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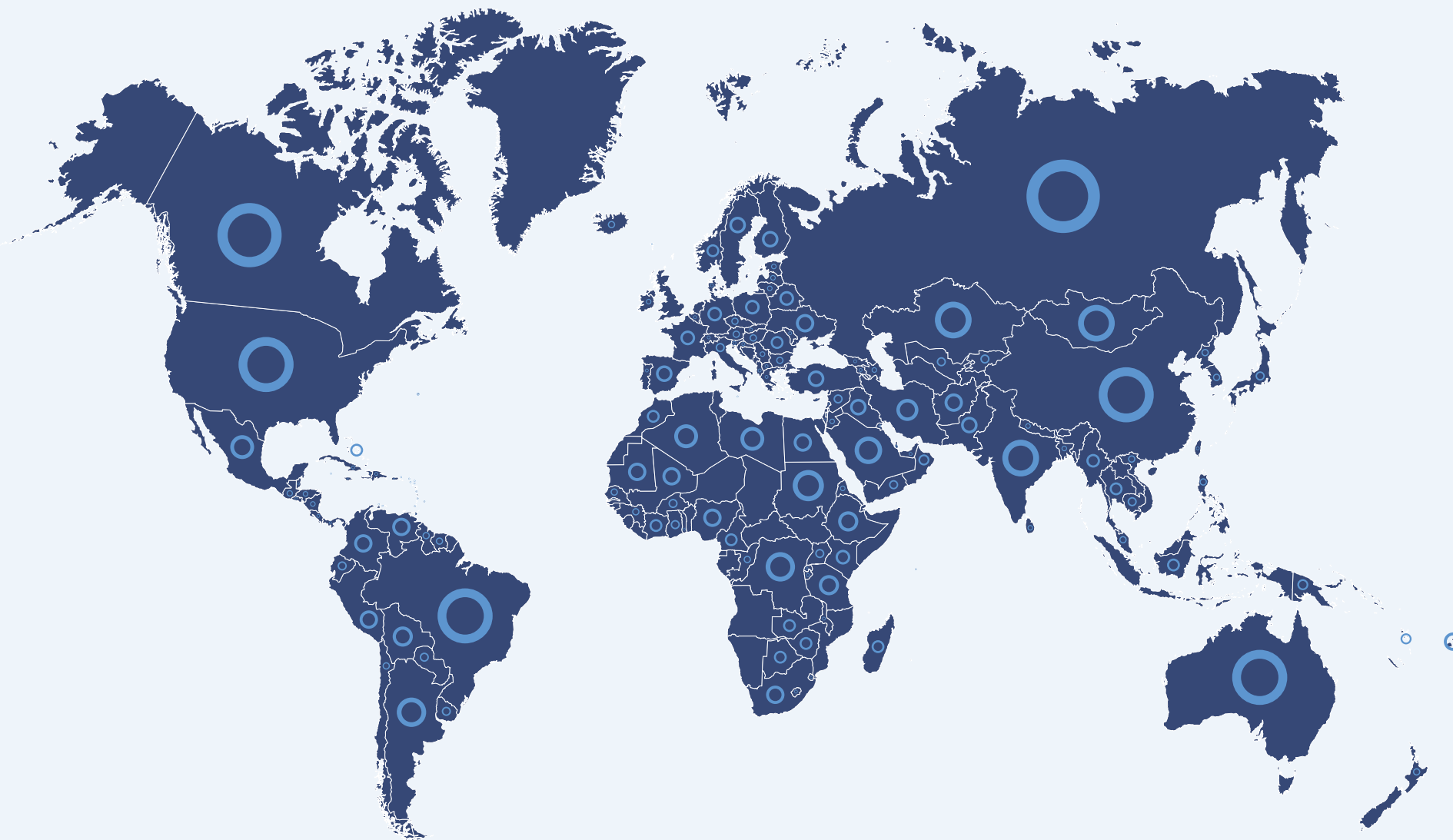


International  
Diabetes  
Federation

# International Diabetes Federation Annual Report 2018



# 237 members in 164 countries and territories



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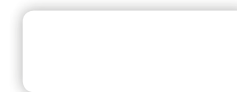
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# International Diabetes Federation

The International Diabetes Federation (IDF) is an umbrella organisation of over 230 national diabetes associations in 164 countries and territories. It represents the interests of the growing number of people with diabetes and those at risk. The Federation has been leading the global diabetes community since 1950.

IDF is unique in being a federation of not-for-profit organisations dedicated to action on diabetes, and as such forms the largest civil society organisation in the world serving people with and affected by diabetes.

IDF is the legitimate voice of the global diabetes community. Our greatest strength lies in the capacity of

its membership and the ability to ground global advocacy in the reality of local experience. Our Members provide a large volunteering force to ensure we can achieve our strategic objectives, particularly in low- and middle-income countries where the Federation has a strong presence.

IDF Members are organised at both global and regional level. Members belong to IDF at global level and are also grouped together in seven regional groups, which provide the opportunity for IDF Members within a geographical region to engage in collaborative action to improve the lives of people with diabetes.



## International Diabetes Federation

### Our vision:

Living in a world without diabetes

### Our mission:

Promoting diabetes care, prevention and a cure worldwide



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# Message from the IDF President

The International Diabetes Federation (IDF) is the world's largest civil society organisation serving diabetes representative organisations and people living with diabetes. We work to advance diabetes care and prevention worldwide. Our goals are reflected in the activities highlighted within this report.

Throughout 2018, IDF projects and programmes focused on driving critical action in diabetes care and prevention, as well as strengthening awareness to inform policy agendas at the local, national and regional levels.

*The Family and Diabetes* was the theme for diabetes awareness month and World Diabetes Day in November. IDF's global campaign, supported by our network of members and wider stakeholders in over 160 countries, firmly conveyed the message that diabetes not only affects the person diagnosed but also has a psychological, social, and economic impact on the family. Diabetes concerns every family and continues to claim lives that could be saved. This message will continue to inform IDF awareness activities for diabetes awareness month and World Diabetes Day in 2019.

As the primary global advocate for diabetes, IDF continued to build cooperative alliances and promote specific actions to support people with diabetes and halt the global epidemic of type 2 diabetes. This was in evidence on occasion of the *Third UN High Level Meeting (HLM) on Non-communicable Diseases (NCDs)* in September, where IDF worked to ensure that the priorities of people with diabetes were heard at this important political meeting.

*Disadvantaged populations* were also at the forefront of IDF advocacy activities, through a dedicated multi-stakeholder campaign to raise awareness of the challenges of managing diabetes in humanitarian settings.

IDF prominently addressed the barriers and gaps in diabetes education among health professionals that exist in many countries, through the continued development of the *IDF School of Diabetes*. Over the year, this flagship online platform of the Federation grew to welcome over 9,000 health professionals from more than 170 countries, offering a selection of up-to-date, evidence-based and internationally accredited courses.

IDF will continue this valuable work in 2019, a year that will be marked by two important activities: In November, we will release the *9th edition of the IDF Diabetes Atlas* on the occasion of World Diabetes Day, building further evidence to inform the global response to diabetes and stimulate governments and all sectors of society to take action. In December we will host the *IDF Congress 2019* in Busan, Korea, where the global diabetes community will come together to shape the future of diabetes.

The Congress will provide me with the opportunity to personally thank our Members, partners and wider network of experts and volunteers, for their continued dedication and commitment to achieving IDF's mission and improving the lives of all people affected by diabetes. They represent our greatest strength and a source of inspiration for much that we do.



**Prof. Nam H. Cho**

President, International  
Diabetes Federation 2018–19

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# The global voice of people living with diabetes



As the global voice of diabetes, IDF aims to have a strong presence on the global stage.

Three main objectives inform our activities:

- Increasing global recognition of IDF and diabetes.
- Advocating globally for people with diabetes and those at risk.
- Empowering people living with diabetes.



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## Increasing global recognition of IDF and diabetes

### World Diabetes Day

World Diabetes Day (WDD) – marked every year on 14 November – is the world’s largest diabetes awareness campaign reaching a global audience of over 1 billion people in more than 160 countries. The campaign highlights issues of paramount importance to the global diabetes community and keeps diabetes firmly in the public spotlight. It aims to be the global driver for change to reduce the huge economic burden of diabetes and improve the lives of people with diabetes.

World Diabetes Day 2018 was the first of a two-year focus on **Family and diabetes**, the theme selected for diabetes awareness month and World Diabetes Day 2018 and 2019. A two-year timeframe was chosen to maximise promotion and participation. The primary aim of the campaign is to raise awareness of the impact that diabetes has on families, and to promote their role in managing and preventing the condition, as well as to promote care and education.

To achieve this, various media, outreach and awareness activities were organised in the build-up to diabetes awareness month, as well as on World Diabetes Day itself and throughout the month of November. The campaign featured three main focus areas: **Discover diabetes**, **Prevent type 2 diabetes**, and **Manage diabetes**.

In 2018, IDF urged families to learn more about the warning signs of diabetes. Research conducted by the Federation revealed that parents struggle to spot this serious life-long disease in their own children. Despite the fact that most people who were surveyed had a family member with diabetes, an alarming four out of five parents would have trouble recognising the warning signs. One in three wouldn't spot them at all.

The findings underlined the need for education and awareness to help people spot the warning signs of diabetes early. IDF encouraged people to test their diabetes knowledge and learn more through an online awareness assessment.

**4 in 5**  
**parents**  
would have trouble recognising the diabetes warning signs

[www.worlddiabetesday.org](http://www.worlddiabetesday.org)



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## IDF Diabetes Complications Congress 2018

The rise in rates of diabetes across the globe brings with it an increase in associated complications. Poor management of diabetes, whether through lack of education, limited access to care or the absence of a diagnosis, means that diabetes complications are a real problem in most countries.

IDF 2018  
featured over  
**100 invited speakers**  
from around  
the world

The IDF Diabetes Complications Congress 2018 took place in Hyderabad, India, from 25–27 October. It was the first in a new series of live educational events developed by IDF to tackle the issues around complications. The aim of the congress was to provide participants with the latest research, treatments and tools to limit and treat diabetes complications.

The 2018 congress featured over 100 invited speakers from around the world, combined with a dynamic programme spread over seven streams. In addition there was a lively exhibition showcasing the latest advances in diabetes complications care and technology.



Hyderabad, India - 25-27 October

## Advocating globally for people with diabetes and those at risk

IDF aims to promote change, development and growth through the implementation of effective advocacy campaigns informed by its projects and activities. The main objective is to outline specific actions that will support people with diabetes and help implement effective policies to halt the global epidemic of type 2 diabetes.

### Building cooperative alliances

On 24 March 2018, on the occasion of Lions Day at the UN, IDF and Lions Clubs International (LCI) signed a Memorandum of Understanding (MoU) to establish a cooperative alliance in the global fight against diabetes. LCI is the world's largest service club organisation, with 48,000 clubs and over 1.4 million members in 200 countries and geographic areas.

IDF and LCI  
have joined  
forces to help  
prevent type 2  
diabetes and improve  
the quality of life for  
those affected

IDF and LCI have joined forces to help prevent type 2 diabetes and improve quality of life for those living with diabetes worldwide. The MoU cements a partnership that will operate at national, regional and global levels to work towards common goals:

- Preventing type 2 diabetes and improving quality of life for those who are diagnosed with the condition.
- Raising awareness of diabetes and providing education where needed.
- Developing holistic diabetes service projects to improve care.
- Elevating the issue of diabetes on the national and global political agenda.
- Increasing access to diabetes care, medication, and diagnostic equipment.

In December, a joint work plan was signed to further define the partnership and describe how both organisations will work together to fulfil the goals of the MoU.



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## Advocating for action at high-level political meetings

In 2018, IDF's advocacy activities focused on the UN High Level Meeting (HLM) on Noncommunicable Diseases (NCDs) that took place in New York on 27 September, and which was attended by an IDF delegation. The HLM was the most important political meeting on diabetes and other NCDs since 2014. IDF developed a variety of resources to inform the development of national advocacy campaigns in support of a global call to action. These included a toolkit, leaflet and template letter for policymakers, which were distributed to IDF's network for use in national activities. IDF also developed the #HLM2018 selfie campaign on social media, promoting the priorities of people living with diabetes.

The High Level Meeting resulted in a Political Declaration that outlined the way forward in tackling NCDs. IDF supported several aspects of the Political Declaration but expressed regret about some notable omissions. Following the meeting, IDF published a detailed response, proposing solutions to the main gaps that were identified in the Declaration.

In May, IDF ensured that diabetes remained at the forefront of the global political agenda when it participated in the 71st World Health Assembly (WHA) in Geneva. The Federation organised a panel discussion to highlight the importance of quality nutritional education to overcome the health challenges caused by the rising prevalence of diabetes and obesity.

The HLM was the most important political meeting on diabetes and other NCDs since 2014

<https://www.idf.org/our-activities/advocacy-awareness.html>



## #HLM2018

- Increase budget for diabetes care and medicine
- Engage and empower people with diabetes
- Conduct T2D prevention initiatives
- Improve diabetes education and awareness

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## Helping ensure that no one with diabetes is left behind

Around the world, 36 million people were internally displaced in 2016 and 68.5 million people are currently displaced as a result of conflict alone. IDF estimates that four million people living with diabetes have been forced to move as a result of man-made and natural disasters.

People with diabetes require uninterrupted access to medicines and care. They need healthy food and safe places to exercise. Managing diabetes becomes even more difficult when disaster strikes and people are forced to leave their homes. In these difficult circumstances, people with diabetes often struggle to manage their condition and are at increased risk of life-threatening complications.

In 2018, IDF launched a multi-stakeholder campaign to raise awareness of the challenges of preventing and managing diabetes in humanitarian settings. This focused on promoting action; improving health services; and guaranteeing access to essential medicines for displaced people with diabetes. IDF called on national governments, donor organisations, international bodies, civil society and the private sector to:

- Guarantee uninterrupted access to diabetes care for displaced people with diabetes.
- Increase funding to strengthen health systems.
- Generate data through screening and monitoring programmes to assess the impact of diabetes in humanitarian settings.

The campaign's calls to action was promoted through a variety of channels including infographics, videos focused on the challenges faced by refugees needing diabetes care, and a social media campaign that was launched on World Refugee Day 2018.

This multi-stakeholder initiative brought together representatives of the International Committee of the Red Cross (ICRC), the United Nations Relief and Works Agency for Palestine Refugees in the Near East (UNRWA), the World Health Organization (WHO) and Santé Diabète. It was supported by a grant from the World Diabetes Foundation (WDF).

[www.idf.org/humanitarianaction](http://www.idf.org/humanitarianaction)

**4 million**  
refugees and displaced people are living with diabetes



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## Empowering people living with diabetes

People living with diabetes and those at risk – as well as their carers and relatives – must be at the heart of new policies to prevent the development of type 2 diabetes and promote patient-centred healthcare. As a group, they also represent a formidable force in articulating a clear and vocal case for improving the care of people living with diabetes worldwide.

Several IDF initiatives and activities are focused on ensuring that the voices of people with diabetes are prominently heard, both nationally and globally, and that their concerns and priorities are taken into account during policy development.

### Blue Circle Voices

Blue Circle Voices (BCV) is a global network of people living with or affected by diabetes, which strives to identify and represent the interests of those affected by diabetes and create a strong advocacy group to enhance IDF's presence in global fora. In 2018, the network grew to include 136 people in 62 countries.

A series of online consultations were organised with BCV members throughout the year. Participants provided their feedback on the theme for World Diabetes Day and diabetes awareness month. They also contributed directly to the BCV network and its activities, as well as to IDF's statement at the UN High Level Meeting on NCDs.

IDF also organised regular webinars to help BCV members become more effective advocates by enhancing their knowledge

on key topics such as national advocacy, diabetes education and the development of diabetes projects. Other BCV activities in 2018 included:

- Participation by members in IDF advocacy activities in the run-up to the UN HLM on NCDs, most notably the #HLM2018 selfie campaign.
- Involvement with the #DiabetesComplicationsTalk Facebook group, which encourages people with diabetes to speak openly about their complications to raise awareness and address the associated stigma.
- Participation as speakers at IDF events, such as the side event on nutrition education, organised on the occasion of the World Health Assembly.

[www.idf.org/bluecirclevoices](http://www.idf.org/bluecirclevoices)



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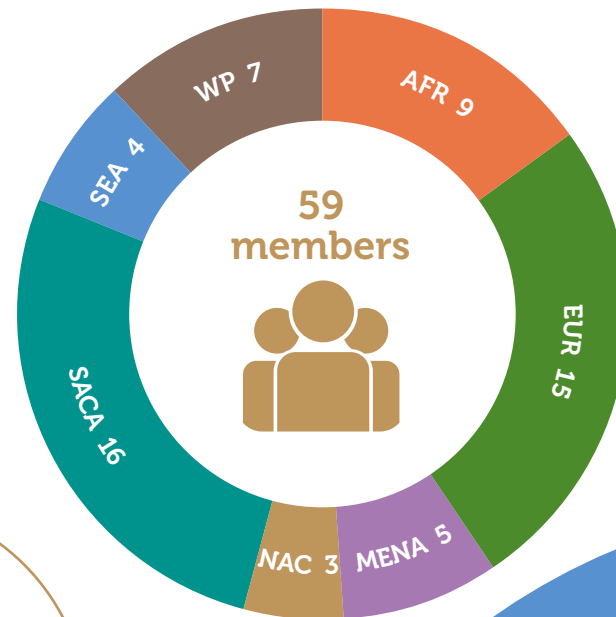
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## Young Leaders in Diabetes

IDF Young Leaders in Diabetes (YLD) is a unique programme that brings together young people living with diabetes to learn from one another and share experiences to improve the lives of everyone affected by diabetes. The programme identifies and supports the development of young leaders within the international diabetes community, empowering and educating them to support IDF's mission through the strengthening of relations with IDF members.

The network is made up of 59 members from 47 countries, including 42 trainees who joined in 2017, and 17 mentors who have been part of YLD since 2015 or earlier. During 2018, 41 individual projects and seven regional action plans on diabetes education, awareness and advocacy were developed.

IDF provided YLD members with access to continuing education in the form of regular webinars on topics including advocacy, diabetes complications, and project implementation. Members also participated in key international meetings, including the IDF side event at the World Health Assembly; the East Africa Diabetes Study Group Congress; and the Annual Meeting of the European Association for the Study of Diabetes (EASD).



**41 individual projects**  
and  
**7 regional action plans**  
on diabetes education, awareness and advocacy were developed



*young leaders  
in diabetes*

A programme of the  
International Diabetes Federation



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[www.idf.org/youngleaders](http://www.idf.org/youngleaders)

# Global programmes to drive diabetes prevention and policy development

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IDF's mission is supported through the development of high-quality programmes and resources to inform and guide policy agendas at national, regional and global levels. These programmes aim to:

- Promote prevention of type 2 diabetes and the complications associated with diabetes.
- Improve health outcomes for people with diabetes through better education and access to primary care services.
- Develop evidence-based and authoritative position statements and guidelines, as well as standards for care and continued professional development.
- Drive integrated policy making to raise awareness of diabetes within all areas of political engagement.

# Building the evidence to inform the global response to diabetes

## Diabetes and cardiovascular disease

People with diabetes are at increased risk of developing cardiovascular disease (CVD). In recognition of this, IDF conducted a major survey between September 2017 and May 2018 to better understand levels of knowledge about CVD among people with diabetes. CVD is a major cause of death and disability in people with diabetes, and a barrier to sustainable development.

The survey generated over **12,600 responses** from **133 countries**





Data was collected through an online questionnaire that was available in 32 languages. More than 12,600 responses were received from people with type 2 diabetes in 133 countries. The questionnaire gathered information on knowledge and awareness of CVD risk factors; the type of information about CVD that people with T2D had received from health professionals; and which sources of information on CVD respondents knew about and trusted.

The results of Taking Diabetes to Heart were published in a comprehensive report that aims to facilitate evidence-based decision-making and encourage inter-sectoral collaboration to strengthen health systems and implement cost-effective interventions. A series of recommendations were proposed that look at the challenge from the perspective of patients, health providers and governments. These include:

- Increasing health promotion activities with a focus on common risk factors for CVD and diabetes.
- Informing healthcare providers of their critical role in increasing awareness and knowledge of CVD among people with type 2 diabetes.
- Implementing CVD monitoring systems.

Investing in measures to detect type 2 diabetes early, and ensuring that health professionals are trained to guide individuals and families to make positive changes to their lifestyles, will improve diabetes management and reduce the burden of CVD and its associated risk factors.

### Key findings:

-  **1 in 10** did not know about CVD and its associated risk factors
-  Over **9 in 10** had one or more CVD risk factors
-  **1 in 4** participants considered themselves to be at no or low risk for CVD
-  **2 in 3** felt they needed more information on the signs and symptoms of CVD

[www.idf.org/takingdiabetes2heart](http://www.idf.org/takingdiabetes2heart)



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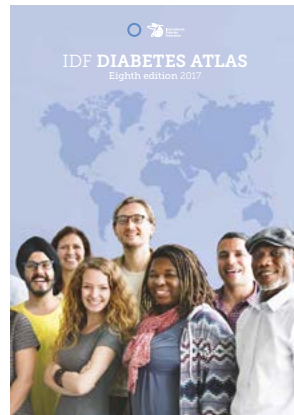
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## IDF Diabetes Atlas

The IDF Diabetes Atlas is the authoritative source of evidence on the impact of diabetes for healthcare professionals, academics and policy makers. First produced in 2000, the Atlas is the Federation's flagship publication, featuring the evidence that informs all its projects and activities.



The Atlas is compiled by an editorial team and scientific committee comprising international diabetes experts from all seven IDF regions. The committee establishes special interest groups that provide guidance based on their expertise.

The most recent edition of the IDF Diabetes Atlas – the 8th – was published in November 2017. Its key finding – that of the 425 million adults with diabetes, half are undiagnosed – reiterated the need for urgent action to tackle the economic and social impact of diabetes at national, regional and global levels.

During 2018, the findings of the IDF Diabetes Atlas 8th edition were promoted and disseminated through scientific papers, abstracts at international congresses and IDF advocacy and awareness activities.

The  
IDF Diabetes  
Atlas 9th edition

will be published on  
14 November 2019

The 9th edition will be published on 14 November 2019 and will use the same methodology as previous versions. It will feature innovative elements including expanded data sources; estimates of the incidence of diabetes; and data on diabetes complications in children and adolescents. As with previous editions, the findings will be presented globally, regionally and nationally.

[www.diabetesatlas.org](http://www.diabetesatlas.org)

## Tackling the barriers and gaps in diabetes education

### KiDS and Diabetes in Schools (KiDS)

The KiDS and Diabetes in Schools (KiDS) project was developed to help foster a safe and supportive school environment for children with type 1 diabetes and to raise awareness of prevention of type 2 diabetes in the school environment.

A key component of the project is the KiDS information pack, which provides tailored information for school staff, parents and school-age students. The pack has been adapted for different cultural settings and is available as a free download in 15 languages. Since its launch in 2013, it has been downloaded over 20,000 times by people in 169 countries.

In May, IDF launched the KiDS Educational Guide on Nutrition and Diabetes in Schools to complement the information pack. The new guide was presented at the IDF side event on nutrition education during the World Health Assembly in Geneva. It has been downloaded over 5,000 times and will be made available in five additional languages during 2019.

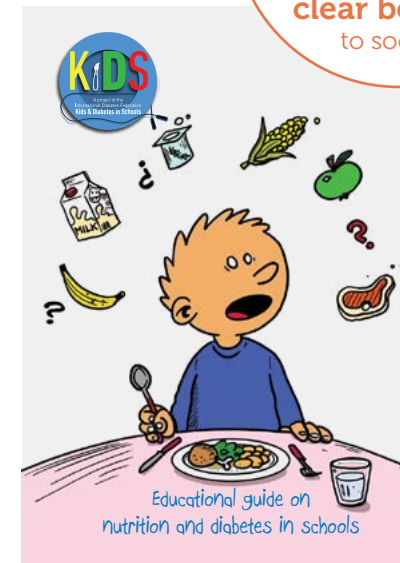
In November, the KiDS project in Poland won the Prevention and Awareness category at the prestigious Health Collaboration Awards, organised by the European Federation of Pharmaceutical Industries and Associations (EFPIA). KiDS was recognised as an innovative programme that demonstrated clear benefits to society, and most importantly to children with diabetes.

In April, the KiDS project partnered with the Belgian Red Cross Flanders to present a session called 'Where education meets health: health education

for children and adolescents'. This formed part of the International Conference on Health and Education: Stronger Together, in Brussels. Dr Monika Arora, a member of the KiDS advisory committee, presented the project and discussed the development of contextualised teaching materials to promote better understanding of diabetes among different stakeholders.

<https://kids.idf.org>

KiDS  
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## IDF School of Diabetes

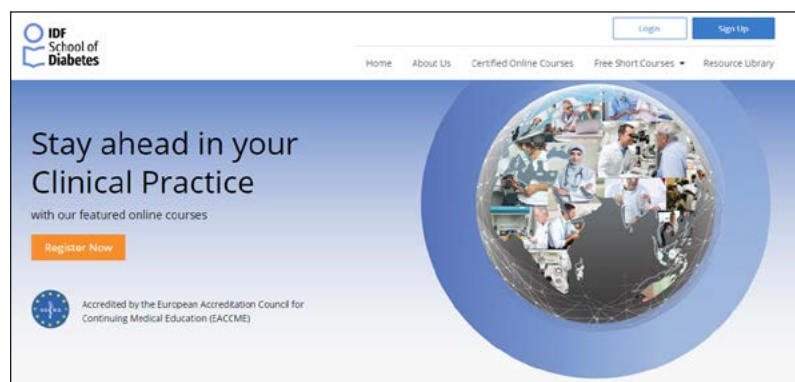
The IDF School of Diabetes online platform was launched in 2016 to deliver high-quality, evidence-based diabetes education for health professionals, people with diabetes and caregivers worldwide. It features three tailor-made courses for diabetes educators, primary care physicians & general practitioners, and specialists. It also includes a series of free short courses focusing on prevention of type 2 diabetes, diabetic retinopathy, and diabetes and cardiovascular disease. All the courses are accredited by the European Accreditation Council for Continuing Medical Education (EACCME) and are available in multiple languages. They were developed with the scientific support of a global network of more than 60 diabetes experts.

In 2018, over 9,000 health professionals from more than 170 countries were registered on the IDF School of Diabetes.

The IDF School of Diabetes also worked to build capacity and strengthen health systems in partnership with more than 400 specialists and 700 primary care physicians across 10 countries: Cambodia, India, Iran, Iraq, Jordan, Laos, Myanmar, Pakistan, UAE, and Vietnam.

Over  
**9,000 health professionals**  
from more than  
**170 countries**

[www.idfdiabeteschool.org](http://www.idfdiabeteschool.org)



## D-NET – the IDF diabetes network for health professionals

D-NET is the first global online platform for health professionals engaged in diabetes education, care and management. Launched in 2010, it offers professionals the opportunity to connect with colleagues worldwide, share knowledge and best practice and learn about the latest developments in diabetes care and education. Features include monthly discussions, an e-library, a global event calendar and free online education modules.

In 2018, D-NET membership grew to over 17,000 healthcare professionals from 189 countries. Over 7,400 members registered for the online modules. Eleven discussions were led by international experts on topics that included:

- ‘What you say matters’ – for people with diabetes, language has an impact on motivation, behaviours, and outcomes.
- Difficulties diabetes educators face in developing countries.
- Nutrition education to tackle obesity and type 2 diabetes.
- ‘Diabulimia’, the hidden eating disorder in type 1 diabetes: challenges of treatment.
- Diabetes and sexual health.
- Early initiation of insulin in people living with type 2 diabetes.

<https://d-net.idf.org>

## IDF Centres of Education and Excellence in Diabetes Care

IDF designates diabetes institutions and organisations to form part of an international voluntary network to initiate, coordinate, facilitate and conduct high-quality education for multidisciplinary healthcare professionals in diabetes and other related chronic diseases.

At the IDF Congress 2017 in Abu Dhabi, 38 institutions were designated as IDF Centres of Education and 27 as IDF Centres of Excellence in Diabetes Care for the period 2018–2019.

In 2018, several organisations were recognised as meeting the global standards and selection criteria set by IDF. The next round of applications will open in 2019.

### More information:

[IDF Centres of Education:  
https://www.idf.org/our-activities/education/centres-of-education.html](https://www.idf.org/our-activities/education/centres-of-education.html)

[IDF Centres of Education and Excellence in Diabetes Care:  
https://www.idf.org/our-activities/education/centres-of-excellence.html](https://www.idf.org/our-activities/education/centres-of-excellence.html)

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## Improving management of diabetes and its complications

### Tackling eye complications

Poorly managed diabetes can severely affect vision and lead to blindness. Diabetic retinopathy (DR) is the most common diabetic eye disease, and is the leading cause of vision loss in working-age adults. DR is painless and doesn't have noticeable early symptoms. It results from long-standing hyperglycaemia and affects a third of people with diabetes. As the number of cases of diabetes increases and the prevalence of DR rises, it is essential that eye care is integrated into the primary healthcare of people living with diabetes. Appropriately timed screening is the best way of preventing vision loss.

In 2018, IDF contributed to the publication of **Integrated care for diabetes and eye health: a global compendium**

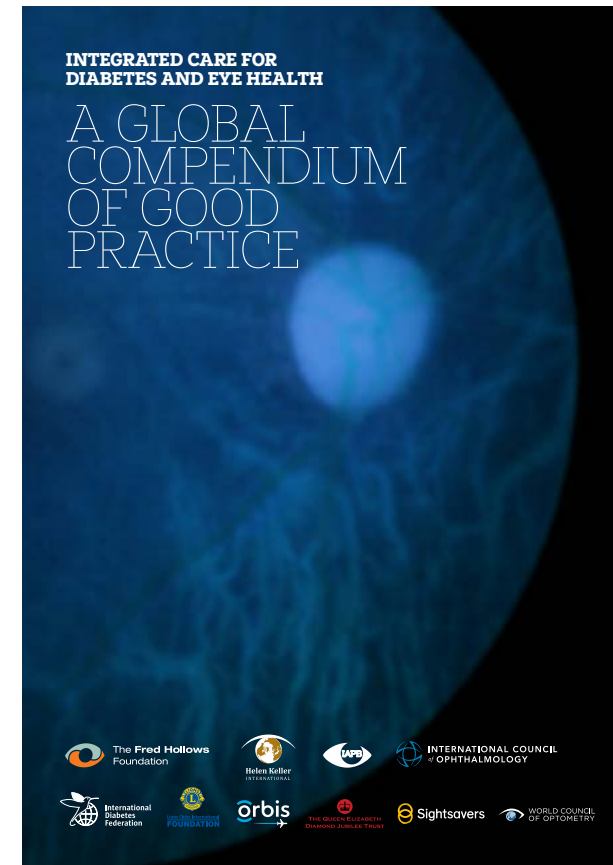
**of good practice**, a new resource designed to enhance healthcare providers' care for people with diabetes. The compendium features 17 case studies from around the world highlighting initiatives that have shown promising results in integrating care for DR. It also outlines broad categories for integrated care, including the need for primary healthcare and diabetes care professionals to be trained in DR. The compendium fills an important knowledge gap and includes key recommendations on the implementation of integrated eye care for policy makers, medical organisations, service providers and social investors.

In September, experts in diabetes and eye care convened at the European DR Barometer Advocacy Workshop, held in



It is **essential** that eye care is integrated into the **primary healthcare** of people living with diabetes

Milan, Italy, to further highlight the need for better training for healthcare professionals. The event was hosted by the International Federation on Ageing, the International Association on the Prevention of Blindness, IDF, Vision Academy, and Bayer. Attendees identified solutions to real-world scenarios in which patient eye care is compromised, and discussed how to improve screening and diagnosis, as well as reviewing recent advances in treatment options.



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## Africa (AFR)

In March, the 4th East Africa Diabetes Study Group (EADSG) Congress and Annual Meeting took place at the Kigali Convention Centre in Rwanda. It was organised by the EADSG in collaboration with Rwanda's Ministry of Health. The conference explored the theme 'Prevention of diabetes and its complications', highlighting the importance of preventing type 2 diabetes and managing all types of diabetes to avoid complications.

In October, a meeting focused on guidelines for the management of type 1 diabetes in Africa was held in Nairobi, Kenya, supported by Novo Nordisk. The IDF Africa region brought together key opinion leaders to help ensure that people with diabetes get quality care by making sure that guidelines are in place.

Also in October, IDF Africa Regional Chair Prof. Naby Baldé gave a presentation entitled 'What does universal health coverage mean for people with diabetes?' at the Africa Health Business Symposium in Johannesburg. During his presentation, he highlighted the need to invest in initiatives to tackle diabetes in Africa.

## Europe (EUR)

In 2018, activities across the IDF Europe region focused on furthering the implementation of long-term strategies to prevent type 2 diabetes and achieve better outcomes for people living with diabetes. Advocacy initiatives under the theme 'Mobilising for diabetes' provided tools to strengthen awareness of diabetes among policy makers across Europe. Throughout the year, the region participated in the EU Platform for action on diet, physical activity and health, and other high-level multi-stakeholder discussions and working groups.

IDF Europe was an active contributor to various EU funded projects, meeting with partners of the OPEN (Outcomes of Patients' Evidence with Novel, Do-it-Yourself Artificial Pancreas Technology) project for the first time in October. This aims to establish an evidence-base to support the impact of Do-it-Yourself Artificial Pancreas Systems (DIY APS) on people with diabetes and wider healthcare systems.

The region also continued its involvement with Feel4Diabetes, a project that aims to develop, implement and evaluate an evidence-based to prevent type 2 diabetes in families across Europe, and build a cost-effective and scalable intervention programme.

Empowering young people with diabetes across the region remained a priority, with the organisation of the 8th IDF Europe Youth Leadership Camp, held in Prague from 8–14 July. The camp welcomed 22 participants from 21 European countries for a week of interactive workshops, presentations and sports activities, aimed at developing the next generation of young advocates in diabetes. Topics covered included youth activism and advocacy in Europe; leadership; living with diabetes; and healthcare systems in Europe. The highlight of the week was a flash mob by participants on the main square in Prague, which was widely shared on social media.

## Middle East and North Africa (MENA)

In March, the IDF MENA region organised a workshop on the management of diabetic foot in collaboration with the Upper Egypt Diabetes Association (UEDA) and the Diabetes Asia Study Group (DASG). This attracted participants from across the region, giving them the opportunity to enhance their skills in this field.

A multi-stakeholder initiative which included representatives from IDF MENA and the Lebanese Diabetes Society was launched in Lebanon to support people with diabetes in low-income settings. The first phase consisted of training sessions for health workers and staff at diabetes centres which are participating in the project. It also included awareness-raising and screening sessions. The second phase will involve additional diabetes centres and more people with diabetes from across Lebanon and Syria. The initiative was supported by the World Diabetes Foundation.

In Pakistan, the 2nd National Diabetes Survey 2016–2017 was completed and the results published. Following its successful completion with limited resources, the survey will be used as a model for implementation by other countries in the region.



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## North America and Caribbean (NAC)

Education was the focus of the IDF NAC region's activities in 2018, with a particular emphasis on informing the general public. The goal was to increase awareness and dispel myths and misconceptions about diabetes. During diabetes awareness month, NAC members organised activities targeting people with diabetes and their families, strengthening their role as the voice for people with diabetes in their respective countries. Activities included exhibitions, galas and dinners that promoted and celebrated the role of family members, as well as emphasising the importance of family support in enabling people with diabetes to enjoy the best quality of life possible.

In June, the NAC region held its annual meeting during the 78th Annual Scientific Sessions of the American Diabetes Association in Orlando, offering members the opportunity to learn about the latest advances in diabetes research and technology.

## South and Central America (SACA)

During 2018, IDF SACA's Regional Chair, Dr Balduino Tschiedel, visited member countries across the region, attending congresses, giving lectures and raising awareness of diabetes through interviews with local media. Highlights included the Inter-Sectoral Forum to Combat Chronic Noncommunicable Diseases in Brazil; the XVII CONFELANYD Congress in Lima, Peru; the Congress of the Argentine Federation of Diabetes (FAD); and the Endocentro 2018 Congress in Sancti Spiritus, Cuba.

During November, IDF SACA members were very active in organising activities focusing on the theme 'Family and diabetes' to mark diabetes awareness month and World Diabetes Day. Hundreds of awareness events were held across the 19 countries of the region.



## South-East Asia (SEA)

The highlight of the SEA region's activities in 2018 was the international youth camp DiabMaldives, organised in December by the Diabetes Society of Maldives, with the support of the IDF SEA regional office. DiabMaldives was a five-day camp for young people with type 1 diabetes aged between 13 and 25. It consisted of a mix of physical activities and education sessions aimed at empowering and enhancing the ability of participants to cope with and self-manage their condition. A total of 20 young people from the Maldives and other countries in the IDF SEA region participated. Participants were provided with a fun and safe environment in which to learn and interact with other people with diabetes, as well as to strengthen their knowledge about diabetes. They also learned about future developments in diabetes care, self-management of blood sugars and coping strategies. Additionally, the camp served as an opportunity for policy makers to interact with and experience first-hand the daily challenges faced by young people with type 1 diabetes.



## Western Pacific (WP)

The 12th IDF Western Pacific Region Congress (IDF-WPR 2018) took place in Kuala Lumpur, Malaysia, in November. The congress attracted 2,500 delegates from 48 countries. It featured five plenary lectures, 20 symposiums, eight oral presentations, and six lunch symposiums with over 55 invited speakers delivering more than 65 presentations. Some 770 abstracts were on display, including 73 oral presentations and 395 posters.

Activity in the region in 2018 focused on further developing and expanding the scope of the disaster preparation and response programme, which was initiated with the publication of the IDF WPR guidelines for diabetes management during natural disasters in 2014. To address the economic and geographical diversity of the region, the guidelines are being tailored to individual countries so that they are fully relevant to local circumstances. Country-specific guidelines were developed in Australia and Japan and serve as models that other countries in the region can use to inform the development of their own guidelines.

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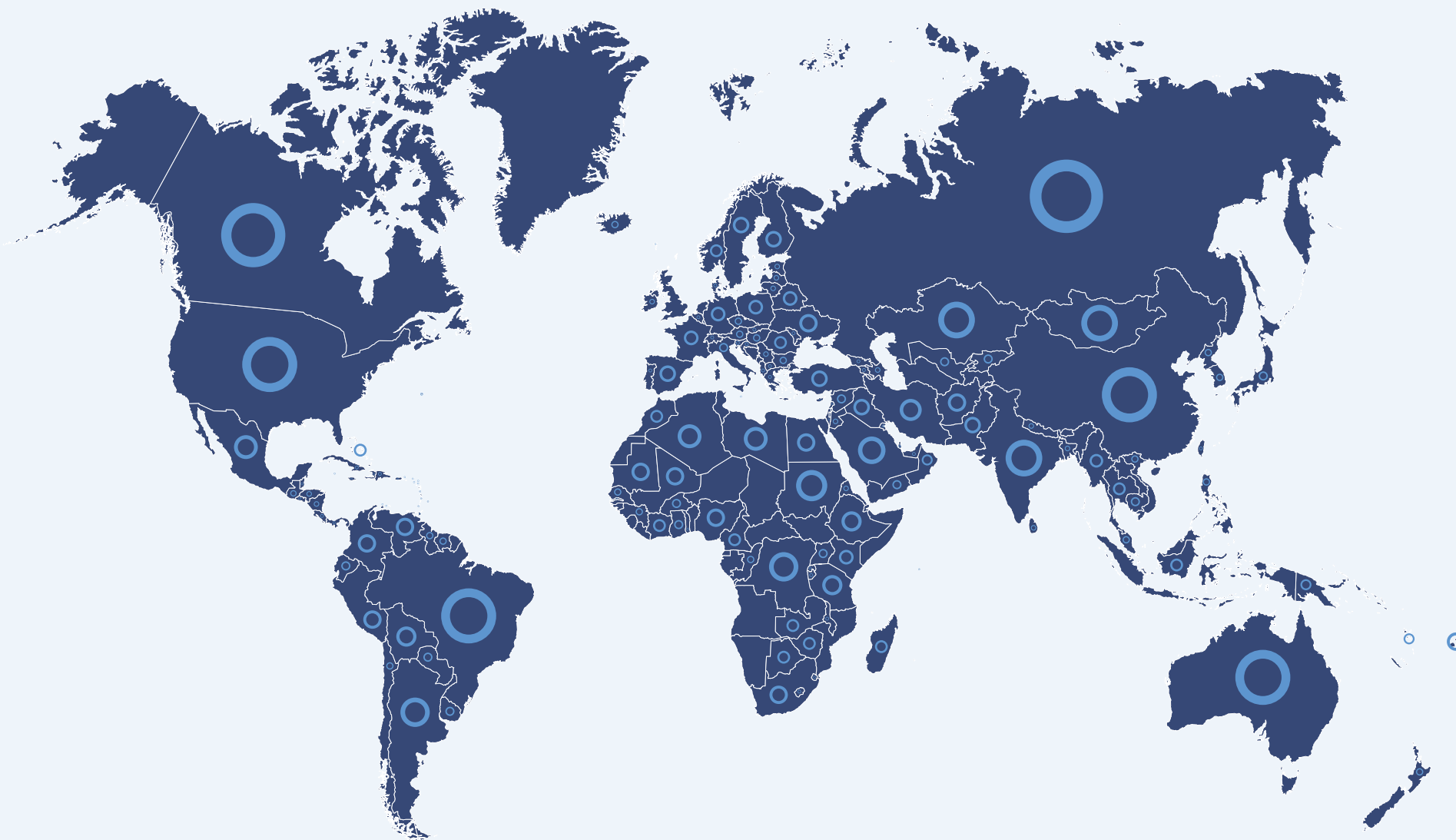
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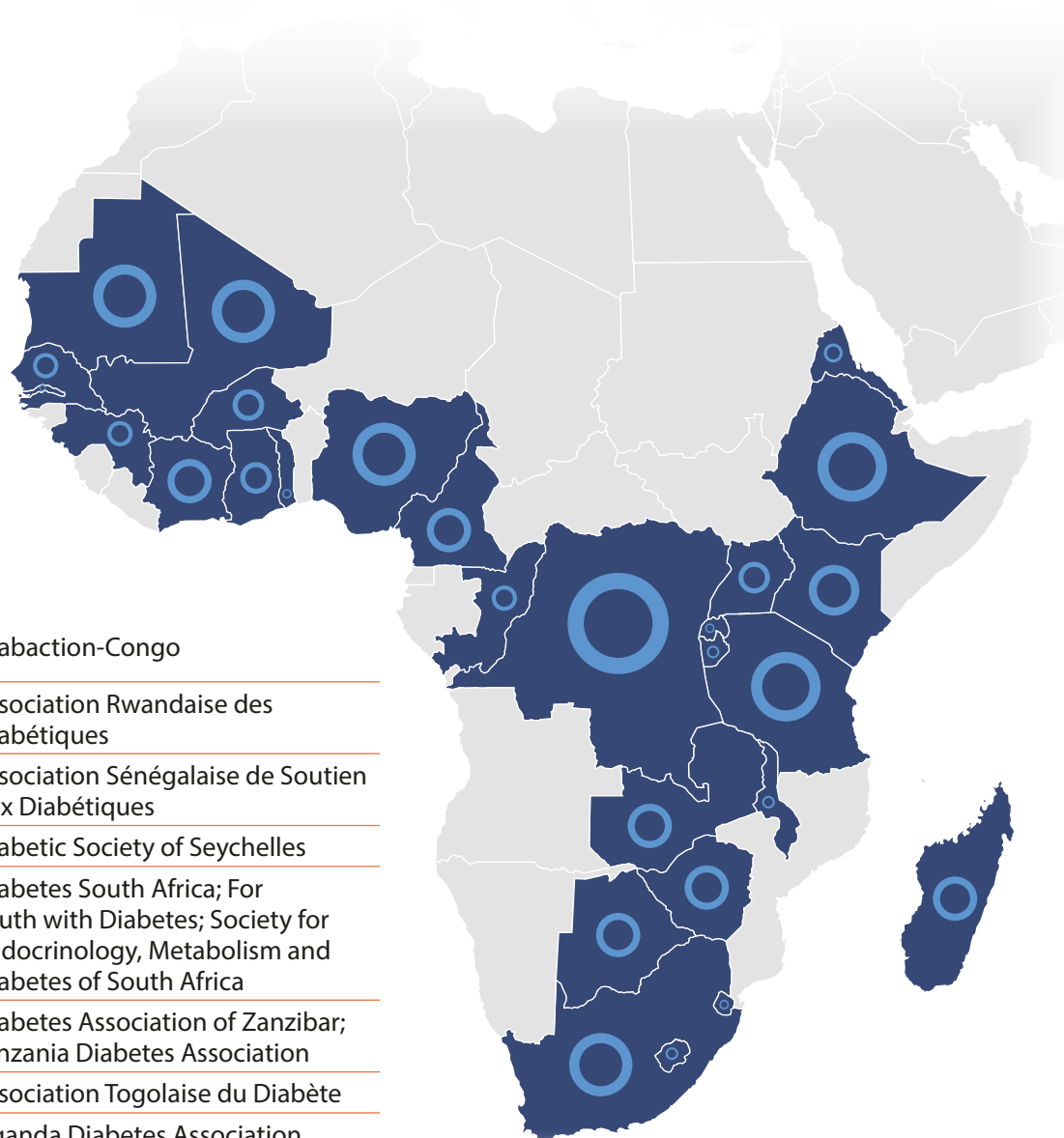


## Africa (AFR)

**Chair:** Naby Baldé, Guinea

**Chair-elect:** John Mangwiro, Zimbabwe

<b>Botswana</b>	Diabetes Association of Botswana
<b>Burkina Faso</b>	Association Burkinabe d'Aide aux Diabétiques
<b>Burundi</b>	Burundian Diabetes Association
<b>Cameroon</b>	Cameroon Diabetes Association
<b>Côte d'Ivoire</b>	Association des Diabétiques de Côte d'Ivoire; Association Obésité et Diabète Côte d'Ivoire
<b>Democratic Republic of Congo</b>	Association des Diabétiques du Congo; Association Vaincre le Diabète au Congo
<b>Eritrea</b>	Eritrean National Diabetic Association
<b>Eswatini</b>	Diabetes Eswatini
<b>Ethiopia</b>	Ethiopian Diabetes Association
<b>Gambia</b>	Gambian Diabetes Association
<b>Ghana</b>	National Diabetes Association
<b>Guinea</b>	Association Guinéenne d'Education et d'Aide aux Diabétiques
<b>Kenya</b>	Diabetes Kenya Association
<b>Lesotho</b>	Lesotho Diabetes Association
<b>Madagascar</b>	Association Malgache contre le Diabète
<b>Malawi</b>	Diabetes Association of Malawi
<b>Mali</b>	Association Malienne de Lutte contre le Diabète
<b>Mauritania</b>	Association Mauritanienne de Lutte Contre le Diabète
<b>Nigeria</b>	Diabetes Association of Nigeria



<b>Republic of Congo</b>	Diabaction-Congo
<b>Rwanda</b>	Association Rwandaise des Diabétiques
<b>Senegal</b>	Association Sénégalaise de Soutien aux Diabétiques
<b>Seychelles</b>	Diabetic Society of Seychelles
<b>South Africa</b>	Diabetes South Africa; For Youth with Diabetes; Society for Endocrinology, Metabolism and Diabetes of South Africa
<b>Tanzania</b>	Diabetes Association of Zanzibar; Tanzania Diabetes Association
<b>Togo</b>	Association Togolaise du Diabète
<b>Uganda</b>	Uganda Diabetes Association
<b>Zambia</b>	Diabetes Association of Zambia
<b>Zimbabwe</b>	Zimbabwe Diabetic Association

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## Europe (EUR)

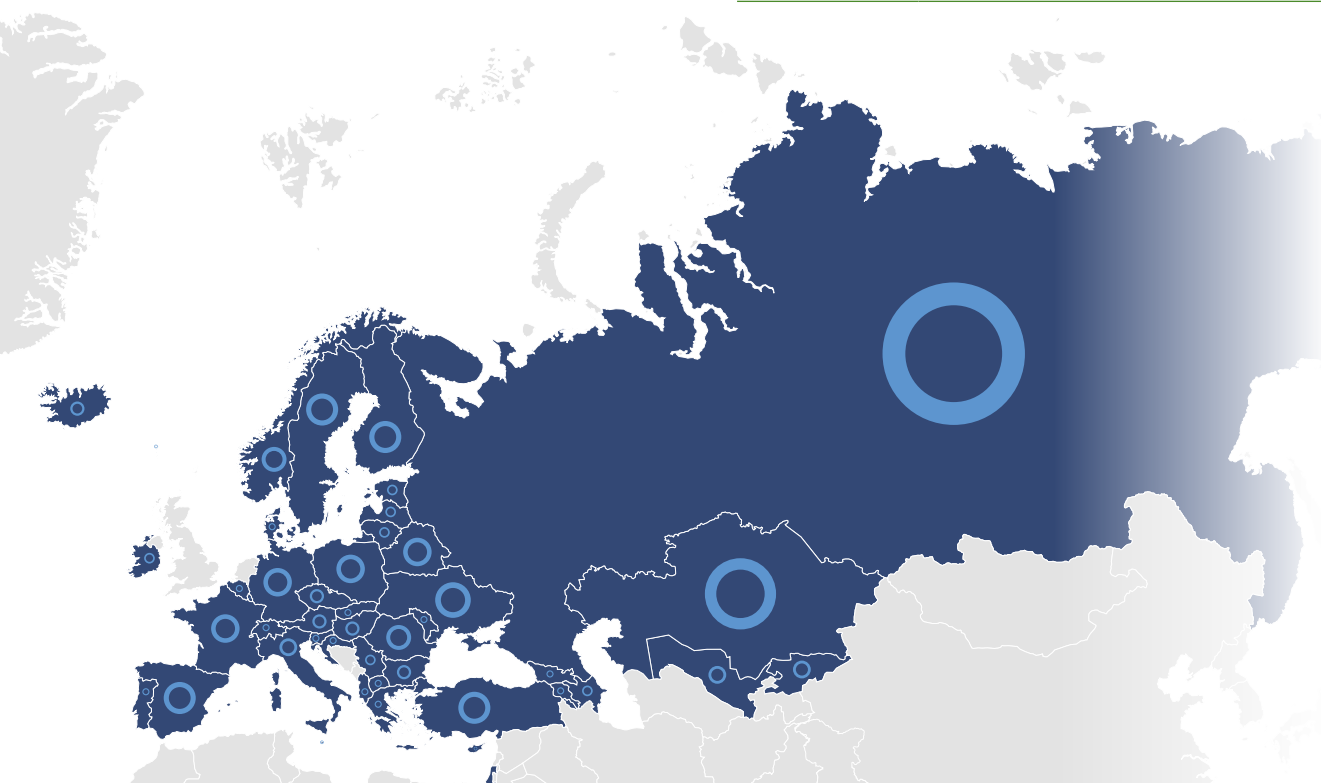
**Chair:** Şehnaz Karadeniz, Turkey

**Chair-elect:** Niti Pall, UK

<b>Albania</b>	Shoqata E Diabetit Ne Shqiperi
<b>Armenia</b>	Armenian Association of Diabetes
<b>Austria</b>	Österreichische Diabetes Gesellschaft
<b>Azerbaijan</b>	Azerbaijan Diabetes League; Azerbaijan Diabetes Society
<b>Belarus</b>	Belarussian Humanitarian Organisation

<b>Belgium</b>	Association Belge du Diabète; Diabetes Liga
<b>Bulgaria</b>	Bulgarian Diabetes Association; Bulgarian Society of Endocrinology
<b>Croatia</b>	Croatian Association for Diabetes and Metabolic Disorders; Hrvatski savez dijabetickih udruga
<b>Cyprus</b>	Cyprus Diabetic Association; Cyprus Association for People with Diabetes
<b>Czech Republic</b>	Ceska Diabetologicka Spolecnost; SVAZ Diabetiku České Republiky
<b>Denmark</b>	Diabetesforeningen
<b>Estonia</b>	Estonian Diabetes Association
<b>Faroe Islands</b>	Diabetesfelag Foroya
<b>Finland</b>	Finnish Diabetes Association
<b>France</b>	Fédération Française des Diabétiques

<b>Georgia</b>	Diabetic Children's Protection Association; Georgian Union of Diabetes and Endocrine Associations
<b>Germany</b>	DiabetesDE
<b>Greece</b>	Hellenic Diabetes Association; Hellenic Diabetes Federation; Panhellenic Federation of People with Diabetes
<b>Hungary</b>	Magyar Diabetes Tarsasag; National Federation of Hungarian Diabetics
<b>Iceland</b>	Samtök Sykursjúkra
<b>Ireland</b>	Diabetes Federation of Ireland
<b>Israel</b>	Israel Diabetes Association
<b>Italy</b>	Associazione Italiana per la Difesa degli Interessi dei Diabetici; Associazione Medici Diabetologi; Associazione Nazionale Italiana Atleti Diabetici; FAND – Associazione Italiana Diabetici; Societa Italiana di Diabetologia
<b>Kazakhstan</b>	Diabetic Association of the Republic of Kazakhstan
<b>Kyrgyzstan</b>	Diabetes and Endocrinological Association of Kyrgyzstan
<b>Latvia</b>	Latvian Diabetes Association; Latvian Diabetes Federation
<b>Lithuania</b>	Lithuanian Diabetes Association
<b>Luxembourg</b>	Association Luxembourgeoise du Diabète
<b>Macedonia</b>	Macedonian Diabetes Association
<b>Malta</b>	Maltese Diabetes Association
<b>Moldova</b>	Prodiab
<b>Norway</b>	Norges Diabetesforbund
<b>Poland</b>	Polskie Stowarzyszenie Diabetyków; Polskie Towarzystwo Diabetologiczne



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<b>Portugal</b>	Associação Protectora dos Diabéticos de Portugal; Sociedade Portuguesa de Diabetologia
<b>Romania</b>	Federatia Romana de Diabet Nutritie Si Boli Metabolice; Societatea Romana de Diabet, Nutritie si Boli Metabolice
<b>Russia</b>	Russian Diabetes Federation
<b>Serbia</b>	Diabetes Association of Serbia; Serbian Association for the Study of Diabetes
<b>Slovakia</b>	Diador; Slovenska Diabetologicka Spolocnost; ZVAZ Diabetikov Slovenska
<b>Slovenia</b>	Zveza Drustev Diabetikov Slovenije
<b>Spain</b>	Sociedad Española de Diabetes
<b>Sweden</b>	Svenska Diabetesförbundet; Swedish Society for Diabetology
<b>Switzerland</b>	Schweizerische Diabetes-Gesellschaft
<b>Turkey</b>	Turkish Diabetes Association; Turkish Diabetes Foundation
<b>Ukraine</b>	International Diabetes Association of Ukraine; Ukrainian Diabetic Federation
<b>Uzbekistan</b>	Endocrinological and Diabetes Association of Uzbekistan; Tashkent Charity Public Association of the Disabled and People with DM "UMID"

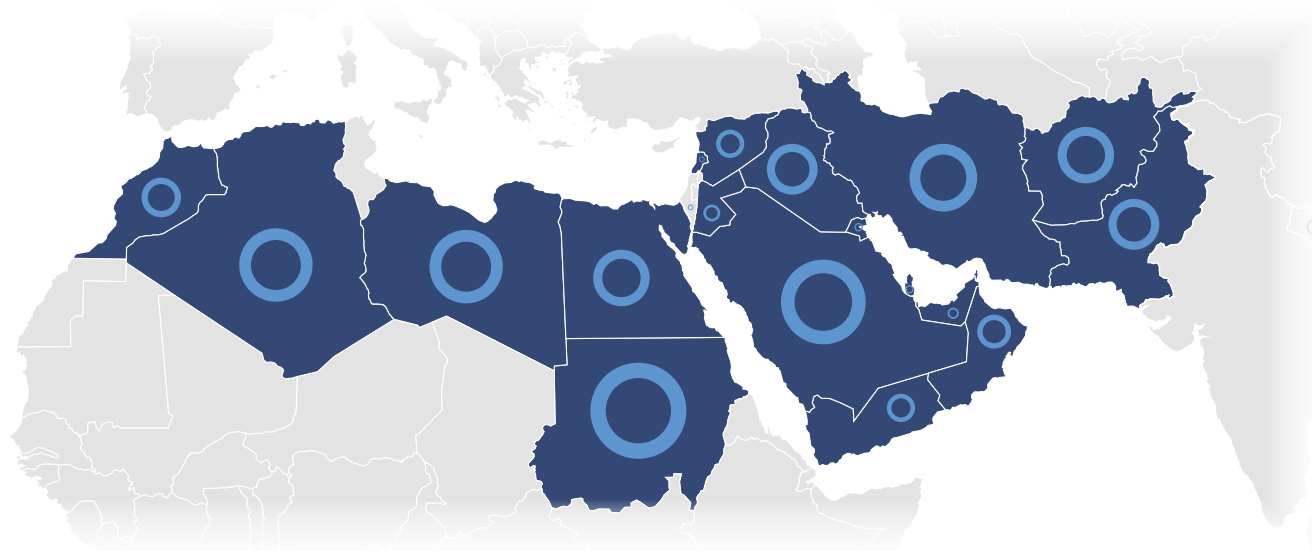
## Middle East and North Africa (MENA)

**Chair:** Abdul Basit, Pakistan

**Chair-elect:** Jamal Belkhadir, Morocco

<b>Afghanistan</b>	Afghanistan Diabetes Association
<b>Algeria</b>	Setif Diabetes Association
<b>Bahrain</b>	Bahrain Diabetes Society
<b>Egypt</b>	Arabic Association for the Study of Diabetes & Metabolism; Egyptian Diabetes Association; Upper Egypt Diabetes Association
<b>Iran</b>	Gabric; Iranian Diabetes Society
<b>Iraq</b>	Iraqi Diabetes Association
<b>Jordan</b>	Jordanian Society for the Care of Diabetes
<b>Kuwait</b>	Kuwait Diabetes Society
<b>Lebanon</b>	Chronic Care Center; DiaLeb; Lebanese Diabetes Association
<b>Libya</b>	Libyan Diabetic Association; Libyan Pediatric Diabetes Society

<b>Morocco</b>	Ligue Marocaine de Lutte contre le Diabète
<b>Oman</b>	Oman Diabetes Society
<b>Pakistan</b>	Diabetic Association of Pakistan
<b>Palestine</b>	Diabetes Palestine
<b>Qatar</b>	Qatar Diabetes Association
<b>Saudi Arabia</b>	Saudi Charitable Association of Diabetes; Saudi Diabetes and Endocrine Association; Saudi Society of Endocrinology & Metabolism
<b>Sudan</b>	Sudanese Diabetes Association
<b>Syria</b>	Syrian Diabetes Association
<b>United Arab Emirates</b>	Emirates Diabetes Society
<b>Yemen</b>	Yemen Diabetes Association



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## North America and Caribbean (NAC)

**Chair:** Glynis Beaton, Guyana

**Chair-elect:** Timotheus Dorh, St Lucia

Anguilla	Anguilla Diabetes Association
Antigua and Barbuda	Antigua and Barbuda Diabetes Association
Aruba	Aruba Diabetes Foundation
Barbados	Diabetes Association of Barbados
Belize	Belize Diabetes Association
Bermuda	Bermuda Diabetes Association
British Virgin Islands	British Virgin Islands Diabetes Association

Canada	Canadian Diabetes Association; Diabète Québec
Cayman Islands	Cayman Islands Diabetes Association
Curaçao	Sosiedat Kurasoleno di Diabetiko
Dominica	Dominica Diabetes Association
Grenada	Grenada Diabetes Association
Guyana	Guyana Diabetic Association
Haiti	Fondation Haïtienne du Diabète et des Maladies Cardiovasculaires
Jamaica	Diabetes Association of Jamaica
Mexico	Federación Mexicana de Diabetes; Sociedad Mexicana de Nutrición y Endocrinología
Montserrat	Montserrat Diabetes Association
Sint Maarten	Diabetes Foundation of Sint Maarten
St Kitts & Nevis	St Kitts Diabetes Association
St Lucia	St Lucia Diabetic and Hypertensive Association
Suriname	Diabetes Vereniging Suriname
Trinidad and Tobago	Diabetes Association of Trinidad and Tobago
USA	American Diabetes Association



## South and Central America (SACA)

**Chair:** Balduino Tschiedel, Brazil

**Chair-elect:** Douglas Villarroel, Bolivia

Argentina	Asociación Civil de Diabetes Argentina; Asociación para el Cuidado de la Diabetes en Argentina; Federación Argentina de Diabetes; Liga Argentina de Protección al Diabético; Sociedad Argentina de Diabetes
Bolivia	Sociedad Boliviana de Endocrinología, Metabolismo y Nutrición; Vivir con Diabetes



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<b>Brazil</b>	Associação de Diabetes Juvenil; Federação Nacional de Associações e Entidades de Diabetes; Instituto da Criança com Diabetes; Sociedade Brasileira de Diabetes
<b>Chile</b>	Asociación de Diabeticos de Chile; Sociedad Chilena de Endocrinología y Metabolismo
<b>Colombia</b>	Asociación Colombiana de Diabetes; Federación Diabetológica Colombiana; Fundación Santandereana de Diabetes y Obesidad
<b>Costa Rica</b>	Asociación Costarricense Lucha contra la Diabetes ; Asociación Nacional pro Estudio de la Diabetes, Endocrinología y Metabolismo
<b>Cuba</b>	Sociedad Cubana de Diabetes
<b>Dominican Republic</b>	Instituto Nacional de Diabetes, Endocrinología y Nutrición; Sociedad Dominicana de Diabetes
<b>Ecuador</b>	Federación Ecuatoriana de Diabetes; Fundación Aprendiendo a Vivir con Diabetes; Fundación de Diabetes Juvenil del Ecuador; Fundación Los Fresnos "Casa de la Diabetes"
<b>El Salvador</b>	Asociación Salvadoreña de Diabéticos
<b>Guatemala</b>	Patronato de Pacientes Diabéticos de Guatemala
<b>Honduras</b>	Coordinadora Nacional de Lucha contra la Diabetes
<b>Nicaragua</b>	Asociación de Padres de Niños y Jovenes Diabeticos de Nicaragua; Fundación Nicaraguense para la Diabetes; Fundación Pro Ayuda a Enfermos Crónicos
<b>Panama</b>	Asociación Panameña de Diabeticos
<b>Paraguay</b>	Fundación Paraguaya de Diabetes; Sociedad Paraguaya de Diabetología

<b>Peru</b>	Asociación de Diabetes del Peru; Asociación de Diabéticos Juveniles del Perú
<b>Puerto Rico</b>	Asociación Puertorriqueña de Diabetes; Asociación Puertorriqueña de Educadores en Diabetes; Sociedad Puertorriqueña de Endocrinología y Diabetología
<b>Uruguay</b>	Asociación de Diabéticos del Uruguay; Sociedad de Diabetología y Nutrición del Uruguay
<b>Venezuela</b>	Federación Nacional de Asociaciones y Unidades de Diabetes; Sociedad Venezolana de Endocrinología y Metabolismo

## South-East Asia (SEA)

**Chair:** Ali Siyan, Maldives

**Chair-elect:** Shashank Joshi, India

<b>Bangladesh</b>	Diabetic Association of Bangladesh; Eminence; Faridpur Diabetic Association
<b>India</b>	Diabetic Association of India; Research Society for the Study of Diabetes in India; The Research Trust of Diabetes India
<b>Maldives</b>	Diabetes Society of Maldives
<b>Mauritius</b>	Diabetes Foundation Mauritius; Mauritius Diabetes Association
<b>Nepal</b>	Nepal Diabetes Association
<b>Sri Lanka</b>	Diabetes Association of Sri Lanka



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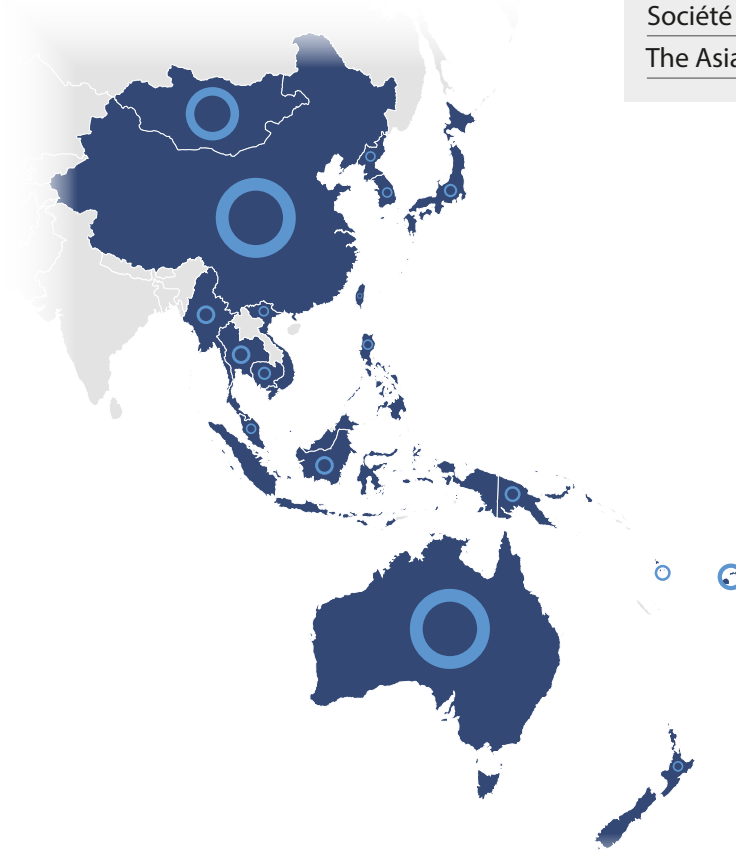
## Western Pacific (WP)

**Chair:** Linong Ji, China

**Chair-elect:** Moon-Kyu Lee, South Korea

Australia	Diabetes Australia
Cambodia	Cambodian Diabetes Association
China	Chinese Diabetes Society
Democratic People's Republic of Korea	Diabetes Committee of Hospitals Association of Korea
Fiji	Diabetes Fiji
Hong Kong SAR	Diabetes Hongkong; Hong Kong Juvenile Diabetes Association; Hong Kong Society of Endocrinology, Metabolism and Reproduction
Indonesia	Persatuan Diabetes Indonesia
Japan	Japan Association for Diabetes Education and Care; Japan Diabetes Society
Korea, Republic of	Korean Diabetes Association; Korean Diabetes Society
Macau SAR	Macau Diabetes Association
Malaysia	Diabetes Malaysia
Mongolia	Mongolian Diabetes Association
Myanmar	Myanmar Diabetes Association
New Zealand	Diabetes New Zealand
Papua New Guinea	Diabetic Association of Papua New Guinea
Singapore	Association of Diabetes Educators; Diabetes Singapore
Taiwan	Chinese Taipei Diabetes Association; Taiwanese Association of Diabetes Educators

Thailand	Diabetes Association of Thailand
The Philippines	Diabetes Philippines
Tonga	Tonga Diabetes Association
Vanuatu	Vanuatu Diabetes Association
Vietnam	Vietnamese Association of Diabetes and Endocrinology



## TRANSNATIONAL MEMBERS

Asociación Latinoamericana de Diabetes
Diabetes in Asia Study Group
Direct Relief
European Association for the Study of Diabetes
Juvenile Diabetes Research Foundation International
Mediterranean Group for the Study of Diabetes
Société Francophone du Diabète
The Asian Association for the Study of Diabetes

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## IDF Board of Directors

**President:** Nam Cho, Republic of Korea

**President-elect:** Andrew Boulton, UK

### Vice-Presidents

Stephen Colagiuri, Australia  
Angus Forbes, UK  
Sharon Fraser, Belize  
Serge Langlois, Canada  
Fredrik Löndahl, Sweden  
Zobida Ragbirsingh, Trinidad and Tobago  
Eugène Sobngwi, Cameroon

### Regional Chairs

Naby Baldé, Guinea, AFR  
Şehnaz Karadeniz, Turkey, EUR  
Abdul Basit, Pakistan, MENA  
Glynis Beaton, Guyana, NAC  
Balduino Tschiedel, Brazil, SACA  
Ali Siyan, Maldives, SEA  
Linong Ji, China, WP

### Past President

Shaukat Sadikot, India

### Honorary presidents

George Alberti, UK  
Jasbir Bajaj†, India  
María L. de Alva, Mexico  
Jak Jervell, Norway  
Pierre Lefèbvre, Belgium  
Wendell Mayes Jr., USA  
Lorna Mellor, Australia  
Manuel Serrano Rios, Spain  
Samad Shera, Pakistan  
John R. Turtle, Australia  
Paul Zimmet, Australia  
Martin Silink, Australia  
Jean Claude Mbanya, Cameroon  
Michael Hirst, UK

### Honorary members

Azad Khan, Bangladesh  
Ronald McNeill Decker, Australia  
Thomas O Johnson, Nigeria  
Michiel Krans, The Netherlands  
Alister McIntyre, Jamaica  
Linda Siminerio, USA  
Sunthorn Tandhanand, Thailand  
Brian Wentzell, Canada

## Board Standing Committees

### Audit and Risk Management Committee

**Chair:** Serge Langlois, Canada  
Glynis Beaton, Guyana  
Abdul Basit, Pakistan

### Finance

**Acting Chair:** Serge Langlois, Canada  
Sharon Fraser, Belize  
Shaukat Sadikot, India

### Strategic Governance and Ethics

**Chair:** Sharon Fraser, Belize  
Stephen Colagiuri, Australia  
Linong Ji, China  
Zobida Ragbirsingh, Trinidad and Tobago  
Nam Cho, South Korea (ex-officio)  
Andrew Boulton, UK (ex-officio)

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## Other committees

### Nominating Committee

**Chair:** Shaukat Sadikot, India  
Andrew Boulton, UK  
Akhtar Hussain, Norway\*  
Ammar Ibrahim, Dominican Republic  
Edwin Jimenez, Costa Rica  
Debbie Jones, Bermuda

\*until 3 December 2018

## IDF programme chairs

### IDF Diabetes Atlas

**Chair:** Rhys Williams, UK  
**Deputy Chair:** Stephen Colagiuri, Australia

### Life for a Child

**Chair:** Linong Ji, China  
**Deputy Chair:** Andrew Boulton, UK

### Young Leaders in Diabetes

**Chair:** Dario Rahelic, Croatia  
**Deputy Chair:** Glynis Beaton, Guyana

### IDF Congress 2019

#### Organising Committee

**Chair:** Moon-Kyu Lee, Republic of Korea  
**Deputy Chair:** Soo Lim, Republic of Korea  
Edward J. Boyko, USA  
Kyoung Soo Park, Republic of Korea  
Linong Ji, China  
Shaukat Sadikot, India

#### National Advisory Committee

**Chair:** Kyoung Soo Park, Republic of Korea

#### Programme Committee

**Chair:** Edward J. Boyko, USA

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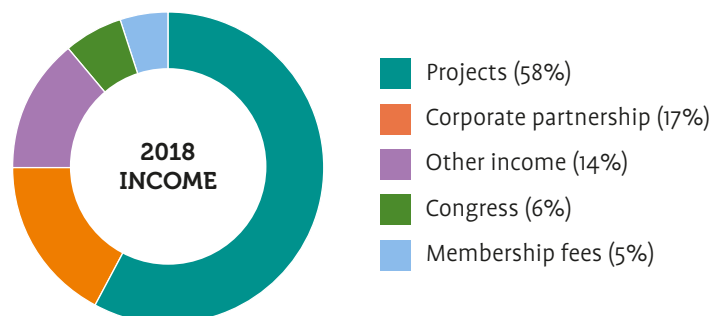
## Financial statements\*

### Profit & loss analysis (€)

Turnover	2.471.337
Membership fees	147.150
Corporate partnership	484.939
Projects	1.673.019
Congress	166.229
Other income	390.344
<b>Total income</b>	<b>2.861.681</b>

Goods and services	-2.496.945
Remunerations	-1.528.236
Depreciation	-54.579
Provision for risks and charges	-151.343
Other charges	-123.373
Financial income	120.198
Financial charges	-560.354
<b>Total expenses</b>	<b>-4.794.631</b>

**Results before taxes** -1.932.950



### IDF balance sheet (€)

<b>FIXED ASSETS</b>	<b>75.039</b>
Intangible assets	1.361
Tangible assets	52.529
Financial assets	21.150

**CURRENT ASSETS** 13.076.023

Stock and contracts in progress	
<b>Amounts receivable within one year</b>	<b>1.473.351</b>
Trade debtors	750.842
Other amounts receivable	722.509
<b>Investments</b>	<b>5.939.515</b>
<b>Cash at bank and in hand</b>	<b>2.547.305</b>
<b>Deferred charges and accrued income</b>	<b>3.115.852</b>

**TOTAL ASSETS** 13.151.062

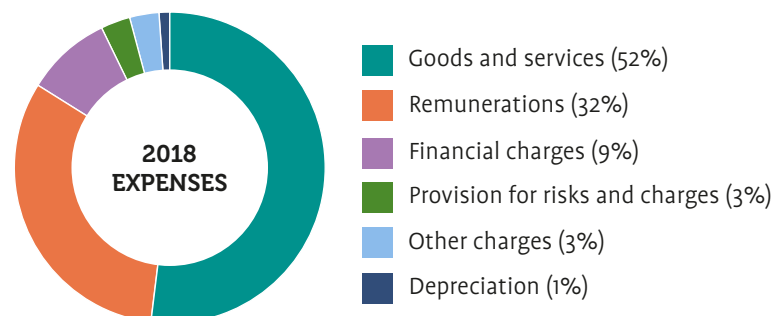
<b>CAPITAL AND RESERVES</b>	<b>5.333.964</b>
<b>Designated funds</b>	<b>973.000</b>
<b>Profit carried forward</b>	<b>4.360.964</b>

<b>PROVISION AND DEFERRED TAXATION</b>	<b>363.022</b>
Provision for liabilities and charges	363.022

<b>CREDITORS</b>	<b>7.454.077</b>
Amounts payable within one year	6.602.508
Financial debts	0
Trade debts	2.988.164
Advance on contracts in progress	2.911.294
Taxes and remunerations	175.690
Other amounts payable	527.361
<b>Accrued charges and deferred income</b>	<b>851.569</b>

**TOTAL LIABILITIES** 13.151.062

\*Subject to approval by the IDF General Assembly



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The International Diabetes Federation (IDF) seeks to partner with responsible corporations and foundations to advance its mission to promote diabetes care, prevention and a cure worldwide and guarantee the sustainability and impact of the Federation. IDF strongly believes in mutually beneficial strategic alliances to elevate diabetes to the top of the public agenda. IDF is grateful to the following partners that helped further its advocacy, communication and programme activities

### Gold partners



### Silver partners



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