

Increasing youth participation in sport

Name: Sports & Diabetes

Duration: 2020-2022

Funded by: Erasmus+



Background & Objectives

Children, teenagers and young adults often stop practicing sport after they are diagnosed with diabetes.

Parents, teachers and coaches sometimes lack the necessary knowledge, training and/or confidence to ensure that children and youths with diabetes can participate in all sporting activities safely and to their optimal performance.

The projects aims to:

- Understand the reasons behind the lack of participation in sport of children and youths living with diabetes
- Raise awareness and address children/youths, parents and coaches' concerns and challenges about practicing sport when living with diabetes

IDF Europe's Role

- ✓ Representing the voice of people living with diabetes
- ✓ Providing diabetes and project research expertise & liaising with experts
- ✓ Assisting in the design and analysis of the survey and drafting/review of the publication.
- ✓ Integrating our YOURAH network at all stages of the project
- ✓ Disseminating news on project and project outcomes

Deliverables

 A **survey** to understand the reasons why children and young people stop participating in sports after diagnosis.

 A **publication** on the inclusion of children and youths living with diabetes in sports, addressed at parents and relatives, carers, coaches and gym teachers.

 A series of **seminars and workshops** that will apply the learnings of the survey and the publication.

 A **sports camp for children** to put these learnings into practice.

 A **communications campaign** to promote the rights of all children with diabetes to participate in sports, and disseminate the outcomes of the study

Expected Impact

Promote the inclusion of children and young people living with diabetes in all sporting activities and increase awareness and knowledge of diabetes among the general public as well as in schools and sports clubs.

Project partners



For more information, please visit the project website: <https://sportsanddiabetes.eu/> or contact us: idfeurope@idf-europe.org