

Arnilda Përlica

I am from Albania. I was diagnosed with Type 1 Diabetes in 2019. I am currently studying Finance & Accounting. Being part of Yourah makes me feel valued. This participation allows me to share my experiences as a person with diabetes and to interact with many people internationally. We can profit a lot together by sharing the same problems but with different ways of solving them, challenges, fears but also small achievements and future projects. To me, young people with diabetes are both agents and advocates of their own development, they are also the hope that never gives up.

