

# Why we urgently need a new European Parliament

### DIABETES RESOLUTION









## WHY WE URGENTLY NEED A NEW EUROPEAN PARLIAMENT DIABETES RESOLUTION:







Nobody is immune to diabetes



Diabetes care is a marker of the future resilience of national health systems



EU policy action lacks the required leadership

#### NOBODY IS IMMUNE TO DIABETES

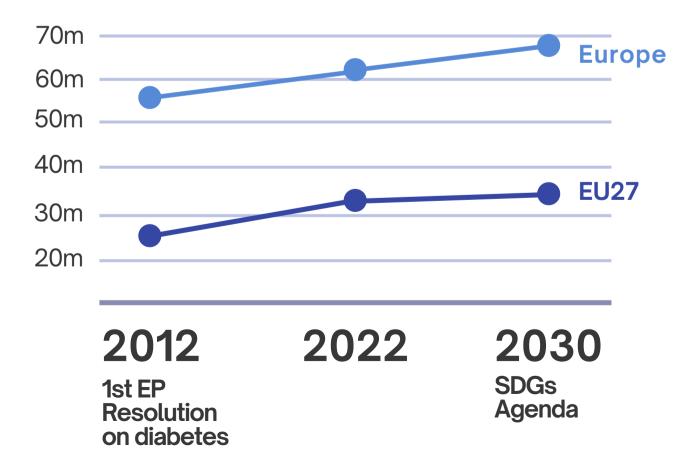


It affects babies, children and adults across all socio-economic groups and geographies, and the situation is getting worse.





#### Number of people living with diabetes (PwD)



#### **DIABETES:**

#### LIFELONG DISEASE WITH NO CURE



1/3

of PwD are **undiagnosed** 



up to 1/2

of PwD **do not achieve** optimal blood glucose **targets** 

#### **ROOT CAUSE OF MANY OTHER NCDs**



1/3 of PwD develop



Diabetes/+ hypertension cause

80% of end-stage renal disease



1/3 of PwD develop diabetic retinopathy



3/4

of diabetes **costs** result from diabetes-related **complications** 

#### MORE MIGHT BE TO COME



COVID-19 increases the risk of developing diabetes



**Diabetes** during **pregnancy** may **program the unborn child** to be more susceptible **to diabetes** 

#### DIABETES CARE IS A MARKER OF THE FUTURE RESILIENCE OF NATIONAL HEALTH SYSTEMS





Effective diabetes prevention and management touch on all aspects of national health systems. They keep PwD and others away from the healthcare system, lower costs, improve resource utilisation and contribute to digitalisation, thereby shoring up resilience.





**Evaluation of interventions,** pathways and treatment options



Investment in innovation and effective interventions



Focus on research



Improved governance





Integrated, patient-centred care framework, with clear and easy-to-follow pathways, and management guidelines



Self-management education, digital & health literacy, peer support



Uninterrupted access to medicines, technologies and care. Innovative tools, approaches, medicines



**Engagement and empowerment of all stakeholders** 







Raising awareness



Improving population health through broad use of technology, innovation and health and non-health data



Strengthening primary and community care





Early action (lifestyle intervention, medication, referrals)



Adequate HCP training and development



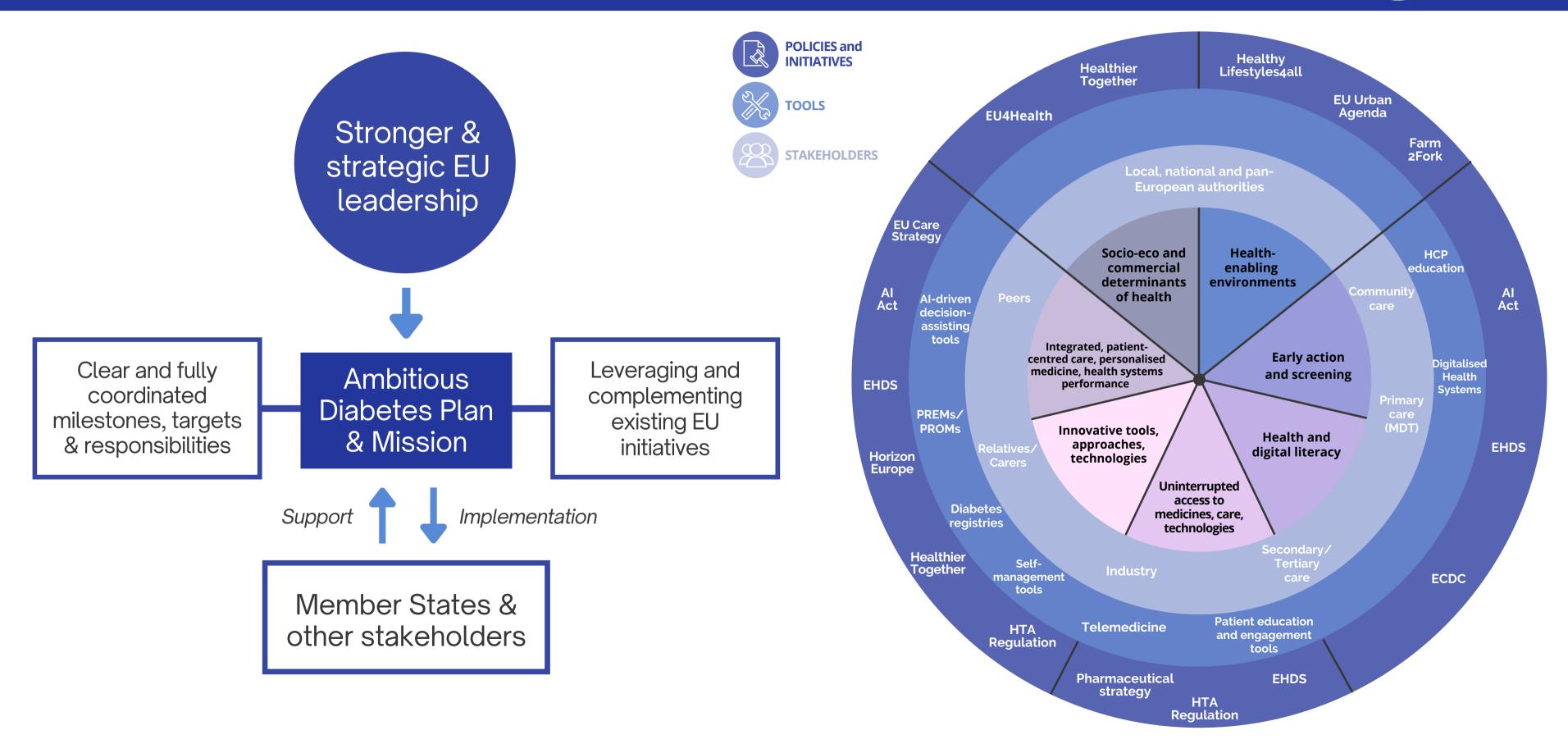
Screening for all types of diabetes and complications

#### **EU POLICY ACTION LACKS THE REQUIRED LEADERSHIP**



Turning the tide requires concerted and coordinated EU leadership, an ambitious Diabetes Plan and Mission, with an implementation roadmap, leveraging EU initiatives, and working in close collaboration with Member States and other stakeholders.







1922

2012

... 10 years after the first European Parliament Resolution on diabetes ...

100 years after the discovery of insulin...

**NOW** 

... let's stop ignoring the 170,000 children and the 32m adults living with diabetes in the European Union and the millions more on their way to developing it.

Let's re-design health systems, which build on the effective prevention and management of diabetes and other chronic diseases to guarantee their own resilience, improve EU citizens' quality of life and reduce inequalities.





