

Regional NEWSLETTER

Issue 4 – July 2024

Feature our Members No.3

Korean Diabetes Association



Members

3,650 KDA members
24,545 online members

Website

<https://www.diabetes.or.kr/english/>

Diabetes in Korea

■ 1 out of 6 adults (16.7%)
aged 30 years or older
has diabetes. *



■ 3 out of 10 adults (30.1%)
aged 65 years or older
have diabetes*

*as of 2020



The Korean Diabetes Association, established in 1968, has been at the forefront of diabetes research, education, and patient care for many decades. Our mission is to advance diabetes care and prevention through research, education, and advocacy. Our vision is to lead the fight against diabetes and its complications in Korea and beyond.

Main Activities

- ✓ World Diabetes Day Celebration & Blue Lighting
- ✓ ICDM & Education Course
- ✓ Publications
- ✓ YouTube channel
- ✓ 6.5km walking campaign



KDA's official English Journal
Diabetes & Metabolism Journal
<https://e-dmj.org/> (IF 6.8, 2023)



Join ICDM

International Congress of Diabetes and Metabolism is an annual international scientific conference hosted by the KDA since 2011. Every year, more than **1,500 diabetes experts** from **over 35 countries** gather in Korea for this event.

KDA also hold the “**Comprehensive education course for Asian diabetes educators**” during the ICDM for fellow Asian diabetes researchers and educators, with the aim of sharing knowledge and experiences for the advancement of comprehensive management of diabetes in Asia.

Utilizing Social Media - YouTube channel



In September 2020, the KDA introduced two YouTube channels, **Standards of Diabetes Care** and **Easy Diabetes in KOREA** aiming to disseminate information about diabetes more effectively to the general public. To date, the channels have uploaded approximately **200 videos** and the most popular video has accumulated **over 3,700,000 views**.



ICDM 2024 will be held in Seoul, Korea On October 9-11



👉 Visit the [website](https://www.diabetes.or.kr/english/)

Advocacy **IDF Young Leaders in Diabetes (YLD) Programme**

What is the YLD Programme?

The YLD Programme was established to empower young people living with diabetes to champion their cause and represent others living with the condition globally. Each Programme's cohort runs for three-years and provides its members with online and face-to-face training.

👉 Visit the [YLD website](#)



Nominate Your Candidates!

IDF member associations can nominate **up to two candidates.**

How to apply?

Do not miss a call for nominations every three years.

- ✓ Check the requirements on the [IDF website!](#)
- ✓ Read the IDF newsletter



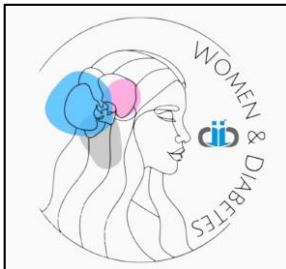
Watch the recap from the 2022 YLD Training Summit in Lisbon [here](#).

The nomination for the 2024-2026 cohort closed on June 30. We encourage all IDF Members to collaborate with young people and nominate them for the next cohort in 2026!

Please contact advocacy@idf.org to learn more.

Event development

Woman and Diabetes – Indonesia



A unique event was held in Indonesia.

The Women & Diabetes Symposium will be completed in five major cities in Indonesia this year. It was a success with 60 to 80 mostly female participants in each city, aimed at prevention, education, and empowerment of women with diabetes.

👉 See [Event Reports](#)



What makes it unique?

- ✓ Various topics related to women with diabetes
- ✓ Enjoyable beauty and health workshops
- ✓ Live podcast through social media
- ✓ Dia-Move pop dance



Jakarta, Denpasar, Medan, Manado, Makassar

Would you like to adapt this event in your country?

If you are interested, please contact Dr. Roy !

Dr. Roy Panusunan Sibarani, WPR Executive Board and Chief of Diabetes Initiative Indonesia:
diabetesinitiativeid@gmail.com

Topics

1. Women with Diabetes in general
2. Menstruation
3. Fertility
4. Sexual Dysfunction
5. Pregnancy
6. Menopause (upcoming topic for 2024 program)

Footcare **The 10,000 Toes Campaign**



Did you know that every 20 minutes an amputation occurs in the South Pacific due to diabetes or an associated lifestyle disease?

At the 10,000 Toes Campaign, we are alarmed at this statistic which can be easily avoided with early detection through screening kits, educating the people on healthier lifestyle choices, and resourcing and training volunteers and health professionals to help their communities.

What makes it unique?

- ✓ Toes4All flip-flops
 - ◇ Proceeds from each pair will help screen 5 people for diabetes (Only available in Australia)



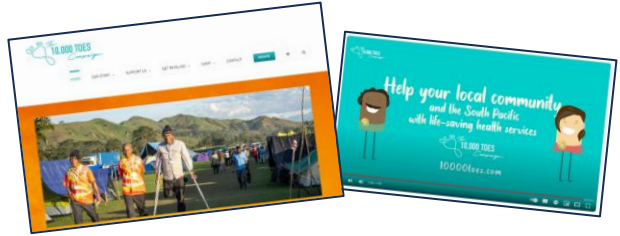
- ✓ Provides recipes for healthy eating



2024 IMPACT
What we have achieved so far

8,000+ Ambassadors making a difference	5,000+ Attendance at a Lifestyle Intervention Program	2,100+ Health Professionals & Advocates Up-skilled
1,900 Screening Kits = 120,000+ people screened	108 Wellness Hubs	Present in 13 countries
6 Mobile Clinics	2 Pacific Island Cookbooks	2 Hope VA Health Courses

Please check the [website](#) and [YouTube](#) for more information!



Footcare **Exercise Therapy and Diabetes-Related Foot Ulcers**

Special Feature

Dr. Callum Baker, The University of Sydney, conducts research on exercise training for people with diabetes-related foot ulcers. The benefits of PA are often not realised for people with DFU because of difficulty implementing PA and uncertainty around safety and efficacy. Dr. Baker's research aims to improve the health of people with DFU through clinical trials examining the safety, feasibility and efficacy of exercise.



Dr. Callum Baker



Participant



Vale, Prof. Akhtar Hussain

Prof. Akhtar Hussain, President of IDF (1955 – 2024)



The IDF WPR is saddened by the recent death of the IDF President Professor Akhtar Hussain who contributed so much to medicine, diabetes and advocacy globally throughout his career. Some of his recent contributions as IDF President are summarised in **the IDF 2023 report**. He leaves a great legacy. Our condolences to his family, friends and many colleagues from around the world.

- The announcement from IDF : [News, IDF website](#)
- His effort : [IDF Strategic Plan 2023-26](#)
[IDF 2023 report](#)

His Recent Work with IDF-WPR:

Diabetes and Disaster Advocacy Article in British Medical Journal

IDF-WPR Chair Elect Alicia Jenkins and IDF Chair Elect Peter Schwarz and colleagues, with discussion with Prof. Akhtar Hussain recently published an invited opinion piece regarding the vulnerability of people with insulin treated diabetes during man-made and natural disasters in the British Medical Journal (May 2024).

They discussed the related human rights laws and called for broad advocacy by many organisations and individuals to call for unrestricted access to diabetes care during disasters.

To date the article has been **downloaded over 2925 times.**

The paper is free to download from [BMJ \(British Medical Journal\)](#)



thebmj covid-19 Research Education News & Views Campaigns Jobs

Opinion

People who need insulin are particularly vulnerable in disasters and conflicts

BMJ 2024 ; 385 doi: <https://doi.org/10.1136/bmj.q1109> (Published 17 May 2024)
Cite this as: *BMJ* 2024;385:q1109

Article Related content Metrics Responses

Alicia J Jenkins, professor¹, Graham D Ogle, doctor², Renza Scibilia, health advocate³, Peter Schwarz, professor⁴, Frank P Brennan, doctor⁵

Jenkins A J, Ogle G D, Scibilia R, Schwarz P, Brennan F P. People who need insulin are particularly vulnerable in disasters and conflicts *BMJ* 2024; 385 :q1109 doi:10.1136/bmj.q1109

Congress and Events



Shape the future of diabetes

idf2025.org
#IDF2025



IDF World Diabetes Congress 2025

Our community will meet at the IDF World Diabetes Congress April 2025, taking place in our WPR Family of **Bangkok, Thailand**, from April 7-10, 2025.

[→GO IDF2025 WEBSITE](https://idf2025.org)

Registration is now open!

Early registration is available until **October 31st**. Discounts are offered for Thailand residency and lower-middle & lower income countries, etc. Register now for the best deal for you!

Also, online **abstract submission** opens **on 15 July!**

WHY ATTEND IDF 2025?

Learn

- 130 hours of scientific sessions
- Over 1000 e-posters
- Expected 25 CME credits to advance your learning
- 4-day Congress

Discover

- Cutting edge science
- 10 programme streams
- International exhibitors
- 8000m² exhibition with Diabetes Spotlight, IDF Global Village and 10 E-Poster terminals



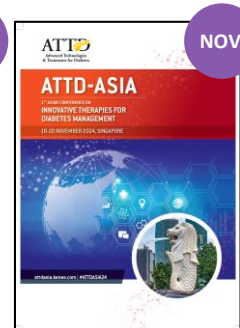
IDF 2025 BANGKOK
7-10 APRIL
IDF2025.ORG

Connect

- Over 250 international speakers
- Extensive global network of experts
- 240 IDF member national diabetes associations
- Healthcare professionals from 160+ countries

Diabetes Related Events in Western Pacific, 2024

AUG	<i>Kumpur Lumpur, Malaysia</i>	
2-4	Diabetes Malaysia Conference 2024	website
AUG	<i>Ulaanbaatar, Mongolia</i>	
4-18	The 16th Scientific Meeting of AASD in conjunction with the Ulaanbaatar International Congress of Endocrinology and Diabetes (UICED)	website
OCT	<i>Seoul, Korea</i>	
9-11	ICDM 2024	website
NOV	<i>Singapore</i>	
18-20	ATTD Asia 2024 conference	website



If you have event information that you wish to add to the list, please contact the Editorial Team!
idf.wpr@idf.org

Please provide event name, date, time, location, poster, and website link.

EMCR Publication Prize



Prize Winners of 2024 Q2

We hereby announce the IDF-WPR EMCR publication prizes for the 2nd quarter of 2024!



CLINICAL

Ms. Safiya Naina Marikar
(Baker Heart and Diabetes Institute)



EZH2 inhibitors promote β -like cell regeneration in young and adult type 1 diabetes donors

[PMID: 38161208](#)

Winner's photo Corner 2024 Q1



CLINICAL

Dr. Lee-Ling Lim
(University of Malaya)



Trends in all-cause mortality among adults with diagnosed type 2 diabetes in West Malaysia: 2010 – 2019

[PMID: 37804999](#)

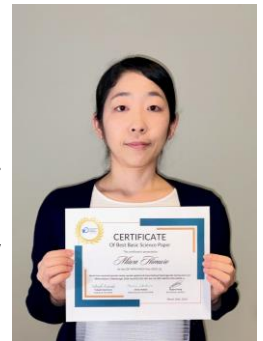
SCIENCE

Dr. Miwa Himuro
(Juntendo University
Department of Medicine)



Novel time-resolved reporter mouse reveals spatial and transcriptional heterogeneity during alpha cell differentiation

[PMID: 37870650](#)



Call for Nomination for 2024 Third Quarter

Terms of Application

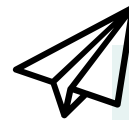
- Your publication must be published online or in print between April 1 - June 30, 2024.
- Papers with Prof. Alicia Jenkins or Dr. Angelo Sabag as co-authors are not eligible for application.

Submission Deadline

2024 third quarter : Aug 31, 2024

How to Apply?

Please complete and submit **the nomination form**



Nominate NOW!!

Access to

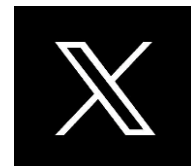
[the nomination form](#)

CALL FOR CONTENT!



Do you have news you want featured in the IDF WPR Newsletter?
Would you like to promote your conference?

Send us your story by Aug 15 to: idf.wpr@idf.org



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