March 25, 2021
IDF / DaR Guidelines Workshop
UK / EU

This program is supported by
SANOFI
SERVIER
12:00PM UK Time
01:00PM CET Time

12:00 - 12:10 PM  Introduction: DAR-IDF
Mohamed Hassanein
Andrew Boulton
Akhtar Hussein

12:10 - 12:30 PM  Pre-Ramadan Assessment and Risk Scoring
Mohamed Hassanein
- Risks vs benefits of fasting
- Risk scoring and religious view
- Role of pre-Ramadan education
- BG monitoring when and how

12:30 - 12:50 PM  Practical considerations for T2D- OHG/GLP-1 RA
Wasim Hanif
- Nutrition changes in Ramadan
- Timing and dose adjustment of OHG
- Timing and dose adjustment of GLP1-RA
- What to do for those on multiple therapies

12:50 - 01:10 PM  Insulin modification during Ramadan fasting
Ateeq Syed
- Timing and dose adjustment of basal insulin with or without GLP-1RA
- Timing and dose adjustment of mix-insulin
- Timing and dose adjustment of basal/bolus
- Pump and CGM best tips

01:10 - 01:30 PM  Management of special groups during Ramadan
Tahseen Chowdhury
- Chronic Kidney disease
- Cardiovascular disease
- Pregnant women
- Age considerations for the elderly

01:30 - 02:00 PM  Panel Discussion
Full faculty