IDF MENA Webinars - Draft Programme
2020 - 2021

- **Committee lead:** Pr Mohamed Hassanein as coordinator
- **Members:** Pr Jamal Belkhadir, Pr Adel Sayed, Pr Abdul Basit, Pr Mohamed Ali Eltom, Pr Rachid Malek

1. **July 17th, 2020 : Diabetes and the foot - Pfizer**
   a. Moderator: **Prof Jamal Belkhadir (Morocco)**
   b. Diabetic foot update: **Prof Andrew Boulton (UK)**
   c. Diabetic foot service; a local perspective: **Prof Hanan Gawish (Egypt)**
   d. Diabetic foot service; a local perspective: **Prof Abdul Basit (Pakistan)**
   e. Screening and management of painful neuropathy: **Prof Rayaz Malik (Qatar)**

2. **August 29th, 2020 : Prevention of Diabetes Mellitus - Merck**

   Moderator: **Pr Mohamed Sandid (Lebanon)**
   a. The importance of Pre-diabetes - Pr Adel Sayed (Egypt)
   b. Prevalence of Prediabetes in MENA Region – **Dr Fatheya Alawadi (UEA)**
   c. Diabetes Prevention: The role of lifestyle and pharmacotherapy – **Prof Inass Shaltout (Egypt)**
   d. Prevention of Diabetes; a look into the future – **Prof Osama Hamdy (USA)**

3. **September 4th, 2020 : Advanced Painful Neuropathy - Medtronic**

   Moderator: **Dr. Zahid Miyan (Pakistan)**
   a- Diabetic Neuropathy; Diabetes perspective – **Prof Mohamed Hassanein (UEA)**
   b- The role of pain clinic - **Prof Sam Eldabe (UK)**
   c- Spinal cord stimulation - **Prof Eric Buchser (Switzerland)**
   d- Clinical Case: Diabetes perspective—**Prof. Abdullah Al Ghamdi (KSA)**
4. September 18th, 2020: Treatment intensification for T2D - AZ

Moderator: Prof Abdul Basit

a. Critical Review of T2D Guidelines. Dr Thamer Al-Essa (Kuwait)
   Objective: A review of International and Regional Guidelines suitability for MENA Region
b. Role of SGLT2-I in treatment intensification; how and why? Dr Alaa Abashir (UAE)
   Objective: Evidence Medicine Practical Review on When and Why to use SGLT2I for treatment intensification in T2D
c. Optimizing Insulin Therapy for T2D. Pr Hinde Iraqi (Morocco)
   Objective: Practical review of how to optimize Insulin for T2D

5. October 9th and 10th, 2020: IDF MENA Conference: Diabetes in MENA Region


Moderator:

a. Role of SMBG; when and why?
b. Role of SMBG; how to maximize benefit. Erum Ghafoor (Pakistan)
c. Role of CGM/FGM; for inpatients

7. December 11th, 2020: T2D Early treatment - Merck

Moderator:

a. Metformin first line choice debate?
b. Monotherapy vs combination therapy debate

c. Choice of therapy in resource restricted service

8. Late December 2020: T2D and CVD high risk group

Moderator:

a. Risk assessment
b. Choice of therapy – EBM
c. Choice of therapy in resource restricted service
Moderator:
   a. What is the primary target and how to achieve it
   b. Should we be concerned about TG & HDL?
   c. Role of the dietician

DAR CONFERENCE
10. February 2021: Diabetes and Nutrition
Moderator:
   a. What to eat? Low carbs, kito diet, etc
   b. Who is the enemy? Sugar or fat?

10. March 2021: Diabetes and Hypertension
Moderator:
   a. Prevalence and Risk of the deadly companions
   b. Guidelines for treatment
   c. Role of home BP monitoring and lifestyle measures

11. April 2021: T2D and the Kidney
Moderator:
   a. Screening and early detection
   b. Glycaemic control – EBM
   c. Beyond glycaemic control

12. May 2021: Diabetes and the Eyes:
Moderator:
   a. How to screen in low vs high income service
   b. What can the diabetologist do?
   c. What can the ophthalmologist do?

13. June 2021: T1 DM Update
Moderator:
a. Can we prevent T1D?
b. How can we best reduce hypoglycaemia in T1D
c. Best practice in resource restricted service.