



## Mathilde Natlandsmyr

I am finishing my bachelor's degree in Classical Music and I will start my master's degree in Autumn 2019. When I'm not practicing the viola or playing concerts I like to travel, exercise, go for hikes, or volunteer at the Norwegian Diabetes Association. I've had diabetes since I was 6 years old, which means that I have been through a lot, but I still like to see the positive side of things, and one of those is most definitely the diabetes community. I am the elected national leader of Ungdiabetes (the youth part of the Norwegian Diabetes Association), so I get to meet a lot of people living with diabetes in Norway. As a part of the YLD network, I get to know the international diabetes community and what it is like to live with diabetes in a different country.

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