

## “Diabetes and well-being: more than access to care”

An International Diabetes Federation event

28 May 2024, 18:00-20:00 CET

Welcome statements	
5'	<ul style="list-style-type: none"> <li>• <b>Prof Akhtar Hussain, IDF President.</b></li> <li>• <b>Dr Tedros Adhanom Ghebreyesus.</b> WHO Director General (video message).</li> </ul>
Ministerial panel – moderated by Prof Hussain	
20'	<p><b>Initial interventions from the panellists:</b></p> <ul style="list-style-type: none"> <li>• <b>Hon Kailesh Kumar Singh Jagutpal, Minister of Health and Wellness of Mauritius.</b> National policies to promote well-being.</li> <li>• <b>Dr Mohammed Al-Thani, Director of NCD Prevention Programmes, Ministry of Public Health of Qatar.</b> National policies to promote physical activity.</li> <li>• <b>Dr Soledad Martínez, Head of the Disease Prevention and Control Division, Ministry of Health of Chile.</b> National policies to promote healthy eating habits.</li> <li>• <b>Dr Bianca Hemmingsen. Medical Officer. WHO NCD Department.</b> The potential of the Global Diabetes Compact to support the well-being of people living with diabetes.</li> </ul>
25'	<b>Discussion panel and Q&amp;A with the Geneva audience</b>
World Diabetes Day campaign 2024-2026: Diabetes and Well-being	
5'	<ul style="list-style-type: none"> <li>• <b>Prof Akhtar Hussain, IDF President</b> – Diabetes and Well-being – the focus of the 2024-2026 World Diabetes Day campaign.</li> </ul>
Discussion panel – moderated by Prof Hussain	
15'	<p><b>Initial interventions from the panellists:</b></p> <ul style="list-style-type: none"> <li>• <b>Dr Jackie Maalouf. President of DiaLeb and IDF Vice-President.</b> Enhancing well-being for individuals with diabetes and NCDs: the contribution of diabetes associations and communities.</li> <li>• <b>Mr Bent Lautrup-Nielsen. Head of Global Advocacy, World Diabetes Foundation.</b> The role of philanthropic organisations in improving the well-being of people living with diabetes and other NCDs.</li> <li>• <b>Dr Mark Barone. Intersectoral Forum of NCDs in Brazil and former IDF Vice-President.</b> Enhancing well-being for individuals with diabetes and NCDs: the contribution of diabetes associations and communities.</li> <li>• <b>Ms Sadhavi Chauhan, Policy Lead, Access to Medicine Foundation.</b> Access to diabetes care and well-being.</li> </ul>
25'	<b>Discussion panel moderated by TBC</b>
15'	<b>Q&amp;A with Geneva and online audience</b>
Closing	
5'	<p><b>Prof Akhtar Hussain, IDF President</b> Closing remarks</p>

## HOST'S BIOGRAPHY

### **PROF AKHTAR HUSSAIN (@IntDiabetesFed)**

IDF President



Prof. Akhtar Hussain is President of the International Diabetes Federation. He previously served on the IDF Board as a Vice President (2013-2017) and President-Elect (2020-22). Prof. Hussain has over 25 years of experience in diabetes research and education. He is currently a professor at NORD University in Norway and holds guest professorships in Brazil and Bangladesh. Originally from Bangladesh, he pursued post-graduate and doctoral studies in the US and Norway. He has held senior cancer research and epidemiology positions and served as a Professor of Medicine in Global Health from 2006-2017. In recognition of his contribution to diabetes, he received the Bangladesh National Award in Diabetes in 2011 and 2012.

Prof. Hussain has contributed to global diabetes research, initiating prevention programs in Bangladesh and Pakistan. A life member of the Diabetes Associations in Bangladesh and Norway, he served on the latter's Medical Advisory Board for six years. As editor of multiple scientific journals, Prof. Hussain has published 200+ peer-reviewed articles, several book chapters, and numerous COVID-19 and diabetes articles, including a top 10 global piece.

## SPEAKERS BIOGRAPHIES

### **HONOURABLE KAILESH KUMAR SINGH JAGUTPAL**

Minister of Health and Wellness of Mauritius



- Joined Ministry of Health and Quality of Life as Medical and Health Officer in 1997.
- Consultant Psychiatrist at Jawaharlal Nehru Hospital.
- Chairman of Medical Council for Mauritius from February 2016 to May 2019.
- In charge of Rehabilitation Alcoholic Ward at Mahebourh Hospital until August 2019.
- Lecturer in Mental Health at the Open University Mauritius.
- Worked with NGOs engaged in drug awareness campaigns.

### **DR MOHAMMED AL-THANI**

Director of NCD Prevention Programmes, Ministry of Public Health of Qatar



Dedication, expertise, and commitment are the hallmarks that define Sheikh Dr. Mohamed Bin Hamad Al Thani. As the Director of the Department of NCDs Preventive Programs at the Ministry of Public Health, his visionary leadership has shaped Qatar's preventive health landscape, leaving an indelible mark on the nation's well-being.

An Associate Professor of Clinical Healthcare Policy and Research at Weill Cornell Medical College and Qatar University, Dr. Al Thani's journey is a testament to the

pursuit of excellence, His academic prowess was honed at Cairo University, where has graduated from the Faculty of Medicine in 1998, A steadfast thirst for knowledge led him to complete a fellowship in the Arab Board Program in Community Medicine In 2006, followed by a prestigious Fellowship from the Faculty of Public Health in London in 2010.

Elevating his prowess beyond medicine, Dr. Al Thani obtained a Master's in Business Administration in 2014 from HEC Paris, a testament to his multifaceted approach to public health and healthcare leadership.

Over the past decade, Dr. Al Thani has spearheaded clinical research studies, advocating for ethical and safe practices. His pursuit of an integrated approach to health prevention and promotion has resulted in the publication of over 60 articles in esteemed journals, including the Lancet Global Health, BMJ, and BMJ Public Health, among others. His visionary impact reverberates beyond academia. Dr. Al Thani played a pivotal role in the formulation of Qatar's Public Health Strategy 2017-2022 and contributed significantly to the National Health Strategy 2018-2022. He has demonstrated exceptional leadership by heading national committees that facilitate Qatar's transformation from curative healthcare to a robust preventive health governance system.

Sheikh Dr. Mohamed Bin Hamad Al Thani's legacy is marked by empowerment and innovation. His tireless efforts have not only elevated the realm of preventive health but have also enhanced the well-being of the nation. With each endeavor, he exemplifies that leadership and excellence are not mere aspirations but a way of life, inspiring others to tread the path of visionary impact.

## **DR SOLEDAD MARTÍNEZ**

Head of the Disease Prevention and Control Division, Ministry of Health of Chile.



Dr. Martinez-Gutierrez MPH PhD is an Assistant Professor at the University of Chile, School of Public Health. Her main work has focused on Primary Health Care Policy in Latin America and the Caribbean Region. She has also worked in Chile's public health sector and in 2022 she was appointed as Head of the Primary Care Division at the Ministry of Health.

In 2023 she was appointed as Head of the Division of Disease Control and Prevention where she oversees 9 departments that include HIV, Immunizations, Mental Health, Oral Health, Life Course, Rehabilitation and disability, Communicable Diseases, Non-Communicable Diseases and Cancer.

## **DR BIANCA HEMMINGSEN**

Medical Officer, WHO NCD Department



Dr Bianca Hemmingsen, MD is the Medical Officer in the World Health Organization working with diabetes in the Department of Non-Communicable Diseases based in Geneva, Switzerland. She took up the post in November 2020. Dr Hemmingsen has previously worked as endocrinologist at Copenhagen University Hospital, Denmark and been a part of the editorial team of the Cochrane Metabolic and Endocrine Disorder Group, Düsseldorf, Germany. Dr Hemmingsen has participated in several research projects and PhD focusing on cardiovascular disease in people with intermediate hyperglycaemia and diabetes.

## **DR JACKIE MAALOUF**

President of DiaLeb and IDF Vice-President



Dr Jackie Maalouf is the Founder and President of Dialeb- The National Diabetes Organization, a leading diabetes organization in Lebanon which she founded with her daughter Sylvie living with type 1 diabetes in 2010 and has been the president since.

Dr Maalouf is a Vice President at the International Diabetes Federation. She sits on the global board of IDF for the term 2022-2025. She has been the coordinator for the youth committee at IDF-MENA for 3 years now. She currently serves on 4 committees on the global board and is a member of 2 committees at the MENA level.

She is a certified diabetes educator and have made it her mission in life to advocate for those living with diabetes and delivers educational and motivational talks. She holds a Ph.D. in Public Relations & Communications from the University of Corllins in Virginia, USA.

She has over 13 years of experience in leading Dialeb's awareness campaigns and activities across Lebanon. She has earned several certifications related to diabetes, nutrition, sports, public health... She has participated as a speaker at many local, regional, and international diabetes conferences speaking in different languages as she fluently speaks English, Spanish, Arabic and French and is proficient in Italian and Portuguese.

Dr Maalouf believes in the power of education and has organized several educational courses to HCPs, she has collaborated with the Lebanese Ministry of Public Health MOPH and with the Ministry of Social affairs MOSA. She is passionate about sustainability and achieving the Sustainable Development Goals SDGs.

Dr Maalouf taught at the American University in Beirut (AUB) and the American University of Culture and Education (AUCE) and continues to offer training sessions in different topics. Dr Maalouf has been an active board member of the Lebanese American Renaissance Partnership LARP since 2014, she serves also on the board of few other local, regional and global organizations. Her book appearances include: « The 100 » most influential Lebanese figures around the globe published in 2017 and « Women pioneers in Lebanon and the Arab region » published in 2010.

## **MR BENT LAUTRUP-NIELSEN**

Head of Global Advocacy, World Diabetes Foundation



Bent Lautrup-Nielsen is Head of Global Advocacy at World Diabetes Foundation (WDF). Over the past decade, he has developed some of WDF's largest national NCD response partnerships and he leads WDF's global collaboration with the WHO and other international agencies.

Prior to joining WDF, he was based in East Africa with the UN system and involved in humanitarian operations.

## **DR MARK BARONE**

Founder and General Manager of Intersectoral Forum of NCDs in Brazil, former IDF Vice-President



Dr Mark Barone, living with type 1 diabetes and celiac disease for 33 years, holds a PhD in Human Physiology and two post-graduate diplomas in Diabetes Education and Communication. With over 25 years of experience in public and global health, he has worked with various organizations to develop programs that improve care access and empower individuals with Non-Communicable Conditions (NCCs). He joined ADJ Diabetes Brasil in the early 2000s, contributing to movements that led to comprehensive diabetes care in Brazil's public health system. In 2017, he co-founded the Intersectoral Forum of NCCs/NCDs in Brazil (ForumCCNTs), which now includes over 200 public, private and not-for-profit institutions partnering to improve health quality and reduce premature deaths due to NCCs (SDG 3.4). He has collaborated with the WHO's GCM/NCD on its framework for the meaningful engagement of people with lived experience (PWLE / PLWNCD).

From 2020 to 2022, he served as the Vice-President of the International Diabetes Federation (IDF). Currently, he is a member of several advisory and scientific committees of various institutions, including: IAPO, BMJ Patient Panel, RICPHI, NCD-Lab/GCM/WHO and LFAC.

## **MS SADHAVI CHAUHAN**

Government Engagement and Policy Manager, Access to Medicine Foundation.



Sadhavi Chauhan is the Government Engagement and Policy Manager at the Access to Medicine Foundation. She is responsible for dissemination of the Foundation's research findings to a diverse range of stakeholders and identifying strategic opportunities for collaboration and change-making. Sadhavi also manages the Foundation's development strategy and its fundraising activities.

Sadhavi has over 12 years of experience as a non-profit professional. She has gained extensive experience in programme management, government and stakeholder relations, public policy, and fundraising in various global settings including in both high income countries and low- and middle-income countries, such as India, USA and Trinidad and Tobago. Prior to joining the Foundation, Sadhavi gained valuable experience working within the global health and access space as a Project Manager for PEPFAR with the national government in Trinidad and Tobago.