

Karolina Pakai

I'm 29 years old and I'm from Hungary. I have had diabetes since I was 14. I remember it was a difficult time for me. When everyone else was busy studying and figuring out what to do with their life, I had to learn again how to live my life. This is why I think the diabetes organizations have a huge role to play and have a big effect on how kids can cope with this new situation. Since, I have been a member of the Diabetes Federation of my hometown, Szeged. We are a big team of mostly volunteers, who do everything so the kids can make memories for a lifetime. I will always be grateful for this team because they showed me I'm not alone in this and even with diabetes I'm capable of doing anything I want!

