



LOOKING BACK ON THE IDF EUROPE YOUTH LEADERSHIP CAMP 2016

A very successful 6th edition of IDF Europe Youth Leadership Camp took place between 11-17 July in Agros, Cyprus, hosted by the Cyprus Diabetic Association. We welcomed 23 young advocates from as many European countries to share their personal and country-specific experiences in diabetes management, care, and advocacy.

The youth advocates began their week-long adventure with a team-building session on the evening of Monday 11. The following days saw them engaged in a combination of physical activities, interactive presentations by faculty and the youth advocates themselves, which were all very well-received. Themes such as diabetes and physical activity, advocacy and mobilization for policy change, communication, project management, as well as a panel session on working with industry sparked lively and constructive discussions. Participants also had the opportunity to learn more about IDF Europe and how they can get more engaged with our work.

The 23 youth advocates deepened their bond during social events such as hikes and an afternoon excursion, which were kindly provided by the Cyprus Tourism Board. With the relationship built during the Leadership Camp, the youth advocates will not only stay in touch with one another in the future, but they will also continue to share information and explore further collaboration opportunities on diabetes advocacy across Europe.

Feedback by the youth advocates confirmed the positive outcomes of this unique experience

"I learned about a totally new world that is much bigger than the 'diabetes world' back home. I loved the opportunity to meet these awesome people from all around Europe to discuss ideas, experiences and diabetes in general. " Robin, Sweden

"Opportunity of a lifetime! Learn, share, enjoy. " Lauren, The Netherlands

"Even a small voice can cause an echo, a single drop of water a ripple. All you need is the willpower and help from your peers and IDF Europe offers exactly that. " Pedro, Portugal



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"It was a great experience, sharing inspiration, making new friends, learning new information. I fully recommend the IDF Europe Youth Leadership Camp to others because it is a great experience and a win-win project." Iulia, Romania

The IDF Europe Youth Leadership Camp event would not have been possible without the generous sponsorship from Lilly, FEND, Medtronic, Roche and the close collaboration with the Cyprus Diabetic Association.

IDF Europe and all participants would like to thank once again everyone who made possible this once-in-a-lifetime experience!

See you in 2017!

With thanks to

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