February 27, 2021

IDF / DaR Diabetes and Ramadan Guidelines Workshop

DaR Train the Trainer Workshop

North America
08:00 - 09:10 AM  Introduction: DAR-IDF-DC-IMANA

09:10 - 09:30 AM  Pre-Ramadan Assessment and Risk Scoring
- Risks vs benefits of fasting
- Risk scoring and religious view
- Role of pre-Ramadan education
- BG monitoring when and how

09:30 - 09:50 AM  Practical considerations for T2D- OHG/GLP-1 RA
- Nutrition changes in Ramadan
- Timing and dose adjustment of OHG
- Timing and dose adjustment of GLP1-RA
- What to do for those on multiple therapies

09:50 - 10:10 AM  Insulin modification during Ramadan fasting
- Timing and dose adjustment of basal insulin with or without GLP-1 RA
- Timing and dose adjustment of mix-insulin
- Timing and dose adjustment of basal/bolus
- Pump and CGM best tips

10:10 - 10:30 AM  Management of special groups during Ramadan
- Chronic Kidney disease
- Cardiovascular disease
- Pregnant women
- Age considerations for the elderly

10:30 - 11:00 AM  Panel Discussion

11:00 - 11:15 AM  Comfort Break
11:15 - 11:20 AM  Intro to TTT and DAR Global Survey 2021

Moderators: Marium Husain (USA)

11:20 - 11:35 AM  Case 1: T1D – Young adult
Osama Hamdy (USA)

11:35 - 11:50 AM  Case 2: OHG including SU & Basal Insulin
Amel Arnaout (Canada)

11:50 - 12:05 PM  Case 3: T2D- Basal Ins + GLP
Tayyab Khan (Canada)

12:05 - 12:20 PM  Case 4: Mix Insulin, MF & SGLT2 in T2D
Harpreet Bajaj (Canada)

12:20 - 12:35 PM  Case 5: Pregnancy
Luma Ghalib (USA)

12:35 - 12:45 PM  Close
Mohamed Hassanein
Consultant Endocrinology, Dubai Hospital, DHA, UAE - Deputy Director of Postgraduate Diabetes Education, Cardiff University, UK
Chair of DAR International Alliance

Egypt - UAE

Osama Hamdy
Senior Endocrinologist, Medical Director at Joslin Diabetes Center, Associate Prof. Of Medicine at Harvard Medical School.

USA

Harpreet Bajaj
MD, MPH, FACE
Endocrinologist and Director of Late-phase research, LMC Healthcare Toronto, Canada

Canada

Luma Ghalib
MD, FACE
Assistant Professor Medical Director, Pituitary Clinic Division of Endocrinology Wexner Medical Center The James Comprehensive Cancer Center The Ohio State University

USA

Marium Husain
MD, MPH
The Ohio State University James Comprehensive Cancer Center, Hematology/Oncology Fellow IMANA, Vice President Founder, Science Jummah

USA

Amel Arnaout
Assistant Professor in the Faculty of Medicine at the University of Ottawa, Director of Postgraduate Medical Education and Fellowship Program for the Department of Medicine at The Ottawa Hospital

Canada

Tayyab Khan
Assistant Professor of Medicine at Western University & the Deputy Program Director of the PGY-4 Internal Medicine Residency Training Program

Canada

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