



Accelerating diabetes prevention in the COVID-19 era

A webinar by the International Diabetes Federation

April 29, 2021 – 16:00 CEST

| Opening | |
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| 16:00-16:02 | Dr Mark Barone, IDF Vice-President and webinar moderator Opening statement |
| 16:03-16:08 | Prof Andrew Boulton, IDF President The T2D epidemic Impact of COVID-19 on people living with diabetes and on diabetes prevention WHO Global Diabetes Compact |
| 16:08-16:10 | Dr Mark Barone, IDF Vice-President and webinar moderator Introduction of the panelists |
| Discussion panel | |
| 16:10-16:15 | Dr Francesco Branca, Director WHO department on Nutrition for Health and Development Impact of COVID-19 in diabetes prevention Inclusion of IGT and T2D prevention and monitoring in national diabetes plans and medical guidelines Collection of IGT health data at government/institutional level |
| 16:15-16:20 | Dr Justin Echouffo-Tchuegui, Special Interest Group on IGT, John Hopkins Improving IGT and T2D prevention through digital health |
| 16:20-16:25 | Dr Jacqueline Bowman, OPEN Obesity Platform Best practices from the obesity and T2D community |
| 16:25-16:30 | Mr Travis Frans, IDF Young Leader in Diabetes living with T2D Experience living with type 2 diabetes Fighting stigma and empowering young people living with diabetes to raise awareness about IGT and T2D |
| 16:30-16:35 | Dr Erum Ghafoor, IDF Blue Circle Voice member living with T2D Experience living with type 2 diabetes How to improve IGT and T2D prevention Fighting stigma and empowering people living with diabetes to raise awareness about IGT and T2D |
| 16:35-16:55 | Q&A |
| 16:55-16:57 | Prof Andrew Boulton, IDF President IDF commitment to diabetes prevention and the WHO Global Diabetes Compact |
| 16:57-17:00 | Dr Mark Barone, IDF Vice-President and webinar moderator Closing remarks and thanks |

This webinar is supported by Merck KGaA

HOSTS BIOGRAPHIES

PROF ANDREW BOULTON

IDF President



President of the International Diabetes Federation (IDF) for 2020-21. He also currently serves as President of the Worldwide Initiative for Diabetes Education and Chair of EURADIA (European Alliance for Diabetes Research).

Prof Boulton is a graduate of Newcastle-upon-Tyne University. He subsequently trained in Sheffield and Miami prior to accepting an appointment at Manchester University, where he is currently Professor of Medicine with a special interest in diabetes and its complications. He is also Consultant Physician at Manchester Royal Infirmary.

Among his other distinguished roles, Prof. Boulton has been President of the European Association for the Study of Diabetes, founding Chair of the Diabetic Foot Study Group and Chair of Postgraduate Education and Hon. Secretary/ programme chair for EASD.

Prof Boulton has received many awards, most notably the ADA Harold Rifkin award for distinguished international service in diabetes, the EASD Camillo Gogli prize, the ADA Roger Pecoraro Lectureship, the Georgetown distinguished achievement award in diabetic limb salvage, and the American Association of Clinical Endocrinologists' International Diabetes Endocrinologist of the Year Award. In 2017, he gave the Banting Memorial Lecture at the Annual Meeting of Diabetes UK.

Prof Boulton has authored more than 500 peer-reviewed manuscripts and book chapters, mainly on diabetic lower limb and renal complications. He is a past editor of *Diabetic Medicine* and currently an associate editor of *Diabetes Care*.

DR MARK BARONE

IDF Vice-President



Dr Mark Barone (Brazil) is Vice-President of the International Diabetes Federation (2020-21). He has previously served on the Organising Committee of the IDF Young Leaders in Diabetes Programme (2011-2015).

Diagnosed with type 1 diabetes at the age of 10, Dr Barone became actively involved as a youth volunteer for ADJ Diabetes Brasil, coordinating diabetes camps and monthly support groups for young adults with diabetes. He was subsequently invited to attend and collaborate with diabetes camps throughout the IDF South and Central America Region, including in Argentina, Chile, Paraguay and Uruguay. This led him to become a member of the

Organising Committee of the Diabetes Education and Camping Association (DECA).

Over the last 15 years, Dr Barone has initiated, coordinated and supervised partnership building initiatives, public health and leadership building programmes. In 2016, he started collaborating with the Public Health Institute (PHI) as Technical Director for Brazil. There, he developed sustainability and scalability plans for global public health programmes and oversaw initiatives funded by partner institutions, including HealthRise Brazil and HeartRescue Brazil.

He also founded the Intersectoral Forum to Fight NCDs (ForumDCNTs) in Brazil, which aims to develop and implement cost-effective and sustainable solutions to tackle diabetes and other NCDs in the country. In 2018, he represented ADJ Diabetes Brasil and ForumDNCTs at the UN High Level Meeting on NCDs in New York.

PANELLISTS BIOGRAPHIES

DR FRANCESCO BRANCA

Director, WHO department of Nutrition for Health and Development



Dr Francesco Branca is the Director of the Department of Nutrition and Food safety in the World Health Organization, Geneva (since February 2020). From 2008 to 2019, he was the Director of the Department of Nutrition for Health and Development. During this period, WHO has developed a WHO Nutrition strategy, established a new nutrition guideline development process and has developed a Comprehensive Implementation Plan on Maternal, Infant and Young Child Nutrition with six global targets. He has been leading the preparation of the 2nd International Conference on Nutrition and the Secretariat of the Decade of Action on Nutrition. Before that, in 2005-2008, Dr Branca was the Regional Advisor for Nutrition at the WHO Regional Office for Europe.

Between 1988 and 2005, he has been a Senior Scientist at the Italian Food and Nutrition research Institute where he was leading studies on the effects of food and nutrients on human health at the different stages of the life cycle and on the impact of public health nutrition programmes. He has been President of the Federation of the European Nutrition Societies in 2003-2007.

In 1985-1986, Dr Branca has been a medical staff of a Primary Health Care project in the South of Somalia ran by the Italian NGO, CISP.

Dr Branca graduated in Medicine and Surgery and specialized in Diabetology and Metabolic Diseases at the Università Cattolica del Sacro Cuore, Roma and obtained a Msc and then a PhD in Nutrition at Aberdeen University.

DR JUSTIN ECHOUFFO-TCHUEGUI

Special Interest Group on IGT, John Hopkins



Justin Basile Echouffo Tchuegui is a MD and also holds a PhD in Epidemiology. He is currently working towards a Masters in Clinical Investigation degree as part of the training program. His research focuses on evaluating the natural history of obesity sub-phenotypes and assessing their prognosis, as well as on describing the correlates and prognosis of cortisol levels among whites and blacks. He has completed four conference presentations and has attended several workshops throughout his time on the training grant. He received the Early Career Investigator Award from the EPI/Lifestyle council of the American Heart Association.

DR JAQUELINE BOWMAN

OPEN Obesity Platform



Ms Jacqueline Bowman-Busato is EU Policy Lead at EASO (European Association for the Study of Obesity) in Brussels. She has worked in the Brussels environment for the since 1996 towards transforming health ecosystems from policy to reality. A pioneer of multi-stakeholder coalition building for societal impact, Jacqueline has previously worked for an MEP, run the expert secretariat of a European Parliamentarian Interest Group, Headed up the Brussels office of a global NGO, transformed a patient-led Platform into an equally-weighted multi-stakeholder Think Tank for Patients, Science and Industry.

She strongly believes in empowering all actors to be effective and engaged in optimising health ecosystems for health outcomes relevant to all actors across sectors through evidence-based policies.

She lives with two major complex chronic diseases of autoimmune hashimotos and obesity: both of which affect physical and mental health and wellbeing. Jacqueline holds degrees in English Law, French Law, Strategic Communications and an MBA. She's a Guyanese born dual British-Belgian national, speaks fluent French and has a very good passive understanding of Dutch.

MR TRAVIS FRANS

IDF Young Leader in Diabetes living with type 2 diabetes



Travis is twenty-four-year-old and lives with type two diabetes. He is music educator from East London South Africa. Being diagnosed at the age of 19 in university he had to figure things on his own by constructing a holistic approach to a healthy lifestyle and educating himself about type 2 diabetes.

He volunteers where he can within his association in East London but mostly an advocate for type two diabetes by using social media such as Facebook to bring awareness, educate and share the approach he has taken to reach his goal. He currently has a channel on Facebook as part of his YLD project called T2D Stay Woke on Facebook, series of episodes that includes information about diabetes, eating habits, regularly exercise tips and guests that has any relation to diabetes.

His goal was to life a holistic healthy lifestyle and not depend on medication to regulate his blood glucose levels and has achieved it within 2 years.

DR ERUM GHAFOR

IDF Blue Circle Voice member living with type 2 diabetes



CDE and Public Health Specialist. Living with diabetes and working as Consultant DE with Baqai Institute of Diabetology & Endocrinology (BIDE), IDF Center of Excellence and tertiary Diabetes care center in Pakistan.

Erum served as a faculty in IDF Young Leaders in Diabetes program and works as a global diabetes advocate.

She is from Pakistan, where 26.3% of the population over the age of 20 has type 2 diabetes. Interested in a a pragmatic approach to tackle the diabetes epidemic.