

Clara Houzelot

My name is Clara Houzelot, I am a French woman and I chose to dedicate my life to making the world a better place. I was diagnosed with Type 1 diabetes at the age of 22 in December 2016, while finishing my Master in Political Science. I joined YOURAH after participating in the Youth Leadership Camp organized by IDF Europe because I believe that this supportive and active community is the place to gather our strengths and act for people with diabetes all over the world.

