



# Diabete Italia

DIABETE ITALIA IN THE ITALIAN VOLUNTEERING LANDSCAPE

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### THE GLOBAL DIABETES TARGETS

- 80% of people living with diabetes are diagnosed
- 80% have good control of glycaemia
- 80% of people with diagnosed diabetes have good control of blood pressure
- 60% of people with diabetes of 40 years or older receive statins
- 100% of people with type 1 diabetes have access to affordable insulin and blood glucose self-monitoring

### THE ITALIAN TARGETS SITUATION

- 66% of people living with diabetes are diagnosed (-14%)
- 53% have good control of glycaemia (-27%)
- ??% of people with diagnosed diabetes have good control of blood pressure
- ??% of people with diabetes of 40 years or older receive statins
- 100% of people with type 1 diabetes have access to affordable insulin and blood glucose self-monitoring



- universalistic healthcare system free for everybody but with regional organization
  - 21 different healthcare systems
- no screening for people about T2 diabetes
  - too many people diagnosed too late
- enforced access to new drugs thanks to “nota 100” (GLP1 SGLT2) but with huge differences between regions
  - therapeutic inertia
- good access (free for everybody) to technologies but without equity due to regional tenders
  - limitations in the choice of devices time restrictions on access
- insulin available free for everybody but sometimes with problems of market availability
  - necessary temporary therapeutic changes
- access limitations for some diabetes complication screenings
  - people only discover complications when they are symptomatic
- school integrations problems for children
  - a parent has to leave work to follow the child
- problems with access to employment for some professions
  - impossible personal fulfillment of people
- problems with access to some services (insurance, various licenses)
  - discrimination for people with diabetes

- More than 200 Associations in Italy, most of them active
- Too many national federations
- Too few regional aggregations
- Lack of volunteer training
- The 2017 law on the reorganization of the voluntary world is right but don't help



STARTING FROM THE STUDY OF THE ACTUAL SITUATION OF THE LOCAL ASSOCIATIONS AND THE HEALTHCARE SYSTEM WE STARTED A PROCESS OF INCLUSION AND MODELLING OF A NEW STRUCTURE FOR A MODERN NATIONAL FEDERATION

- A PROCESS STARTED IN 2017
- 3 NATIONAL FEDERATIONS WORKING TOGETHER
- WITH THE NEED THAT EVERYBODY WILL FEEL WELL IN THE NEW «HOUSE»



ON 4 JUNE 2023, THE «NEW» DIABETE ITALIA WAS BORN.

### THE 3 PILLARS:

- GEOGRAPHICAL STRATIFICATION

PROMOTION OF THE CREATION OF REGIONAL FEDERATIONS

- STRATIFICATION OF SKILLS

IN ORDER TO TRAIN EVERY VOLUNTEER WITH THE RIGHT SKILLS

- CLEAR DEFINITION OF ROLES

3 CATEGORIES (YOUNG; TYPE 1; TYPE 2), 3 DELEGATES ELECTED BY EACH REGION



**135 ASSOCIATION**

**49 DELEGATES**

**EACH REGION IS  
REPRESENTED**

**>15.000 PEOPLE**





- ELIMINATE THE ONSET OF DIABETES IN KETOACIDOSIS -> LAW 130/23
- SOME NEW REGIONS WITH NEW “OPEN” TENDER FOR TECHNOLOGIES
- LIFE INSURANCE FOR PEOPLE WITH TYPE 1 DIABETES
- INSURANCE AGREEMENT FOR ALL MEMBER ASSOCIATIONS
- EXCLUSION FROM EXPORT OF MAJOR INSULINS