

Regional NEWSLETTER

Issue 6 – December 2024

Feature our Members No.5

JADEC (Japan Association for Diabetes Education and Care)




偏見にNo!
糖尿病のある人は、
あなたと同じ社会で活躍できる人です。

近年、糖尿病の治療は飛躍的に向上し、
一病息災を実現する人が増えました。
それでもまだ、
糖尿病への誤解や偏見のために、
就学や就職、結婚、マイホームの夢を諦めた人がいます。
一緒に、糖尿病の今を考えてみませんか？

「糖尿病」から、世界共通語の「Diabetes」「ダイアベティス」へ

公益社団法人 日本糖尿病協会 一般社団法人 日本糖尿病学会



Japan Association for
Diabetes Education and Care
公益社団法人 日本糖尿病協会



President

Prof. Yutaka Seino

Members

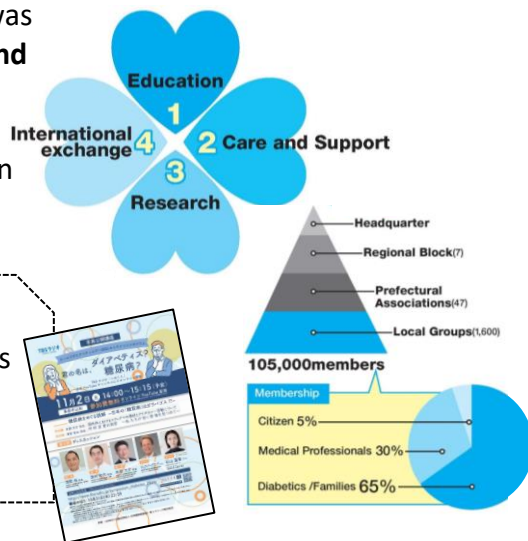
105,000 members

[Link to their Website](#)

Japan Association for Diabetes Education and Care (JADEC) was established in 1961. It is composed of **people with diabetes and their families, medical personnel, and pharmaceutical companies**, and has 1,600 local groups with almost 105,000 members. The association is promoting a nationwide campaign related to diabetes and its complications. JADEC focuses on **four areas** in the diabetes field (see the Figure).

Key Activities

- ✓ Dispel social misunderstandings and stigma about diabetes
- ✓ Provide various support activities to enable people with diabetes to live healthy lives whilst continuing their treatments



Achievements and future highlights

Education

Public lecture on the name of diabetes on our YouTube channel. Approximately 700 viewers (collaboration with a radio station)

WDD

Blue lighting of **276 famous buildings** across the country for WDD

Awareness

Proposal for a new designation of diabetes (糖尿病) in Japanese

[Website \(in Japanese\)](#)

Forthcoming Events

12th Scientific Meeting of JADEC

Date: July 19-20, 2025

[Website \(in Japanese\)](#)



Feature our Members No.6

The Japan Diabetes Society



Chair of the Board of Directors

Prof. Kohjiro Ueki

Members

17,375 members

[Link to their Website](#)

The Japan Diabetes Society was founded in April 1958 to advance the study of diabetes, with the ultimate aim of contributing to better human health. The society continues to put effort as a **network of healthcare professionals** in organising academic meetings, research and educational programs.

Main Activities

- ✓ Studies and Projects
- ✓ Publications
- ✓ Credentialing of Board Certified Diabetologists
- ✓ Awards, Grants & Youth Support
- ✓ Awareness & Collaboration
- ✓ Annual meetings

Join our Annual Meetings!

Advances in Diabetology 59th Annual Postgraduate Course

Jan 24–25, 2025 (Okinawa) [Website \(in Japanese\)](#)

The 68th Annual Meeting of the Japan Diabetes Society

May 29–31, 2025 (Okayama) [Website \(in English\)](#)



JDS & JADEC Collaborations

✓ **Advocacy**
WDD lighting, media seminar etc.



✓ **Disaster Team**

In 2024, **DiaMAT** (Diabetes Medical Assistance Team) was established to assist people with diabetes in disasters such as a major earthquake.

[Website](#) in Japanese

Diabetes in Japan

- The estimated number of people who are suspected of having diabetes is 16.8% (Male) *1
- The estimated number of people who are suspected of having diabetes is 8.9% (Female) *2



*1 2 Ministry of Health, Labour and Welfare: [Health and Nutrition Survey 2023](#)

Latest studies

Guidelines, Statements & Reports

Available on [our website](#)

JDS's Official Journal

Diabetology International (IF1.2 2023)

Available on [Springer Link](#) and PubMed

Check our website for more information!

[Website \(in English\)](#)



Our World Diabetes Day 2024

Unique Ceremonies, Campaigns & Blue lighting !



world diabetes day
14 November



Diabetes Association of Thailand
Bangkok Ride & Run 2024,
20 km cycling challenge and a 2 km/5 km fun run



More information
www.dmthai.org



Youth Diabetes Action
YDA member hiking



Korean Diabetes Association
Dream scholarship for young people with diabetes

PB PERSADIA
Activities in collaboration with WIC



Diabetes Philippines
Launch of comic book, "Dulcea, the Glycemic Goddess" (In Tagalog)



Chinese Diabetes Society
"Blue Light Action",
lighting nearly 70 landmark buildings across China



Korean Diabetes Society
Blue run



Share your activities on WDD Website!

First Asia-ATTD Conference, 18-20 November, 2024



With the rate of new advances in technology, medicines and models of care for people with diabetes, conferences are a great way of keeping up to date, sharing knowledge and networking.

The Advanced Technologies and Treatments for Diabetes (ATTD) conference series (17 to date) led by **Professors Tadej Battelino** and **Moshe Phillip** launched an Asia ATTD series in Singapore recently.

There were almost **800 attendees** from **48 countries**, with over **40 invited speakers** and many more presenting lectures, oral presentations, moderated and digital posters.

Many people with lived experience of diabetes attended and shared their wisdom and experience. Excellent learning, venue and networking. For those of us in the WPR it makes going to such a conference more affordable and with a lot less jet lag. Thank you to the organisers, sponsors, speakers and all attendees. Asia ATTD will be held again in **December 2025** in **Singapore**.

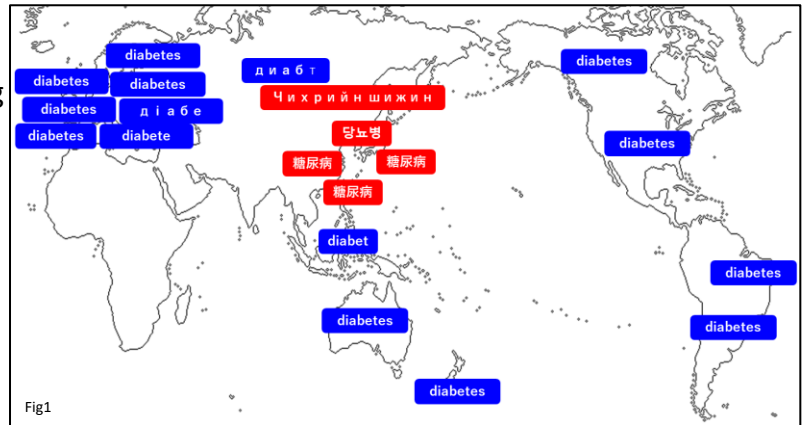


Check **ATTD-ASIA 2024!**

Photo Prof Martin deBock and Dr Tom Wilkinson from New Zealand chairing at the 1st Asia-ATTD Conference

A New Name, A New Hope for Diabetes

In Ulaanbaatar, Mongolia voices from across Asia converged at **the joint symposium** of the 16th Scientific Meeting of the Asian Association for the Study of Diabetes (AASD) and the 7th Ulaanbaatar International Congress of Diabetes and Endocrinology (President: Altaisaikhan Khasag). Delegates, chairs, and speakers shared a unified mission: to confront the hidden burden of **diabetes stigma** rooted in the very words used to describe the condition of diabetes.



Prof. Takashi Kadowaki, Chair of the IDF-WPR, stood at the podium, his voice steady but urgent. "Language shapes perception" he began. He described the origins of the Japanese term for diabetes, "糖尿病" (tō-nyō-byō), meaning "sugar urine disease." For decades, this term had burdened individuals with shame and misunderstanding. **Now, he championed a change—a transition to the neutral and globally consistent term "ダイアベティス" (diabetes).**

The audience leaned in as Prof. Kadowaki shared the results of a recent survey. Ninety percent of participants with diabetes reported feeling uncomfortable with the current terminology, while 80% longed for change. The symposium revealed a shared struggle across borders. In Korea, the term "당뇨병" (tang-nyo-ppyōng) similarly tied diabetes to sugar and urine, fostering misconceptions and isolation. Prof. So Hun Kim of Inha University proposed a bold alternative: "췌도부전" (pancreatic islet insufficiency), which spoke to the medical reality without stigma. In Taiwan, Prof. Chien-Ning Huang recounted the success of renaming scAltaisaikhan Khasag offered hope. The term "Диабет" (diabet), borrowed from Russian, had already gained traction to reduce prejudice. In China, Prof. Weiping Jia emphasised the role of education in battling the persistent stereotypes tied to diabetes as a "disease of affluence." From Mongolia, Prof. traction, aligning with international norms and offering a way forward.

As the discussions concluded, Prof. Yutaka Seino, Chair of the AASD and Former Chair of the IDF-WPR, addressed the gathering. "Language cannot solve all problems, but it is a cornerstone for change," he declared. **The symposium resolved to promote the adoption of phonetic, stigma-free terms across Asia.**



The decision was unanimous: this was not merely an academic exercise but a humanitarian imperative. The symposium ended with a shared commitment to reconvene during the AASD scientific meeting held in Taipei, where progress would be assessed. Across Asia, **a new name for diabetes began to take root—a name that promised understanding, respect, and hope.**

Explore detailed insights from the symposium from: [The Ulaanbaatar agreement: Revising diabetes terminology in Asia to combat stigma](#)

Figure 1. Terminology for "Diabetes" Across Various Countries/Regions

In many Asian countries/regions, red-highlighted terms that reference both sugar and urine are prevalent, perpetuating longstanding stigma. For example, Japan uses "糖尿病" (tō-nyō-byō), China uses "糖尿病" (tāngniàobìng), South Korea uses "당뇨병" (tang-nyo-ppyōng), and Mongolia uses "ЧИХРИЙН ШИЖИН" (chikhriin shijin). In contrast, most of the rest of the world uses blue-highlighted terms that are derived from the original "Diabetes," meaning "to pass through." For instance, the United Kingdom and the United States use "Diabetes" (dàiabi:ti:z), Germany uses "Diabetes" (diabétes), France uses "Diabète" (djabet), and Russia uses "Диабет" (diabet). (Adopted from Seino Y et al., J Diabetes Investig. 2024; 15(11):1533-1536)

Congress and Events



April

Shape the future of diabetes

IDF 2025 BANGKOK
7-10 APRIL

idf2025.org
#IDF2025

IDF World Diabetes Congress 2025

Our community will meet at the IDF World Diabetes Congress April 2025, taking place in our WPR Family of Bangkok, Thailand, from April 7-10, 2025.

Are you ready for joining IDF2025?

 [GO Website](#)

Registration is now open!


Discounts are offered for Thailand residency and lower-middle & lower income countries, and for students. Register now for the best deal for you!

17th AASD 2025 | 46th DAROC & ESROC 2025 in Taipei

Haven't registered yet? Don't wait any longer—[Register now!](#)

Don't miss this opportunity to meet our [plenary speakers](#) and join us for an inspiring and impactful event.

Date: March 28 - 30, 2025
Venue: TICC in Taipei, Taiwan
Theme: Precision Medicine in Diabetes

See you at
AASD 2025!
 [GO Website](#)



Mar

Welcome TAIWAN¹⁰

AASD 2025
March 28-30

17th Scientific Meeting of Asian Association for the Study of Diabetes (AASD 2025)
in conjunction with
the 46th Annual Meeting of the Diabetes Association and the Endocrine Society of the R.O.C. (TAIWAN)
Abstract Topics International Conference (ATICC)

Precision medicine in diabetes

ORGANIZERS: 

CO-ORGANIZERS: 

Diabetes Related Events in Western Pacific, 2025

MAR *Taipei, Taiwan*

28-30 17th Scientific Meeting of Asian Association for the Study of Diabetes (AASD 2025) in conjunction with the 46th Annual Meeting of the Diabetes Association and the Endocrine Society of the R.O.C.(TAIWAN)

[Website](#)

MAY *Okayama, Japan*

29-31 The 68th Annual Meeting of the Japan Diabetes Society

[Website](#)

JULY *Kanagawa, Japan*

19-20 12th Scientific Meeting of JADEC

[Website](#)



If you have event information that you wish to add to the list, please contact the Editorial Team! (idf.wpr@idf.org)

Please provide event name, date, time, location, poster, and website link.

CALL FOR CONTENT!



Do you have news you want featured in the IDF WPR Newsletter?
Would you like to promote your conference?

Send us your story by Mar 15 to: idf.wpr@idf.org



Follow us on X (Twitter)
@Diabetes IDFWPR1

EMCR Publication Prize



Winner's Photo of 2024 Q3



SCIENCE
**Dr. Belinda Yau
& Dr. Søren MADsen**
(University of Sydney)



Genetics and diet shape the relationship between islet function and whole body metabolism

[PMID: 38568150](#)

Prize Winners of 2024 Q4

We hereby announce the IDF-WPR EMCR publication prizes for the 4th quarter of 2024!



SCIENCE

Ms. Jiyun Guo

(Tianjin Medical University General Hospital)

Pancreatic β -Cell TRAP δ Deficiency Reduces Insulin Production but Improves Insulin Sensitivity

[PMID: 39167635](#)



CLINICAL

Dr. Callum Baker

(The University of Sydney)

Circulating CD31+ Angiogenic T cells are reduced in prediabetes and increase with exercise training

[PMID: 39299028](#)

What is the key point of this paper?

Immune cells are known to impact cardiovascular health in people with insulin resistance. We examined an angiogenic subset of T cells in adults with prediabetes and the effect of a structured exercise program.

Call for Nomination for 2025 First Quarter

Terms of Application

- Your publication must be published online or in print between October 1 - December 31, 2024.
- Papers with Prof. Alicia Jenkins or Dr. Angelo Sabag as co-authors are not eligible for application.

Submission Deadline

2025 first quarter : Feb 15, 2025

How to Apply?

Please complete and submit **the nomination form**



Nominate NOW!!

Access to

[the nomination form](#)

Two winners of the year will be honored in the end of 2025

The outstanding winner will be selected for each scientific and clinical articles.

The award winner 2025 will receive a **prize of €500**.

The selection will be assessed by the Newsletter editorial team.

Please keep an eye on the EMCR Corner!

EMCR Annual Prize Winners 2024

We are proud to award them both the EMCR Annual Prizes 2024, and we will continue to support **Early-Mid carrier researchers** at WPR.



CLINICAL 2024 Q1
Dr. Lee-Ling Lim
(University of Malaya)



Trends in all-cause mortality among adults with diagnosed type 2 diabetes in West Malaysia: 2010 – 2019
[PMID: 37804999](#)




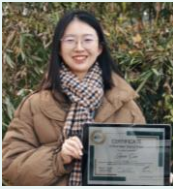



SCIENCE 2024 Q1
Dr. Miwa Himuro
(Juntendo University
Department of Medicine)



Novel time-resolved reporter mouse reveals spatial and transcriptional heterogeneity during alpha cell differentiation
[PMID: 37870650](#)

Winners List 2023-2024 (Without Annual Winners)

Photo	Name of Nominee	Article title	PubMed ID	Prize
	Dr. Johnny T K Cheung (The Chinese University of Hong Kong)	Early treatment with dipeptidyl-peptidase 4 inhibitors reduces glycaemic variability and delays insulin initiation in type 2 diabetes: A propensity score-matched cohort study	PMID: 37634071	2023 Q1 Clinical
	Mr. Harry Cutler (The University of Sydney)	Dual Tracer Test to measure tissue-specific insulin action in individual mice identifies in vivo insulin resistance without fasting hyperinsulinemia	PMID: 37699358	2023 Q1 Science
	Dr. Belinda Yau & Dr. Søren MADsen (The University of Sydney)	Genetics and diet shape the relationship between islet function and whole body metabolism	PMID: 38568150	2024 Q3 Science
	Ms. Jiyun Guo (Tianjin Medical University General Hospital)	Pancreatic β -Cell TRAP δ Deficiency Reduces Insulin Production but Improves Insulin Sensitivity	PMID: 39167635	2024 Q4 Science
	Dr. Callum Baker (The University of Sydney)	Circulating CD31+ Angiogenic T cells are reduced in prediabetes and increase with exercise training	PMID: 39299028	2024 Q4 Clinical

*This list are for Winners who are eligible for the Annual Prize. Not providing the requested feedback after winning a quarterly prize makes one ineligible for the annual prize.