



**M.V. HOSPITAL FOR  
DIABETES**



**ROYAPURAM**

International Diabetes Federation  
Centre of Excellence in Diabetes Care

## Hospital Information Brochure

"Every person with diabetes should be helped to  
live their normal span of life in perfect health"

Prof. M Viswanathan (Our founder and doyen in the field of diabetes)



### Dr. Vijay Viswanathan

MD, Ph.D, FRCP (London), FRCP (Glasgow)  
Head & Chief Diabetologist  
M.V.Hospital for Diabetes (P) Ltd

MV Hospital for Diabetes (P) Ltd. makes every effort to be a destination of choice for people with diabetes and is committed to provide advanced diabetes support that is caring, accountable and reliable.

## Total Diabetes Care Under One Roof

- Special Focus on Amputation Prevention with state-of-the-art facilities
- Unique Departments : Advanced Diabetes Care, Healthy Sleep Clinic, Stress Clinic, Yoga Therapy, Pain Clinic and Memory Clinic, Traditional Ayurvedic Massage & more
- Nutrition Counselling, Education & Training
- Designer Diabetic Footwear manufactured in MVH under research collaboration with Central Leather Research Institute Adyar and Central Footwear Technical Institute, Guindy Chennai
- Books on Diabetes Management, Newsletters and Magazines

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e-mail us at [appointments@mvdibabetes.com](mailto:appointments@mvdibabetes.com) • Visit us at [www.mvdiabetes.com](http://www.mvdiabetes.com)

## About Us

Established in 1954 as a General Nursing Home, the centre became a Diabetes Speciality Hospital and was renamed as MV Hospital for Diabetes in 1971. In 1972 the Diabetes Research Centre was inaugurated and by 1974 it was recognized by the Indian Council of Medical Research as a Centre for Advanced Medical Research. In 2010 it was renamed the **Prof. M Viswanathan Diabetes Research Centre. Our diabetes interventions are backed by research done here.**

Today, this 100 bed institution is regarded as one of the best centres for diabetes management and research and caters to patients from across the country as well as people from neighbouring countries.

The hospital is recognised by several public sector undertakings and corporations and large private sector companies for the purpose of treating their executives and employees.



## All Our Services

In Patient Department is open 24X7

For Appointments please call: 93 44396997, 93 80814247, 98 41516318

HELPLINE : 1800 425 0005



## In-Patient Department

A 100-bed facility with the choice of wards, deluxe and super deluxe rooms and private suites; Emergency Room and ICU



## Diabetes Care

Meticulous monitoring by Consultant Diabetologists and Postgraduate trainee doctors, professional nursing care. Certified dietitians in consultation with doctors plan meals for patients and supervise meal preparation



Safe, hygienic blood collection and state-of-the-art equipment for specialized analytical facilities for all biochemical investigations such as blood glucose, kidney and liver function tests, electrolytes, hormone tests and lipid profiles.

## Our most recent addition The Advanced Diabetes Care Centre

The new facilities include  
 A Healthy blood vessel clinic  
 A blood less sugar testing clinic  
 Nerve clinic  
 Pain clinic  
 Clinic for children with Diabetes  
 Men's wellness clinic  
 Women's wellness clinic  
 Diashoppe with all Diabetes supplies  
 These clinics are looked after by experts in that field



# We don't wait for complications

## Routine Complications Evaluation

Diabetes **heart** evaluation

Diabetic **eye** care

**Kidney** care

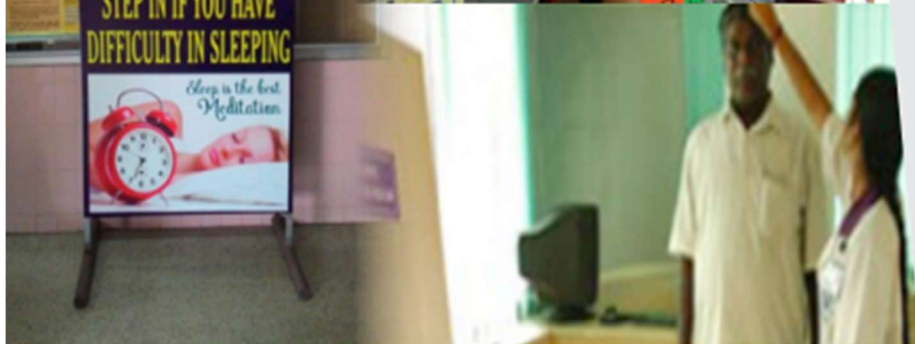
**Dental** care

Diabetes **neuropathy** tests



## Diabetes Care @ MVH also focuses on

Special issues such as frozen shoulder, sexual dysfunction, weight management, sleep disorders and obesity and lifestyle counselling



## Traditional Ayurvedic Massage and Yoga Therapy for Diabetes





## Nutrition and Diet Counselling

Certified dietitians assess diet and lifestyle and provide advice in regional languages on healthy eating practices. Patient queries? email us at [diethelp@mvdibabetes.com](mailto:diethelp@mvdibabetes.com)

Education and training by Diabetes Educators to improve self-care management knowledge and skills.

Counselling on psycho-social aspects in diabetes care



Diabetic feet require the best care to prevent complications that can result in amputation.

## The MV Centre for Diabetic Foot Care, Podiatry, Research and Management

**Facilities** : Foot Care unit with Foot Care Education section, Pedicure Unit, Podiatry section and a Modern Wound Care Clinic with state-of-the-art facilities

**Services** : Routine integrated foot examination, education on practical aspects of foot care and preventive management, early recognition of foot complications and advice on off-loading techniques so that ulceration does not recur.

A Vascular Unit for Peripheral Angiogram and Angioplasty.



## International facilities at 'Indian cost'



Foot Care Education



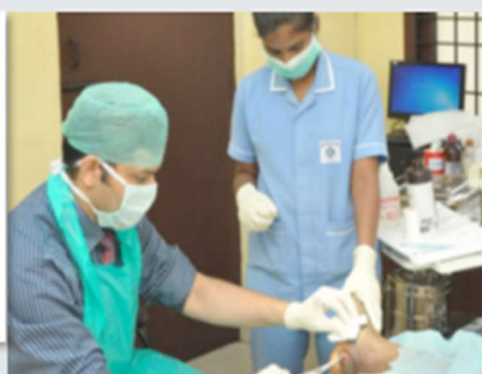
Transcutaneous Oxygen test (TCPO2)



Pedicure



Sensitometer HCP (Hot, Cold, Pain) to test nerve damage



Wound care



HBOT for advanced wound healing

## Therapeutic Footwear for Diabetes

Custom-made designer diabetic footwear in collaboration with the Central Leather Research Institute, Chennai and the Central Foot Wear Training Institute from the **in-house Footwear Manufacturing unit**



Moulded insoles to protect feet



Designer Diabetic Footwear

## Special Care for Children with Type 1 diabetes



## Other CSR Activities

**Providing Financial support** – Freedom Trust that distributes free artificial prosthetics to deserving amputees • School for the Deaf and Dumb.

**Upgrading West Mada Street, Royapuram** – Installation of CCTV cameras along the street Maintenance of the median.

## Community Service



Free modern diabetes treatment



Financial aid to School for Blind on **International Women's Day**



Amputee Forum



**25 years of saving legs** – free foot care kits



**World Health Day** – Awareness programme



Free Health Check up



Blue Lighting all iconic buildings



**World Diabetes Day** – Spreading awareness about Diabetes

## Most Recent Awards

### International Honour

MVH and Prof MVDRC designated as an IDF Centre of Excellence in Diabetes Care and IDF Centre of Education by the **International Diabetes Federation in Belgium**

*Dr Vijay Viswanathan receiving the certificate from the IDF President Dr Sadikot*



**World TB Day** – Spreading Awareness



**Chennai Slim & Fit Programme** in Schools



Dr. Vijay Viswanathan honoured with '**Inspiring Diabetologist of India Award during Doctors' Day Conclave**' at New Delhi by Smt Anupriya Patel, MoS, Health and Family Welfare, Govt. of India on June 30th, 2018

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