery point in over 80% of high-income countries, compared with less than 15% in low income countries.
- Other diabetes medicines, such as metformin and sylfonylureas, were available in over 80% of highincome countries, compared with less than 20% in low-income countries.
- The availability of diabetes supplies varied between close to 80% in high-income countries and less than 15% in low-income countries.



The data collected also evidenced the challenges faced by people with diabetes on a daily basis and provided evidence on actionable public health solutions for policy makers, policy implementers and diabetes advocates. The report showed how inter-sectoral collaboration is needed to create sustainable strategies, strengthen health systems and improve access to medicines and supplies that impact the lives of those with diabetes.

Later in 2017, IDF circulated an online survey to more than 40 of its member associations asking them about the availability, accessibility and affordability of medicines at a national level. The survey explored the cost of diabetes for individuals and societies and looked at existing health insurance schemes and their coverage. The findings contributed to a more comprehensive understanding of what is causing barriers to access to medicines so that inequities and inefficiencies in the global medicine market can be addressed.

www.idf.org/our-activities/care-prevention/accessto-medicine.html

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Improving management of diabetes and its complications

IDF Clinical Practice Recommendations on the Diabetic Foot

Diabetic foot disease, mainly due to neuropathy, peripheral arterial disease, and/or infection, is one of the most costly complications of diabetes, and can result in an important economic, social and public health burden; especially in low-income communities.

Published in 2017, the *IDF Clinical Practice Recommendations* on the *Diabetic Foot* are simplified, easy-to-understand guidelines that enable healthcare practitioners to prioritise early intervention of the diabetic foot with a sense of urgency. The main aims of the guidelines are to:

- Promote early detection and intervention.
- Provide the criteria for time adequate referral to second or third level centres.
- Serve as a tool to educate people with diabetes on the importance of prevention of diabetic foot.

A Diabetic Foot Screening Pocket Chart has also been produced, providing tips on screening for clinicians.

www.idf.org/our-activities/care-prevention/ diabetic-foot.html





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Improving management of diabetes and its complications

IDF Clinical Practice Recommendations for Managing Type 2 Diabetes in Primary Care

Around 90% of people with diabetes have type 2 diabetes. From its onset until the symptoms develop, many people with undiagnosed diabetes already have complications such as chronic kidney disease, heart failure, retinopathy and neuropathy. Early detection, diagnosis, and cost-effective treatments can save lives and prevent or significantly delay devastating diabetes-related complications.

In 2017, IDF assessed how surveyed primary care physicians (PCPs) responded to the most common questions that address the daily care of people with type 2 diabetes. After identifying common ground across diagnosis, management, goal-setting and different levels of prevention, their work resulted in the IDF Clinical Practice Recommendations for Managing Type 2 Diabetes in Primary Care. These provide PCPs and their healthcare teams with 78 practical and applicable recommendations covering all the fields of diabetes management.

www.idf.org/our-activities/care-prevention/type-2-diabetes.html



BRIDGES 2

In an ongoing effort to help use lessons learned from clinical research to benefit people affected by diabetes, IDF and Eli Lilly and Company came together for the second phase of the Bringing Research in Diabetes to Global Environments and Systems



Bringing Research in Diabetes to Global Environments and Systems An IDF and Lilly Partnership Programme

programme (BRIDGES 2), reaffirming their commitment to helping people with diabetes effectively manage their condition.

BRIDGES 2 builds upon the work undertaken and the lessons learned during the initial phase of the programme (2007–2015). It will fund and replicate a selection of projects from the initial phase, placing an emphasis on the secondary prevention of diabetes and a strong involvement of local public health authorities. This will facilitate the implementation of established evidenced-based interventions and approaches to diabetes care.

Two calls for grant proposals were launched in 2017. Following a detailed peer-review process, three projects were selected to disseminate the successful approaches of previous *BRIDGES* projects:

- A randomised trial on an intensive education intervention using a mobile application and network of people living with diabetes to implement glycaemic control – Novena University (Delta State, Nigeria).
- A community-based randomised trial and lifestyle intervention using a targeted shared care approach to pregnancy outcomes in Nigerian women with gestational diabetes – College of Medicine of University of Nigeria (Enugu, Nigeria).

 A randomised trial on the suitability of peer education to improve diabetes management and outcomes in a low-income setting – Universitas Syiah Kuala (Banda Aceh, Indonesia), in collaboration with Georg-August Universität (Gottingen, Germany).

Each of the three implementation sites will receive funding and mentorship to implement a tailor-made secondary diabetes prevention programme. The lead investigators of the selected projects from the first phase of *BRIDGES* will supervise and provide mentorship throughout their duration.

BRIDGES 2 will enable established evidenced-based interventions and community-oriented approaches to diabetes care to be implemented in different settings, with the ultimate aim of improving health outcomes for people living with diabetes.

BRIDGES 2 is a joint programme of the International Diabetes Federation (IDF) and Eli Lilly and Company (Lilly).

www.idf.org/our-activities/epidemiology-research/bridges-2.html

BRIDGES 2
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Tackling the barriers and gaps in diabetes education

IDF School of Diabetes

Building on its long track record of developing evidence-based educational resources for both people living with diabetes and health professionals, the *IDF School*



of Diabetes was launched in 2016 to deliver high-quality, evidence-based diabetes education for health professionals, people with diabetes and caregivers worldwide.

The objectives of the IDF School of Diabetes are to:

- Advance the development of a global health workforce prepared to meet the needs of people living with diabetes.
- Fill the gaps that currently exist with regards to effective diabetes diagnosis, prevention, quality care, and treatment strategies around the world.
- Provide innovative, high-quality education programmes for health professionals engaged in diabetes management and care and educational resources for people with diabetes and caregivers.

The IDF School of Diabetes features three tailor-made online courses targeting diabetes educators, primary care physicians & general practitioners, and specialists, as well as a series of free short courses focusing on prevention of type 2 diabetes, diabetic retinopathy and diabetes and cardiovascular disease. The courses were developed with the scientific support and guidance of a global network of more than 60 diabetes experts. Over 4,500 learners from 167 countries are currently registered.

The *IDF School of Diabetes* is accredited by the European Accreditation Council for Continuing Medical Education (EACCME).

1 www.idfdiabeteschool.org

IDF
School of Diabetes
No Grant States Cores
Will American And Andrews

Province Certified Course for Primary Care Physicians and General Practitioners

4,500 learners
from
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of Diabetes

D-NET – the IDF diabetes network for health professionals

D-NET is the first global online platform for health professionals engaged in diabetes care. It includes the following features:

- Monthly discussions led by international experts.
- A library that hosts both scientific articles and educational materials.
- A global event calendar detailing the latest diabetes activities taking place around the world.
- Interactive, evidence-based modules on diabetes care management.

The platform continued to grow in 2017 and by the end of the year had attracted over 14,000 members from 188 countries.

1 https://d-net.idf.org

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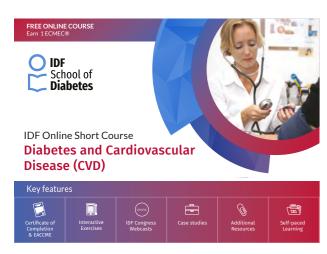
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Partnership



Tackling the barriers and gaps in diabetes education

IDF Centres of Education and Excellence in **Diabetes Care**

IDF designates diabetes institutions and organisations to form part of an international voluntary network to initiate, coordinate, facilitate and conduct high-quality education for multidisciplinary healthcare professionals in diabetes and other related chronic diseases. The Federation also recognises hospitals, clinics and centres that provide holistic diabetes care and management.

In July, IDF reopened applications for its Centres of Education and Excellence in Diabetes Care. The names of the first Centres were announced at the IDF Congress 2017, with 38 designated as IDF Centres of Education and 27 as IDF Centres of Excellence in Diabetes Care for the period 2018-2019.

Applications remain open throughout the year.

- IDF Centres of Education: www.idf.org/our-activities/education/centres.html
- IDF Centres of Excellence in Diabetes Care: www.idf.org/our-activities/education/ centres-excellence-care.html

38 IDF Centres of Education

27 IDF Centres of Excellence in Diabetes Care

> Designated for 2018-2019

KiDS and Diabetes in Schools (KiDS)

The KiDS and Diabetes in Schools (KiDS) project was developed to help foster a environment for children with type 1 diabetes and raise awareness of the prevention of type 2



Brazil and India, two emerging countries where the incidence of both type 1 and type 2 diabetes is increasing significantly.

A key component of the project is the KiDS information

pack, which provides tailored information for teachers, students (6-14 years) and parents. The pack is currently available in 13 languages and has been culturally adapted for different settings. It is complemented by a desktop and tablet application and animated video.

Information pack downloaded 5,800 teachers and 46,000 children trained

over **16,000** times

over **60** countries engaged

The KiDS information pack has been downloaded over 16,000 times and more than 5,800 teachers and 46,000 children have been trained using KiDS educational materials. Over 60 countries are currently engaged with the project.

https://kids.idf.org/









A toolkit to inform on diabetes in schools

safe and supportive school

diabetes. KiDS was piloted in

Providing diabetes care where it's needed most

People living with diabetes need uninterrupted access to medicines and care, healthy food, and safe environments for physical activity, as well as information and guidance on how to manage their diabetes to prevent the development of complications. Undiagnosed and poorly controlled diabetes can lead to acute and life-threatening complications such as blindness, amputation, kidney failure, cardiovascular events and early death. Caring for diabetes becomes even more difficult when resources are scarce or in times of emergency.

As the largest NGO in the field of diabetes, IDF has for many years engaged in humanitarian action, primarily through the *IDF Life for a Child* Programme, providing essential diabetes care and education to children with type 1 diabetes in developing countries.

IDF Life for a Child

Accessing life-saving insulin and blood glucose monitoring equipment is often difficult, and sometimes impossible, in less-resourced countries. Without these supplies and the diabetes education required to use them, many young people die soon after being diagnosed or develop complications very early. This is where the *IDF Life for a Child (LFAC)* programme steps in. The programme has been providing life-saving diabetes education and care to children with diabetes in need since 2000.

IDF Life for a Child currently partners with diabetes centres in 41 less-resourced countries to provide over 18,500 young people with:

- Insulin, syringes, blood glucose monitoring equipment and test strips.
- HbA1c testing.
- Diabetes education, resources, workshops and camps.

- Clinical care.
- Technical advice and support for health professionals.

The programme's ultimate aim is for supported centres and countries to become self-sufficient in diabetes care. In addition to providing essential supplies, *IDF Life for a Child* also conducts clinical research, develops advocacy campaigns and works to implement sustainable solutions.

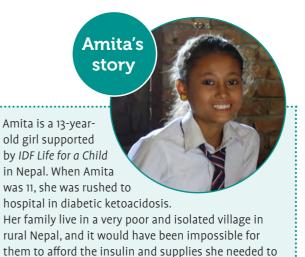




Highlights of IDF Life for a Child's activities in 2017 included:

- Over 18,500 young people living with diabetes across 41 less-resourced countries were provided with essential diabetes care.
- Age-appropriate diabetes education resources were developed in Singhalese and Tamil, increasing the number of languages available in the LFAC online education resource library to 19.
- Research studies were published in various leading peer-reviewed journals.
- Outcome comparisons across clinics were used to identify gaps and improve care.
- Workshops, education sessions and mentoring site visits by international experts were facilitated in supported countries.
- A series of wall charts covering key areas of diabetes management in children was developed and distributed to supported centres.

1 www.lifeforachild.org



survive. IDF Life for a Child provided Amita with insulin,

a blood glucose meter, strips and education resources so she could manage her diabetes. She now visits

including achieving good marks at school. She dreams

the clinic regularly for follow-up and is doing well,

of becoming a teacher.

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Africa (AFR)

The IDF Africa Regional Council meeting took place in Addis Ababa, Ethiopia, from 24–26 August 2017, bringing together 62 delegates from regional member associations. It provided a forum for members to discuss their activities, as well as the region's wider progress towards achieving its mission, and diabetes in Africa more generally. Delegates also deliberated on the research findings in the article 'Diabetes in Sub-Saharan Africa: from clinical care to health policy' published in *The Lancet* in July 2017.

Europe (EUR)

IDF Europe region's longterm advocacy strategy, Mobilising for Diabetes (M4D), led to increased contacts with European Union policy makers throughout 2017. Thanks to a new collaboration with the Committee of the Regions (the European Union assembly of regional and local representatives), IDF Europe was able to extend its network of policy



makers at national and regional levels to promote key initiatives such as *IMPACT diabetes* (Initiative to Mobilise Parliamentarians to Act to prevent, Care and Treat Diabetes). Through *IMPACT diabetes*, IDF Europe is contributing to a more informed political environment, where knowledge and understanding are provided by people living and working with diabetes, so that effective policies are developed, adopted, financed, implemented and evaluated.

At the *IDF Congress* 2017 in Abu Dhabi, IDF Europe launched a new publication to map the gaps and patterns of non-adherence in the implementation of evidence to the practical management of diabetes. Entitled *Integrating diabetes evidence into practice: challenges and opportunities*

to bridge the gaps, it defines the current landscape in relation to diabetes in Europe and identifies barriers and solutions for implementing diabetes evidence into practice.

Middle East and North Africa (MENA)

In May 2017, the IDF MENA region organised a conference in Alexandria in collaboration with the Egyptian Diabetes Association to mark the 10th anniversary of the United Nations Resolution on Diabetes. This international gathering focused on expanding the scientific basis to inform diabetes clinical practice and featured workshops on the implementation of national diabetes programmes and the development of guidelines for the management of diabetes care.

The MENA region continued its work in support of refugees affected by diabetes through a dedicated programme that sets up free clinics for this vulnerable population. This assisted close to 2,000 refugees with type 1 and type 2 diabetes in nine clinics throughout Lebanon, providing free medication, education and screening for diabetes complications.

North America and Caribbean (NAC)

The IDF North America and Caribbean Regional Council meeting was held in Guadalajara, Mexico from 25–26 March 2017, with delegates from Anguilla, Antigua and Barbuda, Barbados, Belize, Canada, Cayman Islands, Guyana, Mexico and St Lucia taking part. Focuses for discussion included an updated business plan for the region and fundraising. *IDF Young Leaders in Diabetes* from the NAC region attended the meeting for the first time, and their participation resulted in the creation of a committee to specifically address issues that young people with diabetes face.

Despite major interruptions and damage caused by hurricanes in the region, every IDF member made it a priority to focus on women and diabetes for World Diabetes Day. Activity highlights included the launch of a dedicated Women and diabetes magazine in St Lucia and leadership

training organised by *IDF Young Leaders* in Guyana which featured 30 'Ladies of distinction'.

South and Central America (SACA)

The second International Diabetes Forum took place in the Dominican Republic from 27-30 April 2017, organised by the IDF SACA region and the Latin American Diabetes Association (ALAD) in collaboration with the Dominican Republic Society of Endocrinology and Nutrition (SODENN), the National Institute of Diabetes (INDEN) and the Dominican Society of Diabetes (SODODIA). Over 300 endocrinologists, diabetologists, diabetes educators and other professionals from throughout Latin America and the Caribbean gathered to discuss important issues and strategic solutions for diabetes professionals and people living with or at high risk of diabetes. The programme consisted of seven symposiums and six lectures that focused on topics including the prevention of diabetes complications, challenges in modern pharmacology, diabetes and tuberculosis, and diabetes and pregnancy.

South-East Asia (SEA)

The Diabetes India 2017 Seventh World Congress was held in New Delhi from 23–26 February, bringing together over 3,000 diabetes experts and stakeholders to exchange innovative thoughts and ideas to address the growing burden of diabetes in India – home to the second largest number of people with diabetes worldwide – and the wider region. Key conference focus areas included prevention, detection, control and access to appropriate interventions.





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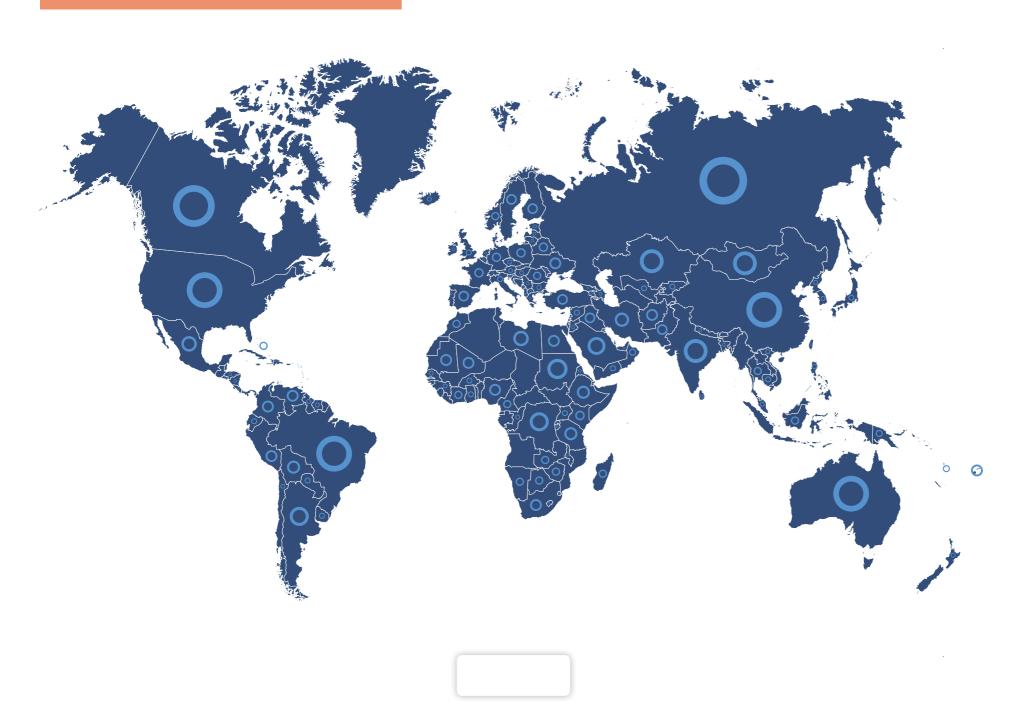
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Africa (AFR)

Chair: Ahmed Reja, Ethiopia Chair-elect: Naby Baldé, Guinea

Botswana	Diabetes Association of Botswana
Burkina Faso	Association Burkinabe d'Aide aux Diabétiques
Burundi	Burundian Diabetes Association
Cameroon	Cameroon Diabetes Association
Côte d'Ivoire	Association des Diabétiques de Côte d'Ivoire
Democratic Republic of Congo	Association des Diabétiques du Congo; Association Vaincre le Diabète au Congo
Eritrea	Eritrean National Diabetic Association
Ethiopia	Ethiopian Diabetes Association
Gambia	Gambian Diabetes Association
Ghana	National Diabetes Association
Guinea	Association Guinéenne d'Education et d'Aide aux Diabétiques
Kenya	Diabetes Kenya Association
Lesotho	Lesotho Diabetes Association
Madagascar	Association Malgache contre le Diabète
Malawi	Diabetes Association of Malawi
Mali	Association Malienne de Lutte contre le Diabète
Mauritania	Association Mauritanienne de Lutte Contre le Diabète
Nigeria	Diabetes Association of Nigeria
Republic of Congo	Diabaction-Congo

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Rwanda	Association Rwandaise des Diabétiques
Senegal	Association Sénégalaise de Soutien aux Diabétiques
Seychelles	Diabetic Society of Seychelles
South Africa	Diabetes South Africa; Society for Endocrinology, Metabolism and Diabetes of South Africa
Swaziland	Diabetes Swaziland
Tanzania	Diabetes Association of Zanzibar; Tanzania Diabetes Association
Togo	Association Togolaise du Diabète
Uganda	Uganda Diabetes Association
Zambia	Diabetes Association of Zambia
Zimbabwe	Zimbabwe Diabetic Association



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Europe (EUR)

Chair: Şehnaz Karadeniz, Turkey Chair-elect: Niti Pall, United Kingdom

Albania	Shoqata E Diabetit Ne Shqiperi
Armenia	Armenian Association of Diabetes
Austria	Österreichische Diabetes Gesellschaft
Azerbaijan	Azerbaijan Diabetes Society
Belarus	Belarussian Humanitarian Organisation

Association Belge du Diabète; Diabetes Liga
Bulgarian Diabetes Association; Bulgarian Society of Endocrinology
Croatian Association for Diabetes and Metabolic Disorders; Hrvatski savez dijabetickih udruga
Cyprus Diabetic Association
Ceska Diabetologicka Spolecnost; SVAZ Diabetikù Ceské Republiky
Diabetesforeningen
Estonian Diabetes Association
Diabetesfelag Foroya
Finnish Diabetes Association
Fédération Française des Diabétiques

Germany	DiabetesDE
Greece	Hellenic Diabetes Association; Hellenic Diabetes Federation; Panhellenic Federation of People with Diabetes
Hungary	Magyar Diabetes Tarsasag; National Federation of Hungarian Diabetics
Iceland	Samtök Sykursjúkra
Ireland	Diabetes Federation of Ireland
Israel	Israel Diabetes Association
Italy	Associazione Italiana per la Difesa degli Interessi dei Diabetici; Associazione Medici Diabetologi; Associazione Nazionale Italiana Atleti Diabetici; FAND – Associazione Italiana Diabetici; Societa Italiana di Diabetologia
Kazakhstan	Diabetic Association of the Republic of Kazakhstan
Kyrgyzstan	Diabetes and Endocrinological Association of Kyrgyzstan
Latvia	Latvian Diabetes Association; Latvian Diabetes Federation
Lithuania	Lithuanian Diabetes Association
Luxembourg	Association Luxembourgeoise du Diabète
Macedonia	Macedonian Diabetes Association
Malta	Maltese Diabetes Association
Moldova	Prodiab
Norway	Norges Diabetesforbund
Poland	Polskie Stowarzyszenie Diabetyków; Polskie Towarzystwo Diabetologiczne

Diabetic Children's Protection Association; Georgian Union of

Diabetes and Endocrine Associations

Georgia



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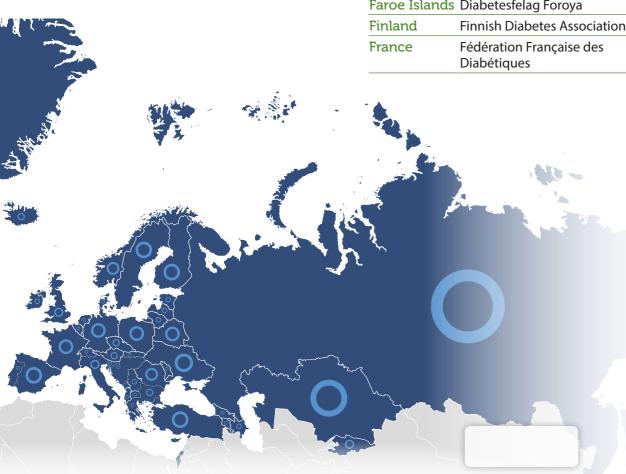
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Middle East and North Africa (MENA)

Chair: Nizar Al Bache, Syria

Chair-elect: Abdul Basit, Pakistan

Afghanistan	Afghanistan Diabetes Association
Bahrain	Bahrain Diabetes Society
Egypt	Arabic Association for the Study of Diabetes & Metabolism; Egyptian Diabetes Association; Upper Egypt Diabetes Association
Iran	Iranian Diabetes Society
Iraq	Iraqi Diabetes Association
Jordan	Jordanian Society for the Care of Diabetes
Kuwait	Kuwait Diabetes Society
Lebanon	Chronic Care Center; Lebanese Diabetes Association
Libya	Libyan Diabetic Association; Libyan Pediatric Diabetes Society

Morocco	Ligue Marocaine de Lutte contre le Diabète
Oman	Oman Diabetes Society
Pakistan	Diabetic Association of Pakistan
Palestine	Diabetes Palestine
Qatar	Qatar Diabetes Association
Saudi Arabia	Saudi Charitable Association of Diabetes; Saudi Diabetes and Endocrine Association
Sudan	Sudanese Diabetes Association
Syria	Syrian Diabetes Association
United Arab Emirates	Emirates Diabetes Society
Yemen	Yemen Diabetes Association



Associação Protectora dos

Diabéticos de Portugal; Sociedade



North America and Caribbean (NAC)

Chair: Sharon Fraser, Belize

Chair-elect: Glynis Alonzo Beaton, Guyana

Anguilla Diabetes Association
Antigua and Barbuda Diabetes Association
Aruba Diabetes Foundation
Diabetes Association of Barbados
Belize Diabetes Association
Bermuda Diabetes Association

British Virgin Islands	British Virgin Islands Diabetes Association
Canada	Canadian Diabetes Association; Diabète Québec
Cayman Islands	Cayman Islands Diabetes Association
Curaçao	Sosiedat Kurasoleno di Diabetiko
Dominica	Dominica Diabetes Association
Grenada	Grenada Diabetes Association
Guyana	Guyana Diabetic Association
Haiti	Fondation Haïtienne du Diabète et des Maladies Cardiovasculaires
Jamaica	Diabetes Association of Jamaica
Mexico	Federación Mexicana de Diabetes; Sociedad Mexicana de Nutrición y Endocrinología
Montserrat	Montserrat Diabetes Association
Sint Maarten	Diabetes Foundation of Sint Maarten
St Kitts & Nevis	St Kitts Diabetes Association
St Lucia	St Lucia Diabetic and Hypertensive Association
Suriname	Diabetes Vereniging Suriname
The Bahamas	Bahamas Diabetic Association
Trinidad and Tobago	Diabetes Association of Trinidad and Tobago
USA	American Association of Diabetes Educators; American Diabetes Association



Chair: Ammar Ibrahim, Dominican Republic Chair-elect: Balduino Tschiedel, Brazil

Argentina	Asociación Civil de Diabetes Argentina; Asociación para el Cuidado de la Diabetes en Argentina; Federación Argentina de Diabetes; Liga Argentina de Protección al Diabético; Sociedad Argentina de Diabetes
Bolivia	Sociedad Boliviana de Endocrinología, Metabolismo y Nutrición; Vivir con Diabetes





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Brazil	Associação de Diabetes Juvenil; Federação Nacional de Associações e Entitades de Diabetes; Sociedade Brasileira de Diabetes
Chile	Asociación de Diabeticos de Chile; Fundación Diabetes Juvenil de Chile; Sociedad Chilena de Endocrinología y Metabolismo
Colombia	Asociación Colombiana de Diabetes; Federación Diabetológica Colombiana; Fundación Santandereana de Diabetes y Obesidad
Costa Rica	Asociación nacional pro estudio de la diabetes, endocrinología y metabolismo
Cuba	Sociedad Cubana de Diabetes
Dominican Republic	Instituto Nacional de Diabetes, Endocrinología y Nutrición; Sociedad Dominicana de Diabetes
Ecuador	Federación Ecuatoriana de Diabetes; Fundación Aprendiendo a Vivir con Diabetes; Fundación de Diabetes Juvenil del Ecuador; Fundación Los Fresnos "Casa de la Diabetes"
El Salvador	Asociación Salvadoreña de Diabéticos
Honduras	Asociación Nacional de Diabeticos de Honduras
Nicaragua	Asociación de Padres de Niños y Jovenes Diabeticos de Nicaragua; Fundación Nicaraguense para la Diabetes; Fundación Pro Ayuda a Enfermos Crónicos
Panama	Asociación Panameña de Diabeticos
Paraguay	Fundación Paraguaya de Diabetes; Sociedad Paraguaya de Diabetología
Peru	Asociación de Diabetes del Peru; Asociación de Diabéticos Juveniles del Péru

Puerto Rico	Asociación Puertorriqueña de Diabetes; Asociación Puertorriqueña de Educadores en Diabetes; Sociedad Puertorriqueña de Endocrinología y Diabetología
Uruguay	Asociación de Diabéticos del Uruguay; Sociedad de Diabetología y Nutrición del Uruguay
Venezuela	Federación Nacional de Asociaciones y Unidades de Diabetes; Sociedad Venezolana de Endocrinología y Metabolismo

South-East Asia (SEA)

Chair: Anil Bhoraskar, India Chair-elect: Ali Siyan, Maldives

Bangladesh	Diabetic Association of Bangladesh; Eminence; Faridpur Diabetic Association
India	Diabetic Association of India; Research Society for the Study of Diabetes in India
Maldives	Diabetes Society of Maldives
Mauritius	Mauritius Diabetes Association
Nepal	Nepal Diabetes Association
Sri Lanka	Diabetes Association of Sri Lanka





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Western Pacific (WP)

Chair: Wayne H H Sheu, Taiwan **Chair-elect:** Linong Ji, China

Australia	Diabetes Australia
Cambodia	Cambodian Diabetes Association
China	Chinese Diabetes Society
Democratic People's Republic of Korea	Diabetes Committee of Hospitals Association of Korea
Fiji	Diabetes Fiji
Hong Kong, SAR, China	Diabetes Hongkong; Hong Kong Juvenile Diabetes Association; Hong Kong Society of Endocrinology, Metabolism and Reproduction
Indonesia	Persatuan Diabetes Indonesia
Japan	Japan Association for Diabetes Education and Care; Japan Diabetes Society
Korea, Republic of	Korean Diabetes Association
Macau, China	Macau Diabetes Association
Malaysia	Diabetes Malaysia
Mongolia	Mongolian Diabetes Association
New Zealand	Diabetes New Zealand
Papua New Guinea	Diabetic Association of Papua New Guinea
Singapore	Association of Diabetes Educators; Diabetic Society of Singapore
Taiwan, China	Chinese Taipei Diabetes Association; Taiwanese Association of Diabetes Educators

Thailand	Diabetes Association of Thailand
The Philippines	Diabetes Philippines
Tonga	Tonga Diabetes Association
Vanuatu	Vanuatu Diabetes Association
Vietnam	Vietnamese Association of Diabetes and Endocrinology



TRANSNATIONAL MEMBERS

Diabetes in Asia Study Group
European Association for the Study of Diabetes
Juvenile Diabetes Research Foundation International
Mediterranean Group for the Study of Diabetes
Société Francophone du Diabète
The Asian Association for the Study of Diabetes



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President-elect: Nam Cho, Republic of Korea

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Regional Chairs

Ahmed Reja, Ethiopia, AFR Şehnaz Karadeniz, Turkey, EUR Nizar Al Bache, Syria, MENA Sharon Fraser, Belize, NAC Ammar Ibrahim, Dominican Republic, SACA Anil Bhoraskar, India, SEA Wayne H H Sheu, Taiwan, WP

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Paul Zimmet, Australia
Martin Silink, Australia
Jean Claude Mbanya, Cameroon
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Finance and Administration

Acting Chair: Serge Langlois, Canada Anil Bhoraskar, India Akhtar Hussain, Norway Ammar Ibrahim, Dominican Republic

Strategic Governance and Ethics

Acting Chair: Sharon Fraser, Belize Alieu Gaye, Gambia Ahmed Reja, Ethiopia

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Other committees

Nominating Committee

Chair: Sir Michael Hirst, United Kingdom Anne Belton, Canada Nam Cho, Republic of Korea Trisha Dunning, Australia Adolfo Perez-Comas, Puerto Rico Kaushik Ramaiya, Tanzania

Organising Committee IDF Congress 2017

Chair: Monira Al Arouj, Kuwait Abdulrazzaq Al Madani, UAE Abdullah Ben Nakhi, Kuwait Nam Cho, Korea Linong Ji, China Banshi Saboo, India

Programme Committee IDF Congress 2017

Chair: Nam Cho, Republic of Korea Kyong Soo Park, Republic of Korea Isaac Sinay, Argentina Nizar Albache, Syria Lawrence Harkless, USA Massimo Massi Benedetti, Italy Hak Chul Jang, Republic of Korea Edwin Fisher, USA Jaako Tuomilehto, Finland Manny Hernandez, USA

Remuneration

Nam Cho, Republic of Korea Shaukat Sadikot, India

IDF programme chairs

IDF Diabetes Atlas

Chair: Nam Cho, Republic of Korea

Diabetic Foot

Chair: Ammar Ibrahim, Dominican Republic

Humanitarian Response

Chairs: Sharon Fraser, Belize; Nizar Albache, Syria

Bringing Research in Diabetes to Global Environments and Systems (BRIDGES)

Robert Gabbay, USA

Life for a Child

Martin Silink, Australia

Young Leaders in Diabetes

Dario Rahelic, Croatia

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Results before Taxes

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IDF financial statements 2017*

Profit & Loss Analysis (€)

Total Expenses	-5.415.207
Financial Charges	-193.617
Financial Income	625.717
Other charges	-95.429
Provision for Risks and Charges	-21.184
Depreciation	-77.909
Remunerations	-1.545.592
Goods and Services	-4.107.193
	, ,,,
Total Income	8.076.497
Other Income	48.697
Congress	5.670.795
Projects	1.509.422
Corporate Partnership	671.683
Membership fees	175.900
Turnover	7.962.488

IDF balance sheet (€)

FIXED ASSETS

Intangible Assets	2.363
Tangible assets	101.644
Financial Assets	21.150
CURRENT ASSETS	11.650.702
Stock and Contracts in progress	
Amounts Receivable within one year	1.806.385
Trade Debtors	1.254.573
Other Amounts receivable	551.812
Investments	7.054.402
Cash at bank and in hand	2.739.305
Deferred charges and accrued income	50.611
TOTAL ASSETS	11.775.860

CAPITAL AND RESERVES	7.266.914
Designated Funds	973.000
Profit carried forward	6.293.914

PROVISION AND DEFERRED TAXATION	211.679
Provision for Liabilities and Charges	211.679

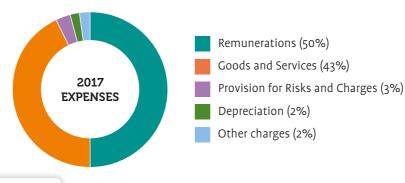
CREDITORS	4.297.268
Amounts Payable within one Year	3.954.005
Financial debts	0
Trade Debts	561.346
Advance on Contracts in Progress	2.788.272
Taxes and remunerations	134.478
Other Amounts Payable	469.910
Accrued Charges and Deferred Income	343.262

TOTAL LIABILITIES	11.775.860
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^{*}Subject to approval by the IDF General Assembly



2.661.290



125.158

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The International Diabetes Federation (IDF) seeks to partner with responsible corporations and foundations to advance its mission to promote diabetes care, prevention and a cure worldwide and guarantee the sustainability and impact of the Federation. IDF strongly believes in mutually beneficial strategic alliances to elevate diabetes to the top of the public agenda. IDF is grateful to the following partners that helped further its advocacy, communication and programme activities

Gold partners







Silver partners







Bronze partners



Partners













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