Type 1 diabetes: A condition that impacts all ages

Nine million people with type 1 diabetes worldwide

Without regular access to treatment, people with the condition are at risk of serious and life-threatening health complications. If people with type 1 diabetes do not have access to insulin, they will die.

Type 1 diabetes is commonly diagnosed in children and young adults, but new data confirms that it can affect people of all age groups.

According to the Type 1 Diabetes Index (T1D Index):

- **8.75 million** people live with type 1 diabetes worldwide
- **64%** (329,000) of new cases are in people aged 20 or older
- **182 thousand** people die every year due to type 1 diabetes

People with type 1 diabetes require daily insulin treatment and blood glucose monitoring, regular physical activity and a healthy diet to manage their condition to avoid complications and untimely death.

We need to ensure people living with type 1 diabetes have access to the education, medicines and supplies needed to support their self-care, and that healthcare providers are equipped to diagnose the condition early and provide the best possible advice and care.

Read the full ‘Type 1 diabetes’ report here

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