

João Manuel Valente Nabais



João Manuel Valente Nabais holds a PhD in Chemistry from the University of Evora, where he works as an Assistant Professor. He has published 60 papers in international journals, participated in 15 R&D projects as a researcher and is the co-author of 3 patents.

João is a member of the Comprehensive Health Research Center and a consultant to the Portuguese Diabetes Association (APDP). Diagnosed with type 1 diabetes in 1981, João has been actively involved in the field of diabetes through his work for the APDP and International Diabetes Federation. At national level, Joao has been working on different projects including youth camps, several campaigns as advocate, educational courses provided to people with diabetes and parents of children with diabetes. In 2008, João joined the Board of IDF Europe, to work on EU political affairs, and served as President (2012-2015). In fact, he is currently the Vice-President of the International Diabetes Federation.