

Empowering Families and Integrating Community Care

For the prevention and management of Type 2 Diabetes and hypertension

Name of Project: DigiCare4You

Duration: 2021-2025

Funded by: Horizon 2020



DigiCare4You

Background & Objectives

DigiCare4You aims to reduce the burden of diabetes and hypertension by firstly, identifying people living with undiagnosed, or at high risk of developing, diabetes and/or hypertension, using schools as an entry point, and secondly, implementing an evidence-based intervention in the community.

Identification of families at high risk of developing Type 2 Diabetes and/or hypertension **will be done through a two-step screening procedure**. This will be **followed by an intervention** combining the **use of digital tools and activities supporting families' well-being in schools and communities**.

One year after the launch of the project, much **progress** has been achieved in the **stakeholder engagement and situation analysis**, in the adaptation **of the screening procedure** to the local contexts, in the **development of digital tools** for the screening procedure, and in the establishment of an **International Stakeholder Advisory Board**.

The project's **ultimate aim is to develop an innovative, easy-to-implement, low-cost, and sustainable solution that will help** build healthcare services' capacity and **strengthen countries' primary care systems** as well as **address the specific needs and preferences**

IDF Europe's Role

- ✓ Set up an International Stakeholder Advisory Board and contribute to the development of a roadmap for the scaling-up and transferability of the project's intervention to other countries.
- ✓ Lead all communications and dissemination activities.

Deliverables

- Situation analysis of primary healthcare and community care services in four countries
- Screening procedure and community-based intervention including digital tools for data capture and predictive models
- Monitoring and evaluation tools
- Roadmap for the transferability and scalability of the intervention

Expected Impact

- Increased number of people screened, cost-effectively, in the community
- Faster adoption of innovative tools of both end-users and healthcare systems
- More responsive, more effective, efficient and equitable health systems



Scan the QR code for more information and a complete list of the project partners.



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