# Diabetes and well-being: more than access to care

IDF side event at the 77th WHA

Geneva | Online

28 May 2024 18:00-20:00 CEST







### WELCOME



**PROF AKHTAR HUSSAIN** 

**IDF** President

Bangladesh/Norway



@IntDiabetesFed



### **WELCOME STATEMENT**



DR TEDROS ADHANOM GHEBREYESUS

WHO Director General

Ethiopia



### MINISTERIAL PANEL







### STATEMENT FROM MAURITIUS



HONOURABLE KAILESH KUMAR SINGH JAGUTPAL

Minister of Health and Wellness

Mauritius



### STATEMENT FROM QATAR



DR MOHAMMED AL-THANI

Director of NCD Prevention Programmes, Ministry of Public Health

Qatar



### STATEMENT FROM CHILE



DR SOLEDAD MARTÍNEZ GUTIERREZ

Head of the Division of Disease Prevention and Control, Ministry of Health *Chile* 



### **STATEMENT FROM WHO**



**DR BIANCA HEMMINGSEN**Medical Officer, NCD Department *WHO* 





HON KAILESH KUMAR SINGH JAGUTPAL

Minister of Health and Wellness

Mauritius



DR MOHAMMED AL THANI

Director of NCD Prevention Programmes,
Ministry of Public Health

Qatar



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Head of the Division of Disease
Prevention and Control, Ministry of Health

Chile



DR BIANCA HEMMINGSEN

Medical Officer, NCD Department

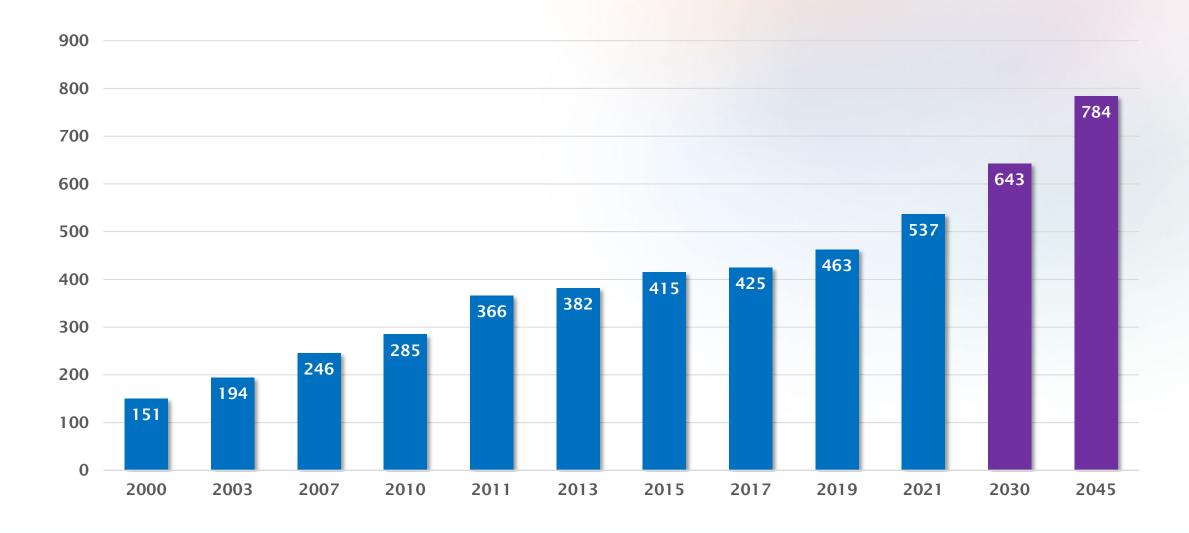
WHO

### **DIABETES AND WELL-BEING:**

THE FOCUS OF THE 2024-2026
WORLD DIABETES DAY
CAMPAIGN



### THE INCREASING GLOBAL IMPACT OF DIABETES



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South-East Asia (SEA)

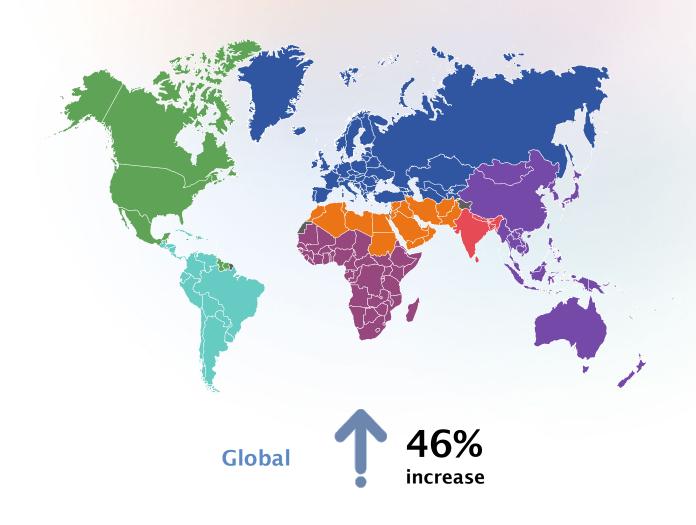


Middle East & North Africa (MENA)



Africa (AFR)







# Anorexia, bulemia and binge-eating disorder are more common in people living with diabetes than in the general population.



**Dementia** is emerging as a major cause of mortality in the general

population. Strong evidence suggests diabetes doubles the

risk of Alzheimer's disease and vascular dementia.



People living with diabetes are 2 to 3 times more likely to have

depression.



### People living with diabetes and depressive disorders

are at 50% higher mortality risk than people with diabetes

and no history of depression.



Individuals with higher levels of diabetes distress were found

to have a 1.8-fold higher mortality rate, a similar

increased risk of cardiovascular disease and lower quality of

life.



Considerable evidence suggests diabetes is associated **With** 

suicide ideation and attempts. The risk of suicide

death is 1.6 – 3.6 times greater than in the general

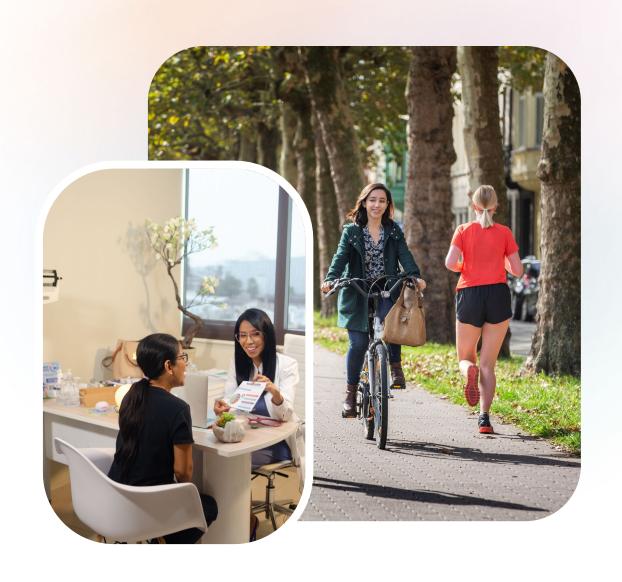
population.

### WORLD DIABETES DAY 2024-26

Diabetes & Well-being

### **CAMPAIGN GOAL**

Put well-being at the heart of diabetes care



### **THREE-YEAR FOCUS AREAS**

2024

**Awareness** 

Ensure the impact of diabetes on well-being is understood

2

2025

**Impact** 

Mobilise audiences to put well-being at the heart of diabetes care

3

2026

Change

Build on year 1 and 2 to ensure a lasting legacy in healthcare policy.

### **2024: RAISING AWARENESS**

Demonstrate the impact of diabetes on well-being to a global audience.

Highlight the lived experiences of people living with diabetes and their caregivers.



### **TARGET AUDIENCES**

People living with diabetes & their caregivers

Share their stories and ask for support with their well-being.

**Healthcare professionals** 

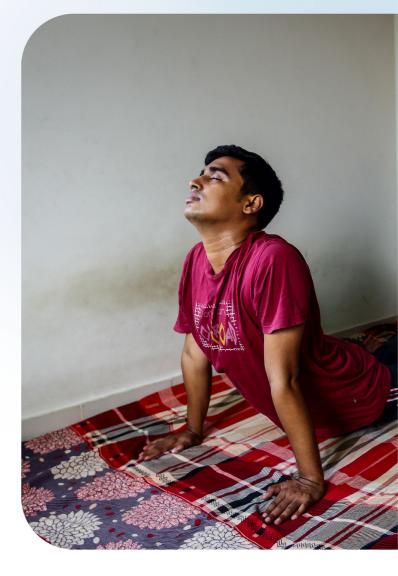
Adopt people-centric care that supports the well-being of people with diabetes.

**Policymakers** 

Made aware of the connection between diabetes and well-being and change policy as required.

### **DISCUSSION PANEL**









DR JACKIE MAALOUF President of DiaLeb and IDF Vice-President

@JackieMaalouf

DR MARK BARONE

@ForumDCNTs



MR BENT LAUTRUP-NIELSEN Head of Global Advocacy, World Diabetes Foundation @WorldDiabetesF



Founder and General Manager of Intersectoral Forum of NCDs in Brazil and former IDF Vice-President



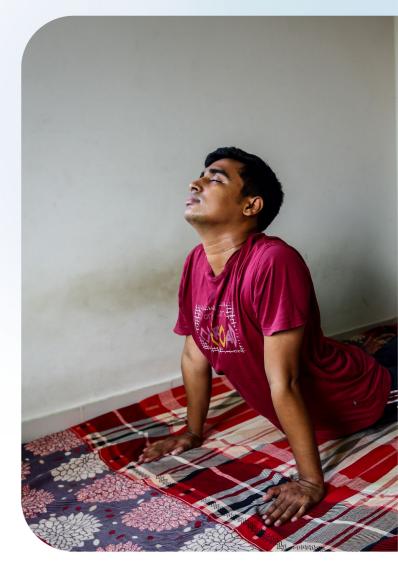
Government Engagement and Policy Manager, Access to Medicine Foundation

**MS SADHAVI CHAUHAN** 



### **CLOSING REMARKS**





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Effective partnerships among all stakeholders are necessary to break through the barriers to well-being.

A JOINT RESPONSIBILITY
WE CANNOT DENY



## Shape the future of diabetes



### **IDF World Diabetes Congress**

Bangkok, Thailand, 7 – 10 April 2025

#### Why attend

- 10 programme streams
- 130 hours of scientific sessions
- 250 international speakers

### **Key dates**

- 1 Apr 2024 Registration opens
- 15 Jul 15 Sep 2024 Abstract submissions
- 31 Oct 2024 Early rate deadline



### **THANK YOU!**



















