Every person with diabetes should be helped to live their normal span of life in perfect health

Prof. M Viswanathan (Our founder and doyen in the field of diabetes)

Dr. Vijay Viswanathan
MD, Ph.D, FRCP (London), FRCP (Glasgow)
Head & Chief Diabetologist
M.V. Hospital for Diabetes (P) Ltd

MV Hospital for Diabetes (P) Ltd. makes every effort to be a destination of choice for people with diabetes and is committed to provide advanced diabetes support that is caring, accountable and reliable.

Total Diabetes Care Under One Roof
- Special Focus on Amputation Prevention with state-of-the-art facilities
- Unique Departments: Advanced Diabetes Care, Healthy Sleep Clinic, Stress Clinic, Yoga Therapy, Pain Clinic and Memory Clinic, Traditional Ayurvedic Massage & more
- Nutrition Counselling, Education & Training
- Designer Diabetic Footwear manufactured in MVH under research collaboration with Central Leather Research Institute Adyar and Central Footwear Technical Institute, Guindy Chennai
- Books on Diabetes Management, Newsletters and Magazines

4, WEST MADHA CHURCH ROAD, ROYAPURAM, CHENNAI 600 013, INDIA
E-mail us at appointments@mddiabetes.com • Visit us at www.mvdiabetes.com
About Us

Established in 1954 as a General Nursing Home, the centre became a Diabetes Speciality Hospital and was renamed as MV Hospital for Diabetes in 1971. In 1972 the Diabetes Research Centre was inaugurated and by 1974 it was recognized by the Indian Council of Medical Research as a Centre for Advanced Medical Research. In 2010 it was renamed the Prof. M Viswanathan Diabetes Research Centre. Our diabetes interventions are backed by research done here.

Today, this 100 bed institution is regarded as one of the best centres for diabetes management and research and caters to patients from across the country as well as people from neighbouring countries.

The hospital is recognised by several public sector undertakings and corporations and large private sector companies for the purpose of treating their executives and employees.

All Our Services

In Patient Department is open 24X7
For Appointments please call: 93 44396997, 93 80814247, 98 41516318
HELPLINE : 1800 425 0005

In-Patient Department

A 100-bed facility with the choice of wards, deluxe and super deluxe rooms and private suites; Emergency Room and ICU
Diabetes Care


Safe, hygienic blood collection and state-of-the-art equipment for specialized analytical facilities for all biochemical investigations such as blood glucose, kidney and liver function tests, electrolytes, hormone tests and lipid profiles.

Our most recent addition

The Advanced Diabetes Care Centre

The new facilities include
A Healthy blood vessel clinic
A blood less sugar testing clinic
Nerve clinic
Pain clinic
Clinic for children with Diabetes
Men’s wellness clinic
Women’s wellness clinic
Diashoppe with all Diabetes supplies
These clinics are looked after by experts in that field.
We don’t wait for complications

Routine Complications Evaluation

Diabetes heart evaluation
Diabetic eye care
Kidney care
Dental care
Diabetes neuropathy tests

Diabetes Care @ MVH also focuses on

Special issues such as frozen shoulder, sexual dysfunction, weight management, sleep disorders and obesity and lifestyle counselling

Traditional Ayurvedic Massage and Yoga Therapy for Diabetes
**Nutrition and Diet Counselling**

Certified dietitians assess diet and lifestyle and provide advice in regional languages on healthy eating practices. Patient queries? email us at diethelp@mvdiaabetes.com

Education and training by Diabetes Educators to improve self-care management knowledge and skills.
Counselling on psycho-social aspects in diabetes care

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**Diabetic feet require the best care to prevent complications that can result in amputation.**

**The MV Centre for Diabetic Foot Care, Podiatry, Research and Management**

**Facilities** : Foot Care unit with Foot Care Education section, Pedicure Unit, Podiatry section and a Modern Wound Care Clinic with state-of-the-art facilities

**Services** : Routine integrated foot examination, education on practical aspects of foot care and preventive management, early recognition of foot complications and advice on off-loading techniques so that ulceration does not recur.
A Vascular Unit for Peripheral Angiogram and Angioplasty.
International facilities at ‘Indian cost’

- Foot Care Education
- Transcutaneous Oxygen test (TCPO2)
- Pedicure
- Sensitometer HCP (Hot, Cold, Pain) to test nerve damage
- Wound care
- HBOT for advanced wound healing

Therapeutic Footwear for Diabetes

Custom-made designer diabetic footwear in collaboration with the Central Leather Research Institute, Chennai and the Central Foot Wear Training Institute from the in-house Footwear Manufacturing unit

Moulded insoles to protect feet

Designer Diabetic Footwear
Special Care for Children with Type 1 diabetes

Other CSR Activities
Providing Financial support – Freedom Trust that distributes free artificial prosthetics to deserving amputees • School for the Deaf and Dumb.

Upgrading West Mada Street, Royapuram – Installation of CCTV cameras along the street Maintenance of the median.

Community Service

Free modern diabetes treatment | Financial aid to School for Blind on International Women’s Day | Amputee Forum | 25 years of saving legs – free foot care kits

World Health Day – Awareness programme | Free Health Check up | Blue Lighting all iconic buildings | World Diabetes Day – Spreading awareness about Diabetes

Most Recent Awards

International Honour
MVH and Prof MVDRDC designated as an IDF Centre of Excellence in Diabetes Care and IDF Centre of Education by the International Diabetes Federation in Belgium

World TB Day – Spreading Awareness
Chennai Slim & Fit Programme in Schools

Dr. Vijay Viswanathan honoured with ‘Inspiring Diabetologist of India Award during Doctors’ Day Conclave at New Delhi by Smt Anupriya Patel, MoS, Health and Family Welfare, Govt. of India on June 30th, 2018
Special Care for Children with Type 1 diabetes

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