

Regional NEWSLETTER

Issue 2 – December 2023

Future our Members No.1

Mongolian Diabetes Association



Main current activities

- ✓ World Diabetes Day advocacy campaign
- ✓ Annual and International Conference
- ✓ Education

Education

Postgraduate and continuous medical education for endocrinologists, diabetes educators, and other health professionals. Four diabetes educators and eight fellow doctors have enrolled in postgraduate training. Over 3,000 primary health care professionals participated in continuous medical training on WHO-HEARTS-D guidelines through the “JARGALAN project” in 2023.

Major recent achievements and studies

- Establishment of a national diabetes registration system.
- Set up a healthcare network for diabetes patients, notably enhancing their access to diabetes care.
- Baseline data of “MONDIA” Mongolian Diabetes study. Data collection was completed in 2023 with 30,000 participants.
- Implemented a project grant from the World Diabetes Foundation for the Mongolian national model of diabetes and diabetic retinopathy care.



President

Prof. Altaisaikhan Khasag

Members

250 active members



Diabetes in Mongolia



■ Prevalence of T2DM in the population: 8.1%*

*population-based screening in 2023

■ 1 in 11 women is estimated to have gestational diabetes



■ The annual incidence of childhood T1DM in 2021: 2.28 per 100,000

► Up coming event

The 16th Scientific Meeting of AASD (the Asian Association for the Study of Diabetes) in conjunction with the Ulaanbaatar International Congress of Endocrinology and Diabetes (UICED)

Date: August 14 to 18, 2024
In Ulaanbaatar, Mongolia

Our World diabetes day 2023

Ceremonies & Campaigns



world diabetes day
14 November



Diabetes Philippines

The different chapters of Diabetes Philippines nationwide formed the Blue circle



Malaysia
Free community
health screening



Chinese Taipei Diabetes Association

A BOBEE CAR (blessed car) helping deliver free blood glucose tests in 12 locations



Indonesian Diabetes Association

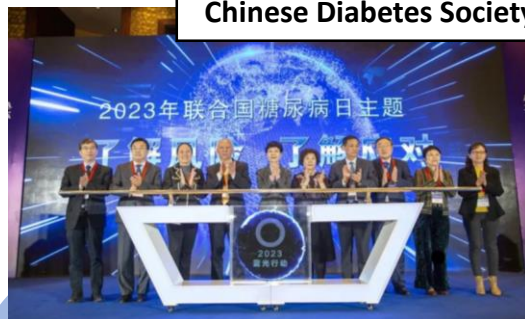
Women & Diabetes
Symposium

#EndDiabetesStigma



Diabetes Australia

Chinese Diabetes Society



Share your activities on WDD website!
<https://worlddiabetesday.org/activities/>

Blue lighting

Kaohsiung, Taiwan



Tokyo, Japan



WHAT IS WORLD DIABETES DAY?

World Diabetes Day (WDD) was created in 1991 by IDF and the World Health Organization in response to growing concerns about the escalating health threat posed by diabetes. World Diabetes Day became an official United Nations Day in 2006 with the passage of United Nations Resolution 61/225. It is marked every year on **14 November**, the birthday of Sir Frederick Banting, who co-discovered insulin along with Charles Best in 1922.

IDF Virtual Congress 2023

The IDF Virtual Congress was held Dec 4-7 2023 with over 3,400 registrants from over 140 countries. Sessions were recorded and can be viewed for 30 days post-congress. One of four major streams was Diabetes and Natural and Man-made Disasters. Many WPR colleagues gave lectures or Meet the Expert sessions on disaster-related topics. Sharing knowledge from our disaster-prone region and our disaster manual, shows global leadership in a key topic.

**IDF CONGRESS
2023
VIRTUAL**
4-7 DECEMBER



**DIABETES
COMPLICATIONS
AND DIABETES
IN CRISES**

Symposia

Many disaster related presentations were given, and here is a partial list of WPR presenters.

● Diabetes & Disasters: Are guidelines ready?

- IDF WPR guidelines (Alicia Jenkins)
- Japan Guidelines (Takashi Kadowaki)
- China guidelines (Chun Cai)
- Guidelines in development: Philippines (Leyden Florido)

● A global overview of the late complications of diabetes and diabetes in disasters

(Alicia Jenkins)

● Diabetes care during natural disasters

- Experience from Japan - Earthquakes and floods (Hironori Waki)
- Experience from Australia - Bush fires (Natalie Wischer)

Meet the Expert Sessions

- How to set-up a guideline (Alicia Jenkins)
- Who to ask for help? (Frank Brennan)

Related Links

- See the 2023 IDF Virtual Congress <https://idf2023.org/>
- Full Programs for 2023 <https://conference.idf.org/cmportal/searchable/idf23/config/normal#!sessionlist>
- More about Congress <https://idf.org/events/idf-world-diabetes-congress/>

► Next Congress

The next Congress is in Bangkok, Thailand, on 7-10 April 2025.



Photo:tawatchai07/Freepik

- Learn more <https://idf.org/news/idf-announces-bangkok-as-destination-for-its-world-diabetes-congress-in-2025/>



Our 2nd edition Disaster Manual

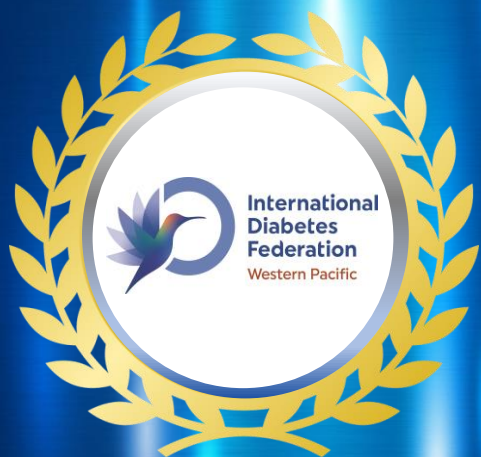
The IDF-WPR Disaster Program aims to help ease and save the lives of people with diabetes in our region that is often affected by disasters. This 2022 manual for member associations describes means to reduce the negative impact of natural and man-made disasters and shares knowledge to help individuals, communities and countries increase resilience to disasters.

- Free Download and share with colleagues !

<https://idf.app.box.com/s/pno1bkxgb9814w1hqkumvcg6q4vbxj2i>

The EMCR Corner is a section of the Newsletter dedicated to promoting projects led by our talented early- to mid-career members (≤ 10 years terminal degree attainment). This corner will feature member projects, publications, achievements, funding, and career advancement opportunities. The Section Editor is Dr Angelo Sabag from The University of Sydney, Australia.

EMCR Publication Prize



What is EMCR Publication Prize?

The IDF WPR is pleased to announce the first EMCR Publication Prizes. The prize (4 per year) is awarded to the best publication of the previous quarter and is selected by the newsletter editorial team based on journal impact factor.

The two best publications, one for clinical and one for basic science, will be announced quarterly. Winners receive an IDF-WPR Award Certificate and will be featured in this newsletter corner.

How to Apply?

To be eligible for the next award, your publication must be published online or in print between October 1 - December 31, 2023. Please complete and submit [the nomination form](#) by Feb 29, 2024.

Prize Winners of 2023 Q4

We hereby announce the IDF-WPR EMCR publication prize for the 4th quarter of 2023!



CLINICAL

Mr. Johnny T K Cheung

(The Chinese University of Hong Kong)

Early treatment with dipeptidyl-peptidase 4 inhibitors reduces glycemic variability and delays insulin initiation in type 2 diabetes: A propensity score-matched cohort study
[PMID: 37634071](#)



SCIENCE

Mr. Harry Cutler

(The University of Sydney)

Dual Tracer Test to measure tissue-specific insulin action in individual mice identifies in vivo insulin resistance without fasting hyperinsulinemia
[PMID: 37699358](#)



CALL FOR CONTENT!



Do you have news you want featured in the IDF WPR Newsletter? Now we are calling for the topic below!

- Feature our Association- Activity, achievements and studies
- Send us your story by Feb 29 to: newsletter.wpr@idf.org



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