

## **IDF EUROPE BOARD OF DIRECTORS YOUTH REPRESENTATIVE**

**To reflect the strong engagement of the youth voice in IDF Europe's strategy and to acknowledge the importance of their contribution to the current and future development of IDF Europe, the Regional Council approved, on 13 October 2024 at the Regional Council held in Rome, the position of a Youth Representative on the Board, as of the next term starting in April 2025.**

**The overarching eligibility criteria, as per IDF Europe's Articles of Association, art. 16 and Standard Operating Procedures, Art. 8, are aligned with those of the IDF Europe Board of Directors. The specific skills and eligibility criteria are:**

**A. Overarching criteria applicable to all categories:**

1. All candidates must have a demonstrated and well-established interest in diabetes at a professional and/or a personal level, with solid evidence of sustained engagement with diabetes activism in their country.
2. All candidates must be able to demonstrate the ability and commitment to make time available for their Board duties, i.e. at least three (3) full weekends per year for in person meetings and at least three (3) days per month for participation in virtual meetings and the review and preparation of materials. In addition, the candidate should confirm access to adequate broadband coverage to take part in virtual meetings.
3. All candidates must demonstrate reasonable level of European engagement on diabetes and a well-established international network.

**B. Skills:**

Candidates wishing to stand for the Youth Representative position on the IDF Europe Board should, in addition to the overarching criteria, demonstrate that they can fulfill the skills required of a Regional Board Director:

- Leadership;
- High level influencing skills including media skills;
- Experience of not-for-profit organisations and youth engagement;
- Strong networker with a high profile to develop and maintain relationships to benefit IDF and IDF European Regions, with a focus on youth collaboration;
- Tact and diplomacy, good interpersonal skills;
- Impartiality, fairness and the ability to respect confidences.

**C. Eligibility criteria:**

- To be between 18 and 30 years of age
- To have a strong interest in raising the voice of the youth diabetes community;
- To understand the purpose and work of IDF, the IDF European Region and the YOURAH programme;
- To demonstrate an interest in furthering the purposes of the IDF European Region and the YOURAH programme;
- To be nominated by an IDF Europe member and share support letters from at least two [YOURAH members](#);
- To speak their mind and to be able to work effectively as a member of a team;
- To abide by the principles of selflessness, integrity, accountability, openness, honesty, and cultural sensibility;
- To demonstrate ethical and professional practice;
- To show knowledge and understanding of equality and diversity and of issues affecting disadvantaged communities;
- To have the ability to communicate in English;
- A Regional Board Director shall not be an employee of IDF or of IDF European Region or one of its Members, or an executive or non-executive director or employee of one of IDF or IDF European Region's major corporate partners.