

Zarina Bikmullina

I'm studying Ecology in Moscow State University and my pipe dream is related to my major and lifestyle - I'm an insulin pump user, and I would like to make the consumables recyclable. However, my interests are not only environmental. I enjoy writing poems and novels, singing and video editing. In my view, YOURAH plays a great role in uniting youths living with diabetes. First, YOURAH is a community that makes you feel like you are not alone. Second, YOURAH is focused on awareness. This is no less important than medical treatment, as this information can help us to control our diabetes.

