

REGIONAL

NEWSLETTER

ISSUE 8, SEPTEMBER 2025

IDF WPR meetings at the IDF Congress

The IDF Congress was held in Bangkok, Thailand, April 7 – 10, 2025, with IDF WPR Executive Council and Council meetings the day before. At both IDF WPR meetings, the outgoing highly productive Council, chaired by Prof. Takashi Kadowaki was thanked, and Prof. Kadowaki reported to both meetings and at an IDF session on the gains made during his tenure. Prof. Kadowaki and our IDF WPR newsletter team, Chloe and Kazuko, were thanked and given gifts













The IDF Chair Prof. Peter Schwarz visited and spoke with Council members about our important role in the IDF.

Council elections were held as per the bylaws, with anonymous voting, after presentation by some of the candidates. The new Council, with some ongoing and some new members, is highlighted in this newsletter. Welcome. We hope all members will work together with the Council to improve diabetes care and outcomes in our region.

Our new IDF WPR flag with the new logo was unveiled to the members and used alongside the original flag at the IDF meetings and in the Exhibit Hall booth. The previous flag will be held by the Japanese Diabetes Society.

Our next in-person Council meetings will be at the IDF WPR / Australian Diabetes Congress meeting in Melbourne, August 2026.



MEET THE 2025 BOARD



ALICIA JENKINS
CHAIR OF IDF WESTERN PACIFIC REGION (IDF-WPR)
COUNTRY: AUSTRALIA

Professor Alicia Jenkins is an endocrinologist with over three decades of experience in diabetes clinical care and research. She has a strong family history of Type 1 diabetes. She is based at the Baker Heart and Diabetes Institute and at St. Vincent's Hospital in Melbourne, Australia. Her clinical and research interests are in the prediction and prevention of diabetes complications and in the use of technology in diabetes care. Alicia works with many diabetes trials and cohort studies and with many diabetes advocacy groups, including the Juvenile Diabetes Research Foundation, Life For a Child, and dedoc. She is President of the diabetes NGO Insulin For Life Global, on the Board of the IDF, Chair of the IDF Disaster Committee, and on the IDF Youth Leaders Committee



WEIPING JIA CHAIR ELECT OF IDF-WPR COUNTRY: CHINA

Interests: Genetic susceptibility, pathogenesis, continuous glucose monitoring, integrated care for type 2 diabetes, and the use of AI technologies to enhance screening of diabetes complications and diabetes care



LIMING CHEN COUNTRY CHINA

PROFESSOR CHEN LIMING HAS LONG BEEN ENGAGED IN THE CLINICAL AND scientific research of Diabetes and microvascular diseases. She is the Vice Chair of the Chinese Diabetes Society (CDS) and the Chair of the Tianjin Endocrine Society. Pro. Chen is the editor-in-chief of the Journal of International Endocrinology and Metabolism and has led a number of national multi-center clinical trials on diabetes.



SUNGHEE CHOI COUNTRY KOREA, SOUTH

With over 25 years of professional experience in endocrinology, diabetes, and metabolic diseases, I participated as an active leader in the Korean Diabetes Association (KDA), where I held various roles, including Director of the Committee of Public Relations and Director of International Liaison, and initiated a comprehensive education course for Asian Diabetes Educators in KDA.



CHIEN-NING HUANG COUNTRY: TAIWAN

I am the Former President of the Chinese Taipei Diabetes Association (CTDA), which plays an active and collaborative role within the IDF, contributing to global efforts in diabetes prevention, care, and education. As a committed member of the IDF, CTDA engages in international dialogue, shares Taiwan's experience in diabetes management, and supports regional and global initiatives aimed at improving outcomes for people with diabetes. Through participation in IDF congresses and knowledge exchange platforms, CTDA strengthens Taiwan's voice in shaping policies and advancing evidence-based practices in diabetes care worldwide.



ANGELO SABAG COUNTRY: AUSTRALIA

Dr Sabag is an exercise physiologist and an emerging leader in the field of lifestyle interventions for the management of diabetes. In April 2025, he was unanimously elected to the IDF WPR Executive Council. In this role, Dr Sabag represents Diabetes Australia in advancing policy, research, and care across the Western Pacific region. His involvement with the IDF began in 2023 as part of the editorial board of its newsletter, where he launched and continues to lead the EMCR Corner and the EMCR Publication Prize, which has recognised 16 early- and mid-career researchers to date.



DICKY L. TAHAPARY COUNTRY: INDONESIA

Dicky L. Tahapary is a consultant endocrinologist at the Faculty of Medicine, University of Indonesia and Cipto Mangunkusumo National Referral Hospital, with a specific interest in obesity, insulin resistance, and young-onset diabetes. He currently serves as the Chairman of the Metabolic, Cardiovascular and Aging Research Centre at the Indonesian Medical Education and Research Institute. He also leads a nationwide genomic project on early-onset diabetes in Indonesia, aiming to bridge the clinical application of personalized medicine for individuals with diabetes. In April 2025, he was elected to the IDF WPR Executive Council, where he hopes to contribute to improving diabetes care, education, and research in the WPR region.



MARSHA C. TOLENTINO, COUNTRY: PHILIPPINES

Diabetes Philippines (DP) has been a member association of the IDF for over 40 years and is one with the IDF in its mission to improve the lives of people living with diabetes. As the DP president and Executive Board Member of the IDF-WPR since 2023, I steered DP to take a more active role by participating in the Kyoto congress, contributing regularly to the IDF-WPR newsletters, and celebrating World Diabetes Day through our 31 chapters across the archipelago. I look forward to actively participating in the IDF's various campaigns to truly uplift the lives of persons living with diabetes.



DAISUKE YABE COUNTRY: JAPAN

Daisuke Yabe is Professor and Chair of the Department of Diabetes, Endocrinology, and Nutrition at Kyoto University, and his research interests include incretin and beta cell biology and diabetes treatment in East Asian populations. As a member of the IDF-WPR Executive Committee, he has been contributing to regional initiatives and global clinical guidelines, helping shape diabetes care policy and practice worldwide.



FEATURED MEMBERS

Thai Association of Diabetes Educators (TDE)

"Thai Association of Diabetes Educators (TDE)" was established in 2003, transitioned from Diabetes Educator club which was founded in 1998. Currently, TDE has over 2,000 members nationally. The 18-member board of directors, with Asst. Prof. Dr.Valla Tantayotai serving as current president, consists of diabetes care experts from a board range of disciplines. TDE has trained over 19,000 diabetes professionals. Furthermore, the certification process for diabetes educators was initiated in 2017.



Link to Website

Mission

"Dedicated to providing high-quality diabetes education for improving the quality of life for individuals living with diabetes"

Main Objectives of the Association:

- 1 Serve as a hub for professionals and personnel involved in diabetes education.
- Act as a platform for sharing knowledge, disseminating information, and supporting diabetes education professionals.
- Establish and promote standards for diabetes education and recognize certified diabetes educators.

TDE : Certified Diabetes Educators 2017-2024 Discipline Number of CDE Registered Nurse 42 Registered Dietitian 20 Physician 25 Pharmacist 9 Physical Therapist 2 Total 98

Activities in 2025



Online academy "Diabetes Technology" 14 February 2025



Booth "Thai Association of Diabetes Educators" in Exhibition Hall IDF 2025 Congress 8-10 April 2025



Online academy "Diabetes and Brain" 16 May 2025



Holistic Diabetes Management and DSMES 2025 30 June - 4 July 2025



Advanced DSMES Workshop 14-15 August 2025



Online academy "Pharmacologic therapy for diabetes" 19 September 2025



Diet therapy in people with diabetes 22-24 September 2025



Academic Annual Meeting "Risk Predictors for Diabetes Complication" 22-23 December 2025

"The Diabetes Educator E-Newsletter



Check our website for more information: www.thaide.org



CONGRESS & EVENTS

Opportunities to volunteer with Diabetes Australia

Over the next 12 months in the lead up to Diabetes Australia hosting the 2026 IDF Western Pacific Region Congress in Melbourne 18-21 August, there are a number of opportunities for IDF WPR members to volunteer with Diabetes Australia.



Promoting IDF-WPR Melbourne 2026 Congress

Are you attending any of the following conferences?

While at the conference, will you have a few hours spare to help Diabetes Australia promote the IDF-WPR Melbourne 2026 Congress?

Diabetes Australia is offering registrants of the below conferences the opportunity to volunteer with us in undertaking promotional activities. In return, you'll receive a \$200 AUD discount on early bird registration for IDF-WPR 2026 in Melbourne.

If you are attending any of these conferences and interested in this opportunity, please email Danielle Williams dwilliams@diabetesaustralia.com.au

Diabetes Related Events in Western Pacific, 2025

25-27 September 2025

ICDM2025 15th International Congress of Diabetes and Metabolism, Seoul Korea

2-4 October 2025

<u>Diabetes Asia Conference 2025</u>, Kuala Lumpur, Malaysia

6-9 Nov 2025

53rd Annual Conference of RSSDI 2025 - Kochi, Kerala, India

12-14 Nov 2025

42nd Diabetes Philippines Annual Convention and Scientific Sessions, Manila, Philippines

9-11 Dec 2025

ATTD-ASIA 2025, Innovative Therapies for Diabetes Management, Singapore

11-14 March 2026

<u>ATTD 2026</u> 19th International Conference on Advanced Technologies & Treatments for Diabetes, Barcelona, Spain

21-23 May 2026

18th Scientific Meeting of the AASD in conjunction with the 69th Annual Meeting of the Japan Diabetes Society, Osaka, Japan

If you have event information that you wish to add to the list,

please contact the Editorial Team! (idf.org)
Please provide event name, date, time, location, poster, and website link.

CALL FOR CONTENT!



Do you have news you want featured in the IDF WPR Newsletter?

Would you like to promote your conference?

Send us your story by June 1 to: idf.wpr@idf.org

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NEWSLETTER



EMCR CORNER

Prize Winners of 2025 Q2

We hereby announce the IDF-WPR EMCR publication prize for the 2nd quarter of 2025!



CLINICAL

Dr. Seiji Nishikage

(Kobe University Graduate School of Medicine)

Utility of the C-peptide/insulin molar ratio for distinguishing type A insulin resistance syndrome from type 2 diabetes.

PMID: 39873375



SCIENCE

Dr. Chun Kwan O

(The Chinese University of Hong Kong)

A polygenic risk score derived from common variants of monogenic diabetes genes is associated with young-onset type 2 diabetes and cardiovascular-kidney complications PMID: 39579208



Prize Winners of 2025 Q1

We hereby announce the IDF-WPR EMCR publication prize for the 1st quarter of 2025!



CLINICAL

Dr. Takuya Haraguchi
(Gifu University
Graduate School of
Medicine)

Glucagon stimulation test and insulin secretory capacity in the clinical assessment of incretin-based therapy for diabetes

PMID: <u>39196369</u>



SCIENCE
Mr. Nicholas Morris
(University of Sydney)

Optimized proteomic analysis of insulin granules from MIN6 cells identifies scamp3, a novel regulator of insulin secretion and content.

PMID: 39320956

Call for Nomination for 2025 Fourth Quarter

✓ Terms of Application

- Your publication must be published online or in print between July 1 September 31, 2025.
- Papers with Prof. Alicia Jenkins or Dr. Angelo Sabag as co-authors are not eligible for application.

✓ Submission Deadline

2025 Fourth quarter: October 30, 2025

✓ How to Apply?

Please complete and submit the <u>nomination form</u>

