



Kids and Diabetes in Schools:

Advocating to bring diabetes education and prevention to schools

A webinar by the International Diabetes Federation

October 5 at 13:00 and 18:00 CEST

Introduction

Mr João Nabais, IDF Vice-President

- Welcome to the webinar
- The importance of youth-related activities and the KiDS project for IDF

Setting the scene

Ms Ines Jakopanec and Ms Andrea Rodríguez, YLD members from Croatia and Mexico

- Diabetes prevention and education in schools of their countries
- Need for government policies to address existing gaps: the potential of KiDS

Mr João Nabais, IDF Vice-President

Introduction to the IDF KiDS project and its Advocacy Toolkit

Advocating for better diabetes education and prevention in schools: the 9 steps of the KiDS Advocacy Toolkit

Moderated by Beatriz Yáñez Jimenez and Bruno Helman, IDF executive office

Ms Sarah Biyinzika, YLD member

- Identifying gaps in education and prevention in schools
- Setting the advocacy goal

Mr Bruno Carrattini, YLD member

- Building advocacy partnerships
- Identifying the target audience
- Setting SMART objectives

Ms Renza Scibilia, BCV member

- Creating and tailoring advocacy messages
- Selecting messengers

Ms Nupur Lalvani, BCV member

- Planning advocacy activities
- Measuring and reporting advocacy results

Live Q&A, moderated by Prof João Nabais

Closing

Mr João Nabais, IDF Vice-President

Thanks and closing remarks

This webinar is supported by Sanofi



Partners of the Kids Project:



SPEAKER BIOS

MR JOÃO NABAIS

IDF Vice-President (Portugal)



João Manuel Valente Nabais holds a PhD in Chemistry from the University of Evora, where he works as Assistant Professor.

Diagnosed with type 1 diabetes in 1981, João has been actively involved in the field of diabetes through his work for the [APDP](#) and [International Diabetes Federation](#).

In 2008, João joined the Board of [IDF Europe](#), to work on EU political affairs, and served as President (2012-2015). Currently, he is Vice-President of the International Diabetes Federation.

MS INES JAKOPANEC

IDF Young Leader in Diabetes (Croatia)



Ines Jakopanec is a Young Leader in Diabetes Trainee from Croatia and YLD Regional representative-elect for Europe. She is an architect and graphic designer living with type 1 diabetes since she was 12 years old. As a former athlete, she has been engaged in activities around using sports to promote inclusion of youth with diabetes.

She has been an active advocate for the Zagreb Diabetes Association, volunteering both in Croatia and Europe. In partnership with Erasmus+ and IDF Europe, she is leading the [Sports&Diabetes](#) project, through which she has brought together five sports clubs from Europe to develop a handbook to encourage the safe practice of sports.

Ines is a KiDS project enthusiast and has been using its resources to organize online workshops for kids and youth living with diabetes and their parents during the COVID-19 pandemic.

MS ANDREA RODRÍGUEZ NOVELO

IDF Young Leader in Diabetes (Mexico)



Andrea Rodríguez Novelo is a Young Leader in Diabetes Trainee from Mexico. She is an interior design student captivated by art, creativity, and her community. When she was diagnosed with type 1 diabetes at age of 11, she challenged with misinformation, stigma, and lack of people advocating for positive diabetes change in Mexico.

As a volunteer with the Diabetes Association of Southeast Mexico and the Mexican Diabetes Federation, she has been able to collaborate in various activities to raise T1D awareness in her community. She also provides information about diabetes and supports people through her social networks under the name of "[Andy in blue](#)", where she talks about her life with type 1 diabetes in a "humane" and honest way.

She currently has a project on Facebook and Instagram called "[Diabetes through art](#)", a virtual gallery and platform, dedicated to the diabetes community, to discover creative ways to express their vision of the world, or emotions related to diabetes, while promoting human understanding and respect alongside diabetes education.

MS SARAH BIYINZIKA

IDF Young Leader in Diabetes (Uganda)



Sarah Biyinzika is a Young Leader in Diabetes Trainee from Uganda. She has been living with type 1 diabetes for the last 14 years.

She is affiliated to the Africa Diabetes Alliance and Uganda Diabetes Association.

Sarah writes for the [Uganda Diabetes Association's blog](#), sharing her struggles, triumphs and the various diabetes activities that she is a part of.

MR BRUNO CARRATTINI

IDF Young Leader in Diabetes (Uruguay)



Bruno Carrattini is a Young Leader in Diabetes Alumni from Uruguay. He is a certified nutritionist specialized on diabetes with a master's degree in Global Health and Population Nutrition.

Bruno represents the [Asociación de Diabéticos de Uruguay](#) as an advocate, and is a board member of the Uruguayan Society of Diabetes and Nutrition. He has been living with type 1 diabetes for 15 years and has participated in numerous international forums on NCDs and youth involvement, and on diabetes research conferences.

MS NUPUR LALVANI

IDF Blue Circle Voice (India)



Nupur Lalvani is a Blue Circle Voices member from India. She has been living with type 1 diabetes for the last 26 years.

As a global health advocate, Nupur founded and directs the [Blue Circle Diabetes Foundation](#), a non-profit organization and the largest support group for people living with all types of diabetes in India. She is also a Certified Diabetes Educator, Certified Insulin Pump Trainer, writer, coach and motivational speaker who has been a panellist and speaker at events organised by the WHO, NCD Alliance and regional and national organisations. She is also an Advisory Group member at the Action for Global Health UK and the Civil Society Engagement Mechanism for

UHC2030.

Nupur runs marathons and ultra-marathons and she successfully led India's first type 1 diabetes team at the 100 km Oxfam Trailwalker. She also enjoys Mixed Martial Arts and is a strong advocate for women's health and empowerment.

MS RENZA SCIBILIA

IDF Blue Circle Voice (Australia)



Renza Scibilia is a Blue Circle Voices member from Australia. She has been living with type 1 diabetes since 1998.

She is a diabetes advocate and activist, and is the Program Manager for Type 1 Diabetes and Communities at [Diabetes Australia](#). She has worked for diabetes organisations for the last nineteen years, promoting a person-centred approach to the development, design and delivery of diabetes technologies, services, resources and education programs.

Renza has extensive experience as a consultant, facilitator, presenter and media spokesperson and is frequently invited to speak at conferences where she speaks about topics including peer support in diabetes management, diabetes technology, and why language matters in diabetes and healthcare.

Renza is well-known in the diabetes online community, and is well-versed in social media, its use and impact on people with chronic health conditions and application in peer support. She is the author of [Diabetogenic](#), and a regular contributor to many online and print health publications.