









The International Diabetes Federation (IDF) is an umbrella organisation of over 230 national diabetes associations in 170 countries and territories. It represents the interests of the growing number of people with diabetes and those at risk. The Federation has been leading the global diabetes community since 1950.

IDF is unique in being a federation of not-for-profit organisations dedicated to action on diabetes, and as such forms the largest civil society organisation in the world serving people with and affected by diabetes.

IDF is the legitimate voice of the global diabetes community. The Federation continues to grow, both in terms a growing membership base, but also in terms of engagement at a global level with the World Health Organisation (WHO) and United Nations (UN).

IDF's greatest strength lies in the capacity of its membership and the ability to ground global advocacy in the reality of local experience. Our Members provide a large volunteering force to ensure we can achieve our strategic objectives, particularly in low- and middle-income countries where the Federation has a strong presence.

IDF Members are organised at both global and regional level, in which Members belong to both the IDF at global level and are also grouped together at a regional level. Accordingly IDF has seven regional groups, which provide the opportunity for IDF Members within a geographical region to engage in collaborative action to improve the lives of people with diabetes.



Our vision:

Living in a world without diabetes.

Our mission:

To be the leading, authoritative global voice for people with diabetes and those at risk of diabetes, and improve the quality of life of all people with diabetes, prevent type 2 diabetes and fight discrimination against all affected by diabetes.







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Message from the president 2013-15

As I look back on the last twelve months of my term as President of the International Diabetes Federation (IDF), I reflect on the great privilege that it has been to be President of this great Federation. Wherever my travels have taken me, I have felt an instinctive bond with all the people who represent and care for people with diabetes, and those who are associated with the disease.

The release of the Seventh Edition of IDF's Diabetes Atlas in December confirmed the status of diabetes as a major 21st century health and development challenge. Since 2000, the Atlas has detailed and articulated global trends on the growth of diabetes and the latest edition shows how it is impacting every country, every age group and every economy across the world. It is the foundation and evidence base of IDF's mission to promote diabetes care, prevention and a cure worldwide.

Most importantly, the Atlas outlines the action that is required to halt the proliferation of the epidemic. In 2015 IDF's persistent efforts to position diabetes more prominently on the political agenda continued to yield results. The G7 and G20 Summits in Germany and Turkey were used as platforms to urge the relevant nations to develop and implement cost-effective policies to help tackle the rise in diabetes. These calls to action were just the first step in an IDF campaign that will build momentum over the next few years. Another milestone was reached in September when diabetes became part of the new United Nations sustainable development agenda, with the inclusion of non-communicable diseases in the Sustainable Development Goals. These achievements were in no small measure due to the active engagement of IDF's global network of Members, Young Leaders and Parliamentarians, all united in encouraging governments to take a more

proactive role in helping to prevent the increase in people with diabetes.

This unity was once again on display at the IDF World Diabetes Congress in Vancouver, where delegates from 177 countries gathered to exchange knowledge, research and best practice. As well as hosting a cutting-edge scientific programme, Vancouver was also the setting for the training of a new cohort of IDF Young Leaders, talented individuals who were given the opportunity to hone their skills and gain new knowledge to become outstanding leaders within their local communities and the wider world. Their enthusiasm and commitment were matched by the representatives of national parliaments who attended the 2nd IDF Parliamentarians Global Network (IDF-PDGN) Forum. This culminated with the signing of The Vancouver Proclamation, committing the IDF-PDGN to raise awareness and demand that all governments prioritise the United Nations Global Health Targets for diabetes and work towards universal access to health care.

As I take leave of the Federation, my dream is that IDF will prove itself to be that effective campaigning organisation which can play a meaningful role in ensuring that the world's governments achieve the targets that they have committed to so that the health of future generations is improved.

I warmly thank all the individuals – IDF members, board colleagues, staff and volunteers - for the support I've received over the past three years and for all that they have done for the cause of diabetes.



Sir Michael Hirst
President 2013-2015
International Diabetes Federation

"The release of the Seventh Edition of IDF's Diabetes Atlas in December confirmed the status of diabetes as a major 21st century health and development challenge."





Message from the incoming president

What you see in the global diabetes landscape depends on your perspective. From the vantage point of distance by a policy-maker in a government office, or even by some "experts" in diabetes, the 415 million people living with diabetes today may be seen as a statistic on a health report. The real crisis can be too easily underestimated, misunderstood and ignored.

It is time to come down from the ivory towers and experience the ground realities. Big "talk" and quoting statistics have little value if we do not develop initiatives that will improve the lives of all people with diabetes. Looking at the ground realities, we would have a truer, more direct sense of the diabetes crisis, leading to solutions to improve diabetes healthcare which could go a long way to changing the shape of the current diabetes landscape.

The International Diabetes Federation (IDF) has the power to change this landscape and influence those in leadership positions with our united and authoritative global voice.

In the 2016-2017 biennium, we will work with determination to ensure our members and partners can work with the governmental health agencies to reach the Sustainable Development Goals – the reduction of premature mortality from non-communicable diseases by one third through prevention and treatment, and the provision of access to quality essential health-care services, providing safe, effective, high-quality and affordable essential medicines for all – thereby helping to create a better world for people with diabetes and those at risk.

Working in the diabetes trenches and facing the day-to-day challenges of diabetes are the more than 230 members of IDF in 170 countries across the world. Our members are our greatest strength to ground global advocacy in the realm of local experience. IDFs large volunteer base provides an unparalleled army of medical, allied health professionals, scientific and communications experts to help us better achieve our strategic objectives, particularly in low-and middle-income countries.

IDFs 2016-2017 action plan will focus on our core mission: to be the global voice for diabetes. We will do this through partnership: providing sustainable and strong organisational leadership and philanthropy at the global and regional level; in policy: providing high quality research and policy development for diabetes advocacy; and with presence: providing the best and most authoritative global source for diabetes information.

We will deliver our objectives on diabetes with a strong united voice drawing on our wide membership and the support of our partners in industry and across civil society. We will speak with authority based on our engagement in a wide range of research initiatives covering diabetes care and prevention, epidemiology, statistics, health economics, health education for professionals and citizens, as well as health system reform.

Together, our voice will have presence and be heard in environments where real and lasting change for diabetes awareness, care and prevention can be driven.



Dr. Shaukat SadikotPresident 2016-2017
International Diabetes Federation

"The International Diabetes
Federation (IDF) has the power
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The global voice of diabetes

In order to truly be the global voice of diabetes IDF must be a presence on the global stage. Our activities aim to:

- Launch effective advocacy campaigns underpinned by strong policy positions;
- Develop a strong international cross-media profile;
- Position IDF as the partner of choice for international health researchers and policy makers;
- Advocate for change, development and growth.
- Reaffirm our status as the global reference for epidemiological data on diabetes.

This work is divided into two broad categories: advocating globally for people with diabetes and those at risk of diabetes and their families; and growing the global recognition of diabetes as a real health and development challenge.

IDF Diabetes Atlas

the global reference for diabetes

The 7th edition of the IDF Diabetes Atlas was launched at the World Diabetes Congress in Vancouver. The publication is the authoritative source of evidence for health professionals, academics, and policy-makers on the burden of diabetes. New global and regional estimates were produced for prevalence of diabetes in adults, undiagnosed diabetes, mortality, health expenditure, gestational diabetes, and type 1 diabetes in children. For the first time, uncertainty intervals were produced to quantify the confidence range around the estimates

These compelling data were compiled into a comprehensive 140-page publication that is available in print and as a free digital download. The redesigned Atlas website now also includes an interactive and dynamic map, scientific publications, and detailed data.

The 7th edition of the IDF Diabetes Atlas was supported by AstraZeneca, Lilly Diabetes, Merck and Novo Nordisk.

Contact: atlas@idf.org
Website: www.diabetesvoice.org

One in two adults with diabetes is undiagnosed



One in 11 adults has diabetes

One in two adults with diabetes is undiagnosed

One in seven births is affected by gestational diabetes

542,000 children have type 1 diabetes



75% of people with diabetes live in low and middle income countries



12% of global health expenditure is spent on diabetes

By 2040, **642** million adults will have diabetes



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IDF Congress

convening the global diabetes community

The IDF biennial meeting is the most significant global diabetes event, convening the international diabetes community, including IDF members, global parliamentarians and policy makers, via its scientific programme, satellite symposia.

IDF 2015 was held in December in Vancouver, Canada and brought together 8500 delegates from 170 countries. The scientific programme comprised of 6 streams which included inspiring forums, workshops, lectures and debates.

Webcasts, posters and abstracts from IDF 2015 are available for viewing on the IDF website.

Contact: congress@idf.org
Website: www.idf.org/congress



IDF 2015 consisted of

224 hours of sessions presented in 10 concurrently running sessions

415 speakers from 49 countries presented at the congress

2104 abstracts were submitted for peer-review by a total of 229 reviewers

The poster area contained 1128 posters and 30 e-poster discussions were held involving 303 abstracts











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World Diabetes Day

uniting the global diabetes community

World Diabetes Day (WDD) is celebrated every year on November 14. It is the leading global diabetes awareness and advocacy campaign, officially recognised by the United Nations and led by the International Diabetes Federation (IDF).

In 2015, IDF underlined the importance of healthy eating in preventing type 2 diabetes and effectively managing all types of diabetes to help avoid complications. The campaign was launched in May 2015 at IDF side event at World Health Assembly in Geneva.

IDF developed a comprehensive set of deliverables for WDD 2015:

- Interactive guide outlining how stakeholders could get involved, including key messages, supporting facts and figures
- Infographics
- Social media and web banners
- Campaign visuals
- Press kit
- Events map
- Photo upload
- Social media campaign

All these tools were developed to support local, national and regional awareness efforts.

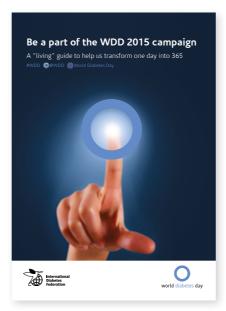
In November, the IDF Executive Office organised a high profile round-table event in Brussels on how we can act together to promote healthy eating and ensure access to healthy food for all. The event included a pre-recorded welcome speech by

renowned UK chef and campaigner Jamie Oliver. WDD stakeholders were invited to follow the event online and live-tweet.

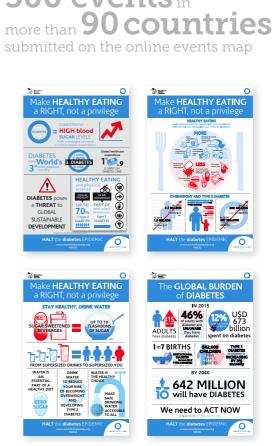
WDD 2015 was supported by AstraZeneca, Boehringer Ingelheim, Lilly Diabetes, Merck, Novo Nordisk and Sanofi Diabetes.

Contact: wdd@idf.org Website: www.worlddiabetesday.org









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Action on Diabetes

advocating for action at high-level political meetings

In 2015 IDF launched calls to action on diabetes on occasion of three of the highest level political meetings of the year: the G7, the G20 and the Sustainable Development Goals Summits.

Each call to action had two different aspects:

- IDF sent letters with the call to action messages to Prime Ministers and relevant Ministers of a total of 32 countries. These letters were signed by the IDF CEO, the President of the IDF Parliamentarians for Diabetes Global Network, and national diabetes associations and policymakers from the countries targeted.
 - Despite not being part of the G7 agenda, diabetes was the second most mentioned topic of G7 Summit discussions on Twitter.
 - IDF increased its network of political champions and mobilised many of its members and young leaders in diabetes. Many of the targeted countries contacted IDF to explain their NCDs and diabetes strategies and programmes. The Ministry of Health of Saudi Arabia publicly supported IDF's call to action on occasion on Sustainable Development Goals Summit on Twitter.

 The call to action messages were promoted through dedicated campaigns on social media, which resulted in a high level of engagement of the diabetes community and the general public.

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Website: <u>www.idf.org/action-on-diabetes</u>







2015 | Schloss Elmau







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Young Leaders in Diabetes

young minds, fresh ideas, real change

The IDF Young Leaders in Diabetes (YLD) Programme exists to empower young people living with diabetes to become advocates for themselves and others living with diabetes worldwide. The Young Leaders are committed to raising awareness of diabetes by being a voice for prevention, access to basic diabetes supplies and education, quality care, improved quality of life, and in ending discrimination. The Programme identifies and supports the development of Young Leaders within the international diabetes community to empower and educate Young Leaders to support the mission of the YLD and IDF through strengthening our relationship with IDF Members.

"YLD has created opportunities for young people to come together and work together in making the world a better and safer place for people with diabetes." – Debbie Jones, Past Chair of IDF YLD Programme



Contact: youngleaders@idf.org
Website: www.idf.org/youngleaders

YLD highlights in 2015

- The biannual IDF YLD Training Programme was held in Vancouver in December, prior to the IDF World Diabetes Congress 2015. The programme saw 114 returning and new Young Leaders hone their skills and gain new knowledge to become outstanding leaders within their local and global diabetes communities.
- In Canada, IDF YLD member Kayla Brown developed a weekly programme T1 Empowerment for teenage girls living with type 1 diabetes. T1 Empowerment provides a safe place for teens to express their feelings and creates an opportunity for friendships between the girls for everlasting support and understanding.
- The World Diabetes Foundation (WDF) generously funded a project developed by IDF Young Leader from South Africa Kerry Kalweit aimed at initiating diabetes camps in Ethiopia, Ghana, Nigeria, The Gambia, Togo, and Zimbabwe. A training workshop was hosted by Youth with Diabetes in South Africa to build capacity for safe camps according to a newly developed African Camp Manual in collaboration with the Diabetes Education and Camping Association (DECA) and the IDF Life For A Child Programme.



A programme of the International Diabetes Federation





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Parliamentarians for Diabetes

A voice in every parliament

The Parliamentarians for Diabetes Global Network (PDGN) was established in Melbourne in 2013, bringing together parliamentarians with a special interest in diabetes to make a positive difference.

The PDGN is made up of individuals elected to parliament, who have a particular interest in improving diabetes treatment and care.

Following the first meeting and the signing of the Melbourne Declaration, cross-party groups of Parliamentarians advocating for diabetes have been established across the globe while motions and debates have been initiated in Parliaments as far apart and diverse as Bolivia and Malta, Australia and Russia, Scotland and Kenya.

The primary objective of PDGN is to help prevent diabetes, encourage early diagnosis of diabetes and improve the treatment of diabetes in every part of the world.

The second IDF-PDGN Forum was held in Vancouver, Canada on 28-30 November 2015, with the theme "Human, Social and Economic Impact of Diabetes". The forum culminated with the signing of The Vancouver Proclamation, which committed



the PDGN to raise awareness and demand that all governments prioritise the United Nations Global Health Targets for diabetes to improve prevention, diagnosis and the expensive and unnecessary complications and early deaths of people living with the condition.

The IDF-PDGN will also continue to highlight the need for action by individual members and parliamentary diabetes groups on the Proclamation.

Since Melbourne, the membership of IDF-PDGN has grown from 47 parliamentarians to approximately 155, representing 42 countries.



Contact: guy@guybarnett.com
Website: www.idf.org/advocacy/pdgn







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High quality research and policy development

The policy work of IDF falls into three main focus areas: Education, Epidemiology & Public Health; Prevention, Access & Care.

Our education initiatives aim to support the development of health professionals so they are equipped to deliver high quality care to people with diabetes and at risk of developing diabetes.

IDF is the global reference for accurate, up-to-date estimates of the prevalence of diabetes and its burden on individuals and health economies.

Our prevention initiatives aim to help stem the ever increasing incidence of type 2 diabetes and promote specific models of care and resources to support optimal management of people with diabetes.

WINGS

tackling the increasing prevalence of gestational diabetes

Gestational diabetes (GDM) is a severe and neglected threat to maternal and child health. The IDF Women in India with GDM Strategy (WINGS project) aimed to tackle the increasing prevalence of GDM in India, by offering a multidisciplinary approach to GDM care which is both effective and feasible for implementation in resource-constrained settings. The model of care was successfully piloted in India and the results presented at a dedicated session at the World Diabetes Congress.

In December 2015, IDF launched the global IDF Education Toolkit for GDM – a practical resource for health professionals caring for women with GDM. The Toolkit identifies the key roles and actions health professionals can take in GDM screening and monitoring.

Contact: <u>belma.malanda@idf.org</u> Website: <u>www.idf.org/wings</u>

The Toolkit includes:

- IDF GDM Model of Care guidelines for healthcare professionals on GDM screening and management;
- IDF GDM Education Modules;
- Management of Gestational Diabetes in the Community – training manual for community health workers:
- Having a Baby an educational booklet for women with GDM:
- IDF GDM Education Game.

All GDM resources are available in English and selected materials have been translated in Spanish, French. Tamil and Hindi.

The WINGS project has been developed through a partnership between IDF, the Madras Diabetes Research Foundation (MDRF) and the Abbott Fund, the philanthropic foundation of the global healthcare company Abbott.





HAVING A BABY?

Now is the time to learn more about gestational diabetes









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Diabetes Eye Health

integrating eye care into diabetes management

One third of people with diabetes develop eye disease that can cause blindness. With the growing prevalence of the disease, IDF and The Fred Hollows Foundation joined forces to launch a new guide for health professionals.

Diabetic Eye Health: A guide for health professionals was developed to help health professionals care for the rapidly growing numbers of people at risk of diabetic eye disease, particularly in low and middle income countries. The primary audience for this document is the broad suite of health professionals who work with people with diabetes.

Diabetes
eye health

A guide for health
professionals

A guide for health
professionals

With increasing numbers of people developing diabetes, it is more important than ever that both health practitioners and patients understand that diabetic eye disease is largely avoidable with the right care. The Guide builds upon the ICO Guidelines for Diabetic Eye Care, and provides practical advice for those working in primary health to support people with diabetes to access visionsaving services.

The Guide outlines the important role of health professionals in prevention, screening, monitoring, and referral. It encourages and facilitates

good diabetes management, early diagnosis and treatment of diabetic eye disease, as well encouraging integration and cooperation across the health system.

The Diabetic Eye Health: A guide for health professionals was supported by Bayer and Novartis.

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More than 93 million people suffer some sort of eye damage



By 2040, **One** in **three** people with diabetes will develop diabetic retinopathy which can cause **blindness**





KiDS and Diabetes in Schools (KiDS)

improving the lives of children with diabetes

IDF launched the KiDS and Diabetes in Schools (KiDS) project in collaboration with the International Society for Pediatric and Adolescent Diabetes (ISPAD) and Sanofi Diabetes. The aims of the project were to foster a safe and supportive school environment for children with type 1 diabetes and to raise awareness about prevention of type 2 diabetes.

KiDS was piloted in Brazil and India, emerging countries where the incidence of both type 1 and type 2 diabetes is increasing significantly. KiDS was a two phase initiative. During the first phase in 2013-2014, an information pack was developed to support the project in the two countries. The pack contained sections for use by teachers, students (6-14 years) and parents. It was developed in English and culturally adapted and translated into Hindi and Portuguese. Teachers were trained in using the pack to incorporate key messages into lesson plans for their classes. The second phase, in 2015, evaluated the impact and sought to increase the uptake of KiDS in the two countries.

Key results

- Around 1,400 school staff (1.149 in India and 247 in Brazil) and 38.000 students (27.937 in India and 9.944) students were trained to use the pack.
- The pack was translated into nine languages and made available for download and as an App. The pack has been downloaded almost 9,000 times.

The evaluation showed that KiDS:

- increased knowledge and awareness about diabetes, including physical activity levels, healthier food choices, and warning signs of hypoglycaemia or hyperglycaemia.
- increased openness to discuss discrimination and address misconceptions about diabetes.
- impacted school environments with regard to improving access to healthy meals and physical activity to children. Schools now have more aware and informed school staff that can effectively manage and care for children with diabetes.

Website: http://kids.idf.org



















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D-NET

connecting diabetes professionals worldwide

The IDF Diabetes Network for Health Professionals – D-NET – is the only online platform with an international reach for health professionals engaged in diabetes care. The platform was fully revamped in 2015 with new features to improve user engagement and attract new members. At the end of the year over 4,000 health professionals from 154 countries were registered on D-NET.

The platform is available in English and Spanish and includes the following features:

- Bi-weekly discussions led by international experts
- Library that collects both scientific articles and materials for everyday practice (such as education material)
- Global event calendar with the latest diabetes activities taking place around the world
- Ask D-NET, where members can submit queries or get feedback from the D-NET community on a diabetes-related issue.
- Interactive, evidence-based modules on diabetes

The online modules are accessible to all health professionals. The first module - 'Introduction to diabetes' – was launched in November and is aimed at health professionals who do not have a professional background in diabetes. Topics include: defining diabetes and differentiating the different types; identifying the signs and symptoms; understanding the risk factors for type 2 diabetes; knowing how to diagnose diabetes; and understanding the basic pathophysiology of diabetes.

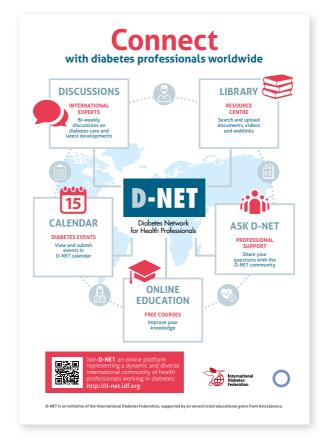
At the end of the module, users are given the opportunity to participate in a final assessment composed of 20 multiple choices questions with 3 attempts possible.

D-NET is an initiative of the International Diabetes Federation, supported by an unrestricted educational grant from AstraZeneca.

Contact: <u>d-net@idf.org</u>
Website: <u>http://d-net.idf.org</u>

407 individuals registered for the interactive **online** module

95% of learners achieved the 6 learning objectives of the **online** module





More than 150 events in the calendar

Over **250** diabetes

resources in the library

IDF Life for a Child Programme

saving lives in the developing world

There is an estimated 1 million children and youth under the age of 25 with diabetes in the world. Approximately 80-100,000 of these youth are in desperate need of support.

Since 2000, the IDF Life for a Child (LFAC) Programme has been supporting the provision of the best possible healthcare, given local circumstances, to all young people with diabetes in developing countries, through the strengthening of paediatric services in these countries.

Over the years, the Programme has expanded considerably and in 2015 was supporting **over** 18.000 children in 46 countries.

The focus of LFAC has also extended beyond keeping children and young adults alive to improving clinical outcomes and quality of life. A wide range of initiatives have been developed in patient and family education, health professional training, mentoring and relevant clinical research.

Contact: <u>lifeforachild@idf.org</u> Website: <u>www.lifeforachild.org</u>





Highlights in 2015

- The Leona M and Harry B Helmsley Charitable Trust renewed support for LFAC for another three years. The funds will cover extensive new work to strengthen sustainability efforts in the areas of epidemiology, health economics, advocacy and health system reform.
- The Spare a Rose Save a Child campaign raised almost US\$ 25,000 for LFAC
- A campaign to raise awareness of Diabetic Ketoacidosis (DKA), and a health professional training workshop were conducted in Tajikistan.
- The IDF Life for a Child Programme Index of Diabetes Care for Children and Youth, including data from 71 countries, was published in Pediatric Diabetes. The index demonstrated stark differences in access to numerous components of care necessary in achieving good outcomes for children and youth with diabetes.
- Education resources for children and adolescents with diabetes were made available in Kinyarwanda and numerous other languages.

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AFRICA (AFR)

IDF's member in Senegal, the Association Sénégalaise de Soutien aux Diabétiques (ASSAD), played a leading role in the implementation of the WHO/ITU mDiabetes programme, using mobile phones to track a person with diabetes' blood sugar/insulin levels, and give advice on dietary changes to effectively manage the condition. The programme is a model of collaboration between national and international institutions, and locally, between patient associations, healthcare professionals and health authorities.

EUROPE (EUR)

IDF Europe's Youth Leadership Camp (YLC) celebrated its 5th anniversary in the Papendal Sports Centre in the Netherlands, in partnership with the Bas van der Goor Foundation (BvdG Foundation) and the Dutch Diabetes Association. Building on the four previous editions, it combined sports activities and practical workshops on advocacy, public relations and consolidating the diabetes movement in Europe. A highly motivated group of youth advocates from 23 countries across the Region shared their experience and learnt about a wide range of topics including advocacy and campaigning on diabetes.

In July, the 4th edition of the DIAEURO Futsal championship was organised in Cluj, Romania, by The Romanian Federation of Diabetes Associations (FADR) and The Association of People with Diabetes, Cluj–Napoca (ABD Cluj–Napoca) in partnership with

The Romanian Federation of Diabetes, Nutrition and Metabolic Diseases (FRDNBM), together with the support of IDF Europe. The event aims to promote healthy lifestyle and physical activity for optimal diabetes management as well as for preventing diabetes and diabetes-related complications. 160 participants, all living with diabetes, from 16 countries took part in this unique event.

MIDDLE EAST AND NORTH AFRICA (MENA)

In May, the IDF MENA Region celebrated their 30th anniversary with a three-day event in Alexandria, Egypt. The event honoured national champions from the MENA countries for their commitment and dedication as well as leading regional personalities who contributed to the work of the region over the three decades. An exhibition also provided an overview of the history and key achievements of the Region.

In Pakistan, the 2nd International Conference on Diabetes was held on March 1-5. The visiting faculty consisted of IDF President Sir Michael Hirst, IDF MENA Regional Chair Prof Adel El-Sayed, Prof Venkat Narayan and Prof Richard Kahn. Lectures were delivered in Islamabad, Karachi and Lahore.

NORTH AMERICA AND CARIBBEAN (NAC)

In October, the IDF NAC region coordinated the successful delivery of emergency diabetes relief supplies to Dominica, in collaboration with Insulin for Life USA, in the aftermath of Tropical Storm Erika.

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IDF MENA 30th Anniversary celebration in Alexandria, Egypt



IDF Europe Youth Leadership Camp in the Netherlands





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SOUTH AND CENTRAL AMERICA (SACA)

In March, IDF President Sir Michael Hirst visited Costa Rica and attended a seminar organised by the local members of the IDF SACA Region, where national and regional projects were presented.

In April, the National Diabetes Programme in Paraguay together with the Paraguayan Foundation of Diabetes (FUPADI) organised the 1st Latin American meeting of children and young people with type 1 diabetes.

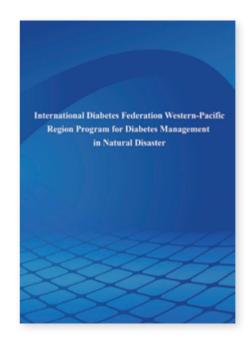
SOUTH EAST ASIA (SEA)

In April, the IDF SEA Region supported the efforts of the Nepal Diabetes Association (NDA) to provide relief to people with diabetes affected by the devastating earthquake which hit the country. Victims in all areas of the country were assisted with activities that including the setting up of free health camps.

WESTERN PACIFIC (WP)

The IDF Western Pacific Region is not only significantly affected by the diabetes epidemic, it also has the most frequently occurring natural disasters, which seriously impact the health and well-being of people living with or without diabetes. In the aftermath of a natural disaster, mortality and morbidity rates immediately increase and the stress, infections, lack of food, water, and medications can all result in a worsening of chronic illness, as disease management becomes more difficult.

To minimise the effects of disaster events and help each Member in the Region develop disaster preparation and medical care strategies, the Region published the IDF Western Pacific Region Programme for Diabetes Management in Natural Disaster. This is intended to serve as a guide to assist each country to create a national standard operational process for diabetes management in natural disasters.







Looking ahead

In 2016-17, the work of IDF will focus on our core mission of being the global voice of diabetes.

We will speak with a strong voice drawing on our wide membership and the support of our partners in industry and across civil society.

We will speak with authority based on our engagement in a wide range of research initiatives covering diabetes care and prevention, epidemiology, statistics, health economics, health education for professionals and citizens, as well as health system reform.

Our voice will have presence and be heard in environments where real and lasting change for diabetes awareness, care and prevention can be driven.

Our global voice will drive action which creates change to make the lives of people better and help protect those at risk.

Education

To ensure that IDF remains a leader in supporting high quality clinical practice and working with our established network of global experts, we will work towards the establishment of the IDF School of Diabetes, which will:

- Build upon the success of our education platform as the online resource to support health professionals working in diabetes;
- Provide access to online education modules, to support training of health professionals in diabetes through self-directed learning;
- Develop practical guides to support the management of type 1 and type 2 diabetes in different global settings.

Prevention, Access and Care

IDF will increase its focus on prevention of type 2 diabetes, in order to help stem the ever increasing incidence of type 2 diabetes. It will also continue to promote specific models of care and resources to support optimal management of people with diabetes.

To support care to people with diabetes, we will continue to develop sustainable and cost-effective interventions throughout the life course.

Access to essential medicines and supplies, particularly insulin, will remain a key focus of IDF's work. Accordingly we will undertake surveys to assess current access to care and undertake targeted work to improve access to insulin, other medicines and essential technologies.

Wider access to medicines will be assessed during 2016 to provide a global picture of the 'real-life' availability of all diabetes medications and supplies as well as essential medicines for diabetes and cardiovascular disease. The data will be instrumental in equipping IDF's further work in advocating for improved provision to meet the 2025 target of 80% access to essential medicines

Epidemiology and Public Health

IDF will continue to be the global reference for accurate, up-to-date estimates of the prevalence of diabetes and its burden on individuals and health economies. The IDF 8th edition Atlas will be developed in 2016-2017 and published at the end of 2017. A full review of its methodologies will be undertaken in 2016.

To enhance the data in the Atlas we will also work to establish models of cost effectiveness of diabetes prevention and treatment to provide the evidence needed to encourage governments to invest now to save future health and other costs, by preventing the onset of type 2 diabetes and to provide appropriate management of diabetes to prevent complications.





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Regions

Africa (AFR)

Chair: Evariste Bouenizabila, Republic of Congo

Chair-elect: Ahmed Reja, Ethiopia

Europe (EUR)

Chair: João Nabais, Portugal

Chair-elect: Şehnaz Karadeniz, Turkey

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Chair-elect: Anil Bhoraskar, India

Western Pacific (WP)

Chair: Nam Han Cho, South Korea

Chair-elect: Wayne H H Sheu, Taiwan

Members

AFRICA (AFR)

Botswana: Diabetes Association of Botswana

Burkina Faso: Association Burkinabe d'Aide aux

Diabétiques

Burundi: Burundian Diabetes Association

Cameroon: Cameroon Diabetes Association

Central African Republic: Association des

Diabétiques en Centrafrique

Chad: Association Tchadienne de Lutte Contre le

Diabète

Côte d'Ivoire: Association des Diabétiques de Côte

d'Ivoire

Democratic Republic of Congo: Association des Diabétiques du Congo. Association Vaincre le

Diabète au Congo

Eritrea: Eritrean National Diabetic Association

Ethiopia: Ethiopian Diabetes Association

Gambia: Gambian Diabetes Association

Ghana: National Diabetes Association

Guinea: Association Guinéenne d'Education et

d'Aide aux Diabétiques

Kenya: Diabetes Kenya Association

Lesotho: Lesotho Diabetes Association

Madagascar: Association Malgache contre le

Diabète

Malawi: Diabetes Association of Malawi

Mali: Association Malienne de Lutte contre le

Diabète

Mauritania: Association Mauritanienne de Lutte

Contre le Diabète

Mozambique: Associação Moçambicana dos

Diabéticos

Namibia: Diabetes Association of Namibia

Nigeria: Diabetes Association of Nigeria

Republic of Congo: Diabaction-Congo

Rwanda: Association Rwandaise des Diabétiques

Senegal: Association Sénégalaise de Soutien aux

Diabétiques

Seychelles: Diabetic Society of Seychelles

South Africa: Diabetes South Africa. Society for Endocrinology, Metabolism and Diabetes of South

Africa

Swaziland: Diabetes Swaziland

Tanzania: Diabetes Association of Zanzibar.

Tanzania Diabetes Association

Togo: Association Togolaise du Diabète

Uganda: Uganda Diabetes Association

Zambia: Diabetes Association of Zambia

Zimbabwe: Zimbabwe Diabetic Association

Europe (EUR)

Albania: Shoqata E Diabetit Ne Shqiperi

Armenia: Armenian Association of Diabetes

Austria: Österreichische Diabetes Gesellschaft





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Azerbaijan: Azerbaijan Diabetes Society

Belarus: Belarussian Humanitarian Organisation Children's Diabetes

Belgium: Association Belge du Diabète. Diabetes

Liga.

Bulgaria: Bulgarian Diabetes Association. Bulgarian

Society of Endocrinology.

Croatia: Croatian Association for Diabetes and Metabolic Disorders. Hrvatski savez dijabetickih

udruga.

Cyprus: Cyprus Diabetic Association

Czech Republic: Ceska Diabetologicka Spolecnost.

SVAZ Diabetikù Ceské Republiky

Denmark: Diabetesforeningen

Estonia: Estonian Diabetes Association

Faroe Islands: Diabetesfelag Foroya

Finland: Finnish Diabetes Association

France: Association Française des Diabétiques

Georgia: Diabetic Children's Protection Association. Georgian Union of Diabetes and Endocrine

Associations.

Germany: diabetesDE

Greece: Hellenic Diabetes Association. Hellenic Diabetes Federation. Panhellenic Federation of

People with Diabetes.

Hungary: Magyar Diabetes Tarsasag. National

Federation of Hungarian Diabetics.

Iceland: Samtök Sykursjúkra

Ireland: Diabetes Federation of Ireland

Israel: Israel Diabetes Association

Italy: Associazione Italiana per la Difesa degli Interessi dei Diabetici. Associazione Medici Diabetologi. Associazione Nazionale Italiana Atleti Diabetici. FAND – Associazione Italiana Diabetici. Societa Italiana di Diabetologia

Kazakhstan: Diabetic Association of the Republic of Kazakhstan

Kyrgyz Republic: Diabetes and Endocrinological Association of Kyrgyzstan

Latvia: Latvian Diabetes Association. Latvian Diabetes Federation

Lithuania: Lithuanian Diabetes Association

Luxembourg: Association Luxembourgeoise du

Diabète

Macedonia: Macedonian Diabetes Association

Malta: Ghaqda Kontra D-dijabete

Moldova: Prodiab

Norway: Norges Diabetesforbund

Poland: Polskie Stowarzyszenie Diabetyków. Polskie

Towarzystwo Diabetologiczne.

Portugal: Associação Protectora dos Diabéticos de Portugal. Sociedade Portuguesa de Diabetologia.

Romania: Federatia Romana de Diabet Nutritie Si Boli Metabolice. Societatea Romana de Diabet,

Nutritie si Boli Metabolice.

Russia: Russian Diabetes Federation

Serbia: Diabetes Association of Serbia. Serbian

Association for the Study of Diabetes

Slovakia: Diador. Slovenska Diabetologicka Spolocnost. ZVAZ Diabetikov Slovenska

Slovenia: Zveza Drustev Diabetikov Slovenije

Spain: Sociedad Española de Diabetes

Sweden: Svenska Diabetesförbundet. Swedish

Society for Diabetology.

Switzerland: Schweizerische Diabetes-Gesellschaft

The Netherlands: Diabetesvereniging Nederland

Turkey: Turkish Diabetes Association. Turkish

Diabetes Foundation.

Ukraine: International Diabetes Association of

Ukraine. Ukrainian Diabetic Federation.

United Kingdom: Diabetes UK

Uzbekistan: Endocrinological and Diabetes Association of Uzbekistan. Tashkent Charity Public Association of the Disabled and People with DM

"UMID".

Middle East and North Africa (MENA)

Afghanistan: Afghanistan Diabetes Association

Bahrain: Bahrain Diabetes Society

Egypt: Arabic Association for the Study of Diabetes & Metabolism. Egyptian Diabetes Association. Upper

Egypt Diabetes Association.

Iran: Iranian Diabetes Society
Iraq: Iraqi Diabetes Association

Jordan: Jordanian Society for the Care of Diabetes

Kuwait: Kuwait Diabetes Society





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Lebanon: Chronic Care Center. Lebanese Diabetes Association.

Libya: Libyan Diabetic Association. Libyan Pediatric Diabetes Society.

Morocco: Ligue Marocaine de Lutte contre le Diabète

Pakistan: Diabetic Association of Pakistan

Palestine: Diabetes Palastine

Qatar: Qatar Diabetes Association

Saudi Arabia: Saudi Charitable Association of Diabetes. Saudi Diabetes and Endocrine Association.

Sudan: Sudanese Diabetes Association

Sultanate of Oman: Oman Diabetes Society

Syria: Syrian Diabetes Association

United Arab Emirates: Emirates Diabetes Society

Yemen: Yemen Diabetes Association

North America and Caribbean (NAC)

Anguilla: Anguilla Diabetes Association

Antigua and Barbuda: Antigua and Barbuda

Diabetes Association

Aruba: Aruba Diabetes Foundation

Barbados: Diabetes Association of Barbados

Belize: Belize Diabetes Association

Bermuda: Bermuda Diabetes Association

British Virgin Islands: British Virgin Islands Diabetes

Association

Canada: Canadian Diabetes Association. Diabète

Québec.

Cayman Islands: Cayman Islands Diabetes

Association

Curação: Sosiedat Kurasoleno di Diabetiko

Dominica: Dominica Diabetes Association

Grenada: Grenada Diabetes Association

Guyana: Guyana Diabetic Association

Haiti: Fondation Haïtienne du Diabète et des

Maladies Cardiovasculaires

Jamaica: Diabetes Association of Jamaica

Mexico: Federación Mexicana de Diabetes. Sociedad

Mexicana de Nutrición y Endocrinología.

Montserrat: Montserrat Diabetes Association

Sint Maarten: Diabetes Foundation of Sint Maarten

St Kitts & Nevis: St Kitts Diabetes Association

St Lucia: St Lucia Diabetic and Hypertension

Association

Suriname: Diabetes Vereniging Suriname

The Bahamas: Bahamas Diabetic Association

Trinidad and Tobago: Diabetes Association of

Trinidad and Tobago

USA: American Association of Diabetes Educators.

American Diabetes Association.

South and Central America (SACA)

Argentina: Asociación Civil de Diabetes Argentina. Asociación para el Cuidado de la Diabetes en Argentina. Federación Argentina de Diabetes. Liga Argentina de Protección al Diabético. Sociedad Argentina de Diabetes.

Bolivia: Sociedad Boliviana de Endocrinología, Metabolismo y Nutrición. Vivir con Diabetes.

Brazil: Associação de Diabetes Juvenil. Federação Nacional de Associações e Entitades de Diabetes. Sociedade Brasileira de Diabetes.

Chile: Asociación de Diabeticos de Chile. Fundación Diabetes Juvenil de Chile. Sociedad Chilena de Endocrinología y Metabolismo.

Colombia: Asociación Colombiana de Diabetes. Federación Diabetológica Colombiana. Fundación Santandereana de Diabetes y Obesidad.

Costa Rica: Associación Costarricense Lucha contra la Diabetes. Asociación Nacional pro Estudio de la Diabetes, Endocrinología y Metabolismo.

Cuba: Sociedad Cubana de Diabetes

Dominican Republic: Instituto Nacional de Diabetes, Endocrinología y Nutrición. Sociedad Dominicana de Diabetes.

Ecuador: Federación Ecuatoriana de Diabetes. Fundación Aprendiendo a Vivir con Diabetes. Fundación de Diabetes Juvenil del Ecuador. Fundación Los Fresnos "Casa de la Diabetes".

El Salvador: Asociación Salvadoreña de Diabéticos

Guatemala: Patronato de Pacientes Diabéticos de Guatemala

Honduras: Asociación Nacional de Diabeticos de Honduras

Nicaragua : Asociación de Padres de Niños y Jovenes Diabeticos de Nicaragua. Fundación Nicaraguense para la Diabetes. Fundación Pro Ayuda a Enfermos Crónicos.

Panama: Asociación Panameña de Diabeticos

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Paraguay: Fundación Paraguaya de Diabetes. Sociedad Paraguaya de Diabetología

Peru: Asociación de Diabetes del Peru. Asociación de Diabéticos Juveniles del Péru.

Puerto Rico: Asociación Puertorriqueña de Diabetes. Asociación Puertorriqueña de Educadores en Diabetes. Sociedad Puertorriqueña de Endocrinología y Diabetología.

Uruguay: Asociación de Diabéticos del Uruguay. Sociedad de Diabetología y Nutrición del Uruguay.

Venezuela: Federación Nacional de Asociaciones y Unidades de Diabetes. Sociedad Venezolana de Endocrinología y Metabolismo.

South-East Asia (SEA)

Bangladesh: Diabetic Association of Bangladesh. Eminence. Faridpur Diabetic Association.

India: Diabetic Association of India. Research Society for the Study of Diabetes in India.

Maldives: Diabetes Society of Maldives

Mauritius: Mauritius Diabetes Association

Nepal: Nepal Diabetes Association

Sri Lanka: Diabetes Association of Sri Lanka

Western Pacific (WP)

Australia: Diabetes Australia

Cambodia: Cambodian Diabetes Association

China: Chinese Diabetes Society

Democratic People's Republic of Korea: Diabetes Committee of Hospitals Association of Korea

Fiji: Diabetes Fiji

Hong Kong SAR: Diabetes Hongkong. Youth Diabetes Action. Hong Kong Society of Endocrinology, Metabolism and Reproduction.

Indonesia: Persatuan Diabetes Indonesia

Japan: Japan Association for Diabetes Education and Care. Japan Diabetes Society.

Korea, Republic of: Korean Diabetes Association

Macau SAR: Associação de Apoio aos Diabéticos de Macau

Malaysia: Persatuan Diabetes Malaysia

Mongolia: Mongolian Diabetes Association

New Zealand: Diabetes New Zealand

Papua New Guinea: Diabetic Association of Papua

New Guinea

Singapore: Association of Diabetes Educators. Diabetic Society of Singapore.

Taiwan: Chinese Taipei Diabetes Association. Taiwanese Association of Diabetes Educators.

Thailand: Diabetes Association of Thailand

The Philippines: Diabetes Philippines

Tonga: Tonga Diabetes Association

Vanuatu: Vanuatu Diabetes Association

Vietnam: Vietnamese Association of Diabetes and

Endocrinology

Transnational members

Diabetes in Asia Study Group

European Association for the Study of Diabetes

Juvenile Diabetes Research Foundation International Mediterranean Group for the Study of Diabetes Société Francophone du Diabète (ALFEDIAM) The Asian Association for the Study of Diabetes

IDF Board of Directors

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Chair: John Grumitt, United Kingdom

Serge Langlois, Canada. Wim Wientjens, the Netherlands.

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Nam H. Cho, South Korea. Trisha Dunning, Australia. Edwin Jimenez, Costa Rica. Joao Manuel Valente Nabais, Portugal.

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Regional Development

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Veenoo Basant Rai, Mauritius. Evariste Bouenizabila, Republic of Congo. Nam H. Cho, South Korea. Adel El-Sayed, Egypt. Edwin Jimenez, Costa Rica. Serge Langlois, Canada. Joao Manuel Valente Nabais, Portugal.

Remuneration

Chair: Michael Hirst, United Kingdom

Veenoo Basant Rai, Mauritius. Evariste Bouenizabila, Republic of Congo. Shaukat Sadikot, India. John Grumitt, United Kingdom.

World Diabetes Congress Committees Vancouver 2015

Organising Committee

Chair: Anne-Marie Felton, United Kingdom

Deputy: Monira Al Arouj, Kuwait

Anne Belton, Canada. Gordon Bunyan, Australia. John Grumitt, United Kingdom. Michael Jones, Bermuda. Serge Langlois, Canada. Celina Renner, Germany. Petra Wilson, United Kingdom. Bernard Zinman, Canada.

Programme Committee

Chair: Bernard Zinman, Canada

Deputy: Nam Han Cho, Republic of Korea

Anne Belton, Canada. Edward J. Boyko, USA. Gordon Bunyam, Australia. Anne-Marie Felton, United Kingdom. Unn-Britt Johansson, Sweden. Steven Kahn, USA. Malcolm King, Canada. Gojka Roglic, Switzerland.

Task forces & consultative section chairs

Diabetes Education: Sue McLaughlin, USA
Diabetes Foot: Kristien Van Acker, Belgium
Clinical Guidelines: Pablo Aschner, Colombia
Health Economics: Andrew Palmer, Australia

Science: Akthar Hussain, Norway

Insulin and Other Essential Medicines:

Larry C. Deeb, USA

Programme chairs

Bringing Research in Diabetes to Global Environments and Systems (BRIDGES): Linda Siminerio, USA

Life for a Child: Martin Silink, Australia

Young Leaders in Diabetes: Debbie Jones, Bermuda

Parliamentarians for Diabetes Global Network:

Adrian Sanders, United Kingdom





Partnership

Ensuring a sustainable and strong organisation at global and regional level

The International Diabetes Federation (IDF) seeks to partner with responsible corporations and foundations to advance its mission to promote diabetes care, prevention and a cure worldwide and guarantee the sustainability and impact of the Federation. IDF strongly believes in mutually beneficial strategic alliances to elevate diabetes to the top of the public agenda.

IDF is grateful to the following partners that helped further its advocacy, communication and programme activities in 2015.

Global Partners are engaged in multi-year strategic partnerships with IDF. They support the Federation's core activities as well as specific tailored programmes.

Corporate Supporters actively contribute to the Federation's work and activities to promote diabetes care, prevention and a cure worldwide. They also participate in joint efforts to strengthen global awareness and advocacy initiatives.

IDF Global Partners









IDF Corporate Supporters



















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IDF Financial Statements 2015*

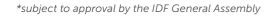
Profit & Loss Analysis 2015 (€)

Turnover	11 580 827
Membership fees	273 727
Corporate Partnership	1 401 633
Project	2 660 219
Miscellenous	406 542
Congress	6 785 555
Merchandising	53 151
Other Income	75 540
Total Income	11 656 367
Goods and Services	-7 680 006
Remunerations	-3 701 529
Depreciation	-87 030
Depreciation Provision for Risks and Charges	-87 030
·	-87 030 -89 785
Provision for Risks and Charges	
Provision for Risks and Charges Other charges	-89 785
Provision for Risks and Charges Other charges Financial Income	-89 785 1 280 361
Provision for Risks and Charges Other charges Financial Income Financial Charges	-89 785 1 280 361 -363 210
Provision for Risks and Charges Other charges Financial Income Financial Charges Total Expenses	-89 785 1 280 361 -363 210 -10 641 198
Provision for Risks and Charges Other charges Financial Income Financial Charges Total Expenses Results before Taxes	-89 785 1 280 361 -363 210 -10 641 198 1 029 966

IDF Balance Sheet 2015 (€)

FIXED ASSETS	229 121
Intangible Assets	4 977
Tangible Assets	200 819
Financial Assets	23 325
CURRENT ASSETS	11 763 279
Stock and Contracts in progress	
Amounts Receivable within one year	1 811 977
Trade Debtors	1 428 800
Other Amounts receivable	383 177
Investments	6 411 481
Cash at bank and in hand	3 465 475
Deferred charges and accrued income	74 346
TOTAL ASSETS	11 992 400

CAPITAL AND RESERVES	6 305 807
Designated Funds	443 000
Profit carried forward	5 862 807
PROVISION AND DEFERRED TAXATION	18 816
Provision for Liabilities and Charges	18 816
CREDITORS	5 667 777
Amounts Payable within one Year	4 602 259
Financial debts	
Trade Debts	1 661 348
Advance on Contracts in Progress	2 103 725
Taxes and remunerations	500 333
Other Amounts Payable	336 853
Accrued Charges and Deferred Income	1 065 517
TOTAL LIABILITIES	11 992 400











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2015

















International Diabetes Federation (IDF)

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INTERNATIONAL DIABETES FEDERATION

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