

IDF Europe Symposium at EASD

PRESENTATION OF THE WORK OF IDF EUROPE'S PLATFORM OF PEOPLE LIVING WITH TYPE 2 DIABETES

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www.idf-europe.org

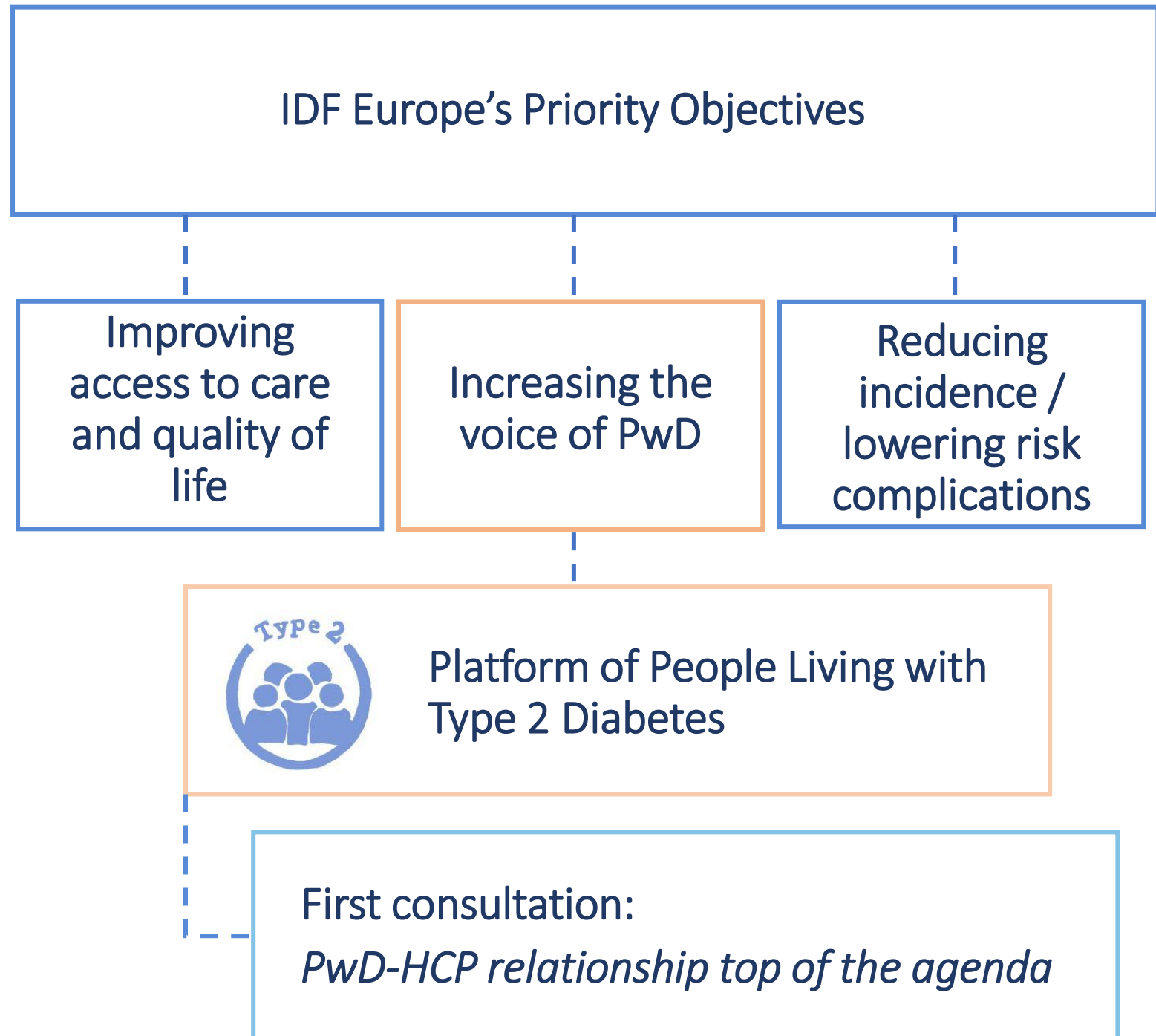


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Background to the research



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Research process

- Literature review
- Online focus groups about the PwD-HCP relationship
- Recent **survey** (2 weeks) circulated over social media and through IDF Europe's Member Associations

Initial survey results for people living with T2D

25 responses

2/3 in a city

1/2 between 31-59 y/o

1/4
on insulin therapy

40% also on lifestyle
interventions



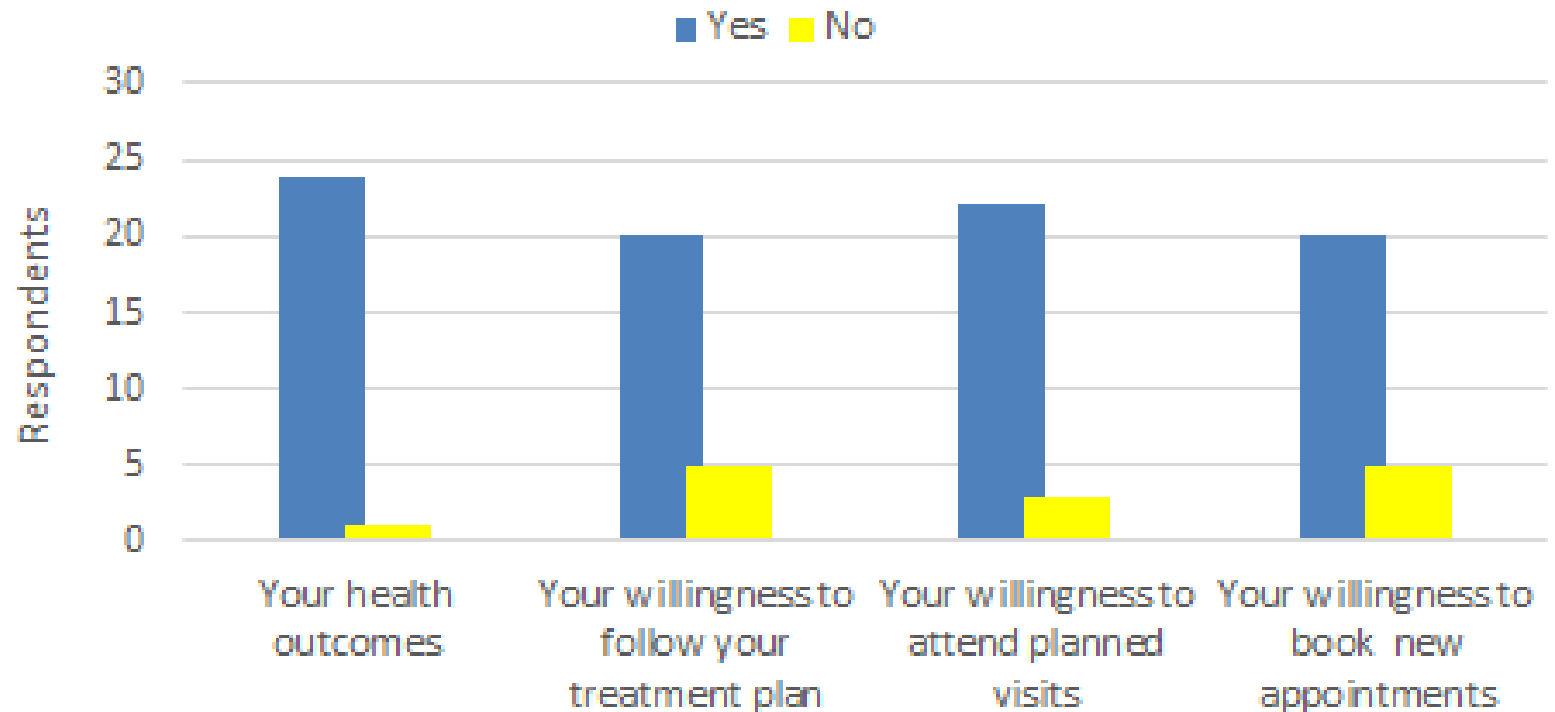
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The relationship with HCPs is a key driver of health outcomes and diabetes self-management



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Do you believe that the quality of your relationship with your main HCP affect...?

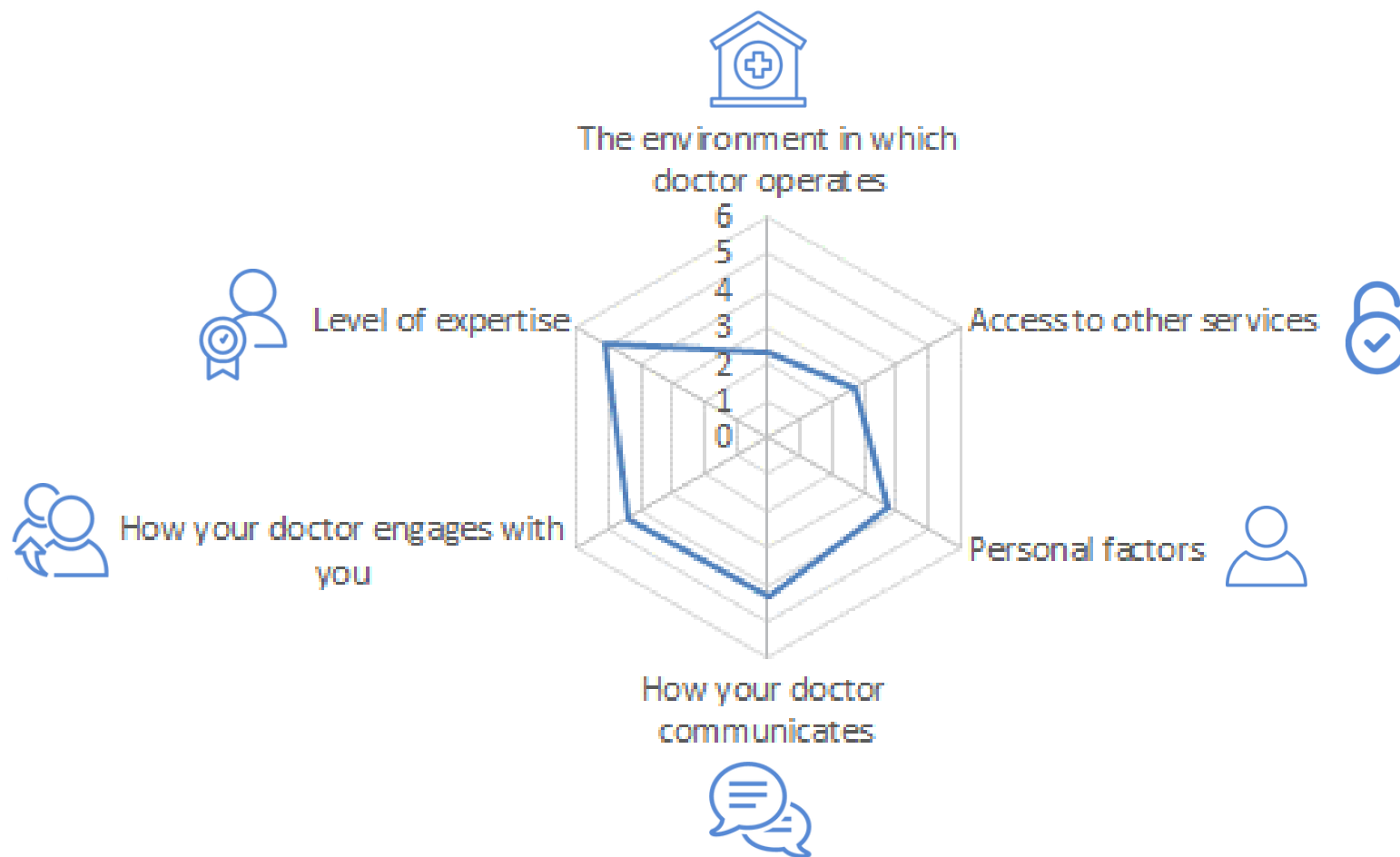


Six broad categories of components affect the PwD-HCP relationship



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Categories with the highest level of influence on the PwD-HCP relationship





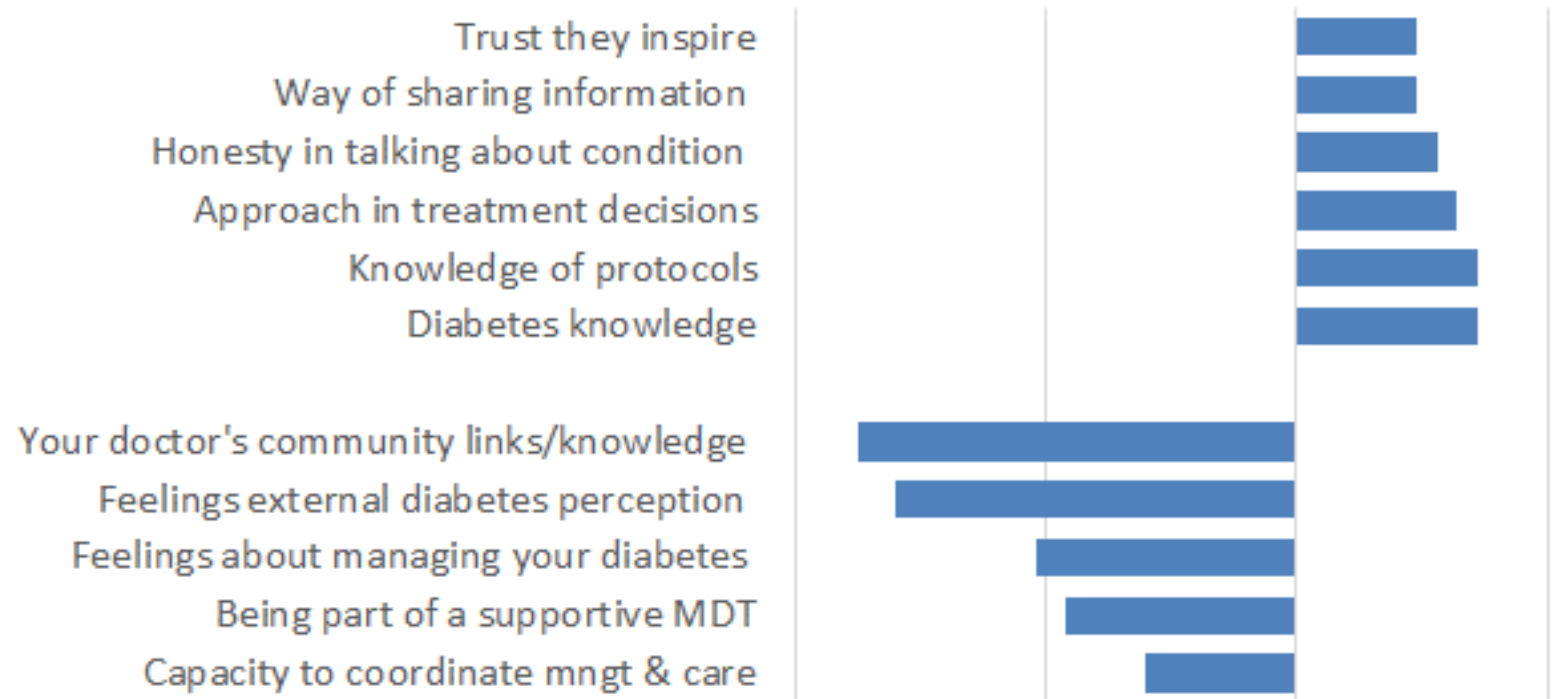
HCP's expertise trumps all other factors



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Individual factors' ranking by order of importance to PwD – top / bottom factors

- 31 individual factors across six categories



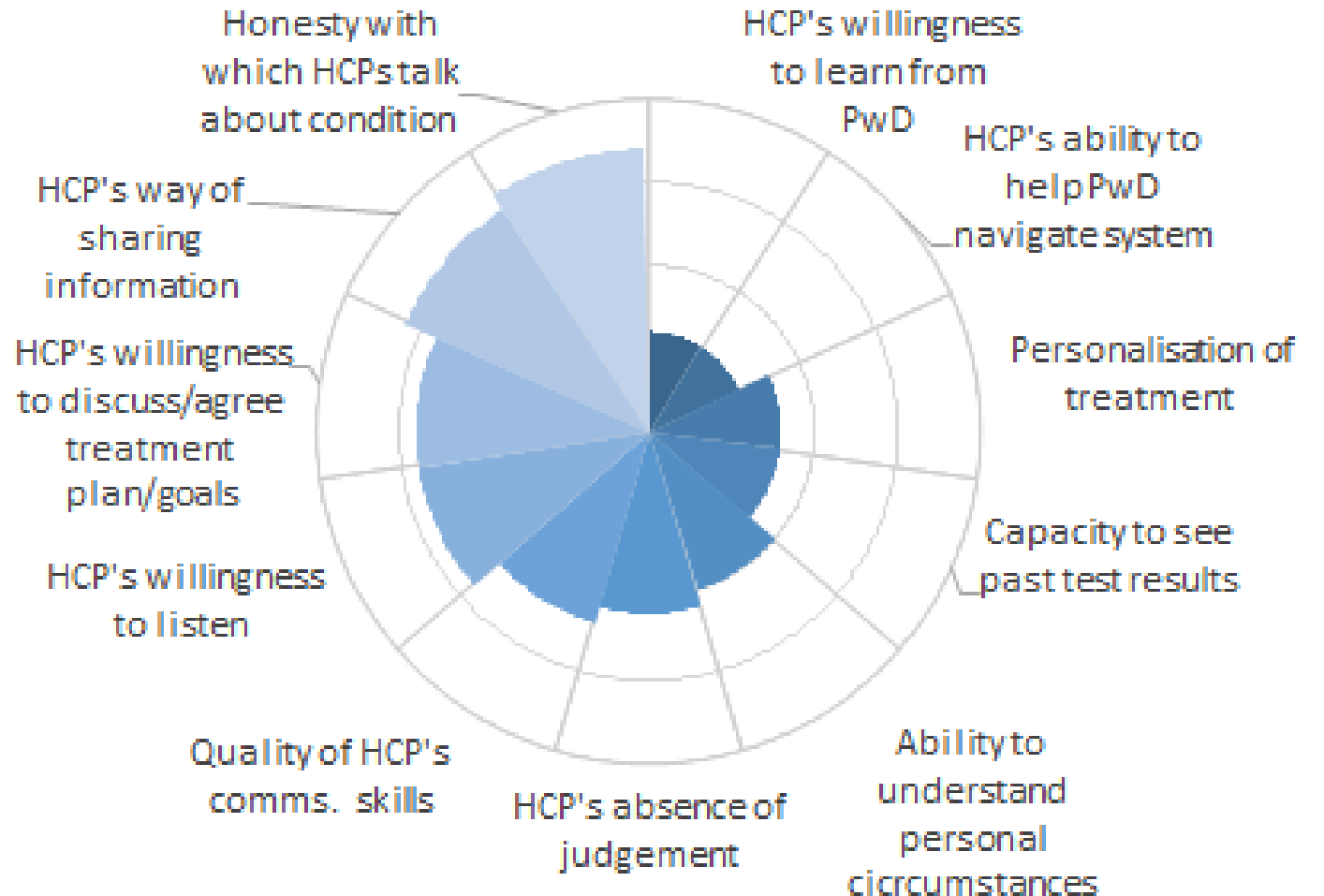


Honesty is the foundation of the HCP-PwD relationship



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Engagement/Communication - Individual factors' ranking by order of importance to PwD





HCP's
connection with
the community
seen as of little
relevance



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Environment/Personal factors - Individual factors' ranking by order of importance to PwD



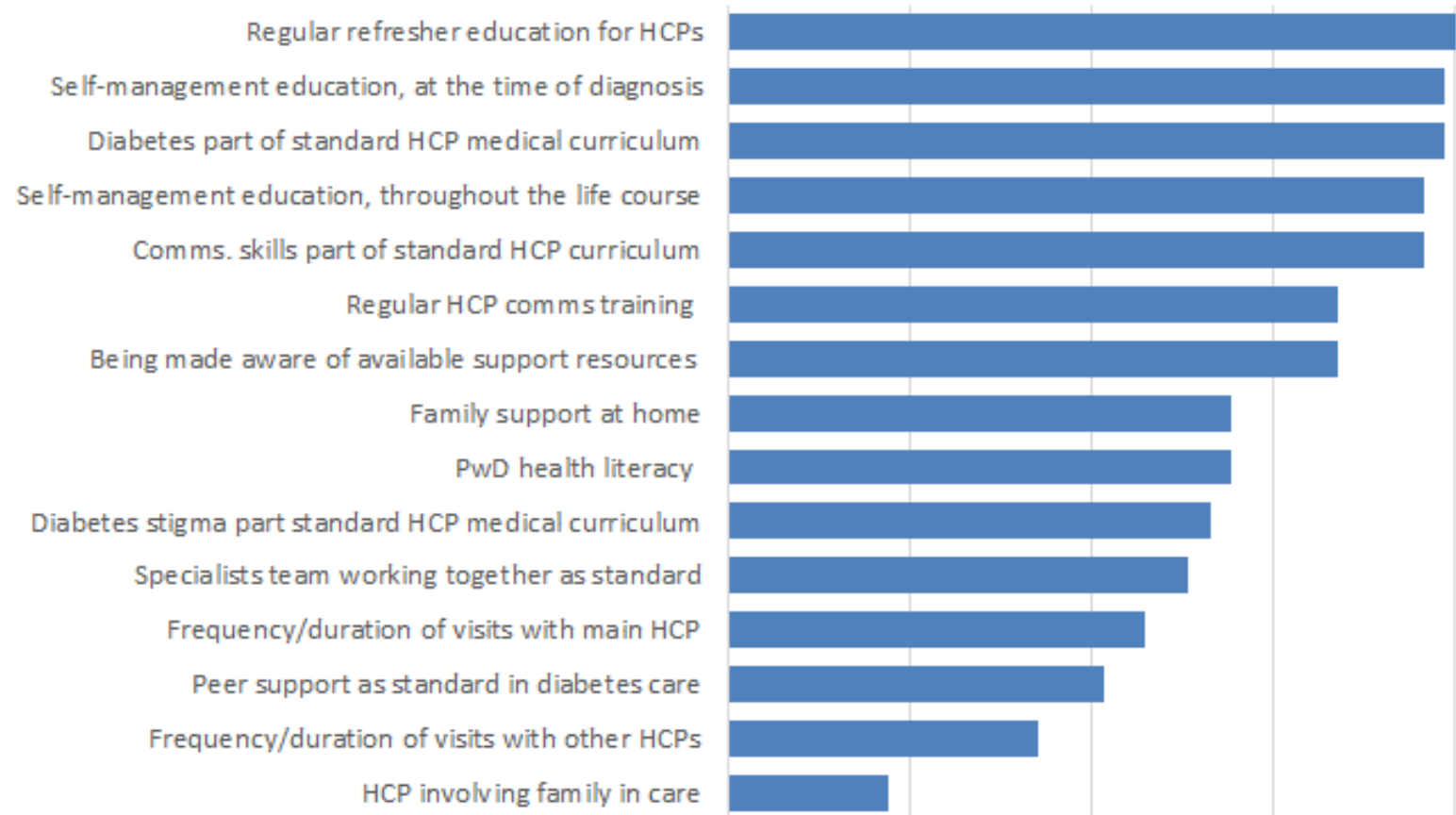


HCP expertise
needs to be
addressed as a
matter of
priority



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Factors that PwD consider key to improving the PwD-HCP relationship



Conclusions

HCP's expertise and communication skills are key to the relationship and both are seen as lacking

PwD value (kind) honesty about their health and health prospects

PwD need to be listened to, not judged

PwD are aware of the need for/want self-management education

The outside environment matters less to them than the immediate relationship with the prime HCP

PwD do not expect strong engagement of their HCP with the community but, at a minimum, to be directed to relevant resources



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Next steps

End-of month deadline for current survey

Extending Consultations to HCPs

Action plan on improving the HCP-PwD relationship



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