



Elena Vakali

I live in Athens, Greece. I have been living with Type 1 diabetes for 17 years. I studied at the Medical School of Athens where I also worked as a volunteer to raise awareness about diabetes. When I finished my studies, I worked at a pharmaceutical company as a doctor in charge of educating pharmacists about diabetes. While subsequently working as a general practitioner, I formed a group of people living with Type 1 diabetes with the aim of educating them. Two years later, I worked as an internal medicine doctor in the Hellenic Red Cross Hospital. During that time, I became very involved with the Panhellenic Federation of People with Diabetes. I participated in the YLC 2019, which inspired me to make things better for people living with diabetes globally. I believe that as part of the YOURAH Steering Committee, I can create projects and events that can really make a difference in the lives of people living with diabetes.
