

DIABETES AND COVID-19: The risks of poor blood glucose control



COVID-19: over 760 million confirmed cases 7 million deaths



A systematic review of the likelihood of adverse COVID-19 outcomes in relation to blood glucose control, blood glucose levels on admission to hospital, and type of diabetes.

[Read the full 'Diabetes and COVID-19' report here](#)

COVID-19 may have slipped out of the public eye, but it remains a global health emergency.

People living with diabetes can be more vulnerable to the severe effects of COVID-19. **The risks can be greater with poor blood glucose control.**

According to the **IDF Diabetes Atlas**, poor blood glucose control in people living with diabetes affected by COVID-19 can result in:

- **40% increased risk of hospitalisation**
- **Two to three times greater risk of severe illness, including death**

Prevention and early treatment of COVID-19 along with **access to education and care** to help people with diabetes manage their blood glucose levels can reduce the risk of complications from the virus.

IDFATLAS REPORTS

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