GMT
Kuala Lumpur Time (GMT+8)

07:00 - 07:10 AM  Introduction: DAR-IDF-SAHF

07:10 - 07:30 AM  Pre-Ramadan Assessment and Risk Scoring
- Risks vs benefits of fasting
- Risk scoring and religious view
- Role of pre-Ramadan education
- BG monitoring when and how

07:30 - 07:50 AM  Practical considerations for T2D-OHG/GLP-1 RA
- Nutrition changes in Ramadan
- Timing and dose adjustment of OHG
- Timing and dose adjustment of GLP1-RA
- What to do for those on multiple therapies

07:50 - 08:10 AM  Insulin modification during Ramadan fasting
- Timing and dose adjustment of basal insulin with or without GLP-1RA
- Timing and dose adjustment of mix-insulin
- Timing and dose adjustment of basal/bolus
- Pump and CGM best tips

08:10 - 08:30 AM  Management of special groups during Ramadan
- Chronic Kidney disease
- Cardiovascular disease
- Pregnant women
- Age considerations for the elderly

08:30 - 09:00 AM  Panel Discussion
- Full faculty

09:00 - 09:15 AM  Comfort Break
Mohamed Hassanein  
Consultant Endocrinology, Dubai Hospital, DHA, UAE - Deputy Director of Postgraduate Diabetes Education, Cardiff University, UK  
Chair of DAR International Alliance  
UAE

Sueziani Binte Zainudin  
MBBS (Spore) MRCP (UK) FAMS FRCP (Glasc)  
Consultant Endocrinology Department of General Medicine Sengkang General Hospital SingHealth  
Clinical Assistant Professor Duke-NUS Medical School  
Clinical Lecturer Yong Loo Lin School of Medicine National University of Singapore  
Singapore

Rakesh Sahay  
MD, DM, FACE, FACP, MAMS, FRSSD  
Professor & Head, Department of Endocrinology  
Osmania Medical College & Hospital, Consultant Endocrinologist, Aster Prime Hospital, Sahay’s Endocrine & Diabetes Centre  
India

Zanariah Hussein  
Consultant Physician and Endocrinologist  
Hospital Putrajaya Putrajaya, Malaysia  
Malaysia

Click Here to Register