



IDF Europe Regional Activities 2024

IDF Europe Team

www.idf-europe.org

IDF EUROPE ACTIVITIES 2024



Policy and Advocacy



Communications



People living with diabetes



Research Projects



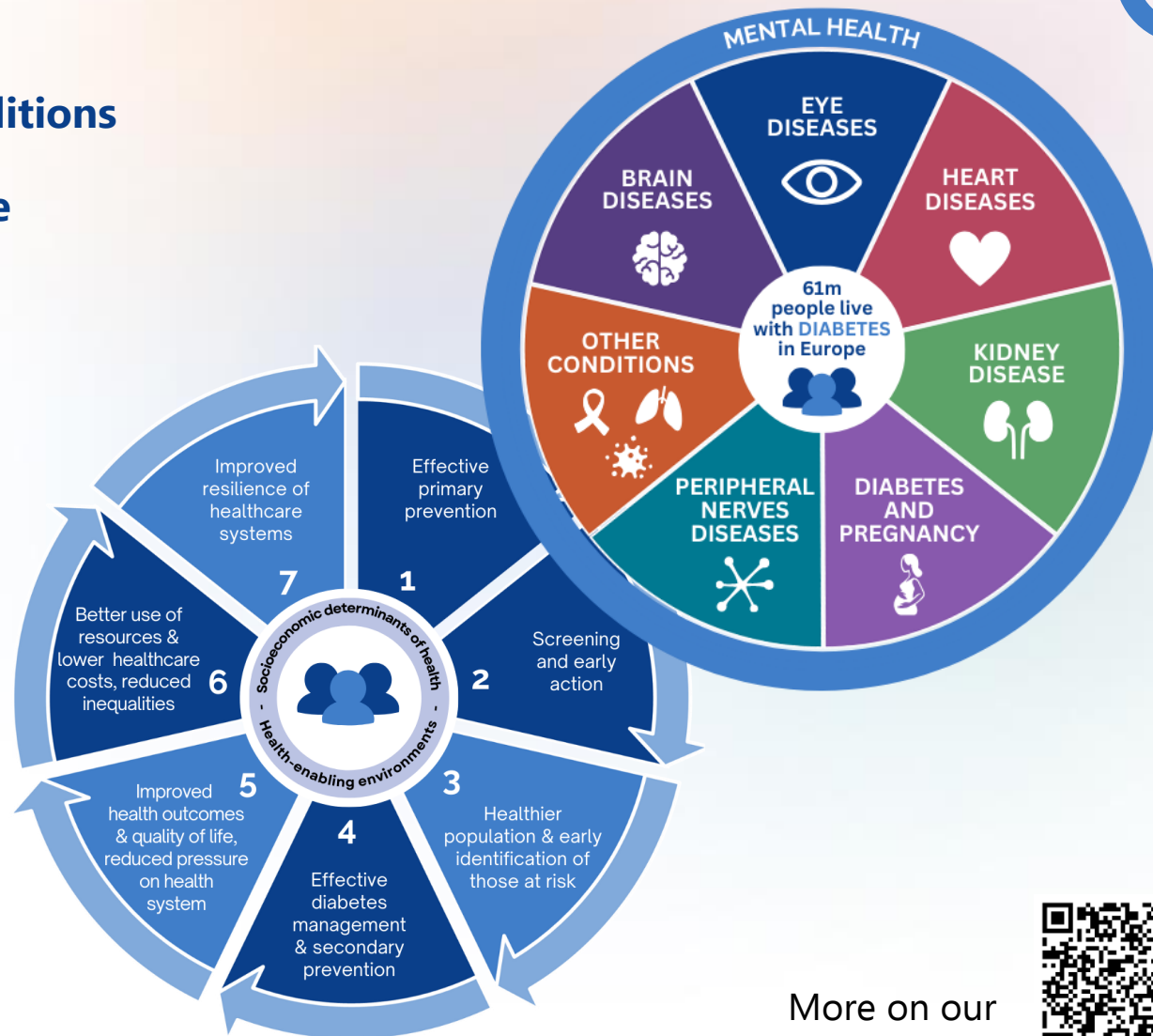
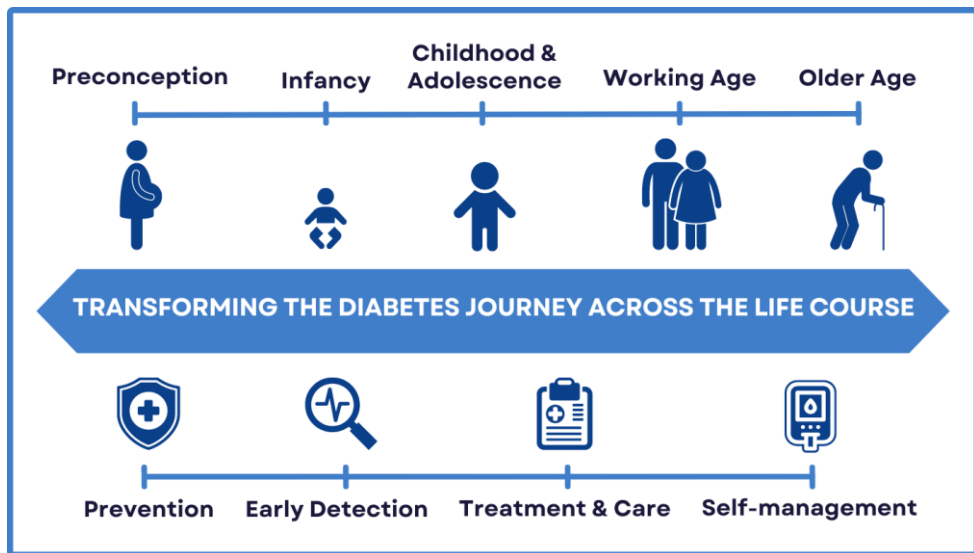
Partnerships



Governance

ADVOCACY MESSAGES

- Diabetes as the **root cause** of other **chronic conditions**
- Diabetes as a **marker of** health systems **resilience**
- The need for action across the **life course**
- The need to identify **external factors** influencing diabetes progression and management



More on our calls to action



EU-LEVEL ADVOCACY



Towards the EU Elections

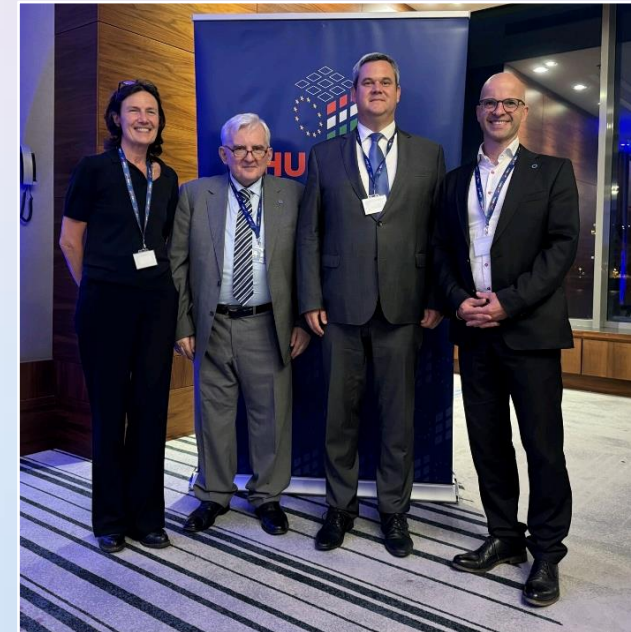
- **Communication Toolkit** and **webinar** to support and/or coordinate IDF Europe's and Member Associations' advocacy efforts
- Outreach in collaboration with Member Associations to **EU Political Groups** and participation in EUDF's **Diabetes Pledge**
- Participation in **health-related meetings and events** at EU institutions
- **Blood glucose testing** events at several EU institutions buildings





EU-LEVEL ADVOCACY

- Meetings with newly elected Members of the EU Parliament to expand and renew the **MEPs Mobilising for Diabetes Interest Group (MMD)**
- Outreach in collaboration with Member Associations to **Ministries of Health** and the **EU Council Presidency** trio
- **High-Level Conference on Cardiovascular Health** organised by the Hungarian Presidency in Budapest



More on our
EU advocacy





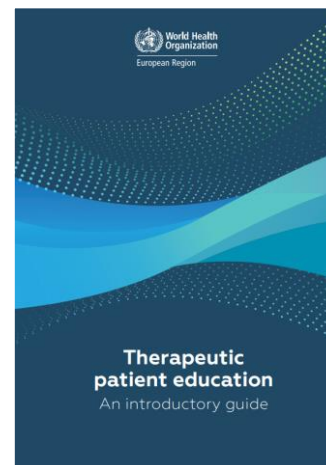
EUROPE-WIDE ADVOCACY

Collaboration with the World Health Organization Europe (WHO Europe)

- Promotion of the **IDF Europe-WHO Europe Declaration**, including translation in **25+ languages**
- Collaboration on **initiatives, events** and **publications** aimed at improving diabetes prevention and care
- **Written statements** at the 74th Session of the WHO Regional Committee for Europe
- WHO **Global Diabetes Compact**



More on Europe-wide advocacy

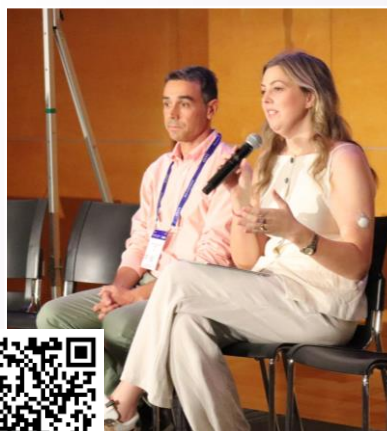


EASD 2024



IDF Europe Symposium: “Personalisation of care – the way forward”

Gathering different **perspectives** to define the **key elements** of personalised care and discuss key **barriers** to, and **enablers** of, care personalisation.



Event report



Side event: “Early detection of autoimmune T1D”

Gathering various stakeholders from the diabetes community to discuss how to **join forces and drive innovation** in the field of **T1D detection**.



Collaboration with the European Diabetes Forum (EUDF), the Spanish Diabetes Federation (FEDE), the Parliamentarians for Diabetes Global Network (PDGN) and Sanofi.



OTHER ADVOCACY EVENTS

- European Association for the Study of the Liver (EASL) webinar: **Steatotic Liver Disease**
- WHO Global High-Level Technical Meeting: **NCDs in Humanitarian Settings**
- International Conference on Advanced Technologies and Treatments of Diabetes (ATTD), session on **AI-Driven Clinical Decision Support Systems**
- **20th Portuguese Congress of Diabetes**
- WHO Europe hybrid event: *“Building a Public Health Innovation Ecosystem”*
- **Romanian Diabetes Forum 5th anniversary Conference**
- EU Parliament event: *“Closing the gender health gap”*
- European Chronic Disease Alliance (ECDA) policy debate: **Investing in NCD prevention and control**
- Digital Health Uptake (DHU) webinar: **Digital health technologies for chronic disease self-management**



Digital Health Uptake

Digital health technologies supporting the self-management of chronic diseases: How to demonstrate evidence facilitating high acceptance and large-scale uptake in the reimbursement markets?

Recording available!

Dr. Leonie Schaewitz
GWQ ServicePlus AG

Dr. Malte Jacobsen
RWTH Aachen University Hospital

Dr. Freimut Schliess
Prof. Schliess Mentoring & Consulting

Sabine Dupont
International Diabetes Federation Europe

Grant Reilly
Digital Health & Care Innovation Centre

Sandro Girolami
METEDA



IDF EUROPE COUNTRY PROFILES

- 45 country profiles on the status of access to diabetes care
- **Compendium** report on access to diabetes care across Europe
- **Testimonials** from people living with diabetes (PwD) and national diabetes associations' leaders



The collage shows three country profiles: Ukraine, Iceland, and Spain. Each profile includes an overview of diabetes care, prevalence statistics, and sections on prevention and management.



Visit the website



COMMUNICATIONS



IDF Europe website and newsletter

Monthly newsletter and website updates showcasing:

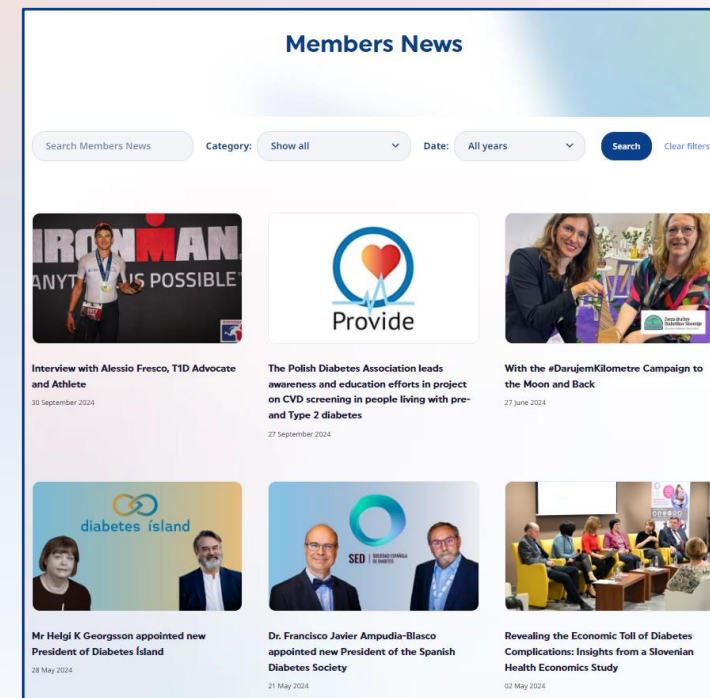
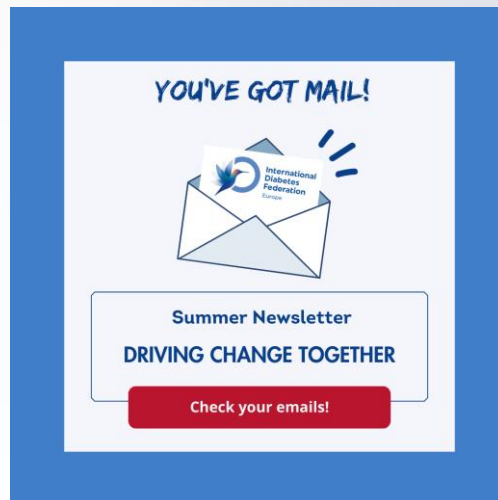
- Members news
- Interviews
- IDF Europe activities, news and events
- New publications and resources on diabetes
- Health-related news from Europe
- Updates on research projects

1,278 newsletter subscribers
(+385 since October 2023)

Subscribe



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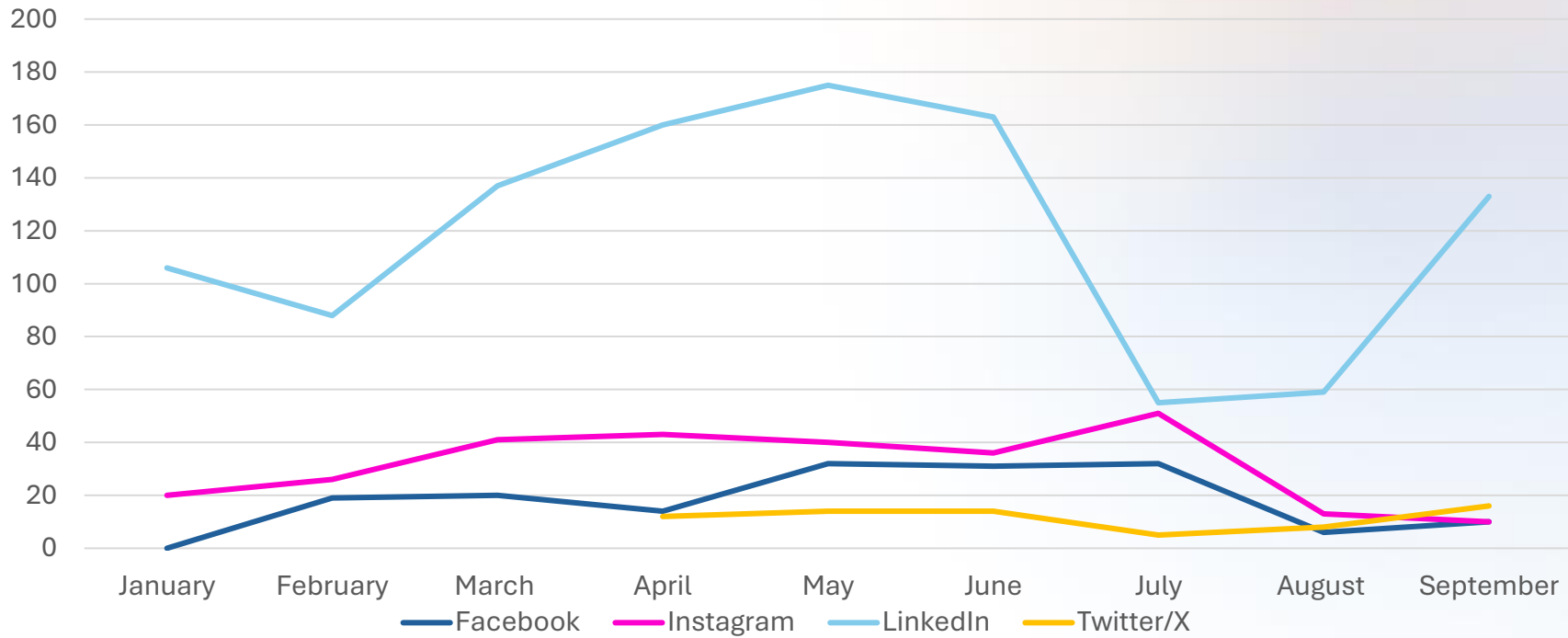
The dedicated “**Members news**” sections on our website and newsletter give visibility to our members’ news. All members are invited to share with us any information they wish to disseminate.

[\(martina.boccardo@idf-europe.org\)](mailto:martina.boccardo@idf-europe.org)

SOCIAL MEDIA CHANNELS



New followers (2024)



Total followers
(September 2024)

Facebook: 6,021

Instagram: 1,024

LinkedIn: 2,748

X/Twitter: 1,487

 International Diabetes Federation Europe

 @idfeurope

 IDF Europe Podcast

 International Diabetes Federation Europe

 @IDFEuropeBXL

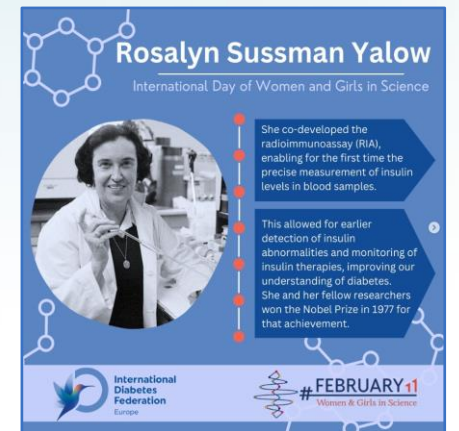
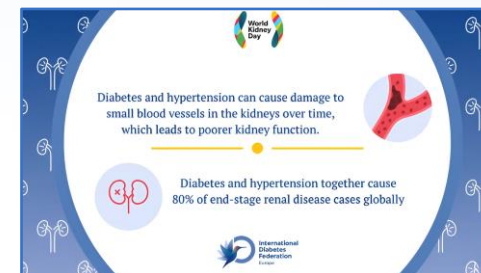
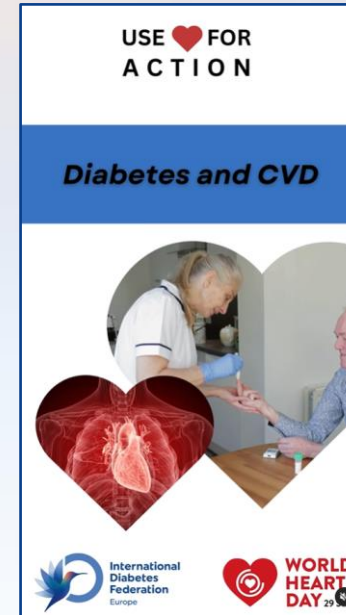
 IDF Europe



COMMUNICATIONS ON INTERNATIONAL DAYS

International Days are a great opportunity to communicate on diabetes and related challenges.

- Leonard Thompson Day
- International Day of Education
- World Cancer Day
- International Day of Women and Girls in Science
- International Women's Day
- World Kidney Day
- World Health Day
- International Nurses Day
- EU Mental Health Week
- World Refugee Day
- World Humanitarian Day
- World Alzheimer's Day
- EU Week of Sports
- World Heart Day
- World Brain Day
- World Hepatitis Day
- World Humanitarian Day
- World Heart Day
- Stem Cell Awareness Day
- World Mental health day
- World Sight Day

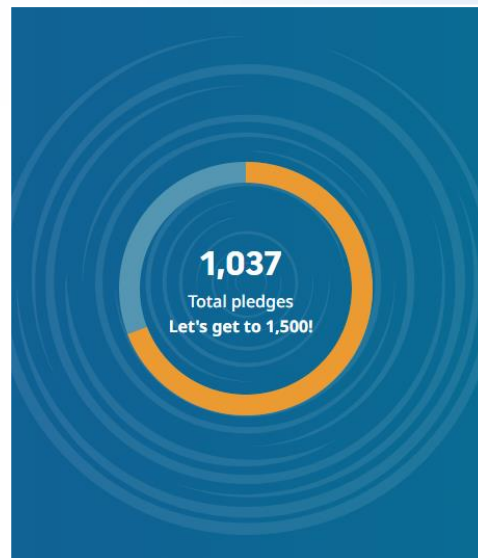


#UnitedForDiabetes CAMPAIGN



Awareness campaign promoting the **IDF Europe-WHO Europe Declaration** and showcasing what PwD would like to see improved in the prevention, management and care of diabetes on a dedicated **Endorsement Wall**.

- 90+ endorsement tiles
- +200 endorsements
- 30+ countries engaged in the campaign
- 43K+ impressions on social media



Endorse the Declaration





T2D PLATFORM

Platform of People living with **T2D and other types of diabetes** in Europe, interested in representing the voice of PwD by engaging in education and capacity building activities, advocacy initiatives, research projects, publications and awareness campaigns.

- 35+ members
- First in-person meeting in March 2024
- Online community platform
- Regular webinars on key topics of interest



More on the
T2D Platform



YOUTH PLATFORM

Our Youth Platform (**YOURAH**) aims to:

- Educate and nurture a new generation of young advocates
- Support capacity building at a national and pan-regional level
- Strengthen the diabetes ecosystem by increasing connections across all diabetes stakeholders

New YOURAH logo

A new logo for the YOURAH Network reflecting the values of the network: **empathy**, **action** and **togetherness**.



YOURAH Forum

Annual Alumni get-together (Brussels, November 7-9, 2024) with the theme “Raising the voice of the youth diabetes community at European level”.



More on the
YOURAH Network



YOUTH PLATFORM



Youth Leadership Lab 2024

- Two **online sessions** and one-week **camp** in Serbia
- Theme: **Strengthening the youth diabetes community** at local and national levels:
 - Transgenerational collaboration
 - Youth engagement and community building
 - Future-proof youth communities
 - Cross-border cooperation
- Near-peer mentoring approach:
4 junior mentors and 4 senior mentors

We wish to thank the **Serbian Association of Diabetes** for the warm welcome and excellent organisation



Applications to host the camp in 2025 are open!



RESEARCH PROJECTS

ASSESS-DHT

Boosting the adoption of trustworthy and effective Digital Health Technologies (DHT) across Europe. As part of the project, an innovative assessment framework will be developed that goes beyond existing models, ensuring uniform Health Technology Assessment (HTA) adoption throughout Europe.

Expected impact

- Streamlined health technology assessment procedure for DHT
- Faster adoption of innovative DHT across Europe

Funded by: Horizon 2020

Duration: 2024-2026



More on
ASSESS-DHT



RESEARCH PROJECTS

DigiCare4You

Reducing the burden of type 2 diabetes and hypertension by firstly, identifying people living with undiagnosed, or at high risk of developing, diabetes and/or hypertension, using schools as an entry point, and secondly, implementing an evidence-based intervention in the community using digital tools.

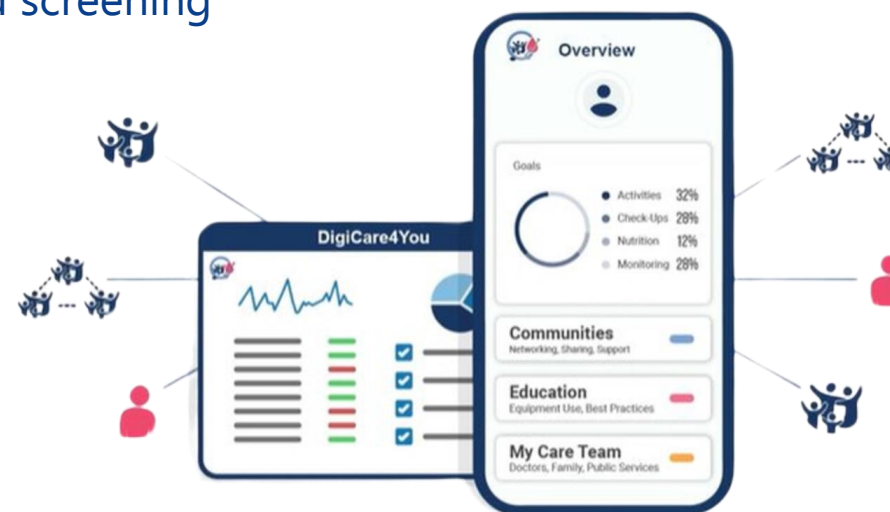
Expected impact

- More, cost-effective T2D early diagnosis through community-based screening
- Faster adoption of innovative tools
- More responsive, effective, efficient and equitable health systems

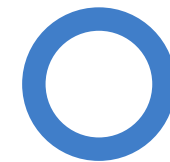
Funded by: Horizon 2020

Duration: 2021-2026

More on
DigiCare4You



RESEARCH PROJECTS



Eat Better Live Better

Exploring and promoting the role of plant-based diets in the management of diabetes, through sustainable healthy diets. The project covers activities in France and Portugal, with results being leveraged at European level with the participation of IDF Europe.



Expected impact

- Improved healthy diets for PwD
- Improved metabolic control
- Lower risk of progressing from prediabetes to diabetes, and better outcomes for PwD

Funded by: Healthy Food Healthy Planet

Duration: 2022-2024

More on
Eat Better Live Better



RESEARCH PROJECTS



PRIME

Understanding the multimorbidity of insulin signaling and brain disorders and how these might overlap with somatic conditions.



Expected impact

- Development of better tools for diagnosing, caring for, and preventing insulin-related conditions such as diabetes
- White Paper presented to IDFE on WDD
- "Body and Brain - Co-occurrence of Cardiometabolic and Mental Diseases" E-Learning Course

Funded by: Horizon 2020

Duration: 2020-2024

More on
PRIME



RESEARCH PROJECTS



Recognised

Studying the biological mechanisms that cause structural and functional alterations in the retina in people with T2D to determine whether these same pathways play a role in the events observed in the brain during the development of cognitive impairment and dementia.

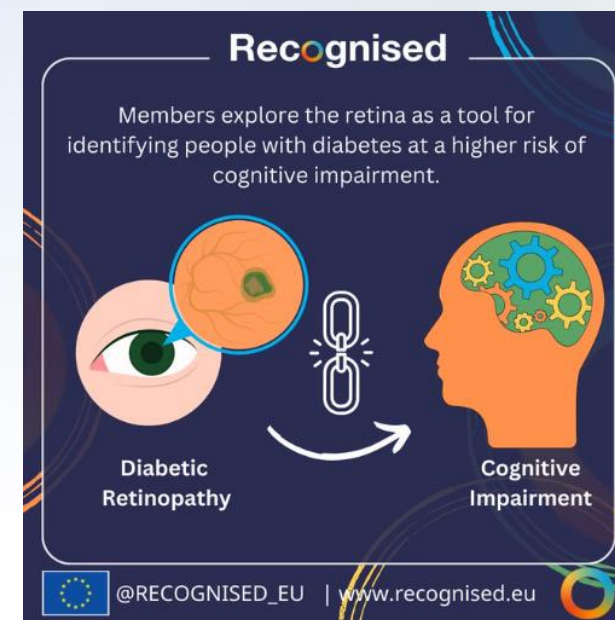
Expected impact

- Increased awareness of cognitive impairment as new comorbidity of T2D
- Provide evidence to reduce progression from mild cognitive impairment to dementia
- Earlier diagnosis of dementia and better planning of future T2D care

Funded by: Horizon 2020

Duration: 2020-2025

More on
Recognised



RESEARCH PROJECTS



ISLET

Building and implementing an innovative programme for the production and marketing of human pluripotent stem cell (hPSC)- derived advanced therapy medicinal products (ATMPs) for the treatment of people living with Type 1 diabetes.

Expected impact

- New scalable sources of islets for transplantation
- Reduced burden and improved quality of life for PwD

Funded by: Horizon 2020

Duration: 2020-2025

More on
ISLET



RESEARCH PROJECTS

Sports & Diabetes: DiaPS

Developing a digital platform for peer support where PwD can share their experience on managing their condition during sport activities.

Expected impact

- Increased participation of PwD in sports
- Improved knowledge of how to manage diabetes during physical activity

Funded by: Erasmus+

Duration: 2024-2026



More on
DiaPS



RESEARCH PROJECTS



Trials@Home

Exploring the viability of moving conventional clinical trials to a home setting in the form of decentralised clinical trials (DCTs) to streamline data collection, participant recruitment and retention.

Expected impact

- Higher speed, quality, efficacy and reduced costs and clinical trial burden
- Faster development of innovative treatment
- More representative data sets
- PEP Evaluation and PIE guidelines for future projects

Funded by: Innovative Medicine Initiative (IMI) 2

Duration: 2019-2025



PARTNERSHIPS





CORPORATE PARTNERS

Golden Strategic Partners



Silver Strategic Partners



Project Partners



Other Partners



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Project Coordinator
(Until August 2024)



Martina Boccardo
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