



International  
Diabetes  
Federation



# Annual Report

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2023

# International Diabetes Federation

The [International Diabetes Federation \(IDF\)](#) is the global voice of the diabetes community. We are a non-profit umbrella organisation of over 240 national diabetes associations in more than 161 countries and territories working together to improve and empower the lives of the 540 million people estimated to be living with diabetes and prevent diabetes in those at risk. IDF is in official relations with the World Health Organization (WHO), the Pan American Health Organization (PAHO) and is associated with the Department of Public Information of the United Nations. As such, we contribute to global strategies for the treatment and prevention of diabetes to ensure optimal health outcomes.

## Our vision

Access to affordable, quality diabetes care and education worldwide.

## Our mission

Improve the lives of people living with diabetes and prevent diabetes in those at risk.

**Over 240 members in more than 161 countries and territories**



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# Message from the President

I am filled with pride as I look back and reflect on my first year as President of the International Diabetes Federation (IDF). What we have achieved is a powerful testament to our collective strength and the far-reaching impact of our work.

In December 2022, IDF approved a strategic plan that will guide the activities of the Federation until 2027. The plan is informed by a new vision of securing access to affordable, quality diabetes care and education worldwide and a new mission to improve the lives of people living with diabetes and prevent diabetes in those at risk. In line with this new strategy, IDF revealed an updated [visual identity and logo](#) in 2023. Our new brand image embodies the optimism we need at this crucial moment and stands as a beacon of hope for our community, inspiring us to continue our fight against diabetes with renewed vigour.

With our network of over 240 national diabetes associations from 161 countries and our ongoing relationships with aligned organisations, collaboration informs all our actions. In 2023, we were delighted to extend our long-standing partnership with the [World Health Organization \(WHO\)](#) by approving a collaboration plan until 2026. We worked with WHO to produce a policy brief on tobacco use and type 2 diabetes. The document summarises the association between tobacco use and diabetes and describes the effectiveness of interventions to reduce tobacco use and tobacco-related complications. Furthermore, we established official relations with the Pan American Health Organization (PAHO) to share effective strategies for diabetes prevention and care in the Americas.

We have taken a significant step forward in our mission by initiating the development of [global guidelines on type 2 diabetes](#). These guidelines, which aim to update IDF guidance on different aspects of type 2 diabetes that were last produced in 2017, are a crucial tool in our fight against diabetes. We have also begun work on guidelines on fasting and diabetes, expanding on work we have undertaken in the past to review the existing evidence base on all religious and non-religious forms of fasting. The guidelines will provide much-needed clarity and guidance in a complex area of diabetes management. We aim to launch both ahead of the IDF World Diabetes Congress 2025 in Bangkok, a milestone that we are confident will mark a significant advancement in our work.

Throughout the past year, IDF has engaged in lasting initiatives and campaigns to increase diabetes awareness and advocate for improved diabetes care and prevention. Our activities for [World Diabetes Day](#) marked the third and final year of our 2021-23 campaign on access to diabetes care. This access-to-care theme informed a highly successful side event we hosted during the World Health Assembly in Geneva. The event, entitled Breaking barriers for better diabetes care, was livestreamed, ensuring that an audience of more than 1,200 people could follow the event online in real-time, and many more who watched the recording later. Speakers included Dr Bente Mikkelsen, Director of the WHO NCD department and representatives from the ministries of health of Lebanon, Pakistan and Zimbabwe, who spoke about challenges to access they face and what they are doing to address these challenges.



I continue to encourage closer engagement with national governments, particularly with the ministries of health in low- and middle-income countries. We need to work with our national members and network of advocates to bring about lasting change at the national level. For this reason, we have held IDF Board meetings in different countries to meet with our members and key stakeholders concerned with improving the diabetes response, understand the pressing needs in the regions, and learn from the successes our members have achieved.

Key to our work are the strategic partnerships we form with aligned organisations. In 2023, we worked with the [International Society of Nephrology](#) to deliver a policy brief on diabetes and chronic kidney disease. We supported colleagues from the [Global Coalition for Circulatory Health](#) to prepare a joint position paper emphasising the need to put circulatory diseases at the heart of Universal Health Coverage, and we initiated a collaboration with the [International Agency for the Prevention of Blindness](#) to deliver an evidence-based policy brief in 2024.



# Message from the President

For World Diabetes Awareness Month and World Diabetes Day in November, we emphasised the importance of understanding the risk factors associated with type 2 diabetes and called on governments worldwide to dedicate sufficient resources to improving access to diabetes diagnosis and care to reduce the impact of diabetes complications. Research we conducted for the campaign found that two in three people with diabetes surveyed across our regions already had complications at diagnosis. This situation must change. We will continue to demand more is done to detect diabetes early and delay or prevent its complications.

At the heart of our efforts lies the empowerment of people living with diabetes to become advocates in their communities. With this objective in mind, we initiated the [Advocacy Academy](#) to equip IDF Members, Blue Circle Voices and Young Leaders in Diabetes with the knowledge and skills to help drive meaningful change and shape policy for better health outcomes for people affected by diabetes.

Facilitating access to diabetes education for healthcare professionals and people living with diabetes remains a core focus of the Federation. In 2023, the [IDF School of Diabetes](#) continued to expand its portfolio of online courses and established new partnerships to provide diabetes training for healthcare professionals in countries where the need is greatest. We also celebrated the 10th anniversary of our [Kids and Diabetes in Schools \(KiDS\)](#) programme, which continues to bring diabetes education to schools to combat diabetes-related stigma and promote healthy lifestyles to help delay or prevent type 2 diabetes.

The [IDF Diabetes Atlas](#) continued to present new global epidemiological and diabetes-related impact data to support informed decision-making and targeted interventions. We released a new report that provides a comprehensive overview of the impact of diabetes-related kidney disease worldwide.

The year ended on a high with the IDF Virtual Congress 2023. The congress attracted over 3,500 online participants for four days of high-level sessions exploring the latest scientific advances in managing and preventing diabetes-related complications and highlighting the importance of managing diabetes in times of crisis. We look forward to welcoming the diabetes community in person for the next [IDF World Diabetes Congress](#) in Bangkok, Thailand, from 7-10 April 2025. The 27th edition of our congress will be a significant occasion for our community, as 2025 will mark the 75th anniversary of the creation of IDF.

Looking back on this impactful year, I want to express my heartfelt gratitude to our dedicated Board of Directors and every member, partner, and stakeholder. Your unwavering support and tireless efforts have been integral to our success. I look forward to continued collaboration, strength, resilience and determination to achieve our mission and make a tangible difference in the lives of people affected by diabetes and those at risk.

## [Professor Akhtar Hussain](#)

President 2023-24  
International Diabetes Federation



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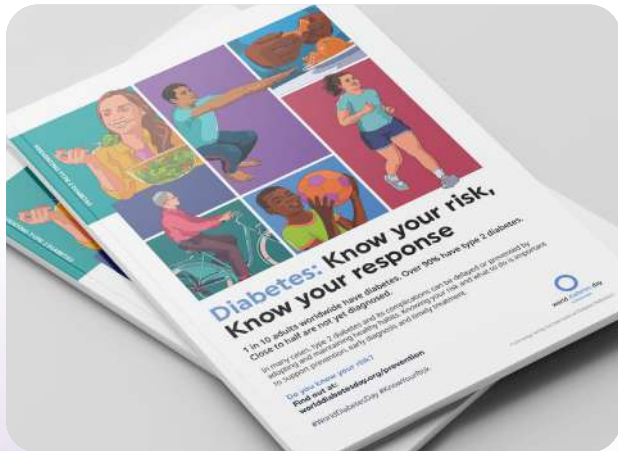


# Increasing global recognition of IDF and diabetes

## World Diabetes Day

Marked every year on 14 November, World Diabetes Day is the world's largest diabetes awareness campaign, galvanising a global audience of over 1 billion people in more than 160 countries.

World Diabetes Day 2023 marked the final year of a three-year campaign on [Access to Diabetes Care](#). Using the tagline “[Know your risk, know your response](#)”, the campaign raised awareness of the risk factors for type 2 diabetes and the risk of diabetes-related complications.



Campaign toolkits and communication actions raised awareness about the importance of:

- Understanding risk factors for type 2 diabetes to support prevention, diagnosis and timely treatment.
- Access to information on self-care and prevent diabetes-related complications.
- Training healthcare professionals to detect diabetes-related complications early for positive outcomes.

These resources promoted free online courses from the [IDF School of Diabetes](#), catering to both health professionals and people living with diabetes. For even greater impact, the diabetes community could access an online platform to customise and send letters to national health ministers, Permanent Missions to the United Nations in Geneva, or other influential policymakers.

Over **1,100 letters urged governments** to commit sufficient human and financial resources to achieve the WHO diabetes coverage targets by 2030 and universal health coverage. During the three-year campaign, 4,377 letters were sent to decision-makers in countries worldwide. Countries from all IDF Regions participated in this action, confirming the global engagement of the diabetes community to uphold IDF's mission.

A survey was conducted to inform campaign communications and media outreach. It surveyed people living with diabetes across seven countries to better understand awareness levels about diabetes-related complications. Questions also covered the care and support they received to reduce their risks of developing complications.

### Key findings revealed:

- 7 in 10 respondents were diagnosed with diabetes because of a diabetes-related complication.
- Almost all respondents (94%) experienced at least one diabetes-related complication.
- Nearly 1 in 5 respondents received no information about diabetes-related complications during routine health appointments.



More information: [worlddiabetesday.org](http://worlddiabetesday.org)



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# Advocating globally for people with diabetes and those at risk

IDF advocacy activities and projects demonstrate the power of collective action in driving meaningful change for diabetes care and prevention. Through collaborative efforts with our member associations and networks of global advocates, we raise awareness, shape the global health agenda and influence policies on public health measures to improve the lives of people with diabetes and tackle the rise of type 2 diabetes.

## Global collaboration in tackling diabetes

In 2023, IDF strengthened collaboration with WHO, culminating in the approval of the [WHO-IDF collaboration plan 2024-26](#) in September.

Another important milestone was our [acceptance into official relations with the Pan American Health Organization \(PAHO\)](#) in a three-year collaboration plan to improve diabetes education, prevention and care in the region. Within this new partnership, IDF and PAHO organised a webinar on 17 August, [The burden of diabetes on the region of the Americas](#), to share effective diabetes prevention and care strategies for the region.

## Supporting the WHO Global Diabetes Compact

IDF and our networks continued supporting the WHO Global Diabetes Compact by participating in the Global Diabetes Compact Forums and the Compact's anniversary event.

At the 76th World Health Assembly in May, IDF held a hybrid event in Geneva, [Breaking barriers for better access to diabetes care](#). During this event an expert panel of diabetes stakeholders examined the potential of the WHO Global Diabetes Compact and [the challenges to accessing care and medicines](#). At the core of the discussion was the role of diabetes associations and people living with diabetes in shaping policies.

At the World NCD Congress in Toronto, Canada, in June, IDF presented the perspective of people living with diabetes during a WHO session, featuring WHO representatives and national members of parliament. The presentation highlighted the global situation facing people living with diabetes, the work of the Global Diabetes Compact and the importance for countries to integrate diabetes care into Universal Health Coverage (UHC).

To mark World Diabetes Day, we joined forces with WHO to host an online event, featuring a global panel of experts who delivered updates on progress made to ensure that all people with diabetes can access equitable, comprehensive, affordable and quality treatment and care.

In November, IDF and WHO also published a knowledge summary, [Tobacco and diabetes](#), developed jointly with the University of Newcastle Australia. Evidence in this document suggests that quitting smoking can lower the risk of developing type 2 diabetes by 30–40%.

## IDF participation in international meetings

During 2023, IDF actively participated in international meetings, solidifying our contribution to global policy development. We attended the WHO 152nd Executive

Board, the 76th World Health Assembly, and the UN 78th General Assembly High-Level Week.

IDF's advocacy efforts extended to organising a series of online events where diabetes stakeholders from diverse backgrounds shared their stories and expertise on topics that included access to insulin in humanitarian emergencies, the ongoing impact of Covid-19 and diabetes among Indigenous Peoples.



More information: [idf.org/advocacy](https://idf.org/advocacy)



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# Empowering people living with diabetes

The IDF Advocacy Academy trains and empowers people to become diabetes advocates who drive meaningful change for diabetes care and prevention. IDF Members, Blue Circle Voices and Young Leaders in Diabetes actively spread our messages nationally and regionally to shape policy for better health outcomes.



## IDF Advocacy Academy

The **Blue Circle Voices (BCV)** is an IDF global network, launched in 2016, that aims to represent the interests of people living with or affected by diabetes. Members of the network use their lived experience to address the issues and challenges faced by the diabetes community. In 2023, 22 new BCVs joined the network, which counted 237 advocates in 70 countries.

The **IDF Young Leaders in Diabetes (YLD)** Programme aims to empower young people with diabetes to become advocates for themselves and others with diabetes worldwide. The current cohort (2022-24) includes 189 advocates from 90 countries.

BCVs and YLDs receive ongoing support through newsletters, project planning assistance and training sessions on advocacy and fundraising. In 2023, the IDF Advocacy Academy organised three training sessions for IDF advocates.

A webinar series, **Blue Circle Talk**, was also launched to build advocacy capacity. The first session, **Respecting your limits**, was held in October.

## Creating tools for diabetes advocates

IDF regularly develops targeted resources to support the work of our growing network of advocates. In 2023 we launched a policy brief developed in collaboration with the **International Society of Nephrology**. The brief, **Renewing the Fight: A Call to Action for Diabetes and Chronic Kidney Disease**, supports the work of our advocates in raising awareness of this diabetes-related complication.



More information: [idf.org/what-we-do/advocacy/idf-advocacy-academy/](https://idf.org/what-we-do/advocacy/idf-advocacy-academy/)



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# Shaping the future of diabetes

## IDF Virtual Congress 2023

Since 2018, IDF has organised a congress where the diabetes community joins government policymakers, industry and the media to learn the latest scientific advances in managing and preventing diabetes-related complications. Since the second edition in 2021, this congress has been fully virtual.

From 4-7 December, IDF hosted the IDF Virtual Congress 2023, which featured the latest research on diabetes complications in three separate streams — Cardiovascular and Hypertension, Eye and Kidney, and Foot and Neuropathy. A fourth stream focused on the impact of natural and man-made disasters on people with diabetes and the long-term effects of Covid-19. The opening day included sessions on the latest epidemiological and impact data on diabetes complications from the IDF Diabetes Atlas.

Participants also accessed an e-poster gallery with more than 400 posters, IDF educational material and guidelines. The programme was accredited with 17 CME credits.



The lived experience of people with diabetes in all streams reinforced the understanding of managing and preventing diabetes complications. Participants also discovered two dynamic session formats with [Satellite Symposia](#) offering the latest from industry experts on developments and research in diabetes management and care, and [Meet-the-Expert](#) Zoom chats. Throughout the event, IDF Virtual Congress 2023 sponsors provided engaging and informative sessions and industry presentations in a dedicated virtual exhibition space.

### What participants said:

- 96% rate the organisation good or very good.
- 99% would recommend the congress to a colleague.
- 88% confirm that their learning objectives were met.

## IDF 2023 in numbers:

82 

Sessions

164 

International speakers

3,456 

International healthcare professional attendees

More information: [idf2023.org](https://idf2023.org)



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# Building the evidence to inform the global response to diabetes

## IDF Diabetes Atlas

A cornerstone of our work, the IDF Diabetes Atlas provides a comprehensive overview of the global diabetes pandemic, providing data on prevalence, diabetes-related mortality, and health expenditures at the global, regional and national levels.

In 2023, we took a deeper look into the impact of diabetes and chronic kidney disease (CKD) with the launch of the “Diabetes and Kidney Disease” report. This report looks at the relationship between diabetes and kidney disease across the globe and ways to reduce its impact.



The essential topics covered in the report are:

- Diabetes as one of the leading causes of chronic kidney disease (CKD) and kidney failure.
- The proportion of CKD due to type 2 diabetes and global increase.
- The need for epidemiological data from low-income countries.
- How to reduce the burden of CKD in diabetes.

## Cardio-renal complications in type 2 diabetes

Cardiovascular and kidney disease are the two most common and life-threatening complications of type 2 diabetes. However, global data on prevalence, quality of care and outcomes for people living with these complications are not widely available. The [IDF type 2 diabetes and cardio-renal complications programme](#) aims to fill the gap in registries and data, especially in low- and middle-income countries.

The programme promotes the use of diabetes registries such as the [iCaReMe registry](#), an international observational study that collects real-world evidence on diabetes and cardio-renal complications. Healthcare professionals can access a cloud-based tool to monitor data and follow up with their patients. The registry data are used to evaluate the quality of care, inform policy and raise awareness of risks associated with CVD and CKD.



iCaReMe in numbers:

490 

healthcare professionals have entered data on...

38,113 

patients in...

30 

countries.

More information: [idf.org/what-we-do/epidemiology-and-research/](https://idf.org/what-we-do/epidemiology-and-research/)



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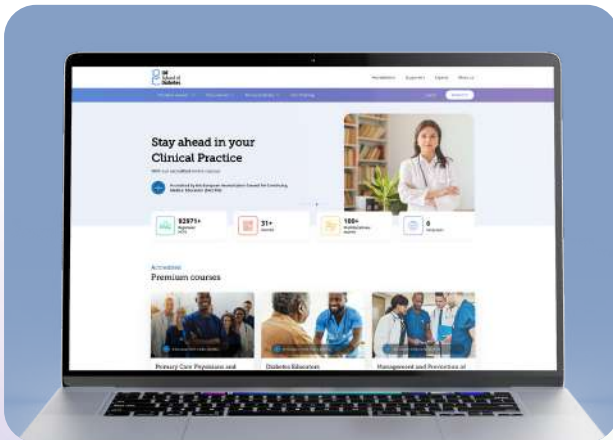
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# Tackling the barriers and gaps in diabetes education

**IDF diabetes education programmes are key to improving the lives of people with diabetes and those at risk. Our education initiatives cover accredited courses, forums and networks that enable healthcare professionals to deliver high-quality care and improve the lives of people with diabetes.**

In 2023, we continued to empower healthcare professionals and people with diabetes globally by offering innovative courses, collaborating with international partners and implementing skills-based training programmes. Through these actions, we strengthened healthcare professionals' skills to improve health outcomes for people with diabetes.



## IDF School of Diabetes

Since 2016, the IDF School of Diabetes has provided online education for healthcare professionals in diabetes management.

In recognition of the efforts of the IDF School, the [European Accreditation Council for Continuing Medical Education \(EACCME\)](#) renewed its accreditation until December 2025.

In 2023, the IDF School of Diabetes and the Beijing Hengji Health Development and Management Foundation established a new partnership to launch [Dialogue with IDF Experts](#), a series of scientific sessions in China. Two hybrid events and one face-to-face meeting welcomed 257 confirmed endocrinologists across ten cities. During these sessions, 11 IDF experts presented the latest trends in diabetes research, management and care for improved patient outcomes and diabetes management practices.

In 2024, the IDF School of Diabetes will launch a collaboration with [Sanofi Global Health Unit](#) to provide diabetes training for general practitioners and diabetes educators across 40 countries. This partnership builds on the training IDF and Sanofi have successfully rolled out in Kenya, Nigeria and Ghana.

## IDF School of Diabetes in numbers:

**9,000** 

**New learners in 2023**

**84,000** 

**Healthcare professionals registered**

**210** 

**Countries and territories reached**



More information: [idfdiabeteschool.org](https://idfdiabeteschool.org)



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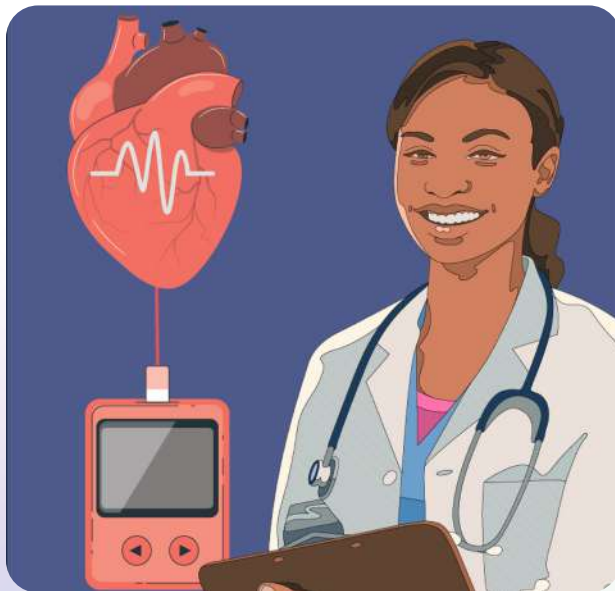


# Tackling the barriers and gaps in diabetes education

## Understanding Diabetes

In 2023, our Understanding Diabetes platform offer grew with the addition of two interactive courses for people with diabetes that address diabetes management and care.

- [Type 2 Diabetes and the Heart](#) explores the impact of type 2 diabetes on heart health, focusing on how high glucose levels can affect blood vessels and lead to heart complications.
- [Type 1 Diabetes Overview, Treatments and Targets](#) offers an overview of what type 1 diabetes is, how it develops, the necessity of daily insulin and the effects of lifestyle factors on glucose levels.



## Understanding Diabetes in numbers:

5 

Interactive courses

5,000 

Learners

188 

Countries and territories reached

We extend thanks to our partners, including the Boston Scientific Foundation Europe, Novo Nordisk, Sanofi, Servier, Boehringer Ingelheim and Vertex Pharmaceuticals, whose support enables us to provide accessible diabetes education worldwide.

In 2024, a new course on [Continuous Glucose Monitoring \(CGM\)](#) will be launched in collaboration with FIND. This collaboration falls under the ACCEDE (Access to CGMs for Equity in Diabetes management) project, which focuses on diabetes management using CGMs in low- and middle-income countries, specifically Kenya and South Africa.

More information: [understandingdiabetes.org](https://www.understandingdiabetes.org)

## IDF Centres of Excellence in Diabetes Care

In 2022, the IDF Centres of Excellence in Diabetes Care network [embarked on a new two-year period for 2022-23, with sixteen centres across six IDF regions and fifteen countries](#). These centres are pivotal in providing specialised care and support to people with diabetes for improved diabetes management and patient health outcomes. They offer a comprehensive range of services from a multidisciplinary team of healthcare professionals.

A new call for applications was scheduled in early 2024.



More information: [idf.org/our-network/centres-of-excellence/](https://www.idf.org/our-network/centres-of-excellence/)



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# Bringing diabetes education to the classroom

## KiDS and Diabetes in Schools (KiDS)

Starting early with diabetes education in schools and promoting healthy lifestyles can be a stepping-stone toward a diabetes-free future. Likewise, educating young people about diabetes removes misconceptions and stigma that children with diabetes face in school and leads to understanding and support.

Launched in 2013, the [Kids and Diabetes in Schools \(KiDS\)](#) programme fosters a safe and supportive school environment for children with diabetes. KiDS provides adaptable multilingual resources to reach children 6-14, teachers, school staff, parents and policymakers.

KiDS travelled to several global events during 2023 to promote its key messages and activities. A workshop, [Advocacy for Diabetes Education in Schools](#), was organised at the Annual Meeting of the International Society for Pediatric and Adolescent Diabetes (ISPAD) in October.

KiDS is an IDF programme supported by an educational grant from Sanofi.



10 years of KiDS in numbers:

14 

Countries

2,100 

Schools

19,800 

Teachers

340,000 

Students

More information: [kids.idf.org](https://kids.idf.org)



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# Highlights from the IDF regions

## Africa (AFR)

Throughout 2023, the IDF Africa Region was active raising awareness and promoting diabetes education. Initiatives included [screening campaigns](#), [education sessions](#), [training courses](#) and [awareness campaigns](#). Some associations organised diabetes camps designed for young people with type 1 diabetes.

### Highlight of activities included:

- The Tanzanian Diabetes Association was instrumental in [disseminating standard operating procedures \(SOPs\) and standard treatment guidelines](#) for type 1 diabetes.
- The Ethiopian Diabetes Association established a dedicated teaching and referral unit for diabetes treatment at the TIKUR ANBESA hospital in Ethiopia.
- AODCI in Côte d'Ivoire conducted a [diabetes screening week in 31 health facilities](#), screening 3,964 individuals and identifying a 9.33% prevalence of diabetes.
- The Diabetic Society of Seychelles organised [yoga sessions for diabetes prevention, management and overall well-being](#).

November witnessed an overwhelming flurry of activities around World Diabetes Day. These activities, undertaken by associations, organisations, and healthcare providers, showcased the region's commitment to tackling diabetes through education, awareness and action.

## Europe (EUR)

In 2023, the IDF Europe Region continued actions to improve diabetes prevention, management and care for people with diabetes and those at risk. To leverage the first anniversary of the new European Parliament Resolution on Diabetes in November, IDF Europe [expanded collaboration with the MEP Interest Group on Diabetes—MEPs Mobilising for Diabetes \(MMD\)](#), working closely with EU and global partners on policy advocacy initiatives.

A joint [IDF Europe-WHO Europe High-Level Summit](#) in Belgrade, Serbia, took place on 28-29 November. The Summit gathered the diabetes community and government stakeholders to elevate diabetes on the political agenda in the European region and led to the [IDF Europe-WHO Europe Joint Declaration on "Accelerating action on commitments to improve diabetes detection and quality of care"](#).

Core IDF Europe publications included a policy paper on type 2 diabetes, a position paper on Unmet Medical Needs for People with Diabetes, Country Profiles on the status of diabetes care across Europe and infographics on diabetes-related complications.

The IDF Europe Leadership Camp-Lab, that includes YOURAH, a network of youth advocates, and a platform for people living with type 2 diabetes, continued to grow and expand diabetes awareness-raising and advocacy initiatives. The Bulgarian Diabetes Association hosted The Youth Leadership Camp, YLC2023, under the theme "[Health for All](#)" in July in Bankya, Bulgaria. YLC2023 welcomed 17 participants and six mentors from 17 countries.



Throughout the year, members of the T2D platform continued to represent the perspective of people living with type 2 diabetes in publications, events and symposia, and Patient Advisory Panels within research projects.

## Middle East and North Africa (MENA)

In 2023, the IDF MENA Region actively promoted diabetes education, knowledge exchange, advocacy and disaster response. The Education Committee spearheaded three awareness-raising campaigns: Diabetes and Ramadan, World Diabetes Day, and a Four Screening Campaign. Additionally, the Committee [launched the Insulin Free Distribution initiative](#) to ensure access to treatment.

Activities around Ramadan included two webinars that addressed fasting during the Holy Month and information for pilgrims visiting Mecca for the Hajj, and educational materials to increase awareness and understanding.

The Region's Disaster Committee responded swiftly to [secure insulin supply to Sudan](#), and regional medical associations collaborated to source and [deliver insulin to Palestinian people with diabetes in Gaza](#) through the Egyptian Red Crescent.



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# Highlights from the IDF regions

## North America Caribbean (NAC)

In 2023, the IDF NAC Region undertook initiatives to raise diabetes awareness and promote health education. A key project, [The Diabetic Foot Project](#), undertook early detection to reduce amputations. Supplies were procured and distributed to participating countries in Dominica, St. Kitts and Antigua where teams met to develop and implement a strategy. Podiatrists from the Bahamas and Barbados, and the Head of the Diabetic Foot Centre in Guyana offered technical guidance.

Several meetings throughout the year fostered [collaboration among member associations](#). The first meeting introduced the new Regional Assistant, while subsequent meetings included discussions on the IDF-PAHO partnership.

As part of the planned activities, member associations organised a high school quiz on diabetes, showcasing the knowledge of 72 participating students and 16 finalists. Additionally, 32 nominees from 20 member associations participated in diabetes education training.



## South and Central America (SACA)

In the IDF SACA Region, 22 Member Associations carried out 360 activities and initiatives in 2023. These activities included [prevention campaigns](#), [diabetes education for healthcare professionals](#) and [community support programmes](#). Furthermore, targeted activities were also organised throughout the region on World Diabetes Day.

In August, the region organised an online event to mark the launch of IDF SACA Diabetes and Disasters guidelines, aimed at helping health professionals provide care to people with diabetes in times of emergency.

## South-East Asia (SEA)

In 2023, the IDF SEA Region [made significant strides in diabetes prevention and management](#). Several notable activities and conferences brought together medical professionals and experts from countries in the region.

In Mumbai, India, the IDF Board meeting coincided with the RSSDI annual conference, attracting approximately 5,000 physicians. Another significant event took place in Bhuvneshwar, India, organised by DiabetesIndia. It was attended by the President, President-Elect, and Chair of the IDF SEA region, along with over 3,000 physicians.

In other countries, the region approached Bhutan's Honorable Prime Minister and Ministry of Health, urging them to join IDF and advance diabetes care, and the [Diabetic Association of Bangladesh \(BADAS\)](#) actively worked on [developing a National Guideline for Diabetes](#), integrating local context with global IDF and EASD guidelines. BADAS partnered with the



Ministry of Health to distribute the guidelines, conduct awareness-raising campaigns, and provide free insulin, glucometers and CGM devices to people with type 1 diabetes.

## Western Pacific (WPR)

In 2023, the IDF WP Region held its [first Regional Congress in Japan](#), with over 3,000 participants from 27 countries. Emphasis was placed on symposia on disaster and advocacy and travel grant support to encourage youth participation.

An [online quarterly regional newsletter](#) was launched to improve communication within the region. It aims to introduce member associations, inform on relevant regional activities, and offer an Early and Mid-Career Researcher (EMCR) corner.

In December, a manuscript presenting the epidemiology of type 1 diabetes in the region was published online in [Diabetes Research and Clinical Practice](#).



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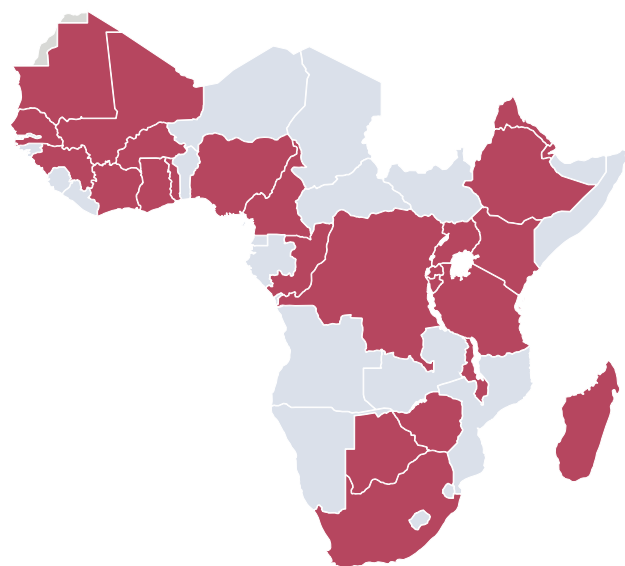
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# Regions and members



## Africa (AFR)

**Regional Chair:** Prof Jacko Abodo, Côte d'Ivoire

**Chair-elect:** Mrs Elizabeth Denyoh, Ghana

Botswana	Diabetes Association of Botswana	Madagascar	Association Malgache contre le Diabète
Burkina Faso	Association Burkinabe d'Aide aux Diabétiques	Mali	Association Malienne de Lutte contre le Diabète
Burundi Association	Burundian Diabetes Association	Mauritania	Association Mauritanienne de Lutte Contre le Diabète; Association Stop Diabète en Mauritanie
Cameroon	Cameroon Diabetes Association	Nigeria	Diabetes Association of Nigeria
Congo	Diabaction-Congo	Rwanda	Association Rwandaise des Diabétiques
Côte d'Ivoire	Association des Diabétiques de Côte d'Ivoire; Association Obésité et Diabète de Côte d'Ivoire	Senegal	Association Sénégalaise de Soutien aux Diabétiques
Democratic Republic of the Congo	Association des Diabétiques du Congo; Association Vaincre le Diabète au Congo	Seychelles	Diabetic Society of Seychelles
Eritrea	Eritrean National Diabetic Association	South Africa	Diabetes South Africa; Youth with Diabetes; Society for Endocrinology, Metabolism and Diabetes of South Africa
Eswatini	Diabetes Eswatini	Togo	Association Togolaise du Diabète
Ethiopia	Ethiopian Diabetes Association	Uganda	Uganda Diabetes Association
Gambia	Gambian Diabetes Association	United Republic of Tanzania	Diabetes Association of Zanzibar; Tanzania Diabetes Association
Ghana	National Diabetes Association	Zimbabwe	Zimbabwe Diabetic Association
Guinea	Association Guinéenne d'Education et d'Aide aux Diabétiques		
Kenya	Diabetes Kenya		
Lesotho	Lesotho Diabetes Association		



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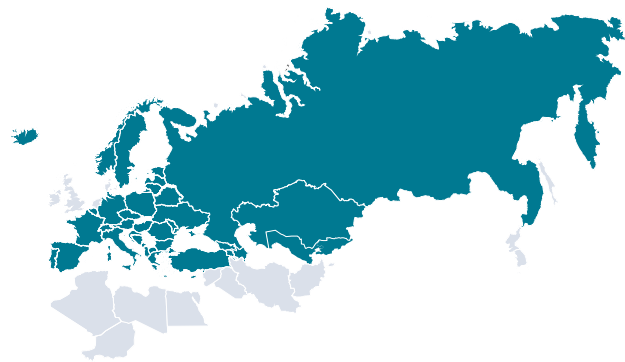
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# Regions and members



## Europe (EUR)

**Regional Chair:** Prof Nebojsa Lalic, Serbia

**Chair-elect:** Prof Tadej Battelino, Slovenia

Albania	Albanian Diabetes Association	Faroe Islands	Diabetesfelagið
Armenia	Armenian Association of Diabetes	Finland	Finnish Diabetes Association
Austria	Österreichische Diabetes Gesellschaft	France	Fédération Française des Diabétiques
Azerbaijan	Azerbaijan Diabetes League; Azerbaijan Diabetes Society	Georgia	Diabetes Foundation of Georgia; Georgian Union of Diabetes and Endocrine Associations
Belarus	Belarussian Humanitarian Organisation Children's Diabetes; Belarussian Society of Endocrinologists	Germany	DiabetesDE
Belgium	Association Belge du Diabète; Diabetes Liga	Greece	Hellenic Diabetes Association; Hellenic Diabetes Federation; Panhellenic Federation of People with Diabetes
Bosnia and Herzegovina	Society of Endocrinology and Diabetology in Bosnia and Herzegovina	Hungary	Magyar Diabetes Tarsasag
Bulgaria	Bulgarian Diabetes Association; Bulgarian Society of Endocrinology	Iceland	Diabetes Ísland
Croatia	Croatian Association for Diabetes and Metabolic Disorders; Hrvatski savez dijabetickih udruga	Ireland	Diabetes Ireland
Cyprus	Cyprus Association for People with Diabetes; Cyprus Association for People with Diabetes	Israel	Israel Diabetes Association
Czechia	Ceska Diabetologicka Spolecnost; SVAZ Diabetikù České Republiky	Italy	Associazione Italiana per la Difesa degli Interessi dei Diabetici; Associazione Medici Diabetologi; Associazione Nazionale Italiana Atleti Diabetici; FAND – Associazione Italiana Diabetici; Societa Italiana di Diabetologia
Estonia	Estonian Diabetes Association	Kazakhstan	Diabetes Association of the Republic of Kazakhstan; Association of Endocrinologists of Kazakhstan



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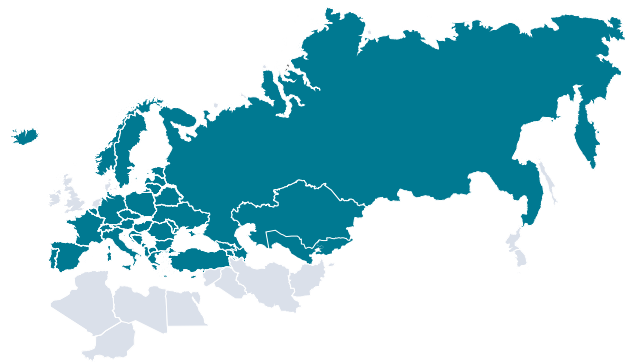
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# Regions and members



Kyrgyzstan	Diabetes and Endocrinological Association of Kyrgyzstan	Serbia	Diabetes Association of Serbia; Serbian Association for the Study of Diabetes
Latvia	Latvian Diabetes Association; Latvian Diabetes Federation	Slovakia	Diador; Slovenska Diabetologicka Spolocnost; ZVAZ Diabetikov Slovenska
Lithuania	Lithuanian Diabetes Association	Slovenia	Zveza Drustev Diabetikov Slovenije
Luxembourg	Association Luxembourgeoise du Diabète	Spain	Sociedad Española de Diabetes
Malta	Maltese Diabetes Association	Sweden	Svenska Diabetesförbundet; Swedish Society for Diabetology
North Macedonia	Macedonian Diabetes Association	Switzerland	Schweizerische Diabetes-Gesellschaft
Norway	Norges Diabetesforbund	Türkiye	Turkish Diabetes Association; Turkish Diabetes Foundation
Republic of Moldova	Prodiab	Ukraine	International Diabetes Association of Ukraine; Ukrainian Diabetic Federation; Ukrainian Diabetology Association
Poland	Polskie Stowarzyszenie Diabetyków; Polskie Towarzystwo Diabetologiczne	United Kingdom	Diabetes UK
Portugal	Associação Protectora dos Diabéticos de Portugal; Sociedade Portuguesa de Diabetologia	Uzbekistan	Endocrinological and Diabetes Association of Uzbekistan; Charity Association of Persons with Disabilities and People with Diabetes Mellitus
Romania	Federatia Romana de Diabet, Nutritie, Boli Metabolice; Societatea Romana de Diabet, Nutritie si Boli Metabolice		
Russian Federation	Russian Diabetes Federation		



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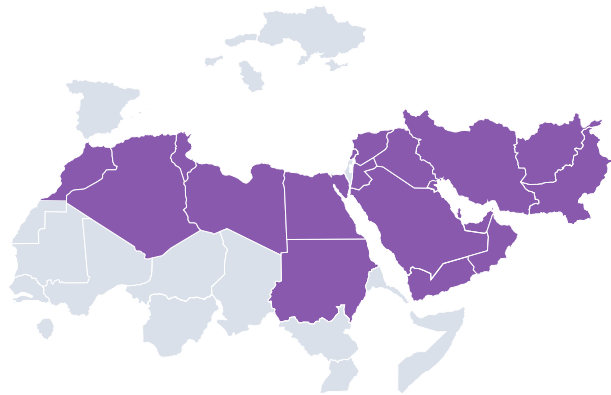
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# Regions and members



## Middle East and North Africa (MENA)

**Regional Chair:** Dr Mohamad El Sandid, Lebanon

**Chair-elect:** Prof Mohamed Eltom, Sudan

Afghanistan	Afghanistan Diabetes Association
Algeria	Setif Diabetes Association
Bahrain	Bahrain Diabetes Society
Egypt	Arabic Association for the Study of Diabetes & Metabolism; Egyptian Diabetes Association; Upper Egypt Diabetes Association
Iran	Gabric; Iranian Diabetes Society
Iraq	Iraqi Diabetes Association
Jordan	Jordanian Society for the Care of Diabetes
Kuwait	Kuwait Diabetes Society
Lebanon	Chronic Care Center; DiaLeb; Lebanese Diabetes Association
Libya	Libyan Diabetic Association; Libyan Pediatric Diabetes Society
Morocco	Ligue Marocaine de Lutte contre le Diabète
Oman	Oman Diabetes Society
Pakistan	Diabetic Association of Pakistan
Qatar	Qatar Diabetes Association

Saudi Arabia	Saudi Charitable Association of Diabetes; Saudi Diabetes and Endocrine Association; Saudi Society of Endocrinology & Metabolism; Sheffaa
State of Palestine	Diabetes Palestine
Sudan	Sudanese Diabetes Association
Syrian Arab Republic	Syrian Diabetes Association
Tunisia	Association of Endocrinologists-Diabetologists of Sfax
United Arab Emirates	Emirates Diabetes & Endocrine Society
Yemen	Yemen Diabetes Association



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# Regions and members



## North America and Caribbean (NAC)

**Regional Chair:** Dr Reginald O'Loughlin, St Kitts and Nevis

**Chair-elect:** Mr Juan Jose Irazabal, Mexico

Anguilla	Anguilla Diabetes Association	Montserrat	Montserrat Diabetes Association
Antigua and Barbuda	Antigua and Barbuda Diabetes Association	Saint Kitts and Nevis	St Kitts Diabetes Association
Aruba	Aruba Diabetes Foundation	Saint Lucia	St Lucia Diabetes and Hypertension Association
Barbados	The Diabetes and Hypertension Association of Barbados	Sint Maarten	Diabetes Foundation of Sint Maarten
Belize	Belize Diabetes Association	Suriname	Diabetes Vereniging Suriname
Bermuda	Bermuda Diabetes Association	Trinidad and Tobago	Diabetes Association of Trinidad and Tobago
British Virgin Islands	British Virgin Islands Diabetes Association	United States of America	American Diabetes Association
Canada	Diabète Québec		
Cayman Islands	Cayman Islands Diabetes Association		
Curaçao	Sosiedat Kurasoleno di Diabetiko		
Dominica	Dominica Diabetes Association		
Grenada	Grenada Diabetes Association		
Guyana	Guyana Diabetic Association		
Haiti	Fondation Haïtienne du Diabète et des Maladies Cardiovasculaires		
Jamaica	Diabetes Association of Jamaica		
Mexico	Federación Mexicana de Diabetes; Sociedad Mexicana de Nutrición y Endocrinología		



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# Regions and members



## South and Central America (SACA)

**Regional Chair:** Prof Fadlo Fraige, Brazil

**Chair-elect:** Dr Pablo Arias, Argentina

<b>Argentina</b>	Asociación para el Cuidado de la Diabetes en Argentina; Federación Argentina de Diabetes; Liga Argentina de Protección al Diabético; Sociedad Argentina de Diabetes
<b>Bolivia</b>	Sociedad Boliviana de Endocrinología, Metabolismo y Nutrición; Vivir con Diabetes; Fundación Departamental Daniels Hamant
<b>Brazil</b>	Associação de Diabetes Juvenil; Federação Nacional de Associações e Entidades de Diabetes; Instituto da Criança com Diabetes; Sociedade Brasileira de Diabetes
<b>Chile</b>	Sociedad Chilena de Endocrinología y Diabetes
<b>Colombia</b>	Asociación Colombiana de Diabetes; Federación Diabetológica Colombiana; Fundación Santandereana de Diabetes y Obesidad
<b>Costa Rica</b>	Asociación Costarricense Lucha contra la Diabetes; Asociación Costarricense de Endocrinología (ASCEND)
<b>Cuba</b>	Sociedad Cubana de Diabetes
<b>Dominican Republic</b>	Instituto Nacional de Diabetes, Endocrinología y Nutrición; Sociedad Dominicana de Diabetes

<b>Ecuador</b>	Federación Ecuatoriana de Diabetes; Fundación Aprendiendo a Vivir con Diabetes; Fundación de Diabetes Juvenil del Ecuador; Fundación Los Fresnos “Casa de la Diabetes”
<b>El Salvador</b>	Asociación Salvadoreña de Diabetes
<b>Guatemala</b>	Patronato de Pacientes Diabéticos de Guatemala; Asociación Educación Médica en Salud
<b>Honduras</b>	Asociación Nacional de Diabeticos de Honduras
<b>Nicaragua</b>	Asociación de Padres de Niños y Jovenes Diabeticos de Nicaragua; Fundación Nicaraguense para la Diabetes; Fundación Pro Ayuda a Enfermos Crónicos
<b>Paraguay</b>	Sociedad Paraguaya de Diabetología
<b>Peru</b>	Asociación de Diabetes del Peru; Asociación de Diabéticos Juveniles del Péru
<b>Puerto Rico</b>	Asociación Puertorriqueña de Educadores en Diabetes
<b>Uruguay</b>	Asociación de Diabéticos del Uruguay; Sociedad de Diabetología y Nutrición del Uruguay
<b>Venezuela</b>	Federación Nacional de Asociaciones y Unidades de Diabetes; Sociedad Venezolana de Endocrinología y Metabolismo



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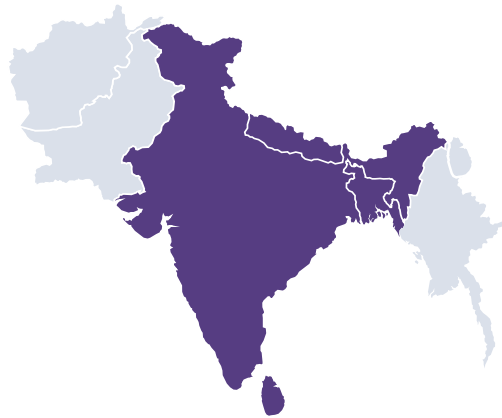


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# Regions and members



## South-East Asia (SEA)

**Regional Chair:** Prof Azad Khan, Bangladesh

**Chair-elect:** Dr Banshi Saboo, India

Bangladesh	Diabetic Association of Bangladesh; Eminence; Faridpur Diabetic Association; Bangladesh Endocrine Society
India	Diabetic Association of India; Research Society for the Study of Diabetes in India; The Research Trust of DiabetesIndia
Maldives	Diabetes Society of Maldives
Mauritius	Diabetes Foundation Mauritius; Mauritius Diabetes Association
Nepal	Nepal Diabetes Association
Sri Lanka	Diabetes Association of Sri Lanka



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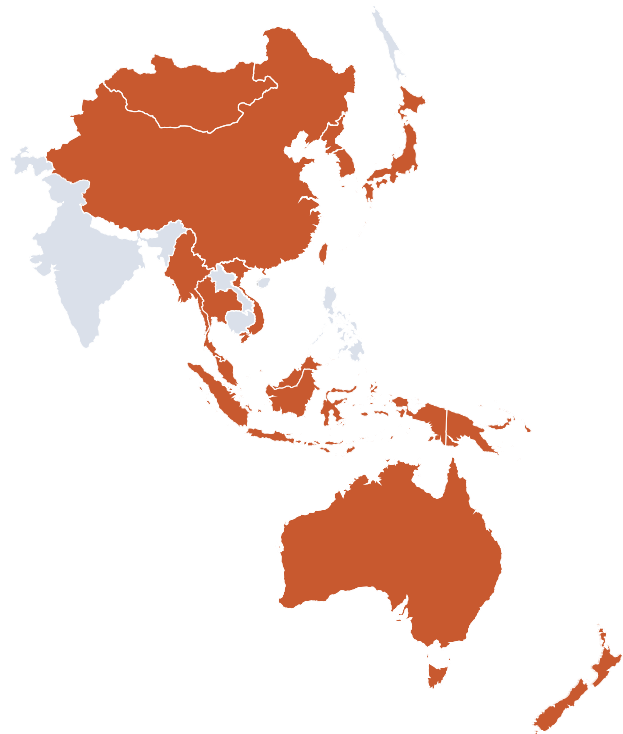
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# Regions and members



## Western Pacific (WP)

**Regional Chair:** Dr Takashi Kadowaki, Japan

**Chair-elect:** Prof Alicia Jenkins, Australia

Australia	Diabetes Australia
Cambodia	Cambodian Diabetes Association
China	Chinese Diabetes Society
China, Hong Kong SAR	Diabetes Hongkong; Youth Diabetes Action; Hong Kong Society of Endocrinology, Metabolism and Reproduction
China, Macao SAR	Macau Diabetes Association
China, Taiwan Province of China	Chinese Taipei Diabetes Association; Taiwanese Association of Diabetes Educators
Dem. People's Republic of Korea	Diabetes Committee of Hospitals Association of Korea
Fiji	Diabetes Fiji
Indonesia	Persatuan Diabetes Indonesia
Japan	Japan Association for Diabetes Education and Care; Japan Diabetes Society
Malaysia	Diabetes Malaysia
Mongolia	Mongolian Diabetes Association
Myanmar	Myanmar Diabetes Association
New Zealand	Diabetes New Zealand

Papua New Guinea	Diabetic Association of Papua New Guinea
Philippines	Diabetes Philippines; The Philippine College of Endocrinology, Diabetes and Metabolism (PCEDMI)
Republic of Korea	Korean Diabetes Association; Korean Diabetes Society
Singapore	Association of Diabetes Educators Singapore; Diabetes Singapore
Thailand	Diabetes Association of Thailand
Tonga	Tonga Diabetes Association

## Transnational Members

- Diabetes in Asia Study Group
- Direct Relief
- European Association for the Study of Diabetes
- Breakthrough T1D
- Société Francophone du Diabète
- The Asian Association for the Study of Diabetes



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# IDF Governance

## IDF Board of Directors

### President

Prof Akhtar Hussain, Norway

### President-elect

Prof Peter Schwarz, Germany

### Vice Presidents

Mr François Seynaeve, Belgium

Prof Adel El Sayed, Egypt

Dr Hermelinda Pedrosa, Brazil

Mrs Ana Fernanda Sánchez, Ecuador

Dr Iryna Vlasenko, Ukraine

Dr Jackie Maalouf, Lebanon

Prof Joao Nabais, Portugal

### Regional Chairs

Prof Jacko Abodo, Côte d'Ivoire, AFR

Prof Nebojsa Lalic, Serbia, EUR

Dr Mohamad El Sandid, Lebanon, MENA

Dr Reginald O'Loughlin, St Kitts and Nevis, NAC

Prof Fadlo Fraige, Brazil, SACA

Prof Azad Khan, Bangladesh, SEA

Dr Takashi Kadowaki, Japan, WP

## Honorary Presidents

Prof Sir George Alberti, United Kingdom

Ms María de Alva, Mexico

Prof Pierre Lefèbvre, Belgium

Prof John R. Turtle, Australia ●

Prof Paul Zimmet, Australia

Prof Martin Silink, Australia

Prof Jean Claude Mbanya, Cameroon

Sir Michael Hirst, United Kingdom

## Honorary Members

Prof Azad Khan, Bangladesh

Mr Ronald McNeill Decker, Australia

Prof Thomas O. Johnson, Nigeria

Prof Michiel Krans, The Netherlands

Sir Alister McIntyre, Jamaica

Prof Linda Siminerio, USA

Prof Sunthorn Tandhanand, Thailand

Mr Brian Wentzell, Canada

## Board Standing Committees

### Audit and Risk Management Committee

**Chair:** Mr François Seynaeve, Belgium

Prof Azad Khan, Bangladesh

Dr Iryna Vlasenko, Ukraine

Dr Mohamad Sandid, Lebanon

Prof Fadlo Fraige, Brazil

### Finance Committee

**Chair:** Mr François Seynaeve, Belgium

Prof Peter Schwarz, Germany

Dr Hermelinda Pedrosa, Brazil

Prof Takashi Kadowaki, Japan

Prof Nebojsa Lalic, Serbia

### Strategic Governance Committee

**Acting Chair:** Prof Adel El Sayed, Egypt

Prof Akhtar Hussain, Norway

Prof João Nabais, Portugal

Dr Reginald O'Loughlin, St Kitts and Nevis

Mr Gordon Bunyan, Australia



# IDF Governance

## Committees

### Nominating Committee

**Chair:** Prof Andrew Boulton, UK

Prof Peter Schwarz, Germany

Prof Stephen Colagiuri, Australia

Mr Fredrik Löndahl, Sweden

Dr Douglas Villarroel, Bolivia

Prof Moon-Kyu Lee, South Korea

### Diabetes in Youth Committee

**Chair:** Prof João Nabais, Portugal

Dr Iryna Vlasenko, Ukraine

Dr Jackie Maalouf, Lebanon

Mrs Ana Fernanda Sánchez, Ecuador

### Peer Review Committee

Prof Akhtar Hussain, Norway

Prof Stephen Colagiuri, Australia

Prof Peter Schwarz, Germany

Prof Antonio Ceriello, Italy

### Disaster Committee

**Chair:** Prof Peter Schwarz, Germany

Dr Mohamad Sandid, Lebanon

Dr Iryna Vlasenko, Ukraine

Prof Takashi Kadowaki, Japan

Prof Alicia Jenkins, Australia

Ms Kelsey Grodzovsky, USA

### IDF Virtual Congress 2023

**Chair:** Prof Andrew Boulton, UK

### IDF World Diabetes Congress 2025

**Chair:** Prof Antonio Ceriello, Italy

**Co-Chair:** Dr Iryna Vlasenko, Ukraine

## IDF Programmes

### IDF Diabetes Atlas

Prof Dianna Magliano, Australia

Prof Edward J. Boyko, USA

## Working Groups

### IDF Consultative Group

**Chair:** Prof Andrew Boulton, UK

Prof Stephen Colagiuri, Australia

Prof Jean Claude Mbanya, Cameroon

Prof Kaushik Ramaiya, Tanzania

### Women and Diabetes Working Group

**Chair:** Dr Hermelinda Pedrosa, Brazil

Dr Jackie Maalouf, Lebanon

Mrs Ana Fernanda Sánchez, Ecuador

Dr Iryna Vlasenko, Ukraine

### Sustainability Working Group

Dr Jackie Maalouf, Lebanon

Prof João Nabais, Portugal

Prof Peter Schwarz, Germany



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## IDF Centres of Excellence in Diabetes Care 2022-23

IDF Region	Institute	City	Country/territory
<b>EUR</b>	APDP, Associação Protectora dos Diabéticos de Portugal	Lisbon	Portugal
	Diabetes Center, Clinic for Endocrinology, Diabetes and Metabolic Diseases, Clinical Center of Serbia	Belgrade	Serbia
	Leicester Diabetes Centre, University of Leicester	Leicester	UK
	Vuk Vrhovac University Clinic for Diabetes, Endocrinology and Metabolic Diseases, Merkur University Hospital	Zagreb	Croatia
<b>MENA</b>	Baqai Institute of Diabetology & Endocrinology	Karachi	Pakistan
	Chronic Care Center	Baabda	Lebanon
	Dasman Diabetes Institute (DDI)	Kuwait City	Kuwait
	Dubai Diabetes Center, Dubai Health Authority	Dubai	United Arab Emirates
	Imperial College London Diabetes Centre (ICLDC)	Abu Dhabi	United Arab Emirates
<b>NAC</b>	Instituto Nacional de Ciencias Médicas y Nutrición Salvador Zubirán	Mexico	Mexico
<b>SACA</b>	Asociación Colombiana de Diabetes (ACD)	Bogota	Colombia
	Health Horizons International Foundation	Villa Montellano	Dominican Republic
	Instituto da Criança com Diabetes (ICD)	Porto Alegre	Brazil
	National Diabetes Attention Association, ANAD	Sao Paulo	Brazil
<b>SEA</b>	Chellaram Diabetes Institute	Pune	India
	Dr. Mohan's Diabetes Specialities Centre	Chennai	India
	Jothydev's Diabetes Research Centre (JDC)	Trivandrum	India
	M.V. Hospital for Diabetes & Prof. M. Viswanathan Diabetes Research Centre	Chennai	India
	Raheja Fortis Hospital of Diabetic Association of India	Mumbai	India
<b>WP</b>	Diabetes Center, Taichung Veterans General Hospital	Taichung	Taiwan
	Faculty of Medicine Siriraj Hospital	Bangkok	Thailand
	The Chinese University of Hong Kong, Prince of Wales Hospital Diabetes Centre	Hong Kong	Hong Kong



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## Financial statements\*

Profit & loss analysis (€)

TURNOVER	2,661,505
Membership fees	129,500
Corporate partnership	773,437
Projects	1,604,754
Congress	153,815
Other income	98,984
<b>Total income</b>	<b>2,760,489</b>
Goods and services	-2,147,077.13
Remunerations	-1,000,228.25
Depreciation	0.00
Provision for risks and charges	0.00
Other charges	-27,677.74
Financial income	9,545.21
Financial charges	-25,899.99
<b>Total expenses</b>	<b>-3,191,338</b>
<b>Results before taxes</b>	<b>-430,848</b>

## IDF Balance Sheet (€)

FIXED ASSETS	31,867
Intangible assets	0
Tangible assets	0
Financial assets	31,867

\*Subject to approval by IDF General Assembly

CURRENT ASSETS	5,753,475
Stock and contracts in progress	0
Amounts receivable within one year	233,422
Trade debtors	203,451
Other amounts receivable	29,970
Investments	4,389,857
Cash at bank and in hand	1,083,724
Deferred charges and accrued income	46,472
<b>TOTAL ASSETS</b>	<b>5,785,342</b>

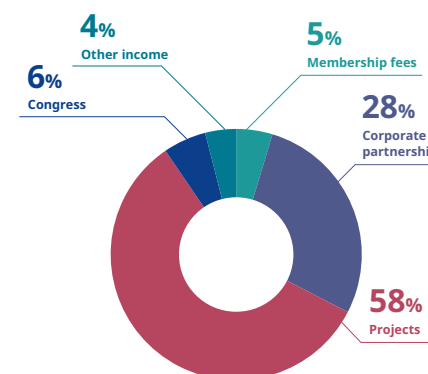
CAPITAL AND RESERVES	3,018,384
Designated funds	973,000
Profit carried forward	2,045,384

CREDITORS	2,766,958
Amounts payable within one year	2,601,494
Financial debts	0
Trade debts	222,748
Advance on contracts in progress	2,242,447
Taxes and remunerations	136,299
Other amounts payable	0
Accrued charges and deferred income	165,463

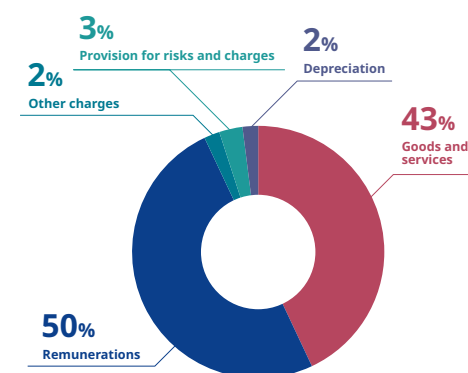
PROVISION AND DEFERRED TAXATION	0
Provision for liabilities and charges	0

TOTAL LIABILITIES	5,785,342
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## 2023 INCOME



## 2023 EXPENSES



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# IDF Partners

IDF partners with responsible corporations and foundations to advance our mission to improve the lives of people living with diabetes and prevent diabetes in those at risk. Together, we can address one of the biggest global health challenges and bring solutions to scale.

We extend our thanks to the following partners, who helped further our advocacy, awareness and programme activities in 2023.

More information: [idf.org/our-network/our-partners/](https://idf.org/our-network/our-partners/)

## Platinum Partners



## Gold Partners



## Partners



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**International Diabetes Federation**

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B-1160 Brussels, Belgium

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🌐 [www.idf.org](http://www.idf.org)

