



CGM ADVOCACY RESOURCES

Information from these organisations complements the online course on Continuous Glucose Monitoring (CGM) for people living with diabetes and their caregivers, endorsed by the Society for Endocrinology, Metabolism and Diabetes of South Africa (SEMDSA) and the Kenya Diabetes Study Group (KDSCG), and available on the Understanding Diabetes platform. This course is part of the project ACCEDE (ACcess to CGMs for Equity in DiabEtes management), which aims to improve diabetes management with CGM, particularly in Kenya and South Africa.

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S No.	Country	Name of organisation	Description	Contact details	Website link
1	Brazil		Guidelines for access to free CGMs for people living with type 1 diabetes in Brazil.		https://saude.df.gov.br/orientacoes-para-acesso
2	Brazil		List of Diabetes Associations in Brazil, fighting for access to whatever is needed by each and every person living with diabetes		https://adj.org.br/associacoes/
3	Brazil		The Brazilian constitution considers health a basic right. Thus, besides incorporated medicines and health technology, in case the person has a different health need (with detailed medical justification and prescription), he/she can request administratively or go to court to obtain it.		https://lifeforachild.org/wp-content/uploads/2022/09/English_Diabetes-advocacy-toolkit_v1.pdf
4	Indonesia	PERSADIA (Persatuan Diabetes Indonesia / Indonesian Diabetes Association)	Indonesia, aiming to improve life quality of people with diabetes.	Anita Sabidi t1anitasabidi@gmail.com +6287785368448 LinkedIn: Anita Sabidi	
5	Kenya	Young Unsweet Organisation	Nairobi, Kenya	Newton Ngugi, Chairperson, Young Unsweet org. Email - youngunsweet@gmail.com Twitter@young_unsweet	www.youngunsweet.co.ke

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S No.	Country	Name of organisation	Description	Contact details	Website link
6	South Africa	CDE Healthcare Group	Type1 & Type 2 & Gestational	info@cdediabetes.co.za	
7	South Africa	Youth with Diabetes	Type 1	Hester Davel - Founder Email: diabetes@endo.co.za	
8	South Africa	ZEALDAILY Diabetes	Type 1 & Type 2	Thapi Semenya - Founder and Director info@zealdailydiabetes.org	
9	South Africa	Diabetes South Africa			https://idf.org/our-network/regions-and-members/africa/members/south-africa/diabetes-south-africa/
10	South Africa	SEMDSA			https://www.semdsa.org.za/for-members/guidelines
11	South Africa	SA Diabetes Advocacy	An empowered, united voice for people living with diabetes in South Africa, so that there is always a seat at the table for those with lived experience of diabetes. An inclusive, representative organisation that effects change in diabetes in SA. #NothingAboutUsWithoutUs.	info@diabetesadvocacy.org.za	https://www.diabetesadvocacy.org.za/

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